

Pocket Pal

Services for the Homeless · Virginia Beach, VA

Regional Housing Crisis Hotline

Regional Housing Crisis Hotline Number	227-5932
Monday through Friday, from 8 a.m.-7 p.m.	
Non-Virginia Beach Residents	587-4202

Information

Police Dispatch	385-5000
Va. Department of Human Services	
3432 Virginia Beach Blvd	437-3200
Child Protection Services	800-552-7096
Adult Protection Services	888-832-3858
Advocacy for Homeless School Children	263-2300
Department of Housing and Neighborhood Preservation (includes Section 8)	385-5750
Virginia Department for Aging and Rehabilitative Services	800-552-5019
Legal Aid	552-0026
Social Security Administration	
2875 Sabre St. (Lynnhaven)	498-8726
Toll-free	800-772-1213
Immigration Office	800-375-5283

Emergency Shelter

The Lighthouse Day Support Center	
825 18 th Street, Virginia Beach, VA 23451	
Office line	437-4911
Drop-in Center/Day Support Services	
Monday through Friday 8:00 am– 5:00 pm	
JCOC Winter Shelter	491-2846
Emergency shelter for adult men and women (Late October - Late March)	
FORKIDS Inc.- Haven Housing	
131 D View Ave, Norfolk	587-4202
Emergency Housing for families with children	
Union Mission (Norfolk)	
Men's Shelter	627-8686, ext. 200
Women's Shelter– Single	627-8686, ext. 331
Women's Shelter– with Children	627-8686, ext. 335

Meals

Potter's House (Bag Lunch)	
Pacific and 18 th St,	
Tuesday and Thursday	9:30am - 11:00am
Star of the Sea (Bag Lunch)	
Corner of 15 th St and Pacific Avenue	
Monday, Wednesday, and Friday	9:30am - 11:30am
Judeo-Christian Outreach Center (Hot Meals)	
1053 Virginia Beach Blvd	
Monday through Friday	6:00pm
Saturday, Sunday, and Major Holidays	3:00pm
PIN Ministry	
Beach Pentecostal Church	
501 15th Street	
Breakfast (Saturday)	8:00am - 8:45am
Dinner (Sunday)	2:30pm– 3:30pm

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Health Services

Beach Health Clinic (call for Appointment) 3396 Holland Rd	428-5601
Virginia Beach Health Department 4452 Corporation Lane	518-2700
Access Aids 248 W. 24th St, Norfolk	640-0929
PIN Ministries—Preventative Medical Beach Pentecostal Church 501 15th St., VB 23451 Soap Chips Showers	962-3567 Sunday 2:00 pm Saturday 7:00am–9:00am

Employment Services

Virginia Employment Commission 5145 Virginia Beach Blvd, Norfolk, VA	455-3900 455-3960
OPP, Inc. 861 Glen Rock Rd., Ste. 223 (Norfolk)	461-7537
Step Up, Inc. (Life skills and employment assistance for ex-offenders) 7510 Granby St., Norfolk	588-3151
Temporary Employment	
Allied Forces Temp 6056 Virginia Beach Blvd	466-7889
Labor Ready 1018 Clarence St., Norfolk	461-7733

Mental Health Services

National Counseling Group	467-8184
Va. Beach Department of Human Services Emergency Services (For emergencies) Pembroke 3 (Information and Intake) Magic Hollow (Case Management) PATH Outreach Project Link	385-0888 385-0511 385-8222 636-3160 385-0810
Suicide Crisis Center	622-1126
Suicide Crisis Hotline	627-5433
Virginia Beach Psychiatric Hospital	496-6000
National Suicide Hotline	1-800-273-TALK

Substance Abuse Help

Va. Beach Department of Human Services Recovery Center/Detox Pembroke 6	385-6950 385-0600
Salvation Army Alcohol Rehabilitation Center	499-0032

Veteran Services

Veteran's Homeless Hotline	1-877-424-3838
Vets House (Transitional House for Veterans)	724-8614
Veterans' Outreach	623-7584
VBCDC	463-9516

Domestic Violence

Samaritan House/ Safe Harbor (office)	631-0710
Samaritan House Crisis Line	430-2120
YMCA- Women in Crisis (Norfolk)	625-5570
HER Shelter (Portsmouth)	485-1445
HER Shelter Crisis Hotline	485-3384

Runaway/Youth Services

Seton Youth Shelter (Emergency shelter for Youth & Safe Place)	498-4357
National Runaway Switchboard	800-621-4000
Stand Up for Kids Produced by BEACH Community Partnership (revised 8/2016)	888-365-4543

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