



# Smile... Water Fluoridation Works.

## Improve Dental Health in Your Community

Fluoridation is one of the top ten public health achievements of the 20th century.

Over 50 years of scientific studies conclude: water fluoridation reduces tooth decay 20-40%.



## Insure Public Safety

Fluoride is a naturally-occurring mineral.

Fluoridation systems adjust fluoride concentration to the optimal level.

Water treatment plants monitor its level daily.

## Save Money

Fluoridation systems average 20-50 cents per person, per year, depending on community size, type of equipment and labor costs.

Every dollar spent on community water fluoridation saves every individual \$38 in dental treatments.

## Benefit Every Citizen

Fluoridation prevents tooth decay for every member of the community, regardless of age or income.

You do not need insurance or transportation to benefit.

## Enlist a Support System

Contact the Division of Dental Health for information on fluoridation, grant funding and monitoring.

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On the Web, see:  
[www.vahealth.org/teeth](http://www.vahealth.org/teeth)  
[www.cdc.gov/oralhealth](http://www.cdc.gov/oralhealth)

