

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Virginia High School Survey Sample Statistics Report

Health Risk Behavior	Percentage	Number of Students	Standard Error	95% Confidence Interval	Design Effect*
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)	76.5	3,566	2.38	( 71.5 - 80.9 )	11.3
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	6.3	5,166	0.58	( 5.3 - 7.6 )	3.0
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)	15.6	5,158	0.70	( 14.3 - 17.0 )	1.9
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	7.0	2,609	0.70	( 5.8 - 8.5 )	1.9
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	31.3	2,662	1.80	( 27.9 - 35.0 )	4.0
QN13: Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	15.0	5,112	0.75	( 13.6 - 16.6 )	2.2

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QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	2.6	5,116	0.44	( 1.9 - 3.7 )	3.8
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	6.1	5,167	0.60	( 5.0 - 7.4 )	3.3
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)	6.4	5,163	0.62	( 5.3 - 7.7 )	3.3
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	20.6	5,070	1.02	( 18.7 - 22.7 )	3.2
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)	2.9	5,125	0.30	( 2.3 - 3.5 )	1.6
QN20: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	7.7	5,087	0.63	( 6.5 - 9.0 )	2.8

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QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	10.9	3,309	0.96	( 9.1 - 12.9 )	3.1
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)	19.5	5,171	1.00	( 17.6 - 21.6 )	3.3
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)	13.8	5,169	0.67	( 12.5 - 15.1 )	1.9
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	26.9	5,155	0.92	( 25.1 - 28.8 )	2.2
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	14.0	5,144	0.74	( 12.6 - 15.5 )	2.3
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	11.7	5,138	0.64	( 10.5 - 13.0 )	2.0

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QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	6.7	4,499	0.47	( 5.8 - 7.6 )	1.6
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.9	4,489	0.32	( 1.3 - 2.6 )	2.6
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)	25.7	5,045	1.32	( 23.2 - 28.4 )	4.6
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	5.4	4,933	0.50	( 4.5 - 6.5 )	2.4
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	8.2	4,963	0.80	( 6.8 - 9.9 )	4.2
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)	5.5	521	1.34	( 3.4 - 8.8 )	1.8
QN35: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	15.7	373	3.12	( 10.5 - 22.9 )	2.7

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Health Risk Behavior	Percentage	Number of Students	Standard Error	95% Confidence Interval	Design Effect*
QN36: Percentage of students who tried to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)	48.5	508	3.73	( 41.2 - 55.8 )	2.8
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)	5.5	5,139	0.56	( 4.5 - 6.7 )	3.1
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	7.4	5,131	0.59	( 6.4 - 8.7 )	2.6
QN40: Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey)	16.8	5,138	1.11	( 14.7 - 19.1 )	4.6
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)	50.7	4,995	1.62	( 47.5 - 53.9 )	5.3
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)	14.6	5,042	0.83	( 13.0 - 16.3 )	2.8

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QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)	23.4	4,680	1.20	( 21.1 - 25.8 )	3.8
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)	11.0	4,965	0.78	( 9.5 - 12.6 )	3.1
QN45: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours during the 30 days before the survey)	2.1	4,698	0.25	( 1.6 - 2.6 )	1.5
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	43.9	1,103	2.35	( 39.4 - 48.6 )	2.5
QN47: Percentage of students who ever used marijuana (one or more times during their life)	30.1	5,058	1.27	( 27.7 - 32.7 )	3.9
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)	6.1	5,059	0.68	( 4.9 - 7.6 )	4.1
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	16.2	5,071	0.96	( 14.4 - 18.2 )	3.4

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Health Risk Behavior	Percentage	Number of Students	Standard Error	95% Confidence Interval	Design Effect*
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)	3.9	5,126	0.46	( 3.1 - 4.9 )	2.9
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)	1.8	5,120	0.27	( 1.4 - 2.5 )	2.0
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	2.5	5,123	0.35	( 1.9 - 3.3 )	2.7
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	4.0	5,110	0.37	( 3.3 - 4.7 )	1.8
QN55: Percentage of students who ever used synthetic marijuana (also called "K2", "Spice", "fake weed", "King Kong", "Yucatan Fire", "Skunk", or "Moon Rocks", one or more times during their life)	5.9	5,119	0.45	( 5.1 - 6.9 )	1.9
QN56: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	3.1	5,105	0.40	( 2.4 - 4.0 )	2.8

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QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	15.6	5,094	0.93	( 13.9 - 17.5 )	3.3
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)	1.5	5,063	0.23	( 1.1 - 2.1 )	1.7
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	15.6	5,063	0.75	( 14.1 - 17.1 )	2.2
QN69: Percentage of students who described themselves as slightly or very overweight	30.0	5,054	0.95	( 28.1 - 31.9 )	2.2
QN70: Percentage of students who were trying to lose weight	44.1	5,056	1.28	( 41.5 - 46.6 )	3.4
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	28.6	5,093	1.06	( 26.5 - 30.7 )	2.8
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	13.1	5,079	0.78	( 11.7 - 14.8 )	2.7
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)	40.7	5,085	1.52	( 37.7 - 43.7 )	4.9

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QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)	37.6	5,081	1.18	( 35.3 - 39.9 )	3.0
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)	54.0	5,082	1.62	( 50.7 - 57.1 )	5.4
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)	17.7	5,057	1.11	( 15.6 - 20.0 )	4.3
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)	30.0	5,055	1.34	( 27.4 - 32.7 )	4.3
QN78: Percentage of students who did not drink milk (during the 7 days before the survey)	27.7	5,031	1.12	( 25.5 - 30.0 )	3.2
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)	14.1	5,036	0.90	( 12.4 - 16.0 )	3.4
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	45.2	5,072	1.52	( 42.2 - 48.2 )	4.7
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)	23.9	5,058	1.33	( 21.3 - 26.6 )	4.9

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Health Risk Behavior	Percentage	Number of Students	Standard Error	95% Confidence Interval	Design Effect*
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	41.9	5,072	1.24	( 39.4 - 44.3 )	3.2
QN83: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)	50.0	5,045	2.37	( 45.3 - 54.7 )	11.4
QN84: Percentage of students who played on at least one sports team (run by their school or community groups during the 12 months before the survey)	55.8	5,064	1.40	( 53.0 - 58.5 )	4.0
QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work during the 12 months before the survey)	75.6	5,043	1.42	( 72.7 - 78.3 )	5.5
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	22.4	5,033	0.85	( 20.7 - 24.1 )	2.1
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)	27.6	5,015	1.14	( 25.4 - 29.9 )	3.2
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)	78.9	4,934	1.45	( 75.9 - 81.6 )	6.2

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QN90: Percentage of students who have ever been choked by someone or tried to choke themselves on purpose for the feeling or experience it caused (such as with a belt, towel, or rope, also called the Choking Game, Knock Out, Space Monkey, Flatlining, or the Fainting Game)	9.4	5,159	0.50	( 8.5 - 10.5 )	1.5
QN91: Percentage of students who currently used a waterpipe to smoke tobacco (also called a hookah, shisha, or narghile on at least 1 day during the 30 days before the survey)	7.2	5,136	0.64	( 6.0 - 8.6 )	3.2
QN92: Percentage of students who most of the time or always saw ads or promotions for cigarettes and other tobacco products when they went to a convenience store, supermarket, or gas station	51.9	5,125	1.37	( 49.2 - 54.6 )	3.8
QN93: Percentage of students who describe the rule about smoking inside the home where they live as smoking is allowed only at some times or in some places or smoking is always allowed inside their home	14.2	5,126	0.96	( 12.4 - 16.2 )	3.9
QN94: Percentage of students who describe the rule about smoking in the vehicle they drive or ride in the most as smoking is sometimes allowed inside the vehicle or smoking is always allowed inside the vehicle	21.5	5,119	1.08	( 19.4 - 23.7 )	3.5

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QN95: Percentage of students who think young people who smoke cigarettes definitely or probably have more friends	22.0	5,077	1.13	( 19.9 - 24.4 )	3.8
QN96: Percentage of students who reported that smoking from a hookah or waterpipe is less dangerous than smoking cigarettes	23.6	5,103	1.15	( 21.4 - 26.0 )	3.7
QN97: Percentage of students who currently used heroin (also called "smack," "junk," or "China White," one or more times during the 30 days before the survey)	1.7	5,116	0.28	( 1.2 - 2.3 )	2.4
QN98: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	7.8	5,096	0.62	( 6.7 - 9.1 )	2.7
QN99: Percentage of students who currently took over-the-counter drugs to get high (one or more times during the 30 days before the survey)	4.8	5,063	0.54	( 3.8 - 6.0 )	3.3

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QN100: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not including soda or pop or 100% fruit juice, one or more times per day during the 7 days before the survey)	17.5	5,054	0.85	( 15.9 - 19.3 )	2.5
QN101: Percentage of students who did not drink a bottle or glass of plain water (including tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	4.9	5,048	0.52	( 3.9 - 6.0 )	2.9
QN102: Percentage of students who went to an emergency room or urgent care center because of their asthma (one or more times during the 12 months before the survey, among students who have asthma)	19.2	1,657	1.79	( 15.9 - 23.0 )	3.4
QN103: Percentage of students who skipped school without permission (one or more times during the last school year)	23.3	5,009	1.38	( 20.7 - 26.1 )	5.3
QN104: Percentage of students who are most likely to attend a 4 year college or a community college after high school	77.2	4,981	1.13	( 74.9 - 79.4 )	3.6
QN105: Percentage of students who ate dinner at home with at least one of their parents on four or more days (during the 7 days before the survey)	67.8	5,038	1.35	( 65.1 - 70.4 )	4.2

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QN106: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.3	5,040	0.42	( 3.5 - 5.2 )	2.2
QN107: Percentage of students who stayed in a hotel or motel, a shelter, or a friend's or family member's home because their family lost the place where they lived (on at least one day during the 12 months before the survey)	4.9	5,037	0.49	( 4.0 - 6.0 )	2.5
QN108: Percentage of students who strongly agree or agree that they feel good about themselves	69.9	5,030	0.97	( 67.9 - 71.7 )	2.2
QN109: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	25.4	3,489	0.97	( 23.6 - 27.4 )	1.7
QN110: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	60.8	5,034	1.24	( 58.3 - 63.2 )	3.3
QN111: Percentage of students who participate in school activities (such as sports, band, drama, or clubs, one or more hours during an average week when they are in school)	64.0	5,021	1.61	( 60.8 - 67.2 )	5.7

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QN112: Percentage of students who performed some organized community service as a non-paid volunteer (such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor, one or more times during the 30 days before the survey)	39.7	5,014	1.41	( 37.0 - 42.6 )	4.2
QN113: Percentage of students who most of the time or always feel safe and secure at school	78.2	5,006	1.35	( 75.4 - 80.7 )	5.4
QN114: Percentage of students who most of the time or always feel safe and secure in their neighborhood	83.4	5,006	1.21	( 80.8 - 85.6 )	5.3

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