

BLS Recertification Requirements

Virginia Office of EMS
 Division of Educational Development
 1041 Technology Park Drive
 Glen Allen, VA 23059

804-888-9120

Required Topics (Category 1)	Area #	Hours Required	
		FR	EMT
Patient Assessment	02	2 Hours	3 hours
Airway Management	03	2 Hours	3 hours
Trauma Emergencies	04		4 hours
Medical Emergencies	05		4 hours
Infection Control	06		2 hours
Medical Legal	07		1 hour
Infants and Children	08		2 hours
Practical Skills	09	3 hours	3 hours
AED with practical or OB GYN	10	2 Hours	2 Hours
TOTAL CATEGORY 1 HOURS		9 Hours	24 Hours
TOTAL CATEGORY 2 HOURS		9 Hours	12 Hours
TOTAL CATEGORY 3 HOURS*		9 Hrs max	10 Hrs max
TOTAL HOURS		18 Hours	36 Hours

FR = First Responder

EMT = Emergency Medical Technician