

The 19 Healthy Start Benchmarks Aligned with the 5 Healthy Start Approaches

The Five Healthy Start Approaches and Corresponding Benchmarks	
Improve women's health, before during and after pregnancy	
	1. Increase the proportion of Healthy Start women and child participants with health insurance to 90% (reduce uninsured to less than 10%).
	2. Increase the proportion of Healthy Start women participants who have a documented reproductive life plan to 90%.
	3. Increase the proportion of Healthy Start women participants who receive a postpartum visit to 80%.
	4. Increase proportion Healthy Start women and child participants who have a usual source of medical care to 80%.
	5. Increase proportion of Healthy Start women participants that receive a well-woman visit to 80%.
Promote Quality Services, with a focus on required core competencies and standardized interventions	
	6. Increase proportion of Healthy Start women participants who engage in safe sleep practices to 80%.
	7. Increase proportion of Healthy Start child participants whose parent/ caregiver reports they were ever breastfed or pumped breast milk to feed their baby to 82%.
	8. Increase proportion of Healthy Start child participants whose parent/ caregiver reports they were breastfed or fed breast milk at 6 months to 61%.
	9. Increase the proportion of pregnant Healthy Start participants that abstain from cigarette smoking to 90%.
	10. Reduce the proportion of Healthy Start women participants who conceive within 18 months of a previous birth to 30%.
	11. Increase proportion of Healthy Start child participants who receive the last age-appropriate recommended well child visit based on AAP schedule to 90%.
Strengthen Family Resilience, by engaging both parents and addressing some of the stress that underlies many disparities in birth outcomes	
	12. Increase the proportion of Healthy Start women participants who receive depression screening and referral to 100%.
	13. Increase proportion of Healthy Start women participants who receive intimate partner violence (IPV) screening to 100%.
	14. Increase proportion of Healthy Start women participants that demonstrate father and/or partner involvement (e.g., attend appointments, classes, etc.) during pregnancy to 90%.

	15. Increase proportion of Healthy Start women participants that demonstrate father and/or partner involvement (e.g., attend appointments, classes, infant/child care) with their child participant to 80%.
	16. Increase the proportion of Healthy Start child participants aged <24 months who are read to by a parent or family member 3 or more times per week to 50%
Achieve Collective Impact, serving as community hubs that drive collective improvements	
	17. Increase the proportion of HS grantees with a fully implemented Community Action Network (CAN) to 100%.
	18. Increase the proportion of Healthy Start grantees with at least 25% community members and Healthy Start program participants serving as members of their CAN to 100%.
Increase Accountability through Quality Improvement, Performance Monitoring, and Evaluation	
	19. Increase the proportion of HS grantees who establish a quality improvement and performance monitoring process to 100%.