



CHICKAHOMINY HEALTH NEWS

NEWSWORTHY

NATION/STATE

Possible Botulism contamination

Oliver brand Parmesan and Asiago Dip with Garlic and Basil (11.76 ounce jar), manufactured by Olivier Olive Oil Products was recalled because of possible contamination with *Clostridium botulinum*. This product was distributed to William-Sonoma stores nationwide. There has been no reported illness due to consumption of the product. Citizens in possession of the product are urged not to consume it. Product with the following lot codes are part of the recall: OPA 34171, OPA 23471, OAP 17271, OAP 17671, OAP 36061, OAP 36161, or OPA 33961. Additional information regarding this recall may be viewed at http://www.fda.gov/oc/po/firmrecall/s/olivier01_08.html.

National Black HIV/AIDS

Awareness Day

February 7th, 2008

Significant disparities exist between populations in Virginia, where Black males and females were 9 and 4 times, respectively, more likely to be diagnosed with HIV/AIDS relative to whites of the same gender (2005). The VDH Office of Minority Health and Public Health Policy (OMHPPH) is hard at work on several initiatives for disease prevention in this area. This year's message is: "Prevention is Power."

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SPOTLIGHT: CAMPYLOBACTERIOSIS

Campylobacteriosis is a relatively common diarrheal disease in the United States caused by the spiral-shaped gram-negative bacteria *Campylobacter*. Most infections are associated with handling raw chicken during food preparation. Symptoms include diarrhea, abdominal cramping, and fever (some additional symptoms can include bloody stool, nausea, and vomiting). Typically symptoms present in 2-5 days after ingestion of the organism. Asymptomatic cases are possible too.

The Centers for Disease Control and Prevention states that through active surveillance, approximately 15 in 100,000 US persons are diagnosed with the

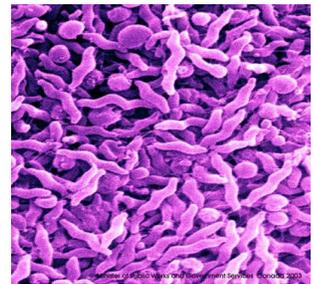
bacterial infection annually. The CDC also says that there are many more cases going unreported or undiagnosed, with an estimated 1 million cases per year in the US.

There were 618 reported cases of campylobacteriosis in Virginia in 2005. The highest rate of infection was among infants (18.0 per 100,000). In Chickahominy, the five-year average for 2001-2005 was 9.1 per 100,000. In 2007, we saw ten (10) cases in our health district.

Antibiotic treatment (erythromycin or a fluoroquinolone) is limited to severe cases in attempts to shorten the duration of symptoms. Recovery without antibiotics is usually less

than one week.

Prevention of campylobacteriosis includes proper food handling procedures (i.e. cook all poultry thoroughly, use separate cutting boards for meat and raw vegetables, wash hands before and after preparing chicken).



Campylobacter sp. Photo courtesy of Minister of Public Works and Government Services, Canada

COMMUNICABLE DISEASE

What we are seeing in Chickahominy:

Jan '08 Reported Diseases

3 cases of Salmonellosis in 6-7year-olds (unrelated cases)

1 imported case of Campylobacteriosis from Venezuela (tourism)

1 case of invasive Streptococcus pneumoniae in a 4year-old boy

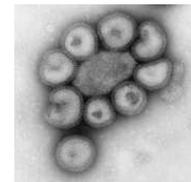
3 cases of invasive MRSA

1 case of Varicella in a 9year-old girl

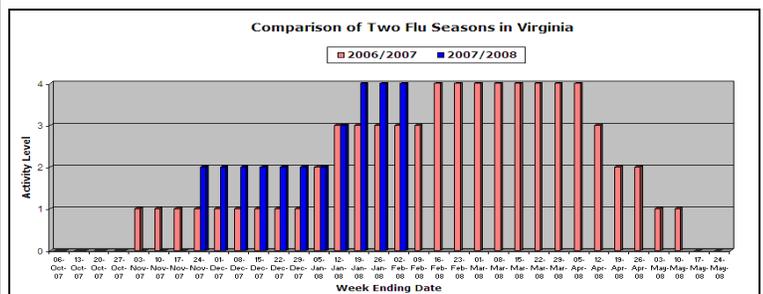
Six degrees of Influenza

Influenza season is upon us! More than likely, you have diagnosed a patient or know of someone with flu-like symptoms, considering the force that has emerged in the last three weeks. Indeed, the flu season has started later this year compared to last year. We are receiving many reports of positive influenza tests.

Please refer to the VDH website for current activity levels in the Commonwealth:



<http://www.vdh.virginia.gov/Epidemiology/Surveillance/Influenza/>



INFLUENZA ACTIVITY CODES: 0=NO ACTIVITY | 1=SPORADIC | 2=LOCAL | 3=REGIONAL | 4=WIDESPREAD