

ALS Recertification CE Worksheet

Virginia Office of EMS
 Division of Educational Development
 1041 Technology Park Drive
 Glen Allen, VA 23059

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Category 1: National Continued Competency Requirements (NCCR)	Area #	Hours Required		
		E Paramedic	I I-99	C AEMT
Airway, Oxygenation and Ventilation	16	4	3	5
Cardiovascular	17	10	10	7
Trauma	18	4	3	4
Medical	19	7	7	7
Operations	20	5	5	2
Total Category 1 (NCCR) Hours		30	28	25
Category 2: Local and Individual Continued Competency Requirements (LCCR/ICCR)				
Total Category 2 (LCCR/ICCR) Hours		30	27	25
Total Hours		60	55	50

New Terminology:

- NCCR** National Continued Competency Requirements (Virginia - Category 1)
 Educational content that reflects current trends in evidence-based medicine, scope of practice changes and position papers from numerous associations involved with EMS research. It will also serve to focus on those patient presentations that have a low frequency but high criticality.
- LCCR** Local Continued Competency Requirements (Virginia – Category 2)
- ICCR** Individual Continued Competency Requirements (Virginia – Category 2)
 LCCR and ICCR requirements will be combined to reflect the Category 2 requirements. Educational content for these hours will include EMS-related education that can be defined by the state, region or agency.