I. Introduction
- Title Page
- Overview: Infection Prevention Toolkit for Virginia ALFs and NHs
- Assisted Living and Nursing Home Organizational Partners
- Table of Contents
- Training Agenda

II. Presentations (Tabs 1-5)
1. Successful Strategies for Infection Prevention in Assisted Living Facilities and Nursing Homes: Introduction and Welcome
2. Infection Prevention and Control: What Infections Are and What We Can Do to Prevent Their Spread in Our Facilities
3. Infection Prevention and Control: Prevention Strategies
4. Regulations for Assisted Living Facilities – Your Inspection and Infection Control
5. Regulations for Nursing Homes - CMS §483.65 Infection Control (F441)

III. Toolkit Resources (Tabs 6-19)
6. Summary documents
   - Glossary of infection prevention terms
   - Infection prevention resources and guidelines
7. Infection transmission
   - Chain of Infection
   - Microbiology 101
8. Bloodborne pathogen (BBP) transmission and blood glucose monitoring (BGM)
   - FAQs: BBP
   - FAQs: Safe Injection Practices
   - Guidelines: OSHA BBP Summary
   - In-Service: BBP and BGM
   - In-Service: OSHA BBP Standard
   - Log: BGM Checklist and Monitoring Tool
   - Sign: Practice Safe BGM
   - Sign: Single-Use Devices vs. Penlets
   - Template: Administrator’s Checklist: Safe BGM and Injection Practices
   - Template: BGM Protocol
   - Template: BBP Exposure Control Plan
   - CMS Regulatory Update: BGM
   - VDSS Regulatory Update: BGM

9. Hand hygiene (HH) and personal protective equipment (PPE)
   - FAQs: HH
   - Log: HH and PPE Monitoring Tool
   - In-Service: HH
   - Sign: Sequence for Donning and Doffing PPE
   - Sign: HH Brochure
   - Sign: HH

10. Environmental cleaning
    - FAQs: Environmental Cleaning and Disinfection
    - Log: Environmental Checklist
    - Log: Environmental Checklist for Blood Spills

11. Vaccination
    - FAQs: Vaccination
    - Log: Vaccinations (general)
    - Log: Resident Immunization Record
    - Log: Influenza Vaccination Record
    - 2011 Adult Vaccination Recommendations
12. Prevention strategies
   - FAQs: Contact Precautions (for Providers)
   - FAQs: Contact Precautions (for Residents)
   - FAQs: Droplet Precautions (for Providers)
   - FAQs: Droplet Precautions (for Residents)
   - FAQs: Drug Resistance
   - FAQs: Respiratory Hygiene
   - FAQs: Standard Precautions (for Providers)
   - FAQs: Standard Precautions (for Residents)
   - Sign: Standard and Transmission-Based Precautions
   - Sign: Contact Precautions
   - Sign: Special Contact Precautions
   - Sign: Droplet Precautions
   - Sign: Cover your Cough
   - Table: Infection Prevention Practices for Selected Diseases
   - CDC 12 Steps to Prevent Antimicrobial Resistance in Long Term Care

13. Surveillance
   - FAQs: Surveillance
   - FAQs: How to Collect Specimens
   - Guidance: Outbreak Identification
   - Log: GI Illness (Staff)
   - Log: GI Illness (Resident)
   - Log: Respiratory Illness (Staff)
   - Log: Respiratory Illness (Resident)
   - Log: Resident Illness (general)
   - Log: Monthly Infection Surveillance Tracking
   - Sign: Outbreak

14. Influenza
   - FAQs: for Residents
   - FAQs: for Providers
   - Guidelines: Prevention in Assisted Living Facilities
   - Guidelines: Prevention in Nursing Homes
   - Sign: Fever and Cough (for Residents)
   - Sign: Help Protect Our Residents
   - Sign: Help Protect Your Coworkers
   - Template: Letter to Family Members and Sign
15. Gastrointestinal illnesses
   • FAQs: *Clostridium difficile*
   • FAQs: Gastrointestinal (GI) illnesses
   • Guidelines: Norovirus

16. Other diseases/conditions
   • FAQs: Carbapenem-resistant *Enterobacteriaceae* (CRE)
   • FAQs: Methicillin-resistant *Staphylococcus aureus* (MRSA)
   • FAQs: Respiratory Illnesses
   • FAQs: Scabies
   • FAQs: Vancomycin-resistant *Enterococci* (VRE)

17. Tuberculosis
   • FAQs: Tuberculosis (TB)

18. Urinary tract infections
   • FAQs: Urinary Tract Infections (UTI)
   • Guidelines: Urinary Catheter Checklist
   • Guidelines: Urinary Catheter Reminder

19. Guidance documents
   • FAQs: Working with Your Health Department
   • Reportable Disease List
   • FAQs: Virginia Department of Social Services (VDSS) – Division of Licensing Programs
   • FAQs: Virginia Department of Health – Office of Licensure and Certification
   • FAQs: Regulatory Requirements for ALFs
   • FAQs: Regulatory Requirements for NHs
   • FAQs: Recommended Training for Staff
   • FAQs: Communicating Medical Information During Resident Transfer
   • Form: Transfer Sheet
   • Guidance: How to Educate Adult Learners
   • Guidance: Sick Staff (for Administrators)
   • Guidance: Sick Staff (for Providers)
   • Form: Epi-1 (Disease Reporting) Form