Now you can protect yourself against whooping cough with your next tetanus booster. There is a new Tdap vaccine recommended for health care workers.

Protect Yourself
Health care workers are nearly twice as likely to get whooping cough (pertussis) as other adults. Whooping cough in adults causes coughing fits. In adults you don’t hear the characteristic “whoop” sound toddlers make when they have the disease. But it can cause vomiting, broken ribs, and pneumonia, and coughing can last for months.

Protect Your Family
If you have it, you can spread whooping cough to your family even if you don’t feel sick. They could become seriously ill and miss work or school. Babies have the highest risk of getting sick and can die from whooping cough.

Protect Your Patients
If you catch whopping cough from one patient, you could spread it to another.