

ATTENTION

C O V I D - 1 9

IF YOU HAVE RECENTLY...

If you have recently been around large crowds, or had close contact with someone who recently traveled to an affected area and was **SICK**



AND YOU HAVE



**A FEVER, COUGH, OR TROUBLE BREATHING,
CALL YOUR HEALTHCARE PROVIDER IMMEDIATELY!**



**Cover your coughs
and sneezes**

Use a tissue or your sleeve, not your hands.



Wash your hands

Wash hands often with soap and water.



Avoid touching your face

Do not touch your eyes, nose or mouth with unwashed hands.



Always dispose of used tissues in a waste can

Do not leave used tissues lying around.

Visit vdh.virginia.gov/coronavirus for the latest information.