

In Virginia:

- 150,000 youth who are alive today will die prematurely from smoking.¹
- 7,300 youth become new, regular (daily) smokers each year.¹
- 9.7 million packs of cigarettes are bought or smoked by kids each year.¹

The Virginia Youth Survey was conducted during the fall semester of 2013. The survey was administered to students in randomly selected public schools (grades 6-12) in Virginia. Completed surveys were collected from 6,935 high school and 8,936 middle school students.

For more information, go to <http://www.vdh.state.va.us/ofhs/youthsurvey/> or http://www.cdc.gov/tobacco/data_statistics/surveys/yts/

Cigarette Smoking in Virginia²

- 13% of middle school students and 35.5% of high school students have tried cigarette smoking (at least one or two puffs).
- 26.9% of high school students perceived that young people who smoke will definitely or probably have more friends.
- 7.9% of high school students started smoking before age 13.
- 12.0% of high school students who were current cigarette users reported having smoked more than 10 cigarettes per day *during the past 30 days*.
- 2.5% of middle school students and 11.1% of high school students tried smoking *during the past 30 days*.
- High school students were more likely to try smoking, and smoke in the past month.
- Among middle school students, Non-Hispanic Black students were more likely than Whites or Hispanics to try smoking.

- **Since 2001, smoking among Virginia youth has been cut by more than 60% for high school students and has decreased 75% among middle school students (See Figure 1).³**

Other Tobacco Use in Virginia²

- 17.6% of high school students have smoked cigarettes or cigars or used chewing tobacco, snuff or dip *during the past 30 days*.
- With the exception of cigarettes, students were most likely to try smokeless tobacco and cigars or small cigars.
- Non-Hispanic Black high school students were more likely to use cigarillos or small cigars compared with Hispanic and White students.
- Male high school students (12.1%) were more likely than female high school students (3.1%) to use smokeless tobacco (chew, snuff, dip) *during the past 30 days*.
- High school students (9.5%) were more likely than middle school students (2.2%) to try smoking tobacco from a hookah or waterpipe, dissolvable tobacco products, or electronic cigarettes (See Table 1).

Smoking Cessation in Virginia²

- 44.8% of high school students tried to quit smoking cigarettes *during the past 12 months*.
- Female high school students (48.9%) were more likely than males (41.1%) to try quitting smoking *during the past 12 months*.

Access to Tobacco in Virginia²

- More than half (59%) of high school students and 47.5% of middle school students reported seeing promotions for cigarettes and other tobacco products when they visited a convenience store, supermarket, or gas station.
- 4.6% of middle school students reported buying their own cigarettes in a store or gas station *during the past 30 days*.

Exposure to Environmental Tobacco Smoke in Virginia²

- 17.6% of high school students and 17.1% of middle school students live in households where smoking is allowed.
- 24.1% of middle school students and 25.4% of high school students reported that smoke is allowed inside the vehicle they ride in or drive most frequently.

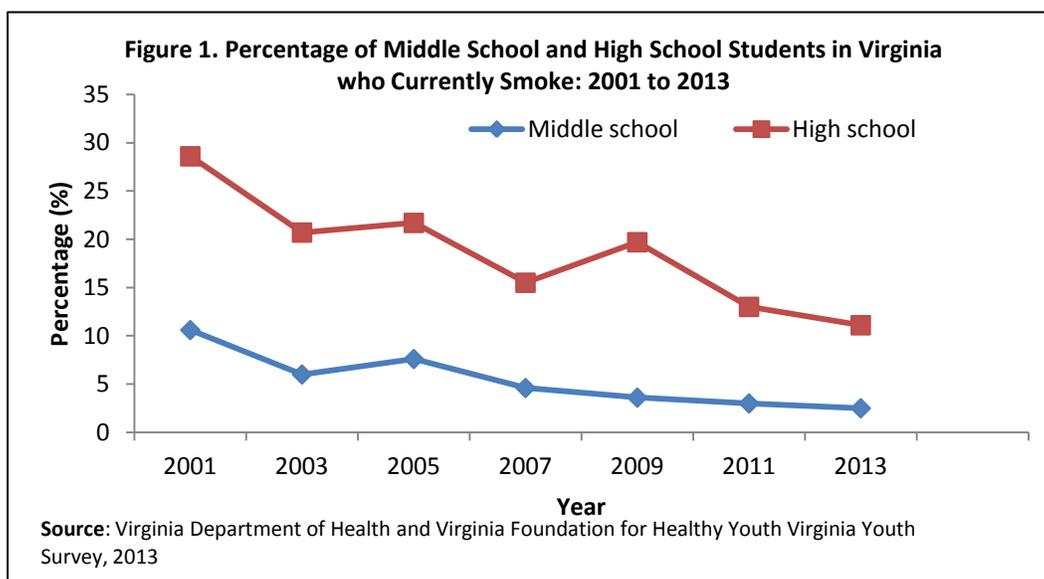


Table 1. Other Tobacco Use*, Middle & High School Students, Virginia, 2013

Percent (%) of students who use...	Percent (%) Middle School Students	Percent (%) High School Students
Hookah (waterpipes)	0.9	5.9
E-cigarettes	1.2	3.4
Dissolvable tobacco product	0.1	0.2
Snus	0.5	1.4

*Most recently used; recently used was determined by asking, "Which of the following tobacco products have you tried **most recently**?" (Select only one response.)

For more information about tobacco use and tobacco use control, contact the Virginia Department of Health's Tobacco Use Control Project (TUCP) at (804)864-7749, or access information on our website <http://www.vdh.virginia.gov/ofhs/prevention/tucp/>

¹ Campaign for Tobacco Free Kids, "The Toll of Tobacco in Virginia Fact Sheet", January 8, 2015. Available at: http://www.tobaccofreekids.org/facts_issues/toll_us/virginia

² Virginia Department of Health (VDH), Office of Family Health Services (OFHS), and Virginia Foundation for Healthy Youth (VFHY), Virginia Youth Survey, 2013. Available at: <http://www.vdh.virginia.gov/OFHS/youthsurvey/results.htm>

³ Virginia Foundation for Healthy Youth, Statistics, "Dashboard". Available at: <http://www.vfhy.org/statistics>