

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia (Southwestern) Middle School Survey Sample Statistics Report

| Health Risk Behavior | Percentage | Number of Students | Standard Error | 95% Confidence Interval | Design Effect* |
|---|------------|--------------------|----------------|-------------------------|----------------|
| QN6: Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet | 71.4 | 1,323 | 2.94 | (64.6 - 77.3) | 5.6 |
| QN7: Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet | 77.8 | 707 | 2.88 | (71.0 - 83.4) | 3.4 |
| QN8: Percentage of students who never or rarely wore a seat belt when riding in a car | 6.5 | 1,607 | 1.01 | (4.7 - 9.1) | 2.7 |
| QN9: Percentage of students who ever rode in a car driven by someone who had been drinking alcohol | 20.7 | 1,578 | 1.68 | (17.3 - 24.6) | 2.7 |
| QN10: Percentage of students who ever carried a weapon, such as a gun, knife, or club | 42.1 | 1,597 | 2.17 | (37.5 - 46.8) | 3.1 |
| QN11: Percentage of students who have ever been in a physical fight | 44.8 | 1,586 | 2.61 | (39.2 - 50.5) | 4.4 |
| QN12: Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse | 4.5 | 1,599 | 0.67 | (3.2 - 6.2) | 1.7 |
| QN13: Percentage of students who had ever been bullied on school property | 47.7 | 1,607 | 1.60 | (44.3 - 51.2) | 1.6 |
| QN14: Percentage of students who had ever been electronically bullied | 20.8 | 1,606 | 1.67 | (17.4 - 24.6) | 2.7 |

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| QN15: Percentage of students who ever seriously thought about killing themselves | 17.3 | 1,574 | 1.12 | (15.0 - 19.9) | 1.4 |
| QN16: Percentage of students who ever made a plan about how they would kill themselves | 10.6 | 1,598 | 1.02 | (8.6 - 13.0) | 1.8 |
| QN17: Percentage of students who ever tried to kill themselves | 6.3 | 1,601 | 0.48 | (5.3 - 7.4) | 0.6 |
| QN18: Percentage of students who ever tried cigarette smoking, even one or two puffs | 18.3 | 1,524 | 1.80 | (14.7 - 22.5) | 3.3 |
| QN19: Percentage of students who smoked a whole cigarette for the first time before age 11 years | 4.4 | 1,511 | 0.68 | (3.2 - 6.2) | 1.6 |
| QN20: Percentage of students who smoked cigarettes on one or more of the past 30 days | 4.1 | 1,526 | 0.67 | (2.9 - 5.8) | 1.7 |
| QN21: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days | 6.1 | 57 | 3.41 | (1.7 - 19.1) | 1.1 |
| QN22: Among students who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days | 3.8 | 58 | 0.80 | (2.4 - 5.9) | 0.1 |
| QN23: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days | 2.4 | 1,544 | 0.51 | (1.5 - 3.8) | 1.7 |

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| QN24: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days | 4.1 | 1,609 | 0.76 | (2.7 - 6.1) | 2.3 |
| QN25: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days | 2.4 | 1,603 | 0.50 | (1.6 - 3.8) | 1.7 |
| QN26: Percentage of students who ever had a drink of alcohol, other than a few sips | 22.6 | 1,519 | 1.78 | (19.0 - 26.7) | 2.8 |
| QN27: Percentage of students who had their first drink of alcohol other than a few sips before age 11 years | 10.5 | 1,484 | 0.80 | (8.9 - 12.4) | 1.0 |
| QN28: Percentage of students who ever used marijuana | 6.8 | 1,557 | 1.00 | (5.0 - 9.4) | 2.5 |
| QN29: Percentage of students who tried marijuana for the first time before age 11 years | 2.0 | 1,549 | 0.31 | (1.4 - 2.8) | 0.8 |
| QN30: Percentage of students who ever used any form of cocaine, including powder, crack, or freebase | 2.2 | 1,602 | 0.55 | (1.3 - 3.7) | 2.3 |
| QN31: Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high | 8.0 | 1,597 | 0.67 | (6.6 - 9.5) | 1.0 |
| QN32: Percentage of students who ever took steroid pills or shots without a doctor's prescription | 1.8 | 1,590 | 0.25 | (1.3 - 2.4) | 0.6 |

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| QN33: Percentage of students who ever took a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription | 4.0 | 1,581 | 0.40 | (3.2 - 5.0) | 0.6 |
| QN38: Percentage of students who described themselves as slightly or very overweight | 27.1 | 1,590 | 1.61 | (23.8 - 30.7) | 2.1 |
| QN39: Percentage of students who were trying to lose weight | 44.1 | 1,584 | 1.62 | (40.6 - 47.6) | 1.7 |
| QN40: Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight | 17.3 | 1,591 | 1.41 | (14.5 - 20.6) | 2.2 |
| QN41: Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight | 3.3 | 1,586 | 0.57 | (2.3 - 4.8) | 1.6 |
| QN42: Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight | 4.4 | 1,575 | 0.54 | (3.3 - 5.7) | 1.1 |
| QN43: Percentage of students who ate breakfast on all of the past seven days | 51.3 | 1,562 | 2.22 | (46.5 - 56.1) | 3.1 |
| QN44: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days | 59.9 | 1,555 | 1.91 | (55.7 - 64.0) | 2.4 |

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| QN45: Percentage of students who watched three or more hours per day of TV on an average school day | 37.5 | 1,546 | 1.94 | (33.4 - 41.8) | 2.5 |
| QN46: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day | 38.6 | 1,559 | 2.10 | (34.2 - 43.2) | 2.9 |
| QN47: Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school | 86.7 | 1,532 | 3.20 | (78.2 - 92.3) | 13.6 |
| QN48: Percentage of students who played on one or more sports teams during the past 12 months | 64.3 | 1,538 | 1.63 | (60.7 - 67.7) | 1.8 |
| QN49: Percentage of students who had ever been taught in school about AIDS or HIV infection | 51.7 | 1,522 | 3.82 | (43.5 - 59.9) | 8.9 |
| QN50: Percentage of students who had ever been told by a doctor or nurse that they had asthma | 21.3 | 1,511 | 1.27 | (18.7 - 24.2) | 1.4 |
| QN51: Percentage of students who smoked Malboro or Newport brand of cigarettes during the past 30 days | 4.4 | 1,586 | 0.71 | (3.1 - 6.3) | 1.9 |
| QN52: Percentage of students who usually smoked cigarillos or small cigars during the past 30 days | 0.5 | 1,588 | 0.09 | (0.3 - 0.7) | 0.3 |

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| QN53: Percentage of students who most recently tried smoking tobacco from a hookah or waterpipe, dissolvable tobacco products, or electronic cigarettes | 2.7 | 1,574 | 0.59 | (1.6 - 4.3) | 2.1 |
| QN54: Percentage of students who mostly used flavored little cigars or cigarettes or electronic cigarettes during the past 30 days | 1.8 | 1,575 | 0.35 | (1.2 - 2.7) | 1.1 |
| QN55: Percentage of students who most of the time or always saw ads or promotions for cigarettes and other tobacco products when they went to a convenience store, supermarket, or gas station | 58.3 | 1,594 | 1.63 | (54.7 - 61.7) | 1.7 |
| QN56: Percentage of students who describe the rule inside the home where they live as smoking is allowed at some times or in some places or is always allowed inside their home | 24.9 | 1,585 | 1.81 | (21.2 - 29.0) | 2.8 |
| QN57: Percentage of students who describe the rule about smoking in the vehicle they drive or ride in the most as sometimes or always allowed inside the vehicle | 34.6 | 1,586 | 2.13 | (30.2 - 39.3) | 3.2 |
| QN58: Percentage of students who drank 100% fruit juices one or more times during the past seven days | 71.5 | 1,583 | 1.15 | (68.9 - 73.9) | 1.0 |
| QN59: Percentage of students who ate fruit one or more times during the past seven days | 83.9 | 1,576 | 1.28 | (80.9 - 86.5) | 1.9 |

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| QN60: Percentage of students who ate green salad one or more times during the past seven days | 48.3 | 1,572 | 1.56 | (44.9 - 51.6) | 1.5 |
| QN61: Percentage of students who ate potatoes one or more times during the past seven days | 59.2 | 1,580 | 1.26 | (56.5 - 61.9) | 1.0 |
| QN62: Percentage of students who ate carrots one or more times during the past seven days | 39.1 | 1,579 | 1.95 | (35.0 - 43.4) | 2.5 |
| QN63: Percentage of students who ate other vegetables one or more times during the past seven days | 74.3 | 1,545 | 1.61 | (70.6 - 77.6) | 2.1 |
| QN64: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days | 32.5 | 1,578 | 1.36 | (29.7 - 35.5) | 1.3 |
| QN65: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight one or more times per day during the past seven days | 23.7 | 1,569 | 1.57 | (20.5 - 27.3) | 2.1 |
| QN66: Percentage of students who drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt, one or more times per day during the past seven days | 7.0 | 1,561 | 0.77 | (5.5 - 8.9) | 1.4 |

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| QN67: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days | 14.9 | 1,568 | 0.85 | (13.1 - 16.8) | 0.9 |
| QN68: Percentage of students who drank a bottle or glass of plain water four or more times per day during the past seven days | 23.6 | 1,567 | 1.65 | (20.2 - 27.3) | 2.4 |
| QN69: Percentage of students who drank three or more glasses per day of milk during the past seven days | 10.9 | 1,537 | 1.27 | (8.4 - 14.0) | 2.6 |
| QN70: Percentage of students who think young people who smoke definitely or probably have more fiends | 22.9 | 1,542 | 1.74 | (19.4 - 26.9) | 2.6 |
| QN71: Percentage of students who say smoking from a hookah or waterpipe is very or somewhat dangerous | 94.9 | 1,513 | 0.70 | (93.2 - 96.2) | 1.6 |
| QN72: Percentage of students who say smoking cigars, cigarillos, or little cigars is very or somewhat dangerous | 95.7 | 1,527 | 0.67 | (94.0 - 97.0) | 1.7 |
| QN73: Percentage of students who say smoking flavored cigarettes is very or somewhat dangerous to their health | 94.1 | 1,510 | 0.68 | (92.4 - 95.4) | 1.3 |

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