

Urinary Catheter Checklist

Appropriate Indications:

- Ensure resident meets appropriate indications for catheter use and document reason.
- Consider alternatives to indwelling urethral catheterization.

Hand Hygiene:

- Wash hands thoroughly with soap and water or sanitize with an alcohol-based hand rub before and after catheter insertion or manipulation.

Insertion Technique:

- Use sterile equipment including: sterile gloves, drape, sponges, and appropriate antiseptic solution.
- Use aseptic technique to insert catheter. If aseptic technique is broken, replace catheter and collecting system aseptically with sterile equipment.
- Use a single-use packet of lubricant jelly for insertion for each resident.
- Secure catheter to prevent movement and urethral traction.

Catheter Maintenance:

- Keep collection bag below level of the bladder at all times.
- Check tubing frequently for kinking.
- Keep drainage bag off the floor.
- Empty the collecting bag regularly.
- Maintain a closed-drainage system.

Catheter Care:

- Perform perineal care daily and after each bowel movement.

Catheter Removal:

- Assess resident daily for catheter need.
- Take steps to remove catheter when resident no longer meets indications.