This fish consumption advisory provides meal recommendations on eating certain fish species caught from specified waterbodies. It is recommended to follow the guidance presented on this advisory to reduce your total exposure to fish contaminants. For further information regarding waterbodies sampled or the fish tissue sampling process, contact the Virginia Department of Environmental Quality. For questions about human health risks from exposure to fish contaminants, contact the Virginia Department of Health’s Division of Environmental Epidemiology at 804-864-8182.

This fish consumption advisory is reviewed annually. No changes or updates are required to this advisory based on review of existing data.

*A meal is considered to be an eight-ounce (half-pound) serving of fish.