

Health Districts and Cities/Counties by HMO Region*

Northern Virginia HMO Region

Alexandria Health District
 Alexandria City
Arlington Health District
 Arlington County
Fairfax Health District
 Fairfax City
 Fairfax County
 Falls Church City
Loudoun Health District
 Loudoun County
Prince William Health District
 Manassas City
 Manassas Park City
 Prince William County
Rappahannock Health District*
 Fredericksburg City
 Spotsylvania County
 Stafford County

Blue Ridge HMO Region

Central Shenandoah Health District*
 Augusta County
 Harrisonburg City
 Highland County
 Rockingham County
 Staunton City
 Waynesboro City
Lord Fairfax Health District
 Frederick County
 Clarke County
 Page County
 Shenandoah County
 Warren County
 Winchester City
Rappahannock/Rapidan Health District
 Culpeper County
 Fauquier County
 Madison County
 Orange County
 Rappahannock County

Thomas Jefferson Health District*

Albemarle County
Charlottesville City
Greene County
Nelson County

Southwest Virginia HMO Region

Cumberland Plateau Health District

Buchanan County
Dickenson County
Russell County
Tazewell County

Lenowisco Health District

Lee County
Norton City
Scott County
Wise County

Mount Rogers Health District*

Bland County
Bristol City
Galax City
Grayson County
Smyth County
Washington County
Wythe County

Roanoke Area HMO Region

Alleghany Health District

Alleghany County
Botetourt County
Clifton Forge City
Covington City
Craig County
Roanoke County
Salem City

Central Shenandoah Health District*

Bath County
Buena Vista City
Lexington City
Rockbridge County

Central Virginia Health District

Amherst County
Appomattox County
Bedford City
Bedford County
Campbell County
Lynchburg City

Mount Rogers Health District*

Carroll County

New River Health District

Floyd County

Giles County

Montgomery County

Pulaski County

Radford City

Piedmont Health District*

Amelia County

Buckingham County

Charlotte County

Cumberland County

Lunenburg County

Nottoway County

Prince Edward County

Pittsylvania/Danville Health District

Danville City

Pittsylvania County

Roanoke City Health District

Roanoke City

Southside Health District*

Halifax County

South Boston City

West Piedmont Health District

Franklin County

Henry County

Martinsville City

Patrick County

Central Virginia HMO Region

Chesterfield Health District

Chesterfield County

Colonial Heights City

Powhatan County

Crater Health District*

Dinwiddie County

Greensville County

Emporia City

Hopewell City

Petersburg City

Prince George County

Hanover Health District

Charles City County

Goochland County

Hanover County

New Kent County
Henrico Health District
Henrico County
Rappahannock Health District*
Caroline County
King George County
Richmond City Health District
Richmond City
Southside Health District*
Brunswick County
Mecklenburg County
Thomas Jefferson Health District*
Fluvanna County
Louisa County
Three Rivers Health District*
Essex County
King and Queen County
King William County
Lancaster County
Northumberland County
Richmond County
Westmoreland County

Hampton Roads HMO Region

Chesapeake Health District
Chesapeake City
Crater Health District*
Surry County
Sussex County
Eastern Shore Health District
Accomack County
Northampton County
Hampton Health District
Hampton City
Norfolk Health District
Norfolk City
Peninsula Health District
James City County
Newport News City
Poquoson City
Williamsburg City
York County
Portsmouth Health District
Portsmouth City

Three Rivers Health District*

Gloucester County

Mathews County

Middlesex County

Virginia Beach Health District

Virginia Beach City

Western Tidewater Health District

Franklin City

Isle of Wight County

Southampton County

Suffolk City

* Indicates health districts that have cities/counties in two different HMO regions.