

Virginia ALS Continuing Education Requirements – All Levels

Virginia Office of EMS
Division of Educational Development
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AREA #	DIVISION HOURS PER CERTIFICATION LEVEL			Virginia Category 1 Continuing Education in a NREMT Format Section 1A – Mandatory Core Content	
	E	I	J	Airway, Breathing and Cardiology	
71	2	1	1	Provide ventilatory support for a patient	
72	2	2	0	Attempt to resuscitate a patient in cardiac arrest	
73	2	1	0	Provide care to a patient experiencing cardiovascular compromise	
74	2	2	0	Provide post resuscitation care to a cardiac arrest patient	
-	8	6	1	TOTAL	
Medical Emergencies					
75	1	1	1	Assess and provide care to a patient experiencing an allergic reaction	
76	1	0.5	0	Assess a patient with possible overdose	
77	1	0.5	0	Assess and provide care to a near-drowning patient	
-	3	2	1	TOTAL	
Trauma					
78	0.5	0.5	0.5	Perform a rapid trauma assessment	
79	1	1	0	Assess a patient with head injury	
80	1	0.5	0	Assess and provide care to a patient with a suspected spinal injury	
81	1	1	0	Provide care to a patient with a chest injury	
82	0.5	0.5	0	Provide care to a patient with an open abdominal injury	
83	1	0.5	0.5	Provide care to a patient with shock/hypoperfusion	
-	5	4	1	TOTAL	
Obstetrics and Pediatrics					
84	2	1	0	Assess and provide care to an infant or child with cardiac arrest	
85	2	2	0	Assess and provide care to an infant or child with respiratory distress	
86	2	1	0	Assess and provide care to an infant or child with shock/hypoperfusion	
87	2	2	0	Assess and provide care to an infant or child with trauma	
-	8	6	0	TOTAL	
24	18	3	MANDATORY CORE CONTENT TOTAL		

AREA #	DIVISION HOURS PER CERTIFICATION LEVEL			Section 1B – Flexible Core Content	
	E	I	J	Airway, Breathing and Cardiology	
88				Assess and provide care for respiratory distress in an adult patient	
88				Perform techniques to assure a patent airway	
88				Use oxygen delivery system components	
88				Assess and provide care to a patient experiencing non-traumatic chest pain/discomfort	
-	8	6	6	TOTAL	
Medical Emergencies					
89				Assess and provide care to a patient with an altered mental status	
89				Assess and provide care to a patient with a history of diabetes	
89				Assess and provide care to a patient experiencing a seizure	
89				Assess and provide care to a patient exposed to heat or cold	
89				Assess and provide care to a patient experiencing a behavioral problem	
89				Assess and provide care to a patient with a suspected communicable disease	
-	5	4	0	TOTAL	
Trauma					
90				Provide care of a patient with a painful, swollen, deformed extremity	
90				Assess and provide care to a patient with a burn injury	
-	1	1	0	TOTAL	
Obstetrics and Pediatrics					
91				Assess and provide care to an infant or child with suspected abuse or neglect	
91				Assess and provide care to an infant or child with a fever	
91				Assess and provide care for the obstetric patient	
91				Provide care to the newborn	
91				Provide care to the mother immediately following delivery of a newborn	
-	8	6	0	TOTAL	
Operational Tasks					
92				Use body mechanics when lifting and moving a patient	
92				Communicate with a patient while providing care	
-	2	1	1	TOTAL	
24	18	7	FLEXIBLE CORE CONTENT TOTAL		
48	36	10	CATEGORY 1 HOURS REQUIRED PER LEVEL		
24	12	26	CATEGORY 2 HOURS REQUIRED PER LEVEL (*NREMT REQS 36 HRS)		
72	48	36	TOTAL HOURS REQUIRED PER LEVEL		