

BLS Recertification Status Worksheet

Virginia Office of EMS
Division of Educational Development
1041 Technology Park Drive
Glen Allen, VA 23059

804-888-9120

Provider Name: _____ Date Prepared: _____

Current Certification: First Responder EMT-Basic

Required Topics (Category 1)	Area #	Hours Required		Hours You Have Now	Hours Still Required
		FR /	EMT		
Patient Assessment	02	2 Hours	3 hours		
Airway Management	03	2 Hours	3 hours		
Trauma Emergencies	04		4 hours		
Medical Emergencies	05		4 hours		
Infection Control	06		2 hours		
Medical Legal	07		1 hour		
Infants and Children	08		2 hours		
Practical Skills	09	3 hours	3 hours		
AED with practical or OB GYN	10	2 Hours	2 Hours		
TOTAL CATEGORY 1 HOURS		9 Hours	24 Hours		
TOTAL CATEGORY 2 HOURS		9 Hours	12 Hours		
TOTAL CATEGORY 3 HOURS*		9 Hrs max	10 Hrs max		
TOTAL HOURS		18 Hours	36 Hours		

RECERTIFICATION REQUIREMENTS

Category 1 – Required Topics	FR = 9 Hours REQUIRED	EMT = 24 Hours REQUIRED
Category 2 - Other Topics	FR = 9 Hours REQUIRED	EMT = 12 Hours REQUIRED
Category 3 – Multimedia*	FR = Up to 9 Hours Max.	EMT = Up to 10 Hours Max.
TOTAL RECERTIFICATION HOURS REQUIRED:	FR = 18	EMT = 36

* Hours Earned in Category 3, up to the maximum listed, may be used towards satisfying the Category 2 Required Hours.