Appropriate Indications:
☐ Ensure resident meets appropriate indications for catheter use and document reason.
☐ Consider alternatives to indwelling urethral catheterization.

Hand Hygiene:
☐ Wash hands thoroughly with soap and water or sanitize with an alcohol-based hand rub before and after catheter insertion or manipulation.

Insertion Technique:
☐ Use sterile equipment including: sterile gloves, drape, sponges, and appropriate antiseptic solution.
☐ Use aseptic technique to insert catheter. If aseptic technique is broken, replace catheter and collecting system aseptically with sterile equipment.
☐ Use a single-use packet of lubricant jelly for insertion for each resident.
☐ Secure catheter to prevent movement and urethral traction.

Catheter Maintenance:
☐ Keep collection bag below level of the bladder at all times.
☐ Check tubing frequently for kinking.
☐ Keep drainage bag off the floor.
☐ Empty the collecting bag regularly.
☐ Maintain a closed-drainage system.

Catheter Care:
☐ Perform perineal care daily and after each bowel movement.

Catheter Removal:
☐ Assess resident daily for catheter need.
☐ Take steps to remove catheter when resident no longer meets indications.