Free family support group for those concerned about a loved one’s addiction

Every first and third Thursday of the month

Support group is held from 6 to 7 p.m.

The family support group is a free meeting — open to the community and facilitated by an intensive outpatient program therapist — that serves as a resource for those seeking a deeper understanding of how a loved one’s addiction has affected them, and how to navigate the new world of recovery.

This group is open to anyone age 16 and older who is concerned about a loved one’s use of drugs or alcohol.

Program held at:
Novant Health UVA Health System Prince William Medical Center

Intensive outpatient program
8644 Sudley Road, Suite 300
Manassas, VA 20110

For more information, please call 703-369-8404 or visit NovantHealthUVA.org
Mental health family education group

Novant Health UVA Health System Prince William Medical Center
8680 Hospital Way, Manassas, VA 20110

Held the second and fourth Thursday of every month
6 to 7 p.m.

The mental health family education group, facilitated by a behavioral health therapist, is a free one-hour meeting held twice a month to serve as a resource to those seeking a deeper understanding of how a loved one’s mental health has affected them and how to communicate and utilize resources.

Open to all, 18 years of age and older that is concerned about a loved one’s mental health.

Call 703-369-8709 with questions.