Many Virginians who tried smoking eventually quit the habit.

- In 2013, 19% of adults in Virginia were current smokers.\(^1\)
- Sixty point one percent (60.1%) of adult current smokers in Virginia have tried to quit smoking during the past 12 months.*

*To assess quit attempt rates, current smokers were asked “[during the past 12 months], have you stopped smoking for one day or longer because you were trying to quit smoking?”

\(^1\) Virginia Department of Health (VDH), Office of Family Health Services (OFHS), Virginia Behavioral Risk Factor Surveillance System (BRFSS), 2013. Percentages are weighted.

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**Figure 1. Adults who Currently Smoke and Smokers who Tried to Quit Smoking in the Past 12 Months, Virginia, 2001 to 2013**

![Graph showing the percentage of adults who currently smoke and those who tried to quit smoking from 2001 to 2013.]


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- Certain groups of smokers in Virginia were more likely to try to quit, including:\(^3\)
  - Male (61.4% compared to 58.5% for female)
  - Black/Non-Hispanic (71.3% compared to 56.8% for White/Non-Hispanic)
  - Twenty five to thirty four (25-34) year olds (68.6% compared to 57.3% for 65 years old or older)
  - People with income of $25,000 to less than $35,000 (66.2% compared to 60.8% for $15,000 to less than $25,000)
  - People with some college education (64.1% compared to 57.3% for high school diploma or GED)

- In Virginia, in 2013 the percentage of adults who tried to quit smoking ranged from 56.6% in Northern Virginia to 65.7% along the Northwestern Region.\(^1\)

For more information about tobacco use or tobacco use control, contact the Virginia Department of Health’s Tobacco Use Control Project (TUCP) at (804) 864-7749, or access information on our website [http://www.vdh.virginia.gov/ofhs/prevention/tucp/](http://www.vdh.virginia.gov/ofhs/prevention/tucp/).

For information and resources on how to quit smoking and other tobacco use, call [QUIT NOW Virginia](1-800-QUITNOW) (1-800-784-8669).

\(^3\) Virginia Department of Health, Office of Family Health Services, Virginia Behavioral Risk Factor Surveillance System (BRFSS), 2013. Percentages are weighted.

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