Virginia Medicaid Expansion and 2019 Affordable Care Act (ACA)

Presented at Quarterly Contractors’ Meeting
5 September 2018
Kimberly Scott, Director
HIV Care Services
Discussion Points

• Overview of Virginia’s Medicaid Expansion
• Medicaid Eligibility Criteria
• VDH’s preparation for Medicaid Expansion and 2019 ACA enrollment
• Action Steps
Medicaid Overview

- Coverage to assist eligible low-income adults, the elderly, people with disabilities, pregnant women and children
- Jointly funded by state and federal government, administered by states
- Dollars paid to providers who care for enrollees
- Department of Medical Assistance Services (DMAS) administers in Virginia
Medicaid Expansion in Virginia

- Care to an additional 400,000 people
  - Populations: Caretaker Adults, Childless Adults, GAP, SNAP, Plan First, Pregnant Women, Incarcerated Adults and DOC, Presumptive Eligible Adults
- Medallion 4.0 will serve populations other than those who are medically complex*
- Commonwealth Coordinated Care/Plus (CCC Plus) will serve medically complex populations
Medicaid Expansion in Virginia-New Slide

- Family Planning services covered for people up to 200% FPL
- Plan First clients who meet income requirement (at or below 138% FPL) will be automatically enrolled in to expanded Medicaid by DMAS.
- Tip: Get your clients enrolled now in Plan First if they qualify to help with your Medicaid enrollments!
Medicaid Expansion - Covered Services

- Doctor, hospital and emergency services including primary and specialty care
- Prescription drugs
- Laboratory and X-ray services
- Maternity and newborn care
- Home health services
- Behavioral health services including addiction and recovery treatment services (ARTS)

- Rehabilitative services including physical, occupational, and speech therapies
- Family Planning
- Medical Equipment and Supplies
- Preventive and Wellness services (annual exams, immunizations, smoking cessation, and nutritional counseling)
Goals for Medicaid Expansion Services

- Wellness and Prevention
- Expanded Chronic Case Management and Disease Management
- Provide comprehensive health coverage and will focus on prevention
- Decrease Emergency Department Use
- Address social determinants of health and provide supportive services
Medicaid Medallion 4.0 New Initiatives

- Member Engagement and Social Media Apps
- Women’s Health Family Planning/Long Acting Reversible Contraceptive (LARC)
- Transition Planning to Help Teens and Young Adults
- Trauma Informed Care ACES and Resilience
- Infant and Early Childhood Physical and Mental Health
Medicaid Medallion 4.0 New Initiatives

- Expanded services including telehealth/telemedicine
- Enhanced Services* (adult dental, cell phones, vision, swimming lessons for members ≥ 6 years, free meal delivery after inpatient hospital stays, free sports physicals)
- Focus on network adequacy
- Continuous Quality Improvement
Eligibility Under Medicaid Expansion—Updated Slide

- Income at or below 138% of the FPL for individual or family size

- Adults between the ages of 19 years and 64 years (who have been lawfully present residents for at least five years)

- May not have or be eligible for Medicare or other 3rd party coverage

- Work requirement for non-disabled adults unless exempt:
  - No work requirement for non-disabled adults for first year of expansion according to DMAS
  - DMAS is including HIV/AIDS under the medical frailty criteria to exempt PLWH from any work requirement
### Income Eligibility
Beginning January 1, 2019

- You may be eligible if you make less than:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Yearly*</th>
<th>Monthly*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$16,754</td>
<td>$1,397</td>
</tr>
<tr>
<td>2</td>
<td>$22,715</td>
<td>$1,894</td>
</tr>
<tr>
<td>3</td>
<td>$28,677</td>
<td>$2,391</td>
</tr>
<tr>
<td>4</td>
<td>$34,638</td>
<td>$2,887</td>
</tr>
<tr>
<td>5</td>
<td>$40,600</td>
<td>$3,384</td>
</tr>
<tr>
<td>6</td>
<td>$46,562</td>
<td>$3,881</td>
</tr>
<tr>
<td>7</td>
<td>$52,523</td>
<td>$4,378</td>
</tr>
<tr>
<td>8</td>
<td>$58,485</td>
<td>$4,875</td>
</tr>
</tbody>
</table>

*Approx. $5,962 more for each person after family size of 1

- Be between the ages of 19-64 years
- Cannot receive or be eligible for Medicare
### VA ADAP Client Eligibility for Medicaid**
(as of 8/31/18)

<table>
<thead>
<tr>
<th>Program</th>
<th>Not Eligible</th>
<th>Eligible</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct ADAP</td>
<td>733</td>
<td>1429</td>
<td>2162</td>
</tr>
<tr>
<td>MPAP</td>
<td>650</td>
<td>0</td>
<td>650</td>
</tr>
<tr>
<td>ICAP</td>
<td>611</td>
<td>166</td>
<td>777</td>
</tr>
<tr>
<td>ACA</td>
<td>1306</td>
<td>2300</td>
<td>3606</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3300</strong></td>
<td><strong>3895</strong></td>
<td><strong>7195</strong></td>
</tr>
</tbody>
</table>

For Those Eligible (n=3895)

<table>
<thead>
<tr>
<th>Region</th>
<th>Clients</th>
<th>Percent of Eligible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unknown</td>
<td>25</td>
<td>.7</td>
</tr>
<tr>
<td>Northwest</td>
<td>371</td>
<td>9.5</td>
</tr>
<tr>
<td>Northern</td>
<td>798</td>
<td>20.5</td>
</tr>
<tr>
<td>Southwest</td>
<td>362</td>
<td>9.3</td>
</tr>
<tr>
<td>Central</td>
<td>921</td>
<td>23.6</td>
</tr>
<tr>
<td><strong>Eastern</strong></td>
<td><strong>1418</strong></td>
<td><strong>36.4</strong></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3895</strong></td>
<td><strong>100.0</strong></td>
</tr>
</tbody>
</table>
VA ADAP Client Eligibility for Medicaid**
(of those 3,895 eligible)

<table>
<thead>
<tr>
<th>Age</th>
<th>Clients</th>
<th>Percent of Eligible</th>
</tr>
</thead>
<tbody>
<tr>
<td>19 to 24</td>
<td>288</td>
<td>7.4</td>
</tr>
<tr>
<td>25 to 29</td>
<td>588</td>
<td>15.1</td>
</tr>
<tr>
<td>30 to 39</td>
<td>970</td>
<td>24.9</td>
</tr>
<tr>
<td>40 to 49</td>
<td>918</td>
<td>23.6</td>
</tr>
<tr>
<td>50 to 59</td>
<td>927</td>
<td>23.8</td>
</tr>
<tr>
<td>60 to 64</td>
<td>204</td>
<td>5.2</td>
</tr>
<tr>
<td>Total</td>
<td>3895</td>
<td>100.0</td>
</tr>
</tbody>
</table>
### VA ADAP Client Eligibility for Medicaid**
(of those 3,895 eligible)

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Number of Clients</th>
<th>Percent of Eligible</th>
</tr>
</thead>
<tbody>
<tr>
<td>EVMS</td>
<td>1020</td>
<td>26.2</td>
</tr>
<tr>
<td>MCV ID Clinic</td>
<td>694</td>
<td>17.8</td>
</tr>
<tr>
<td>Inova (all sites)</td>
<td>692</td>
<td>17.8</td>
</tr>
<tr>
<td>UVA ID clinic</td>
<td>243</td>
<td>6.2</td>
</tr>
<tr>
<td>Carilion</td>
<td>176</td>
<td>4.5</td>
</tr>
<tr>
<td>Vernon J. Harris/CAHN</td>
<td>118</td>
<td>3.0</td>
</tr>
<tr>
<td>Centra Health</td>
<td>101</td>
<td>2.6</td>
</tr>
<tr>
<td>Casey Clinic/Alexandria</td>
<td>99</td>
<td>2.5</td>
</tr>
<tr>
<td>Norfolk CHC</td>
<td>94</td>
<td>2.4</td>
</tr>
<tr>
<td>SEVHS/PICH</td>
<td>79</td>
<td>2.0</td>
</tr>
</tbody>
</table>
Medallion 4.0 Statewide Coverage

Medallion 4.0
Six Regions

REGIONS

- TIDEWATER
- CENTRAL
- NORTHERN/WINCHESTER
- WESTERN/CHARLOTTESVILLE
- ROANOKE/ALLEGHANY
- SOUTHWEST

[Map of Virginia showing regions and cities]
Managed Care Organizations (MCO)

• An MCO is an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers.

• All new adults eligible for Medicaid will get their care through a Managed Care Organization (MCO) → Medallion 4.0

• Statewide coverage is available from:
  1. Aetna Better Health of Virginia
  2. Anthem HealthKeepers Plus
  3. Magellan Complete Care
  4. Optima Health Family Care
  5. UnitedHealthcare Community Plan
  6. Virginia Premier
Medicaid Common Core Formulary (CCF)

- CCF includes at a minimum all preferred drugs on VA Medicaid’s FFS Preferred Drug List (PDL)
- Plan can add brand or generic drugs to the CCF
- Plans cannot place additional restrictions on CCF drugs
- Provides continuity of care for patients
- Decreases administrative burdens for prescribers
- “Closed” CCF drug classes must be identical to VA’s FFS PDL; plans cannot add or remove drugs from these classes; 12 drug classes from VA Medicaid’s FFS PDL
- CCF was implemented on August 1, 2017
Medicaid Expansion

- Focuses on quality, holistic care for individuals.

- Even if you have a pre-existing condition and you meet the age, financial, and other eligibility requirements, you can be covered. The rules have changed—past denials may be eligible now!

- Offers a network of high quality providers:
  - Clients may be able to have same providers and carriers they have now. All RWHAP B health care providers are already supposed to be able to bill Medicaid to comply with RW payer of last resort requirement.
Applying for Virginia Medicaid

Several ways→ Apply ANYTIME ONLINE, PHONE or IN-PERSON:

• Healthcare.gov→ Marketplace will determine Medicaid eligibility and send to DMAS
• Clients MUST disenroll from their ACA plans if they get Medicaid.

• COVER VIRGINIA website (translations for website; advocate resources) or phone 1-855-242-8282

• Local Department of Social Services (DSS) offices
Applying for Virginia Medicaid-New Slide

- DMAS prefers people to use Healthcare.gov or enroll via COVER Virginia--sign up on Cover VA website for updates

- Get training to help people enroll into Medicaid. It’s called SignUpNow and offered by the Virginia Healthcare Foundation! [www.vhcf.org](http://www.vhcf.org)

- Virginia Healthcare Foundation has “Help Line” (804-828-6062) -- resource for outreach workers regarding policy, eligibility rules or issues. Offers trouble-shooting for local efforts/individual cases
Important Points: Care After Transition

- VDH and DMAS teams working together to exchange data and information and to avoid disruption of treatment.
  - Client drug regimens
  - Current medical provider of clients
  - Formularies
  - DMAS says medical and medication histories will be helpful to receive from providers.
- DMAS will cover any medication for 30 days after enrollment (not HIV specific)
- VDH will provide data to DMAS to also avoid disruption in Hepatitis C treatment too.
- Time frame for plan choice/assignment
2019 ACA Enrollment

• Open enrollment periods:
  • ACA = November 1 - December 15, 2018
  • Medicare = October 15 - December 7, 2018

• Working again with Benalytics
  • Better coordination with RW providers
  • Earlier communications
  • Convenient enrollment by phone; in-person available at enrollment events by VA RW providers

• New branding to be more visible to clients and providers “My Healthy State Virginia—It’s Who I Am”

• New website to help clients enroll in ACA Marketplace plans and VA Medicaid!
New website for VA ACA and Medicaid Enrollment

my healthy state
it's who I am

With fully paid health insurance, the Virginia Department of Health (VDH) can help you get the care you need, when you need it. So you can get to a healthy state. And be who you truly are.
Action Steps

• Go to COVER VIRGINIA website: http://www.coverva.org/ and sign up for latest news and updates about Medicaid. Spread the word about new adult coverage!!

• Check the VA ADAP website for updates: http://www.vdh.virginia.gov/disease-prevention/virginia-aids-drug-assistance-program-adap/

• Client and provider “Tune Ups”

• Clients and providers can benefit from attending the DMAS town halls on Medallion 4.0
“Tune Ups” for ACA:
• Know passwords
• Have documentation for income
• Enroll early, don’t wait!
  • CAC, Benalytics, Case Managers, or self-enrollment
  • Open your mail from VDH! “My Healthy State VA”

“Tune Ups” for Medicaid
• Clients/case managers start filling out applications early
• Supporting documentation & SIGN THE APPLICATION
• Providers check credentialing & contracting status with MCOs
  • Don’t assume it’s in place and don’t wait until January 1st
Action Steps

VDH is:

- Meeting, communicating, and exchanging information with DMAS staff to help make the ADAP/RW client transition seamless.
- Doing research and providing information to our Ryan White network of providers and clients. **BOLO!!!**
- Assessing adequacy of clinical network for expansion. Please fill out our short survey we will send shortly→ Survey Monkey. **9/19/18**
- Analyzing our program data and developing a transition plan for waves of client enrollment. Want all clients enrolled by effective date as possible.
Medallion 4.0 Statewide Coverage

Medallion 4.0
Six Regions
### Action Steps—Learn More at Webinars and In-Person Town Halls—Updated

<table>
<thead>
<tr>
<th>Remaining Regional Webinars</th>
<th>Remaining Regional Town Halls</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Roanoke/Alleghany 10/2/18</td>
<td>• Roanoke/Alleghany 10/9, 10/10, 10/11/18</td>
</tr>
<tr>
<td>• Southwest 10/16/18</td>
<td>• Southwest 10/23, 10/24 (two sessions)</td>
</tr>
</tbody>
</table>

You can register on DMAS’ Website!!!
Mahalo
谢谢 - xièxiè
Thank you!
Gracias!
Merci!
Danke!
አመሰግናለሁ
Grazie!
ありがとう (arigatou)