2011 Virginia Youth Survey
Weighted Graph Results

Office of Family Health Services
Virginia Department of Health
June 2012
2011 Virginia Youth Survey

• The Virginia Youth Survey has been developed to monitor priority health risk behaviors that contribute markedly to the leading causes of death, disability, and social problems among youth within the Commonwealth of Virginia.

• The 2011 Virginia Youth Survey project was conducted by the Department of Health in collaboration with the Department of Education using funding from the U.S. Centers for Disease Control and Prevention in randomly sampled public high schools across the Commonwealth.

• The school-based survey is anonymous and voluntary. The survey contains 96 questions and measures various behaviors including:
  • Behaviors that contribute to injuries and violence
  • Tobacco use
  • Alcohol and other drug use
  • Dietary habits
  • Physical activity

• The U.S. Centers for Disease Control and Prevention prepared these graph results. Data are also available at: www.cdc.gov/yrbs.
The 2011 Virginia Youth Survey was completed by 1,440 students in 36 public high schools in Virginia during the fall of 2011. The school response rate was 97%, the student response rate was 64%, and the overall response rate was 62%. The results are representative of all students in grades 9-12.

Weighted characteristics of the 2011 sample

<table>
<thead>
<tr>
<th>Gender</th>
<th>Grade</th>
<th>Race</th>
<th>%</th>
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</thead>
<tbody>
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<td>24.4</td>
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<td>10.0</td>
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<td>All other races</td>
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* Non-Hispanic
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet

<table>
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<th>12th</th>
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<th>Hispanic/ Latino</th>
<th>White*</th>
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<td>12th</td>
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<td></td>
</tr>
<tr>
<td>Black*</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
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</tr>
</tbody>
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I = 95% Confidence Interval
Q8 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
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</thead>
<tbody>
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<td>5.8</td>
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<td>5.0</td>
<td>6.5</td>
<td>9.6</td>
<td>8.8</td>
<td>12.0</td>
<td>5.7</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q9 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol

- Total: 20.0%
- Male: 19.6%
- Female: 20.2%
- 9th: 18.5%
- 10th: 18.9%
- 11th: 19.7%
- 12th: 23.1%
- Black*: 15.8%
- Hispanic/Latino: 23.5%
- White*: 20.3%

I = 95% Confidence Interval
Q10 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol

<table>
<thead>
<tr>
<th>Category</th>
<th>95% CI</th>
<th>2011 Total</th>
</tr>
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<tbody>
<tr>
<td>Total</td>
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<td>5.7</td>
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<tr>
<td>Male</td>
<td></td>
<td>6.5</td>
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<td>Female</td>
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<td>4.9</td>
</tr>
<tr>
<td>9th</td>
<td></td>
<td>3.9</td>
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<td>10th</td>
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<td>3.7</td>
</tr>
<tr>
<td>11th</td>
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<td>5.2</td>
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<tr>
<td>12th</td>
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<td>9.9</td>
</tr>
<tr>
<td>Black*</td>
<td></td>
<td>2.2</td>
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<tr>
<td>Hispanic/Latino</td>
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<td>12.5</td>
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<tr>
<td>White*</td>
<td></td>
<td>5.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q11 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days

I = 95% Confidence Interval
Q12 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who carried a gun on one or more of the past 30 days

Q13 - Weighted Data

*Non-Hispanic.

I = 95% Confidence Interval

Q13 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days

Q14 - Weighted Data

*Non-Hispanic.

I = 95% Confidence Interval
Q14 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school

I = 95% Confidence Interval
Q15 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months

![Bar chart showing the percentage of students threatened or injured by weapon by gender, grade, and race/ethnicity.](chart.png)

- **Total**: 7.0%
- **Male**: 8.0%
- **Female**: 5.5%
- **9th Grade**: 5.4%
- **10th Grade**: 6.1%
- **11th Grade**: 7.1%
- **12th Grade**: 8.9%
- **Black**: 8.0%
- **Hispanic/Latino**: 13.2%
- **White**: 5.2%

I = 95% Confidence Interval

Q16 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were in a physical fight one or more times during the past 12 months

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
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<td>Hispanic/Latino</td>
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<tr>
<td>White*</td>
<td>22.9</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q17 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse

I = 95% Confidence Interval
Q18 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were in a physical fight on school property one or more times during the past 12 months

Q19 - Weighted Data

*Non-Hispanic.

I = 95% Confidence Interval
Q19 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months

<table>
<thead>
<tr>
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<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
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<tbody>
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<td>Total</td>
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<tr>
<td>Female</td>
<td>13.4</td>
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<tr>
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<tr>
<td>12th</td>
<td>11.1</td>
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</table>

I = 95% Confidence Interval
Q20 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had ever been bullied on school property during the past 12 months

I = 95% Confidence Interval
Q22 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had ever been electronically bullied during the past 12 months

I = 95% Confidence Interval
Q23 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
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<tr>
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<td>12th</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q24 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who seriously considered attempting suicide during the past 12 months

- Total: 16.9%
- Male: 12.0%
- Female: 21.9%
- 9th: 19.3%
- 10th: 13.8%
- 11th: 17.3%
- 12th: 16.9%
- Black*: 14.2%
- Hispanic/Latino: 22.3%
- White*: 16.5%

I = 95% Confidence Interval
Q25 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months

I = 95% Confidence Interval
Q26 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who actually attempted suicide one or more times during the past 12 months

I = 95% Confidence Interval
Q27 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Total</td>
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<td>Female</td>
<td>9th</td>
<td>10th</td>
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<td>3.4</td>
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*Non-Hispanic.

I = 95% Confidence Interval

Q28 - Weighted Data

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
2011 Virginia Youth Survey

Percentage of students who ever tried cigarette smoking, even one or two puffs

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
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<td>42.4</td>
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<tr>
<td>Black*</td>
<td>44.5</td>
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<tr>
<td>Hispanic/</td>
<td>49.5</td>
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<tr>
<td>White*</td>
<td>37.8</td>
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</table>

I = 95% Confidence Interval
Q29 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who smoked a whole cigarette for the first time before age 13 years

<table>
<thead>
<tr>
<th>Category</th>
<th>9th</th>
<th>10th</th>
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<th>12th</th>
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<tbody>
<tr>
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<td>11.2</td>
<td>9.9</td>
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</tr>
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<td>Latino</td>
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</tr>
<tr>
<td>White*</td>
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</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q30 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey
Percentage of students who smoked cigarettes on one or more of the past 30 days

- Total: 15.0%
- Male: 14.4%
- Female: 15.5%
- 9th: 12.5%
- 10th: 13.6%
- 11th: 12.3%
- 12th: 21.5%
- Black*: 8.9%
- Hispanic/Latino: 22.2%
- White*: 16.7%

*I = 95% Confidence Interval
Q31 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days

I = 95% Confidence Interval
QNFRCIG - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days

I = 95% Confidence Interval
Q32 - Weighted Data
*Non-Hispanic.

Missing bars indicate less than 100 students in the subgroup.
2011 Virginia Youth Survey

Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.

Q33 - Weighted Data

*Non-Hispanic.

Missing bars indicate less than 100 students in the subgroup.

I = 95% Confidence Interval

Q33 - Weighted Data

*Non-Hispanic.

Missing bars indicate less than 100 students in the subgroup.
2011 Virginia Youth Survey

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days

<table>
<thead>
<tr>
<th>Category</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
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</thead>
<tbody>
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<td>Total</td>
<td>2.2</td>
<td>1.7</td>
<td>3.4</td>
<td>8.1</td>
</tr>
<tr>
<td>Male</td>
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<tr>
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<td></td>
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<tr>
<td>Latino*</td>
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<tr>
<td>White*</td>
<td>2.9</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q34 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days

![Bar chart showing smoking rates by gender and grade level]

- **Total**: 9.0%
- **Male**: 9.9%
- **Female**: 8.1%
- **9th Grade**: 5.9%
- **10th Grade**: 6.9%
- **11th Grade**: 8.7%
- **12th Grade**: 14.8%
- **Black**: 5.7%
- **Hispanic/Latino**: 12.6%
- **White**: 9.4%

I = 95% Confidence Interval
Q35 - Weighted Data
*Non-Hispanic.
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months

| Group       | Percentage
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Total</td>
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<td>Black*</td>
<td></td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td></td>
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<tr>
<td>White*</td>
<td>49.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q36 - Weighted Data
*Non-Hispanic.

Missing bars indicate less than 100 students in the subgroup.
2011 Virginia Youth Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days

I = 95% Confidence Interval
Q37 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days

I = 95% Confidence Interval
Q38 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days

<table>
<thead>
<tr>
<th>Group</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Total</td>
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<tr>
<td>Female</td>
<td>9.0</td>
</tr>
<tr>
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<tr>
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<tr>
<td>Hispanic/Latino</td>
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<tr>
<td>White*</td>
<td>12.6</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q39 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days

- Total: 20.7%
- Male: 23.9%
- Female: 17.3%
- 9th: 15.9%
- 10th: 18.7%
- 11th: 20.6%
- 12th: 28.2%
- Black*: 12.4%
- Hispanic/Latino: 25.4%
- White*: 24.1%

I = 95% Confidence Interval
QNANYTOB - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had at least one drink of alcohol on one or more days during their life

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
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<tr>
<td>Male</td>
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<td>50.2</td>
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<td>10th</td>
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<td>55.6</td>
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<td>Hispanic/</td>
<td>64.8</td>
</tr>
<tr>
<td>White*</td>
<td>62.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q40 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years

- **Total**: 18.1%
- **Male**: 16.9%
- **Female**: 19.0%
- **9th Grade**: 23.6%
- **10th Grade**: 16.9%
- **11th Grade**: 16.7%
- **12th Grade**: 13.4%
- **Black**: 12.5%
- **Hispanic/Latino**: 30.4%
- **White**: 18.7%

*I = 95% Confidence Interval
Q41 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days

I = 95% Confidence Interval
Q42 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days

I = 95% Confidence Interval
Q43 - Weighted Data
*Non-Hispanic.
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days

Q44 - Weighted Data

*Non-Hispanic.

Missing bars indicate less than 100 students in the subgroup.

\[ I = 95\% \text{ Confidence Interval} \]

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Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days

- Total: 3.3
- Male: 3.8
- Female: 2.8
- 9th grade: 3.1
- 10th grade: 3.0
- 11th grade: 2.5
- 12th grade: 4.5
- Black*: 2.6
- Hispanic/ Latino: 6.4
- White*: 2.6

I = 95% Confidence Interval
Q45 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey
Percentage of students who used marijuana one or more times during their life

| Category         | Percentage
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Total</td>
<td>31.9</td>
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<tr>
<td>Male</td>
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<tr>
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<td>45.7</td>
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<td>Black*</td>
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<td>Hispanic/ Latino</td>
<td>38.4</td>
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<tr>
<td>White*</td>
<td>30.8</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q46 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who tried marijuana for the first time before age 13 years

I = 95% Confidence Interval
Q47 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used marijuana one or more times during the past 30 days

- Total: 18.0%
- Male: 18.9%
- Female: 16.9%
- 9th: 12.9%
- 10th: 15.1%
- 11th: 15.4%
- 12th: 28.5%
- Black*: 15.5%
- Hispanic/Latino: 23.4%
- White*: 18.3%

*Non-Hispanic

I = 95% Confidence Interval
Q48 - Weighted Data
2011 Virginia Youth Survey

Percentage of students who used marijuana on school property one or more times during the past 30 days

I = 95% Confidence Interval
Q49 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life

- Total: 5.6%
- Male: 6.6%
- Female: 4.3%
- 9th Grade: 5.3%
- 10th Grade: 5.0%
- 11th Grade: 4.9%
- 12th Grade: 6.6%
- Black: 6.4%
- Hispanic/Latino: 13.7%
- White: 3.9%

I = 95% Confidence Interval
Q50 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Total</td>
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<tr>
<td>Female</td>
<td>2.2</td>
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<tr>
<td>9th Grade</td>
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<td>4.6</td>
</tr>
<tr>
<td>Black</td>
<td>3.4</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>7.9</td>
</tr>
<tr>
<td>White*</td>
<td>1.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval

Q51 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life

I = 95% Confidence Interval
Q52 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used heroin one or more times during their life

- Total: 3.4%
- Male: 4.2%
- Female: 2.1%
- 9th Grade: 3.6%
- 10th Grade: 2.7%
- 11th Grade: 1.7%
- 12th Grade: 4.9%
- Black: 4.3%
- Hispanic/Latino: 6.4%
- White: 2.3%

I = 95% Confidence Interval
Q53 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used methamphetamines one or more times during their life

I = 95% Confidence Interval
Q54 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used ecstasy one or more times during their life

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Total</td>
<td>6.4%</td>
</tr>
<tr>
<td>Male</td>
<td>7.3%</td>
</tr>
<tr>
<td>Female</td>
<td>5.4%</td>
</tr>
<tr>
<td>9th</td>
<td>5.2%</td>
</tr>
<tr>
<td>10th</td>
<td>5.7%</td>
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<tr>
<td>11th</td>
<td>7.3%</td>
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<tr>
<td>12th</td>
<td>6.9%</td>
</tr>
<tr>
<td>Black*</td>
<td>4.8%</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>10.3%</td>
</tr>
<tr>
<td>White*</td>
<td>6.5%</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q55 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life

I = 95% Confidence Interval
Q56 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life

Q57 - Weighted Data

I = 95% Confidence Interval

Q57 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life

- Total: 2.5
- Male: 3.2
- Female: 1.5
- 9th Grade: 3.4
- 10th Grade: 3.1
- 11th Grade: 0.7
- 12th Grade: 2.6
- Black*: 2.8
- Hispanic/Latino: 4.6
- White*: 1.9

*Non-Hispanic.

I = 95% Confidence Interval
Q58 - Weighted Data

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Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months

I = 95% Confidence Interval
Q59 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**

I = 95% Confidence Interval

**QNOWT - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>11.1</td>
<td>11.4</td>
<td>10.7</td>
<td>12.8</td>
<td>10.5</td>
<td>11.1</td>
<td>9.6</td>
<td>16.8</td>
<td>13.0</td>
<td>8.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval

**QNOBESE - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who described themselves as slightly or very overweight

I = 95% Confidence Interval
Q67 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were trying to lose weight

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Total</td>
<td>43.8</td>
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<tr>
<td>Male</td>
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<tr>
<td>Female</td>
<td>57.4</td>
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<td>9th</td>
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<td>44.1</td>
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<tr>
<td>Black*</td>
<td>48.8</td>
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<tr>
<td>Hispanic/White</td>
<td>51.2</td>
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<tr>
<td>White*</td>
<td>41.7</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q68 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days

**Q69 - Weighted Data**

*Non-Hispanic.

I = 95% Confidence Interval

Q69 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days

- Total: 5.4%
- Male: 3.7%
- Female: 7.1%
- 9th: 6.3%
- 10th: 3.1%
- 11th: 5.1%
- 12th: 6.3%
- Black*: 5.1%
- Hispanic/Latino: 11.0%
- White*: 4.5%

I = 95% Confidence Interval
Q70 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days

I = 95% Confidence Interval
Q71 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who drank 100% fruit juices one or more times during the past seven days

I = 95% Confidence Interval
Q72 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate fruit one or more times during the past seven days

- Total: 85.4%
- Male: 84.3%
- Female: 86.8%
- 9th: 85.4%
- 10th: 88.0%
- 11th: 84.8%
- 12th: 83.8%
- Black*: 79.4%
- Hispanic/Latino: 84.7%
- White*: 88.8%

I = 95% Confidence Interval
Q73 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate green salad one or more times during the past seven days

- Total: 59.4%
- Male: 52.8%
- Female: 66.3%
- 9th: 53.2%
- 10th: 62.5%
- 11th: 62.9%
- 12th: 60.3%
- Black*: 45.2%
- Hispanic/Latino: 55.9%
- White*: 66.1%

I = 95% Confidence Interval
Q74 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate potatoes one or more times during the past seven days

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
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<tr>
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<td>Hispanic/Latino</td>
<td>60.5</td>
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<tr>
<td>White*</td>
<td>73.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q75 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate carrots one or more times during the past seven days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
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<td>Hispanic/Latino</td>
<td>45.1</td>
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<tr>
<td>White*</td>
<td>48.5</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q76 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate other vegetables one or more times during the past seven days

![Bar Chart]

- **Total**: 82.9%
- **Male**: 81.7%
- **Female**: 84.1%
- **9th**: 78.9%
- **10th**: 86.6%
- **11th**: 83.8%
- **12th**: 83.6%
- **Black**: 75.7%
- **Hispanic/Latino**: 73.7%
- **White**: 86.7%

I = 95% Confidence Interval
Q77 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate fruits and vegetables five or more times per day during the past seven days

- Total: 17.5
- Male: 18.0
- Female: 16.6
- 9th: 15.5
- 10th: 18.7
- 11th: 16.1
- 12th: 20.1
- Black*: 16.7
- Hispanic/Latino: 20.7
- White*: 17.1

I = 95% Confidence Interval
QNFRVG - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
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<tr>
<td>Hispanic/</td>
<td>9.1</td>
</tr>
<tr>
<td>White*</td>
<td>8.3</td>
</tr>
</tbody>
</table>

\[I = 95\% \text{ Confidence Interval}

QNFRVG2 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate fruits two or more times per day during the past seven days

- Total: 30.2%
- Male: 32.5%
- Female: 27.5%
- 9th Grade: 29.4%
- 10th Grade: 30.7%
- 11th Grade: 31.9%
- 12th Grade: 29.4%
- Black: 30.8%
- Hispanic/Latino: 35.0%
- White: 29.5%

_ = 95% Confidence Interval
QNFRUIT - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who ate vegetables three or more times per day during the past seven days

<table>
<thead>
<tr>
<th></th>
<th>12th</th>
<th>11th</th>
<th>10th</th>
<th>9th</th>
<th>Female</th>
<th>Male</th>
<th>Total</th>
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</thead>
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<td></td>
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<tr>
<td>10th</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9th</td>
<td></td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>Female</td>
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<td>11.4</td>
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<td></td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
QNVEG - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days

Q78 - Weighted Data

*Non-Hispanic.

I = 95% Confidence Interval
Q78 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days

![Bar chart showing physical activity percentages by gender, grade level, and race/ethnicity.]

**Total**
- 45.6%

**Male**
- 55.8%

**Female**
- 35.3%

**9th Grade**
- 54.4%

**10th Grade**
- 49.5%

**11th Grade**
- 40.1%

**12th Grade**
- 37.7%

**Black**
- 45.3%

**Hispanic/Latino**
- 36.7%

**White**
- 48.6%

I = 95% Confidence Interval
Q79 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>15.6%</td>
</tr>
<tr>
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</tr>
<tr>
<td>Female</td>
<td>20.3%</td>
</tr>
<tr>
<td>9th</td>
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<td>10th</td>
<td>15.8%</td>
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<tr>
<td>11th</td>
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<td>18.1%</td>
</tr>
<tr>
<td>Black*</td>
<td>19.3%</td>
</tr>
<tr>
<td>Hispanic/</td>
<td>18.7%</td>
</tr>
<tr>
<td>White*</td>
<td>13.7%</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
QNPA0DAY - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days

![](chart.png)

I = 95% Confidence Interval
QNPA7DAY - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who watched three or more hours per day of TV on an average school day

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
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<tr>
<td>Value</td>
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</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q80 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
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</thead>
<tbody>
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<tr>
<td>Black</td>
<td>30.9</td>
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<tr>
<td>Latino</td>
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<tr>
<td>White</td>
<td>25.8</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q81 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school.

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
<th>95% Confidence Interval</th>
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<tr>
<td>Male</td>
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<tr>
<td>Female</td>
<td>44.4</td>
<td></td>
</tr>
<tr>
<td>9th Grade</td>
<td>79.2</td>
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<td>20.7</td>
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</tr>
<tr>
<td>Black*</td>
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<td></td>
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<tr>
<td>White*</td>
<td>49.1</td>
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</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q82 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school

- Total: 17.7%
- Male: 21.3%
- Female: 14.0%
- 9th Grade: 26.7%
- 10th Grade: 30.2%
- 11th Grade: 6.5%
- 12th Grade: 5.7%
- Black: 20.5%
- Hispanic/Latino: 11.0%
- White: 18.4%

I = 95% Confidence Interval
QNDLYPE - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who played on one or more sports teams during the past 12 months

I = 95% Confidence Interval
Q83 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had ever been taught in school about AIDS or HIV infection

- Total: 86.6%
- Male: 85.5%
- Female: 87.8%
- 9th Grade: 80.8%
- 10th Grade: 86.4%
- 11th Grade: 90.8%
- 12th Grade: 89.6%
- Black*: 86.5%
- Hispanic/Latino: 75.0%
- White*: 89.7%

I = 95% Confidence Interval
Q84 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma

I = 95% Confidence Interval
Q85 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma

- Total: 11.1%
- Male: 8.1%
- Female: 14.2%
- 9th Grade: 14.5%
- 10th Grade: 10.3%
- 11th Grade: 9.9%
- 12th Grade: 9.3%
- Black*: 15.2%
- Hispanic/Latino: 10.3%
- White*: 9.9%

I = 95% Confidence Interval
Q86 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who have ever been bullied away from school property during the past 12 months

<table>
<thead>
<tr>
<th>Category</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
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<td>9.2</td>
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<td>15.8</td>
<td>15.2</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q87 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who have ever bullied someone else on school property during the past 12 months

### Results

- **Total**: 14.7%
- **Male**: 16.0%
- **Female**: 13.4%
- **9th Grade**: 21.4%
- **10th Grade**: 15.2%
- **11th Grade**: 11.2%
- **12th Grade**: 9.5%
- **Black**: 14.5%
- **Hispanic/Latino**: 17.9%
- **White**: 14.1%

[@](#)

*I* = 95% Confidence Interval

Q88 - Weighted Data

*Non-Hispanic.*
2011 Virginia Youth Survey

Percentage of students who have ever bullied someone else away from school property during the past 12 months

Q89 - Weighted Data
*I = 95% Confidence Interval
Q89 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance

![Bar chart showing percentage of students victimized by teasing or name calling based on gender, grade level, and race/ethnicity.]

- **Total:** 25.6%
- **Male:** 20.5%
- **Female:** 31.0%
- **9th Grade:** 33.8%
- **10th Grade:** 24.3%
- **11th Grade:** 22.2%
- **12th Grade:** 20.9%
- **Black Non-Hispanic:** 25.8%
- **Hispanic/Latino Non-Hispanic:** 24.5%
- **White Non-Hispanic:** 24.9%

I = 95% Confidence Interval

Q90 - Weighted Data

*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their gender

<table>
<thead>
<tr>
<th>Category</th>
<th>9th</th>
<th>10th</th>
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<th>12th</th>
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</thead>
<tbody>
<tr>
<td>Total</td>
<td>8.1</td>
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<td></td>
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<tr>
<td>Male</td>
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<td>11th</td>
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<td></td>
</tr>
<tr>
<td>12th</td>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Non-Hispanic.

I = 95% Confidence Interval
Q91 - Weighted Data

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
2011 Virginia Youth Survey

Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight one or more times per day during the past seven days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
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<tr>
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<td>31.5</td>
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<tr>
<td>Hispanic/Latino</td>
<td>22.0</td>
</tr>
<tr>
<td>White*</td>
<td>21.8</td>
</tr>
</tbody>
</table>

\( \bar{I} \) = 95% Confidence Interval

Q92 - Weighted Data

*Non-Hispanic.
Percentage of students who walk or ride their bike to school on five days in an average week when they are in school and when the weather allows.
2011 Virginia Youth Survey

Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home.

![Bar chart showing percentages of students who went hungry by gender, grade level, and ethnicity.](chart.png)

- Total: 3.7%
- Male: 3.7%
- Female: 3.6%
- 9th Grade: 2.4%
- 10th Grade: 6.2%
- 11th Grade: 3.9%
- 12th Grade: 2.1%
- Black*: 2.7%
- Hispanic/Latino: 11.1%
- White*: 2.5%

*Non-Hispanic.

I = 95% Confidence Interval

Q94 - Weighted Data
2011 Virginia Youth Survey

Percentage of students who responded that there is at least one teacher or other adult in this school that they can talk to if they have a problem

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>61.9</td>
<td>60.8</td>
<td>63.2</td>
<td>55.0</td>
<td>63.2</td>
<td>65.0</td>
<td>64.7</td>
<td>60.9</td>
<td>51.3</td>
<td>66.0</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q95 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey
Percentage of students who most of the time or always feel safe and secure at school

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>78.5</td>
<td>79.1</td>
<td>78.2</td>
<td>78.9</td>
<td>78.4</td>
<td>81.4</td>
<td>75.9</td>
<td>66.0</td>
<td>70.4</td>
<td>86.3</td>
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</table>

I = 95% Confidence Interval
Q96 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
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<td>64.3</td>
<td>63.4</td>
<td>66.8</td>
<td>68.9</td>
<td>68.2</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q97 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who disagree or strongly disagree that harassment and bullying by other students is a problem at their school

<table>
<thead>
<tr>
<th>Category</th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>26.1</td>
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<td>28.2</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q98 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who disagree or strongly disagree that violence is a problem at their school

Q99 - Weighted Data

*Non-Hispanic.

I = 95% Confidence Interval
Q99 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who most of the time or always feel safe and secure in their neighborhood

I = 95% Confidence Interval
Q100 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they smoke one or more packs of cigarettes per day

- Total: 62.9
- Male: 58.0
- Female: 68.0
- 9th: 59.5
- 10th: 66.7
- 11th: 62.6
- 12th: 63.3
- Black*: 58.2
- Hispanic/Latino: 49.0
- White*: 68.7

I = 95% Confidence Interval
Q101 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend

- Total: 42.9%
- Male: 37.9%
- Female: 48.3%
- 9th: 43.7%
- 10th: 43.1%
- 11th: 40.4%
- 12th: 45.2%
- Black*: 53.7%
- Hispanic/Latino: 33.0%
- White*: 40.2%

I = 95% Confidence Interval
Q102 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they use marijuana occasionally

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
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<tbody>
<tr>
<td>Percentage</td>
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<td>33.8</td>
<td>37.7</td>
<td>33.4</td>
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<td>23.0</td>
<td>31.4</td>
<td>27.0</td>
<td>28.7</td>
</tr>
</tbody>
</table>

I = 95% Confidence Interval
Q103 - Weighted Data
*Non-Hispanic.
2011 Virginia Youth Survey

Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they use marijuana regularly

<table>
<thead>
<tr>
<th>Group</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
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<th>Hispanic/ Latino</th>
<th>White*</th>
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<tbody>
<tr>
<td>Total</td>
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</tbody>
</table>

I = 95% Confidence Interval
Q104 - Weighted Data
*Non-Hispanic.
For more information and details about the 2011 Virginia Youth Survey please contact:

Office of Family Health Services
Virginia Department of Health
109 Governor Street
Richmond, Virginia 23219

Survey Coordinator:
Danielle Henderson
danielle.henderson@vdh.virginia.gov