What is a RABIES exposure?

- Regardless of vaccination status, a healthy dog, cat or ferret that bites a person should be confined and observed for 10 days. If the animal dies or is euthanized during confinement, it should be tested.

Local Rabies Contact: ____________________________

Rabies vaccinations are NOT recommended for a person bitten by a dog, cat or ferret unless the animal becomes ill with rabies during confinement.

Exposure is defined as any situation where saliva or central nervous system tissue of a suspect rabid animal enters an open, fresh wound or comes in contact with a mucus membrane by entering the eye, nose or mouth. The most efficient route of exposure is a bite. Dogs, cats and ferrets that bite people should be considered suspect rabid until the end of the 10 day observation period.

Bat exposures are evaluated differently. Anyone who has had direct contact with a bat and cannot rule out a bite or has been in a room with a bat and is unable to tell whether an exposure took place (e.g. infant, cognitively impaired or sleeping adult) should be considered potentially exposed to rabies.

Wild, carnivorous mammals are a higher risk for spreading rabies. The animals most often diagnosed with rabies in VA are raccoons, skunks, and foxes. In Virginia, opossums, beavers, and groundhogs are also considered to be high risk.

Low risk animals include rodents and rabbits.