Safe Blood Glucose Monitoring: Single-Use Devices vs. Penlets

Single-use fingerstick devices should be used for residents who require assistance with blood glucose monitoring (BGM). Penlet devices may be used only by those who do not require BGM assistance.

**Single-use fingerstick devices**
- Use when performing BGM on someone else
- Auto-disabling feature prevents reuse of lancet
- Place used lancet in approved sharps container after use

**Reusable devices (penlets)**
- Used only by individuals who can perform their own BGM
- Can be used multiple times by SAME PERSON
- Label with owner’s name and store in a secure area
- NEVER share between residents