

# 2013 Youth Risk Behavior Survey Results

## VIRGINIA YOUTH SURVEY SOUTHWESTERN HIGH SCHOOLS GRAPH RESULTS

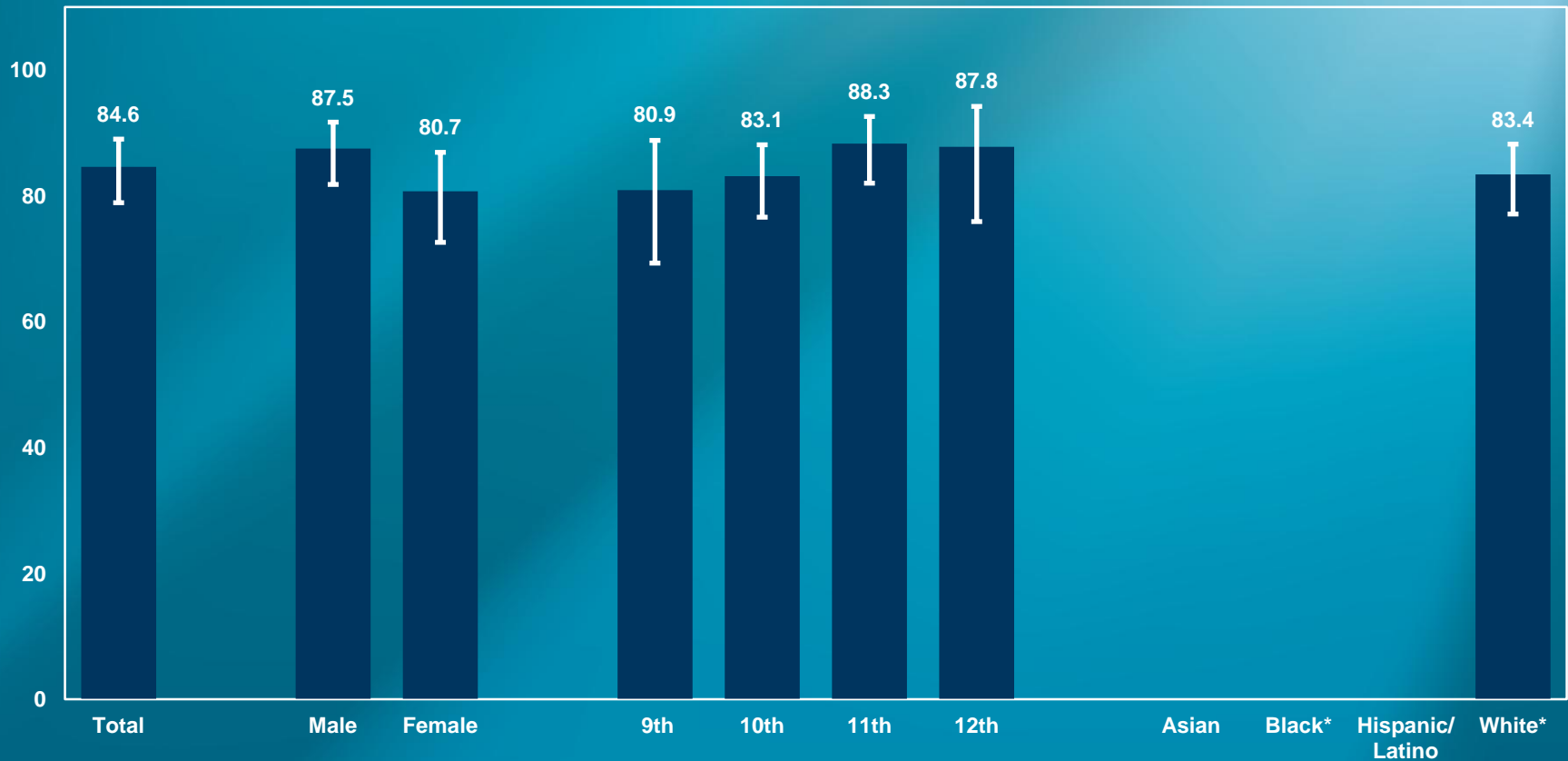
# 2013 Youth Risk Behavior Survey Results

## INJURY

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet



Q8 - Weighted Data

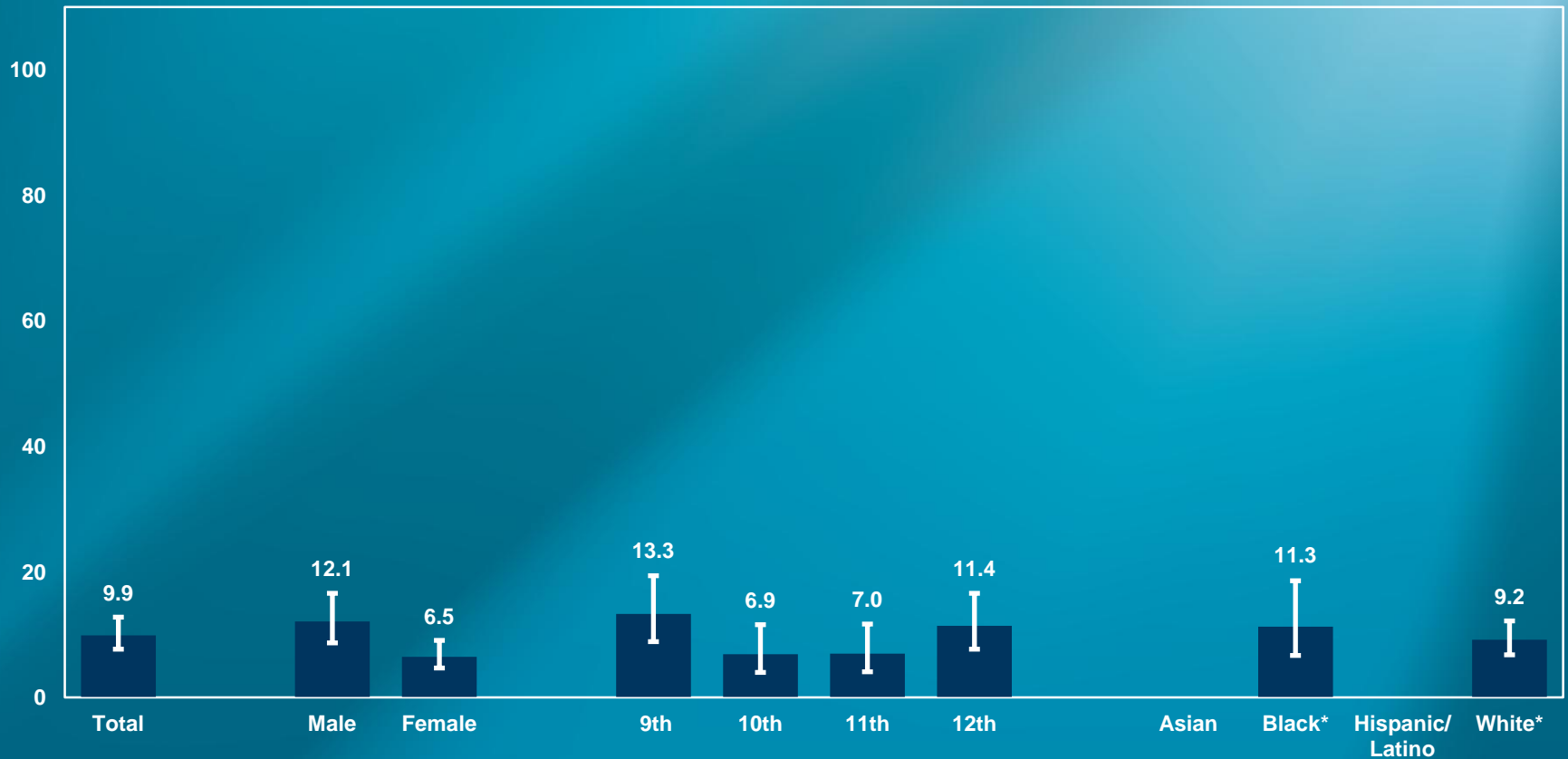
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else



Q9 - Weighted Data

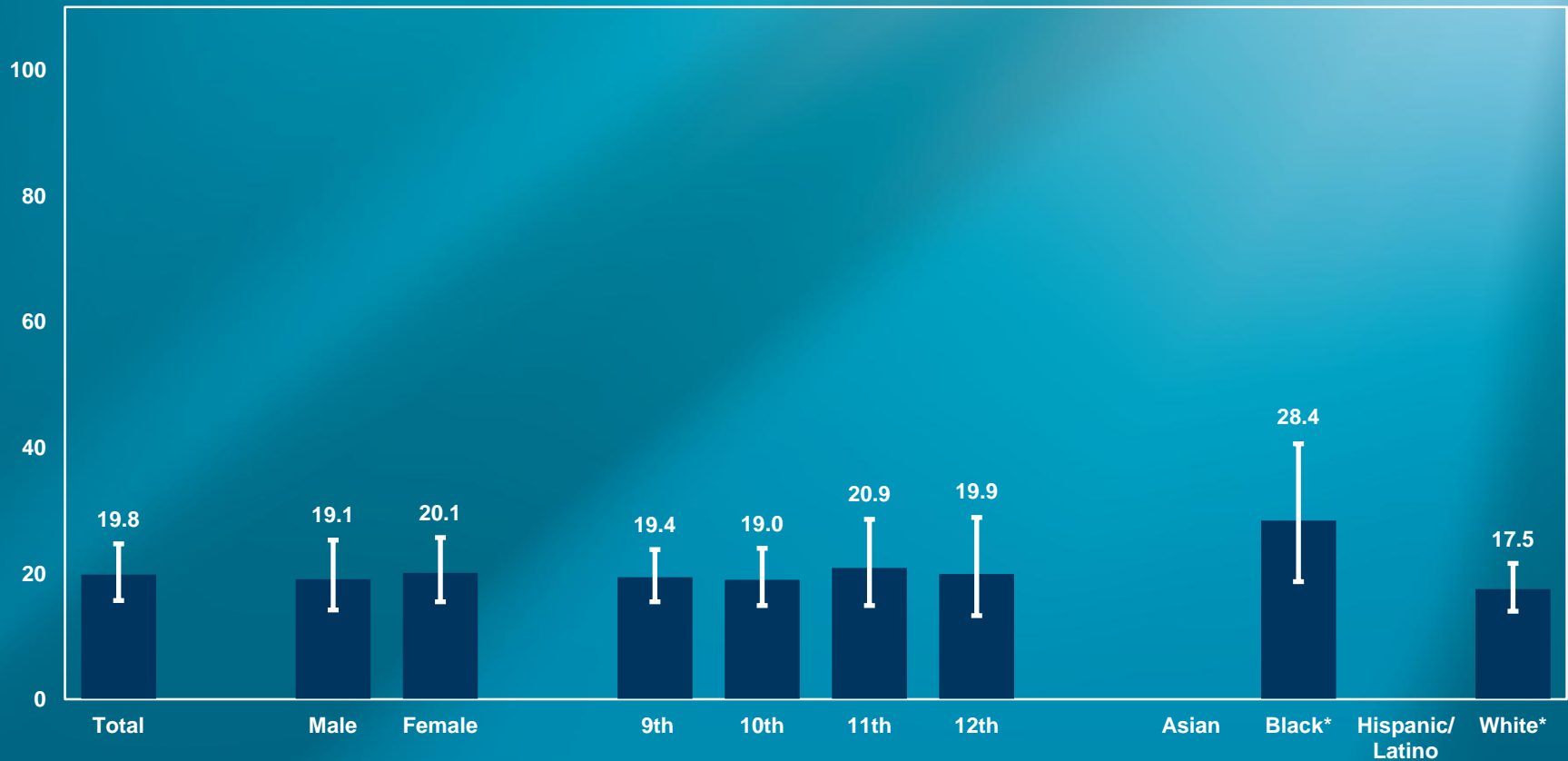
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol



Q10 - Weighted Data

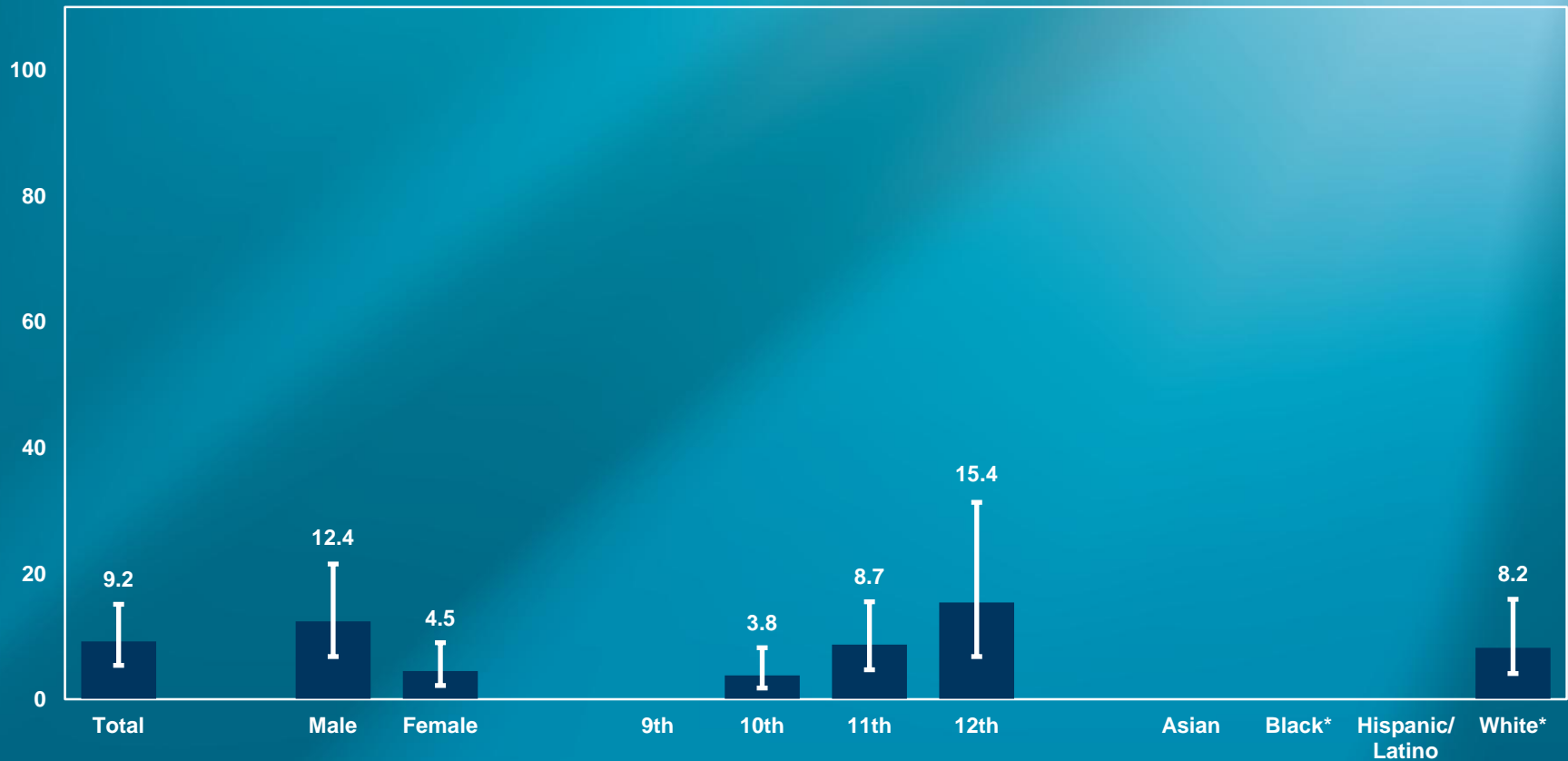
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days



Q11 - Weighted Data

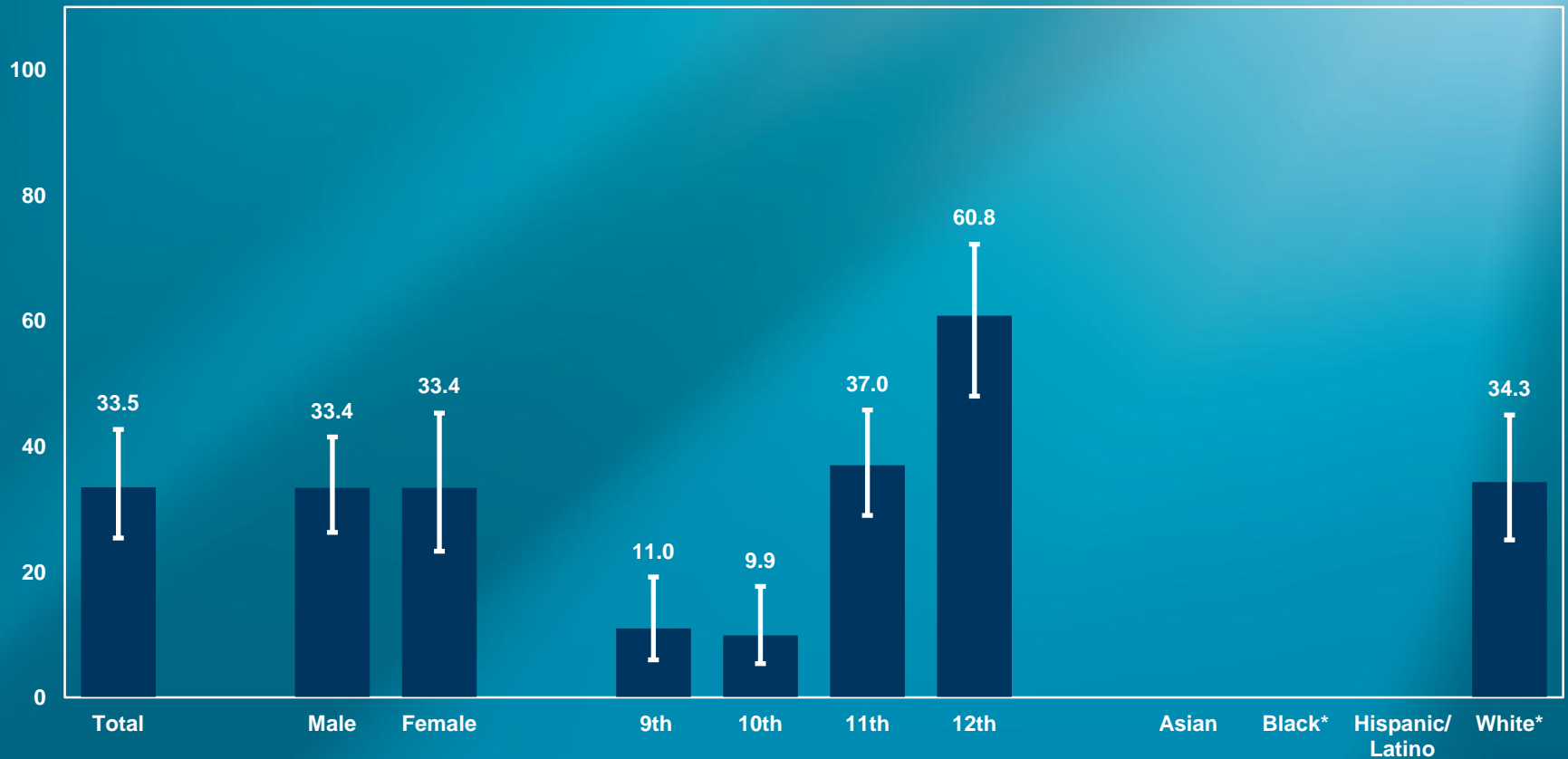
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving on one or more of the past 30 days



Q12 - Weighted Data

\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

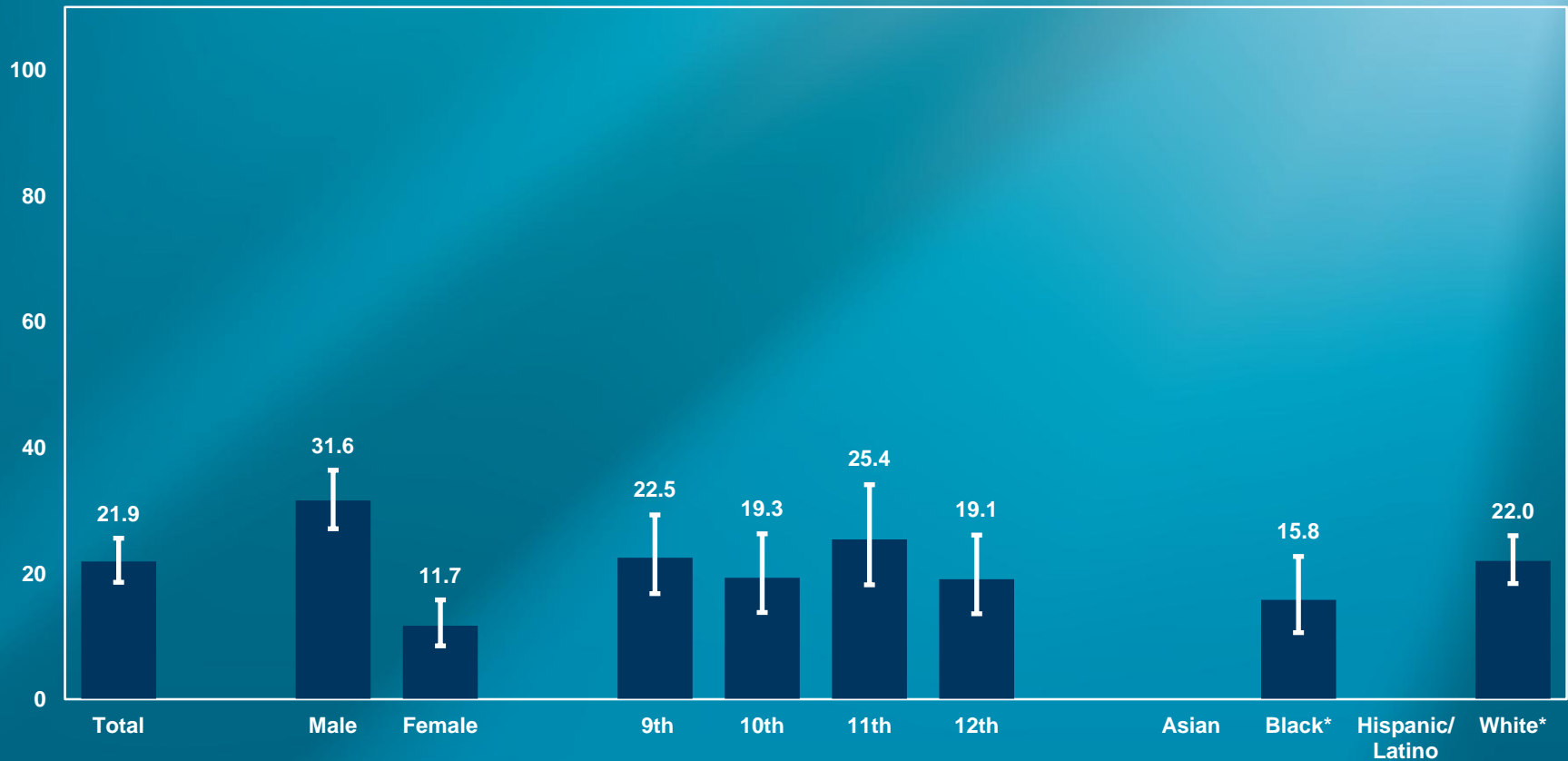
## VIOLENCE



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days



Q13 - Weighted Data

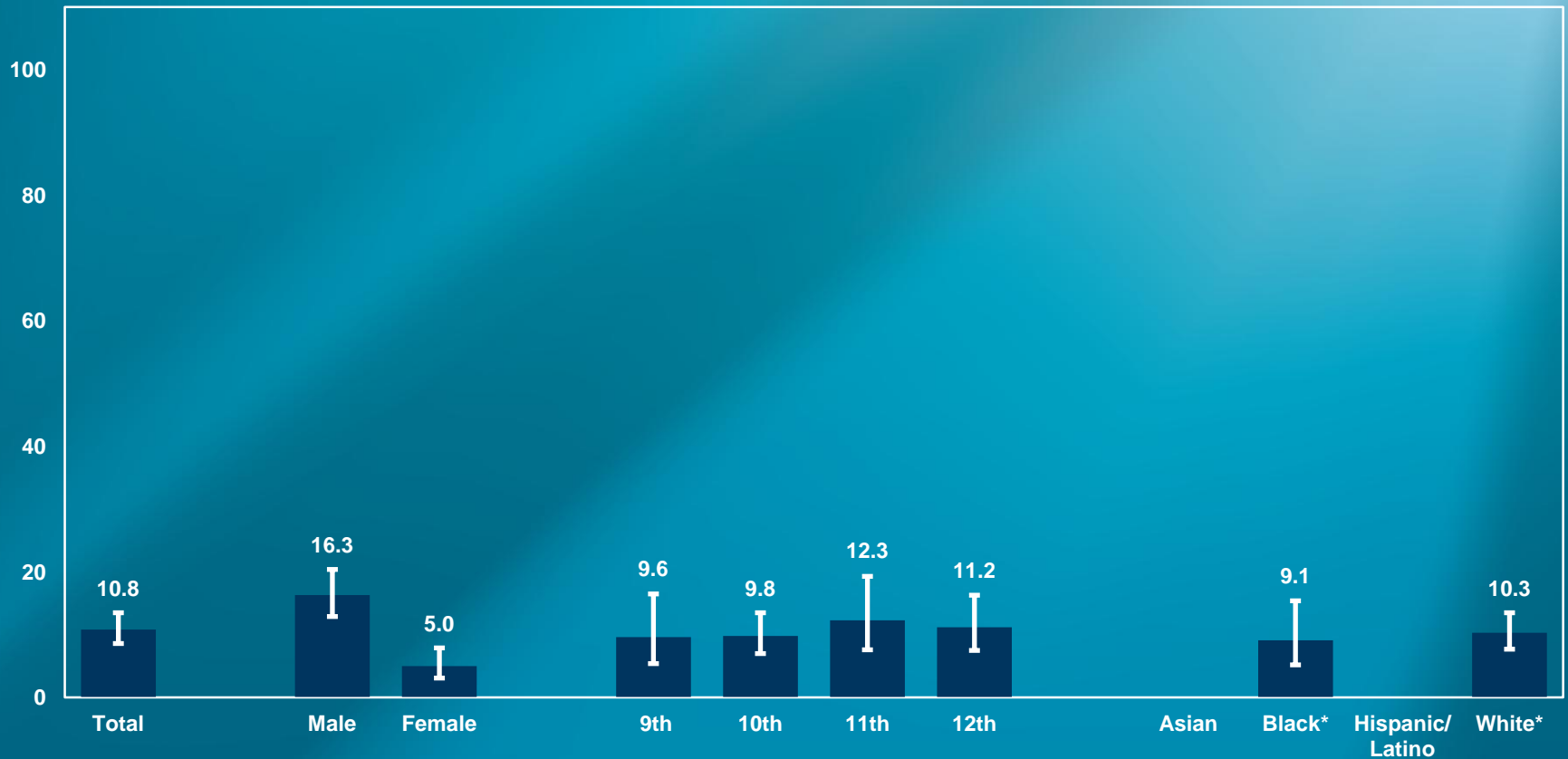
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who carried a gun on one or more of the past 30 days



Q14 - Weighted Data

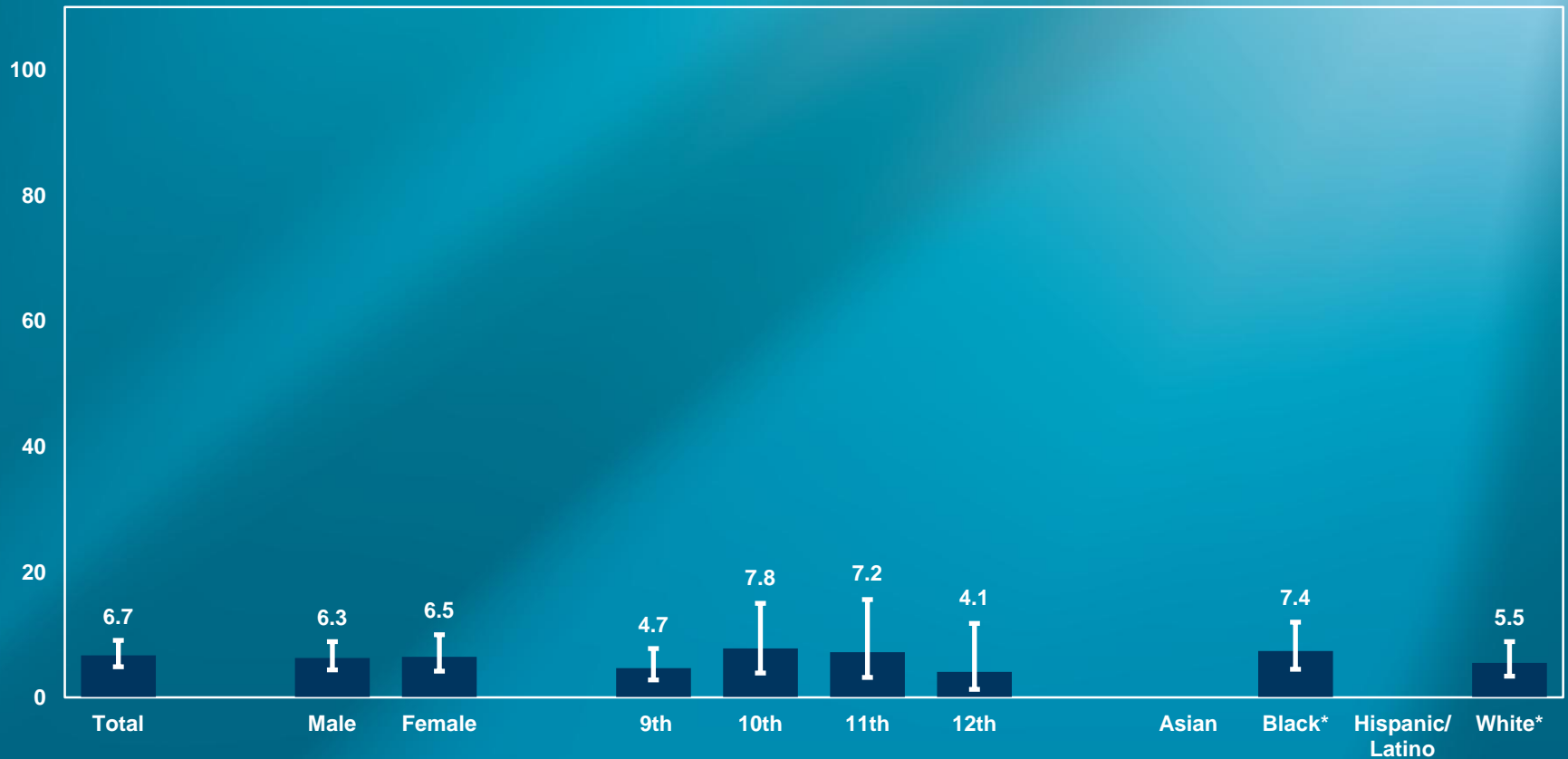
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school



Q16 - Weighted Data

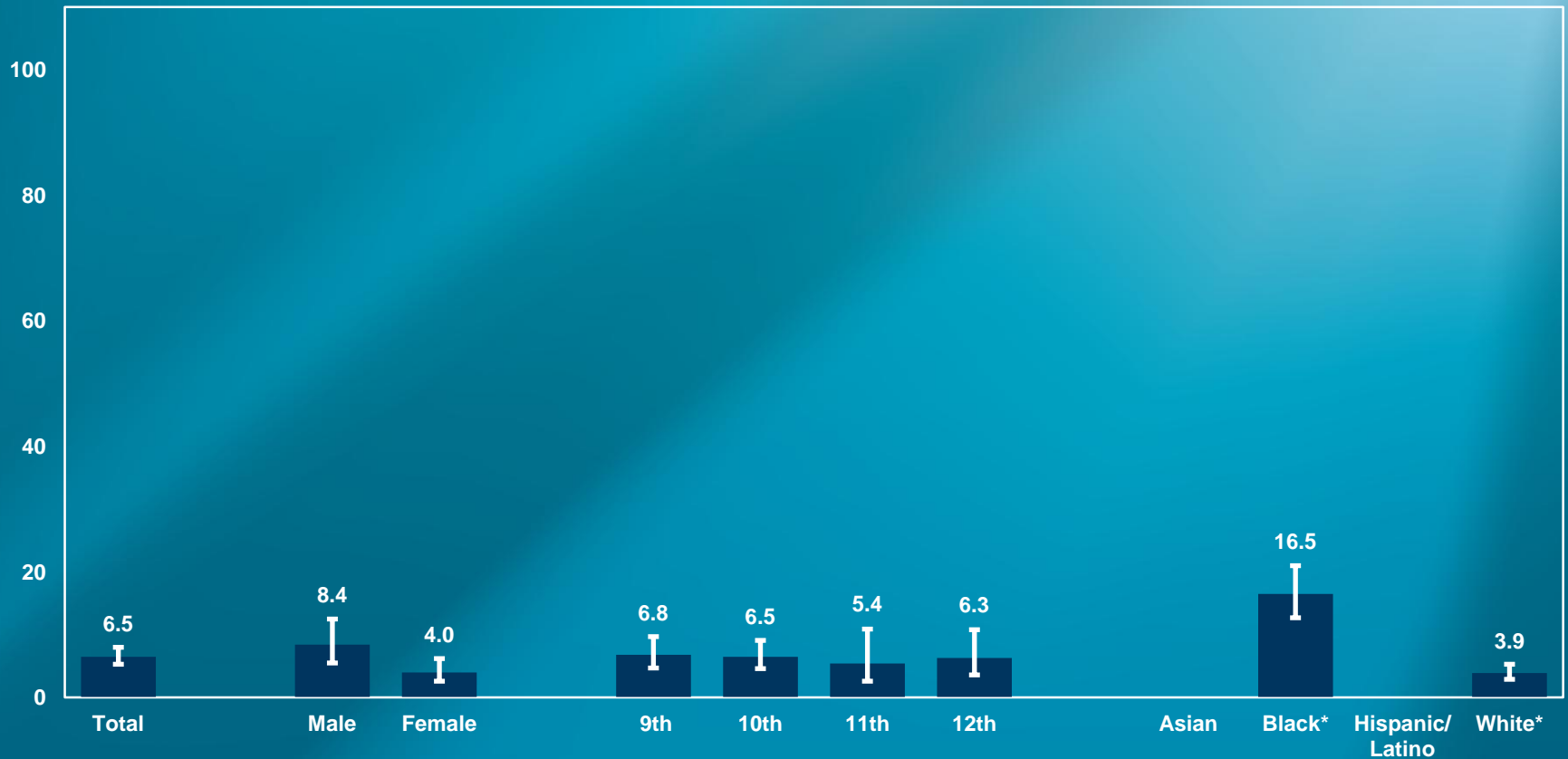
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months



Q17 - Weighted Data

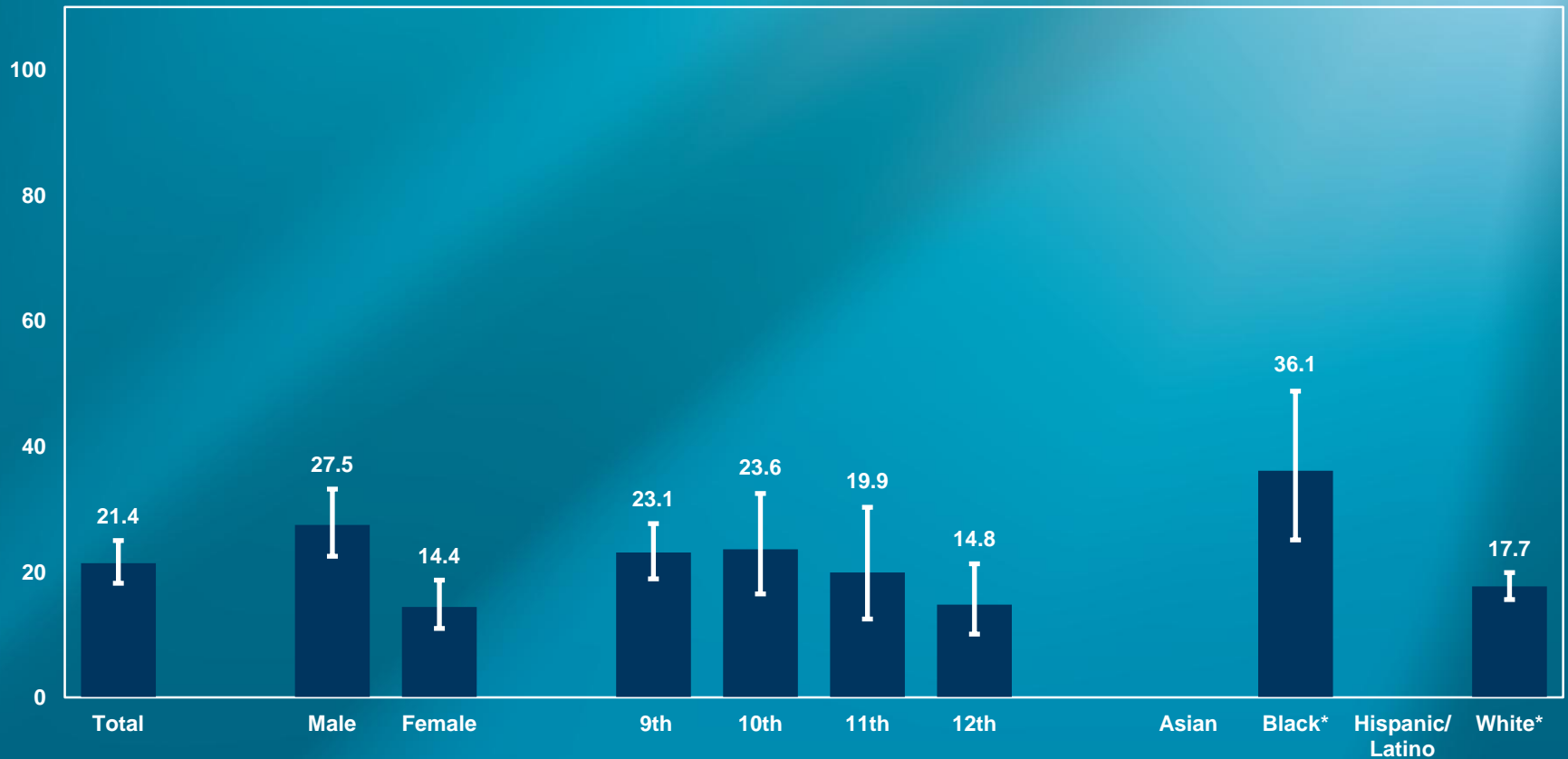
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months



Q18 - Weighted Data

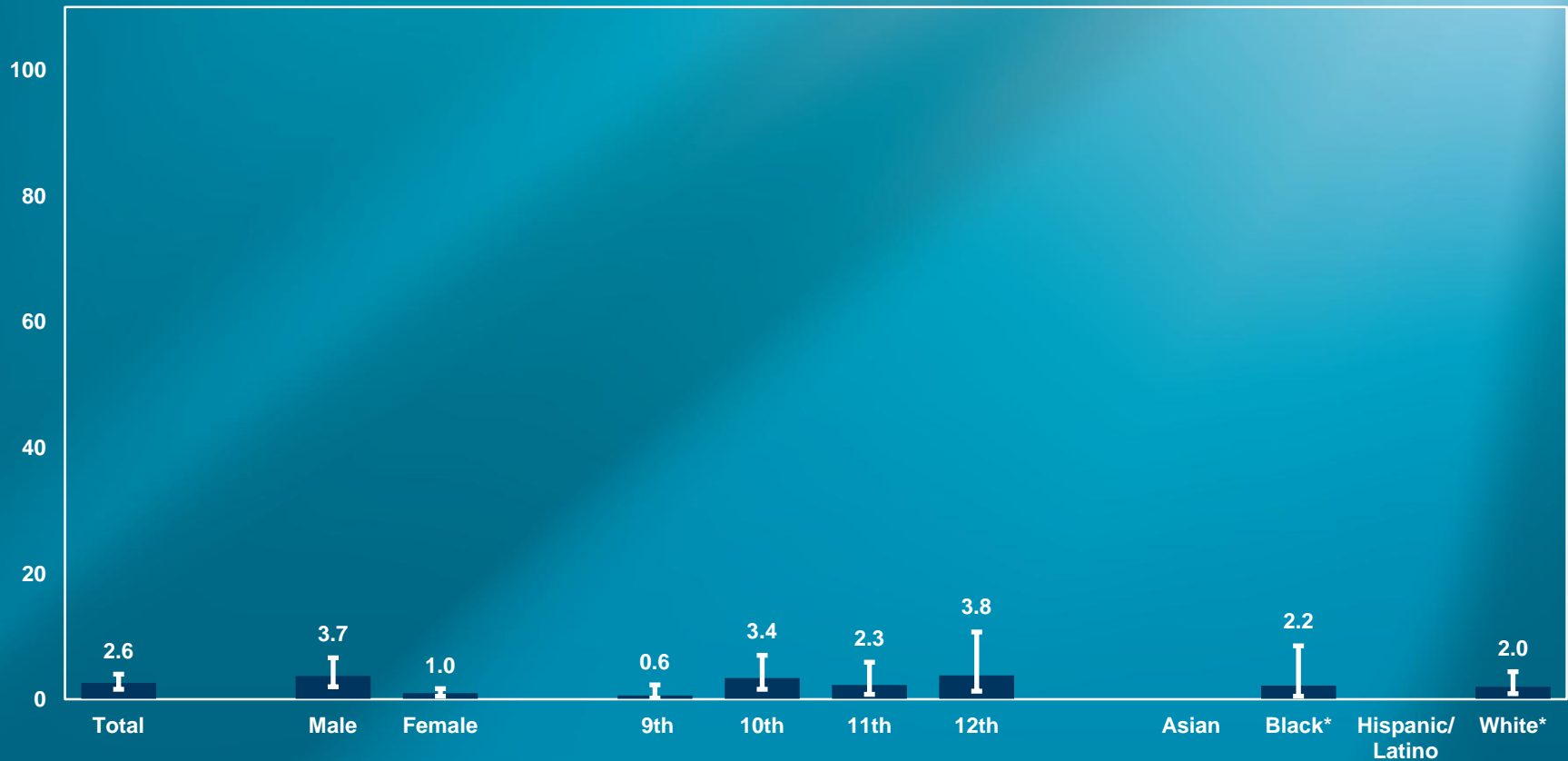
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse



Q19 - Weighted Data

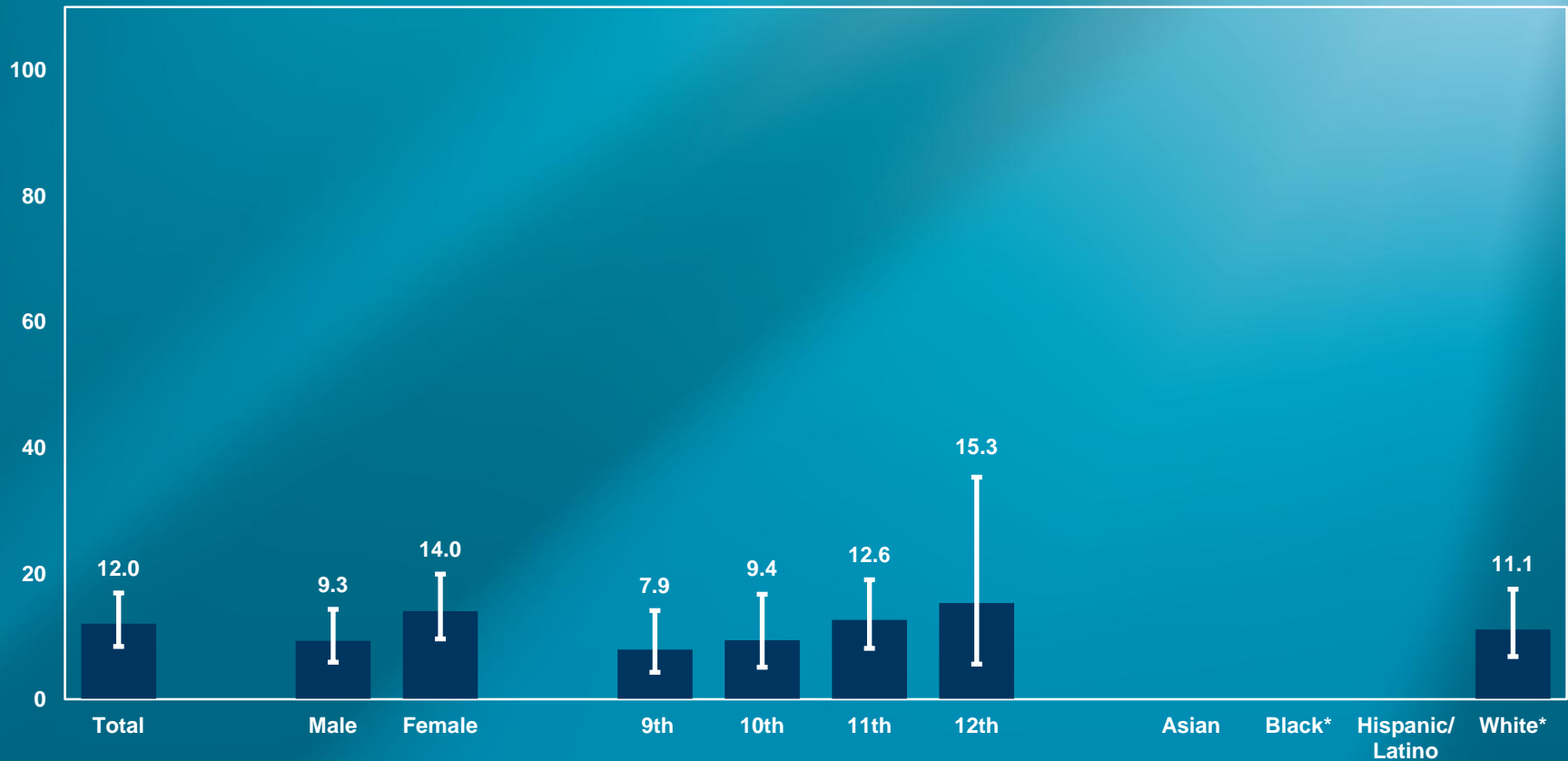
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months



Q22 - Weighted Data

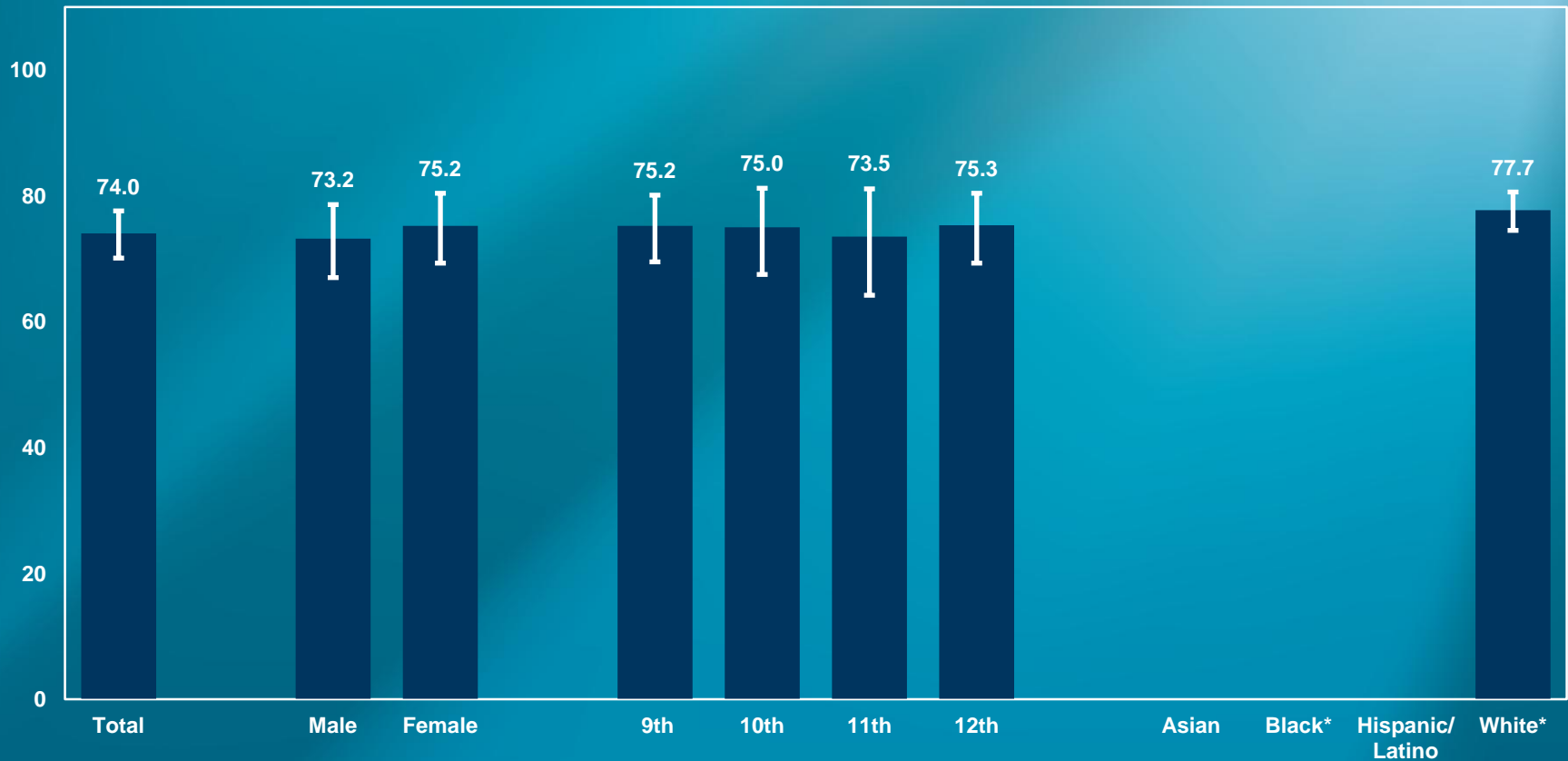
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who most of the time or always feel safe and secure at school



Q110 - Weighted Data

\*Non-Hispanic.

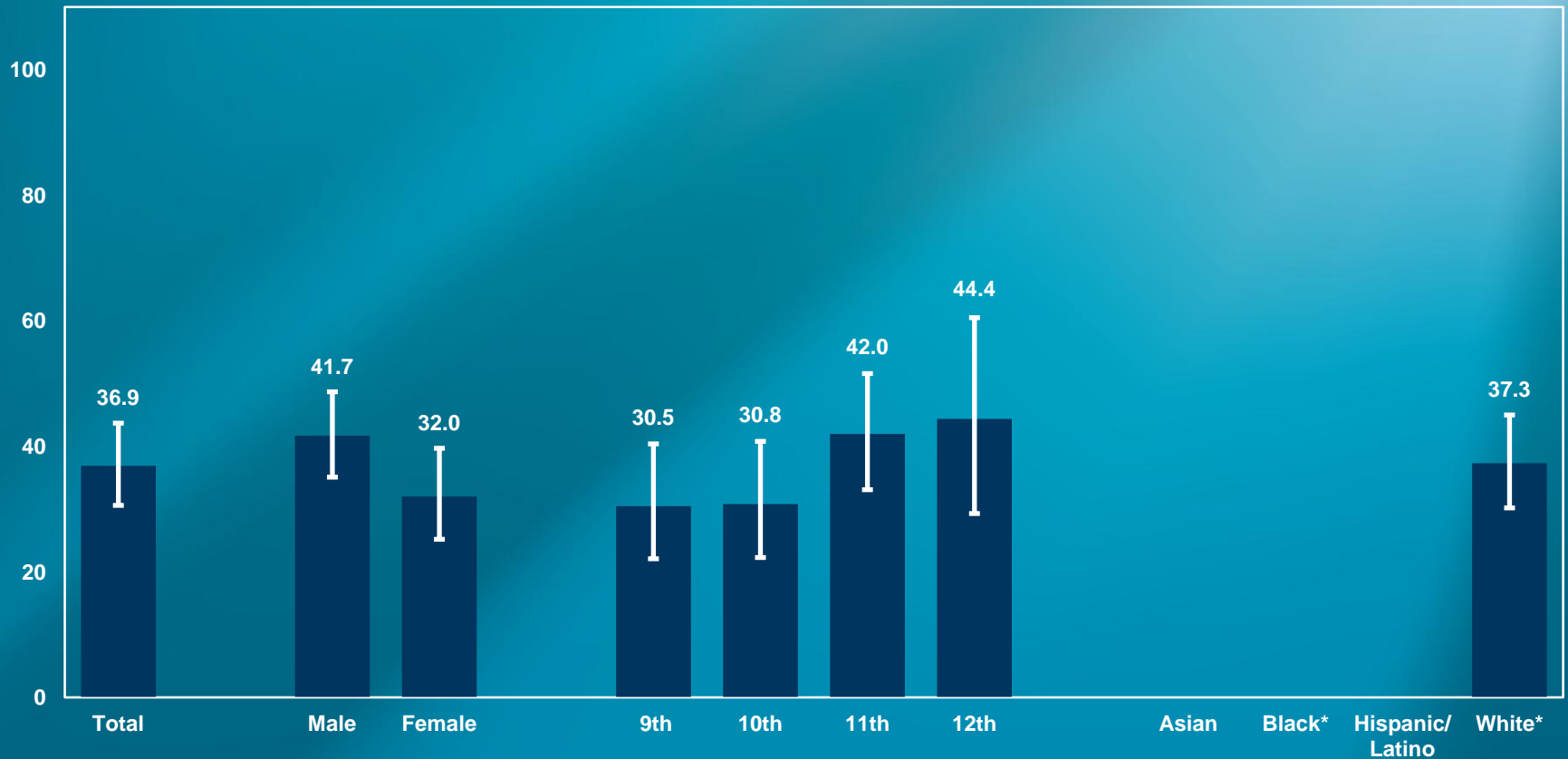
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who disagree or strongly disagree that violence is a problem at their school



Q113 - Weighted Data

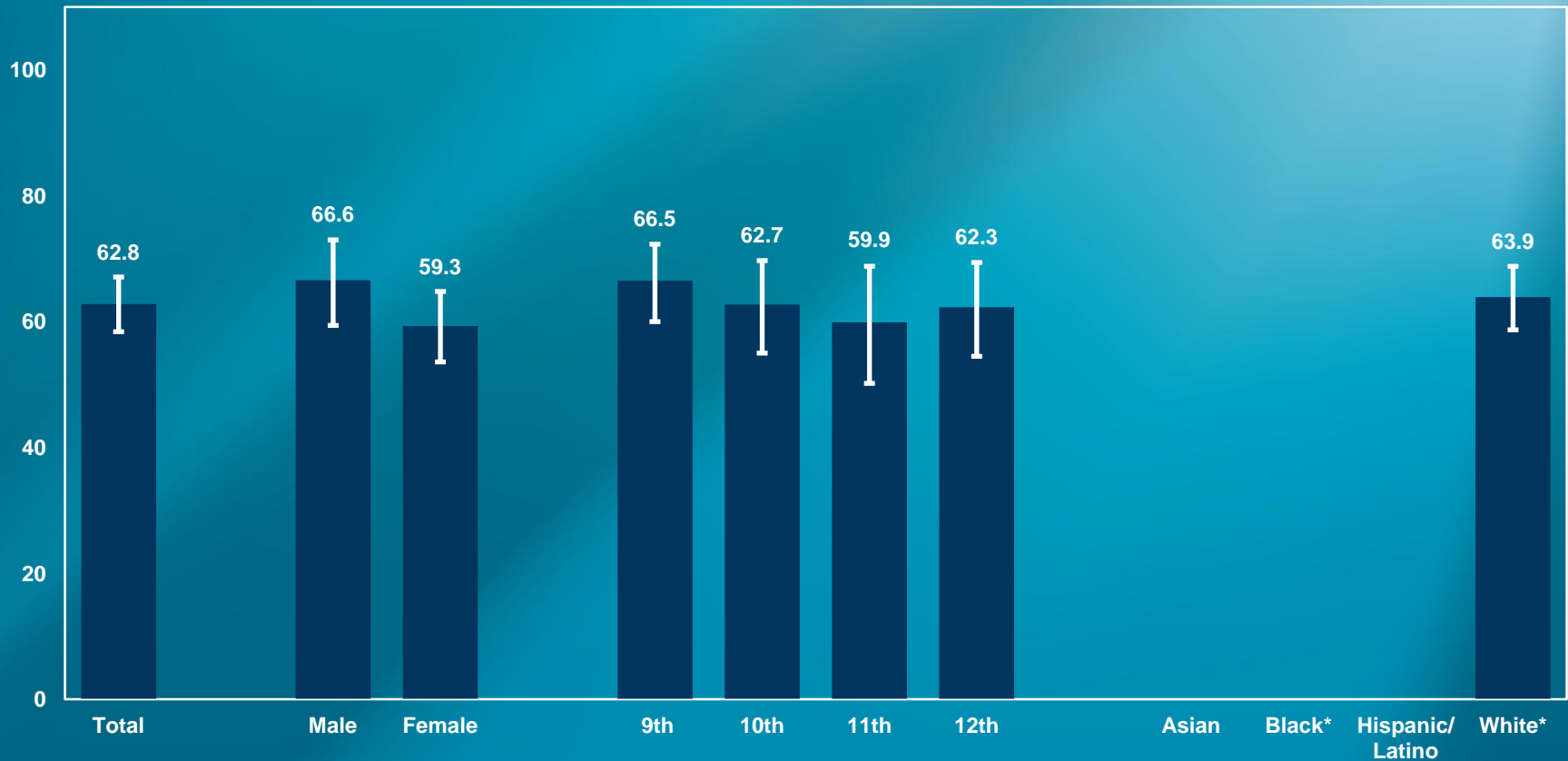
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior



Q111 - Weighted Data

\*Non-Hispanic.

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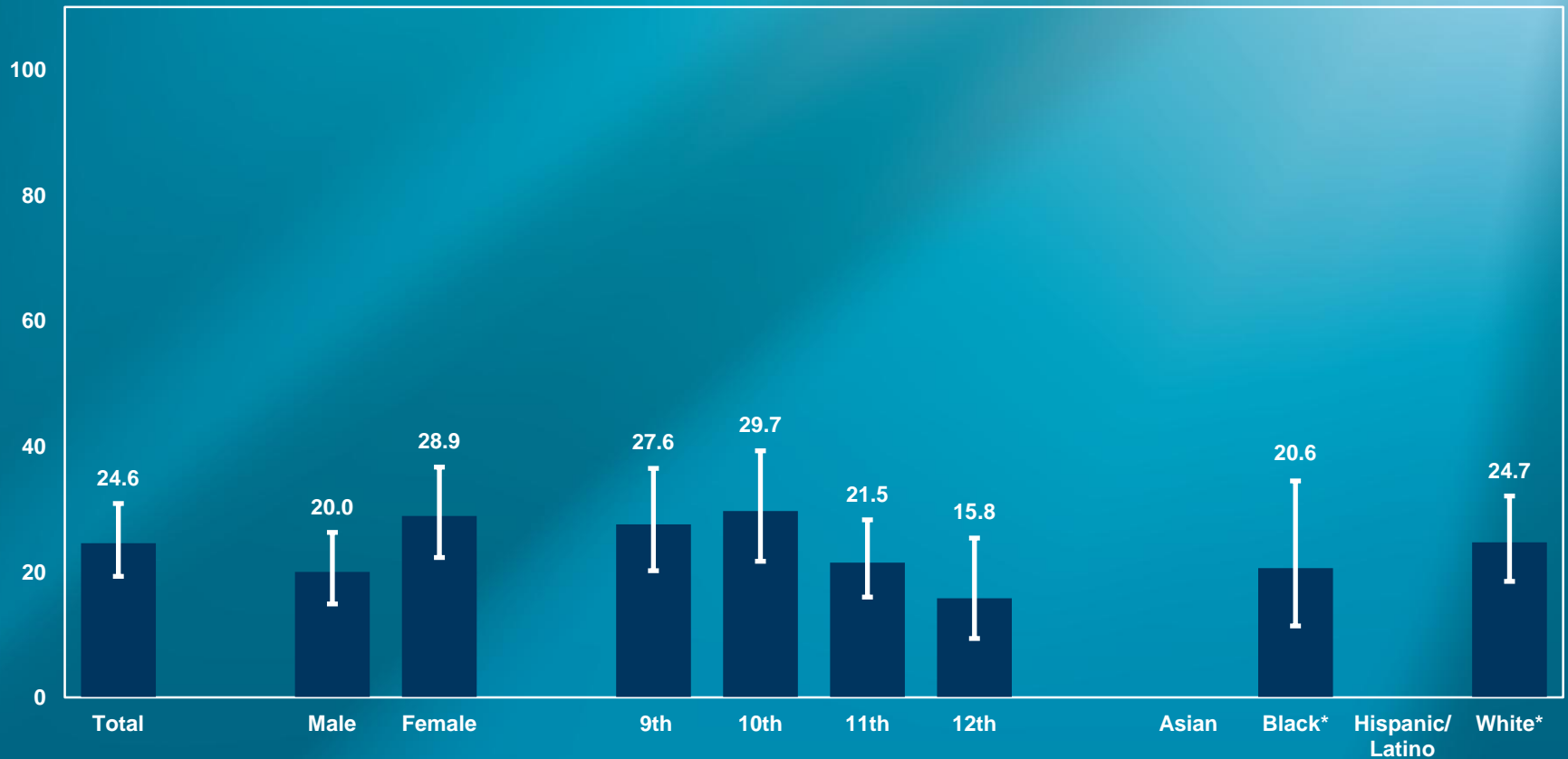
# 2013 Youth Risk Behavior Survey Results

BULLYING  
DEPRESSION  
SUICIDE

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had ever been bullied on school property during the past 12 months



Q24 - Weighted Data

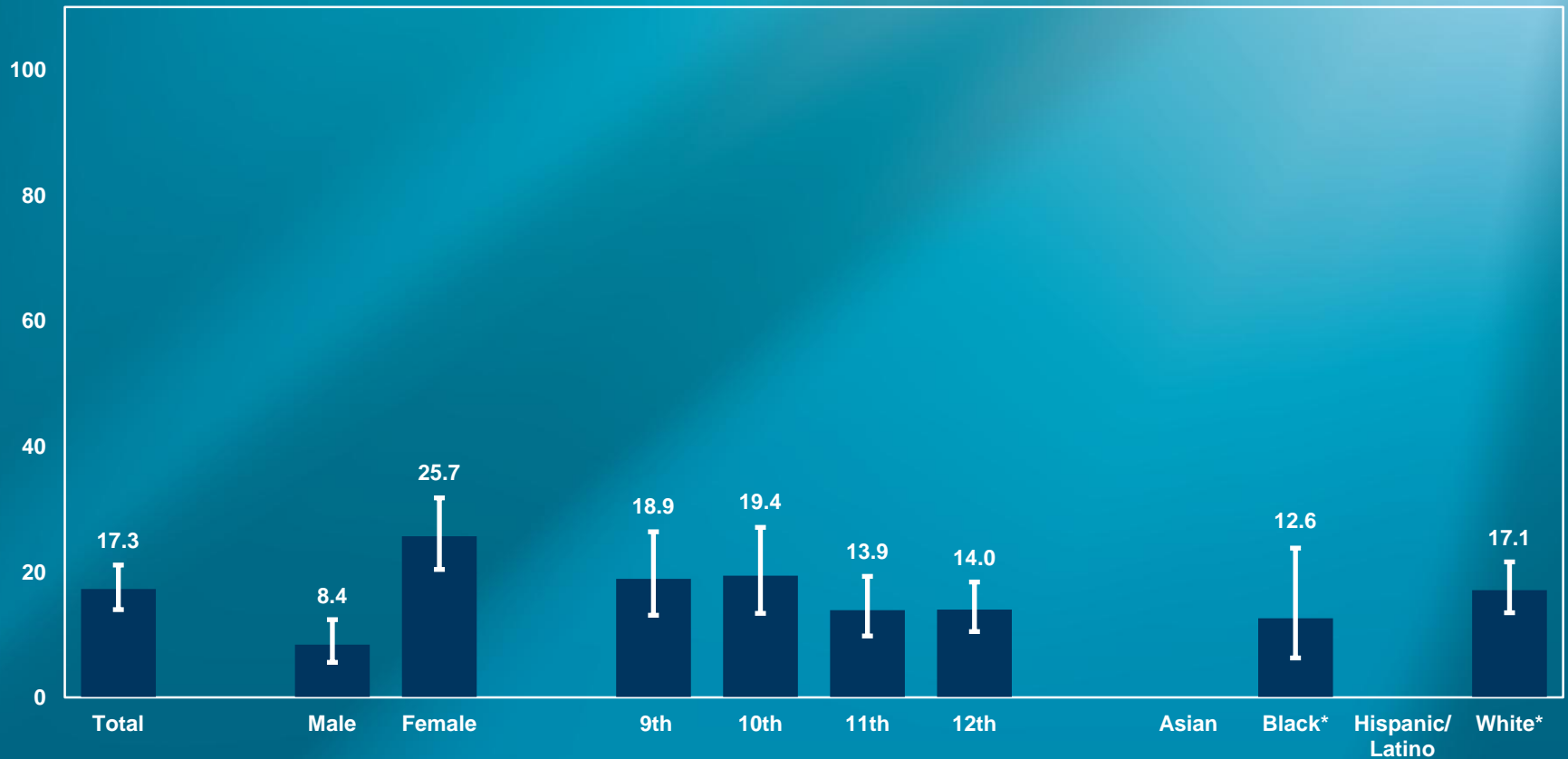
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had ever been electronically bullied during the past 12 months



Q25 - Weighted Data

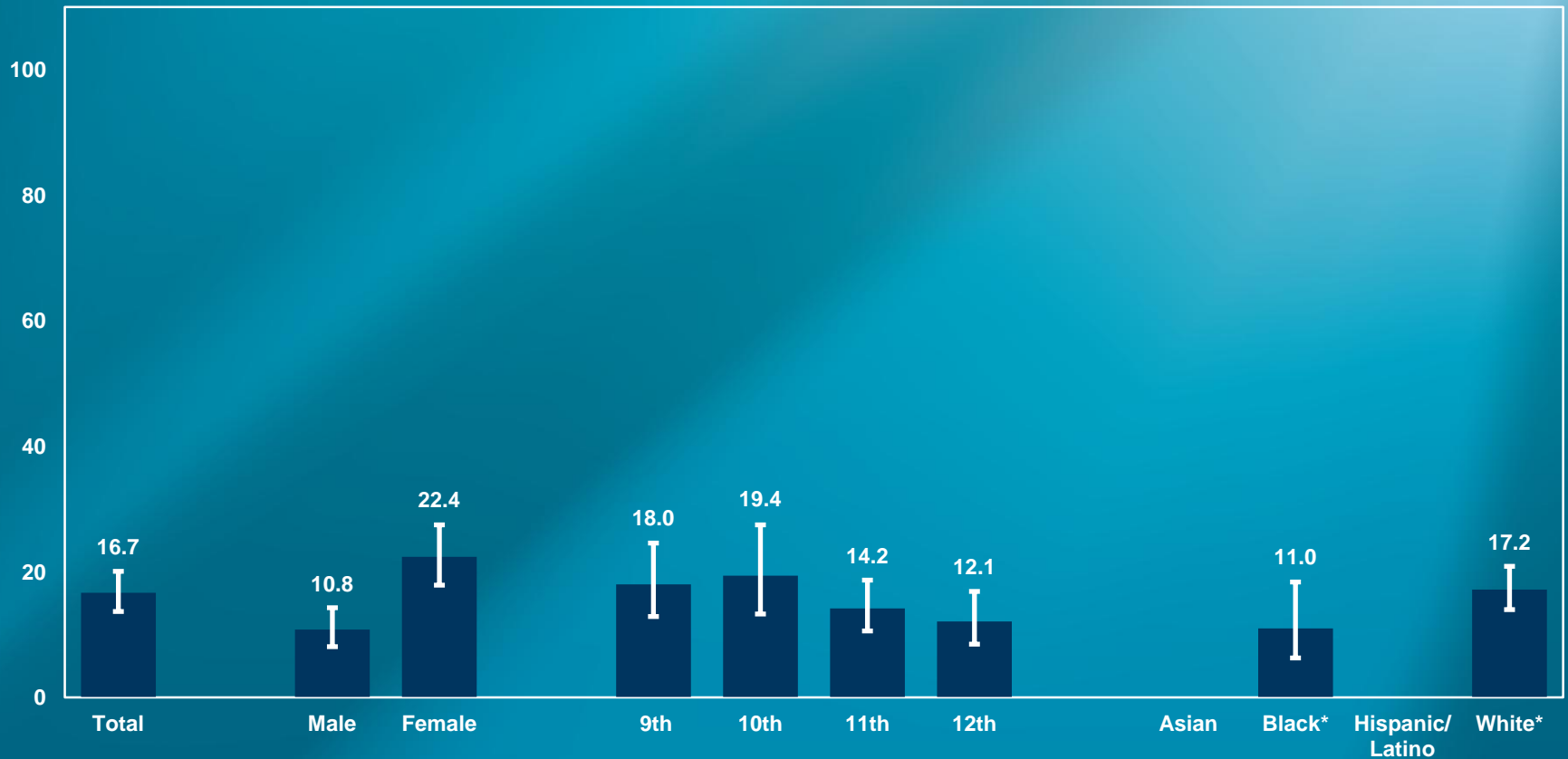
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have ever been bullied away from school property during the past 12 months



Q87 - Weighted Data

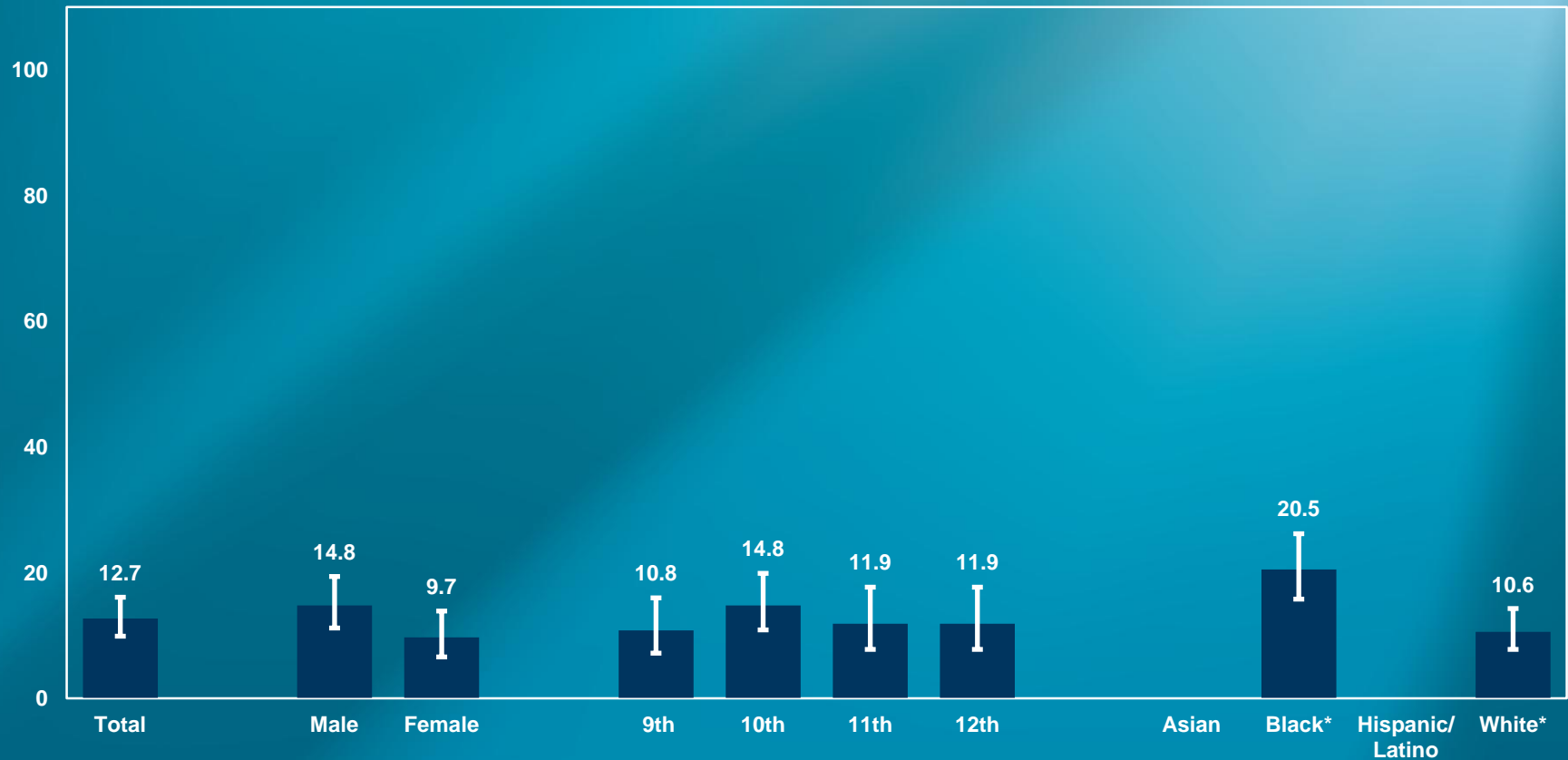
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have ever bullied someone else on school property during the past 12 months



Q88 - Weighted Data

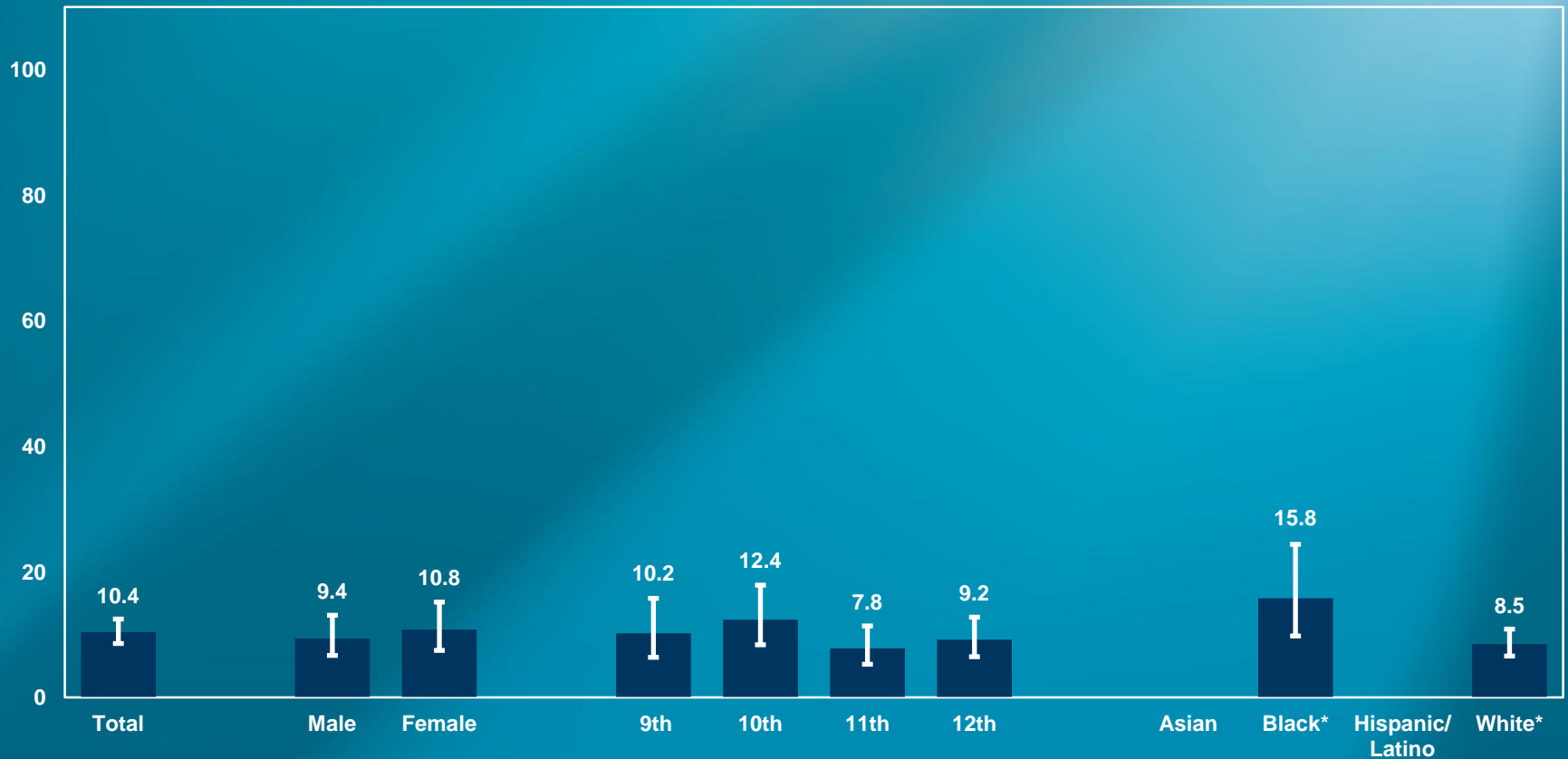
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have ever bullied someone else away from school property during the past 12 months



Q89 - Weighted Data

\*Non-Hispanic.

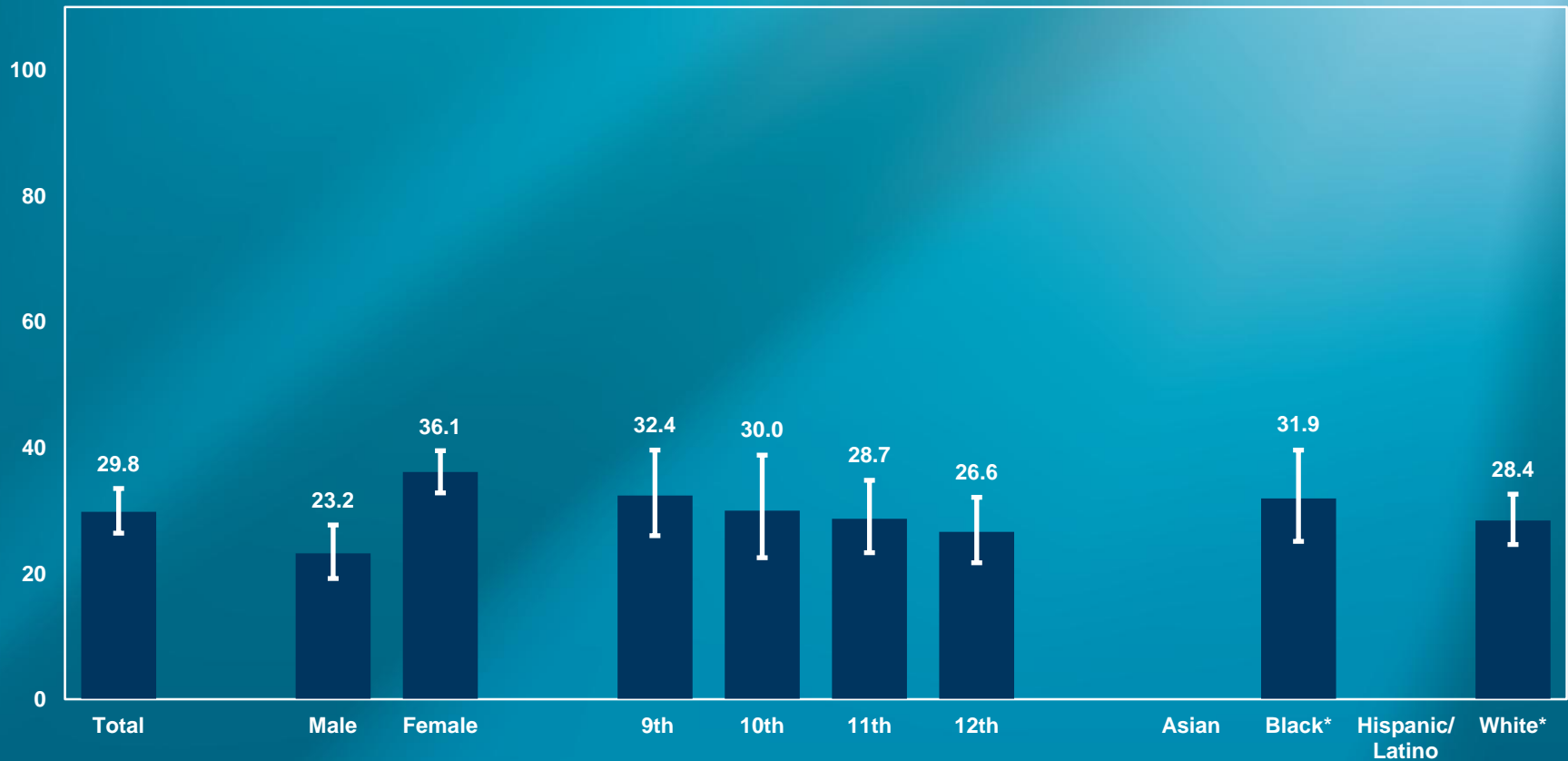
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance



Q90 - Weighted Data

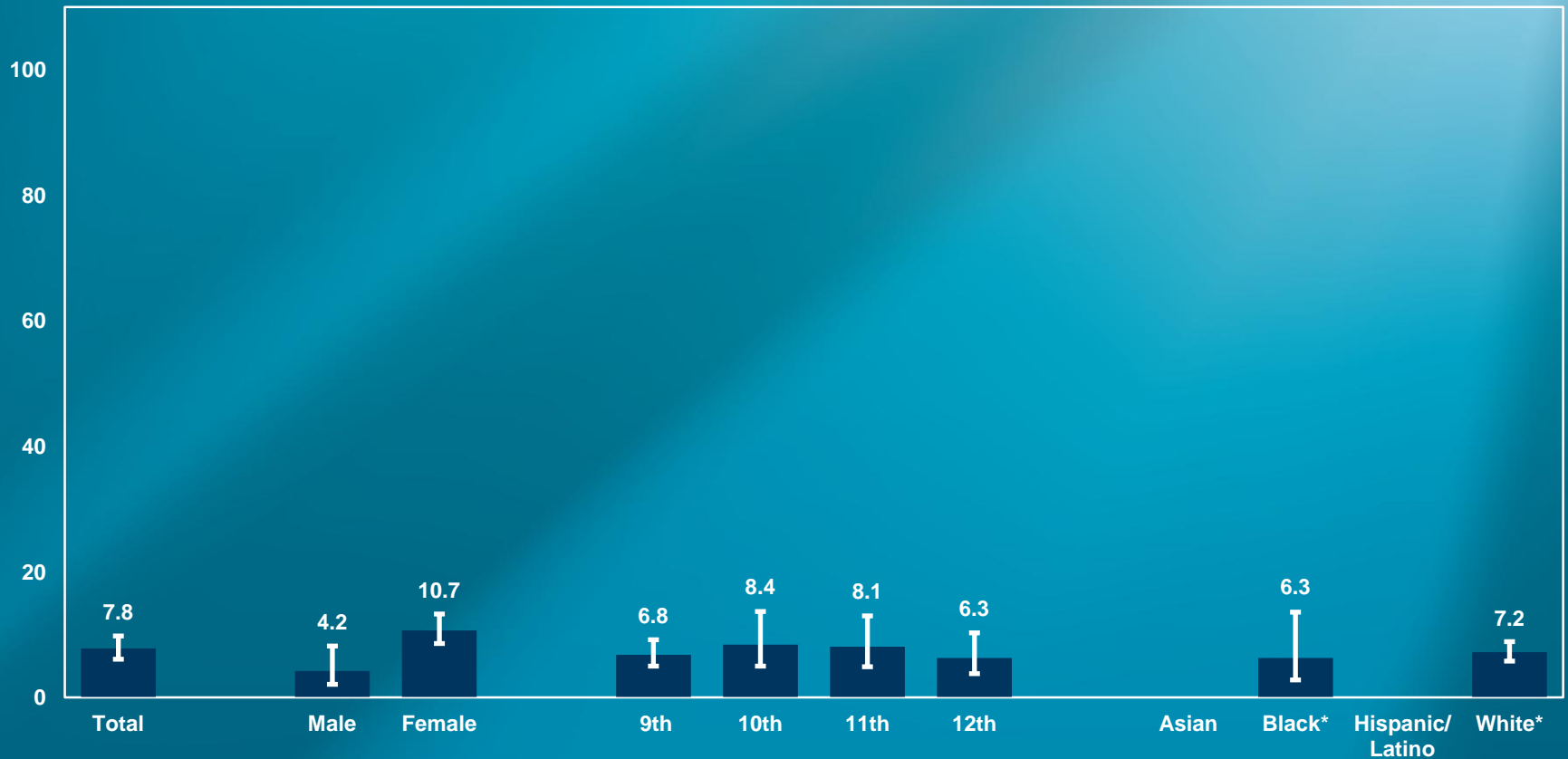
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their gender



Q91 - Weighted Data

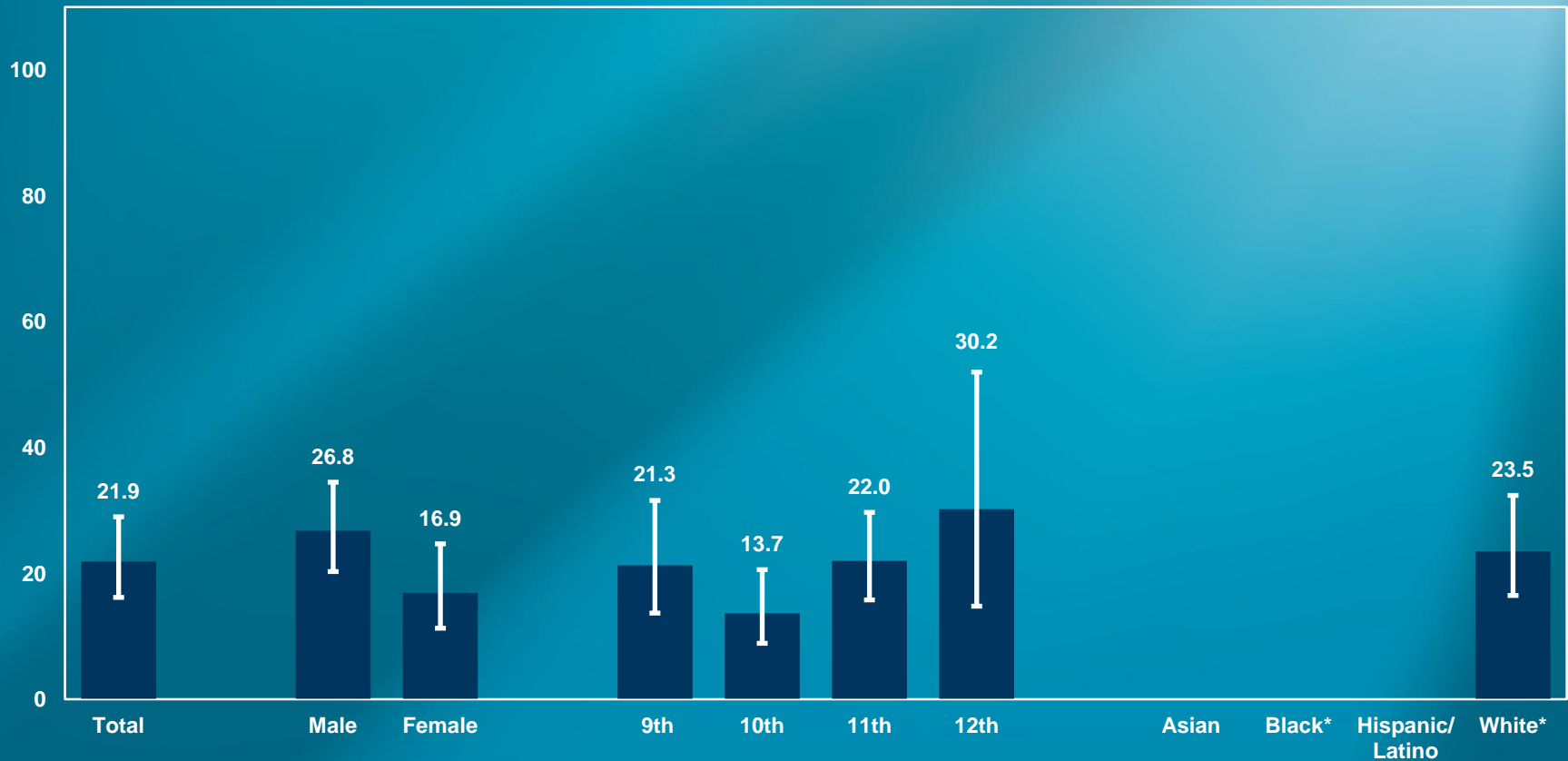
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who disagree or strongly disagree that harassment and bullying by other students is a problem at their school



Q112 - Weighted Data

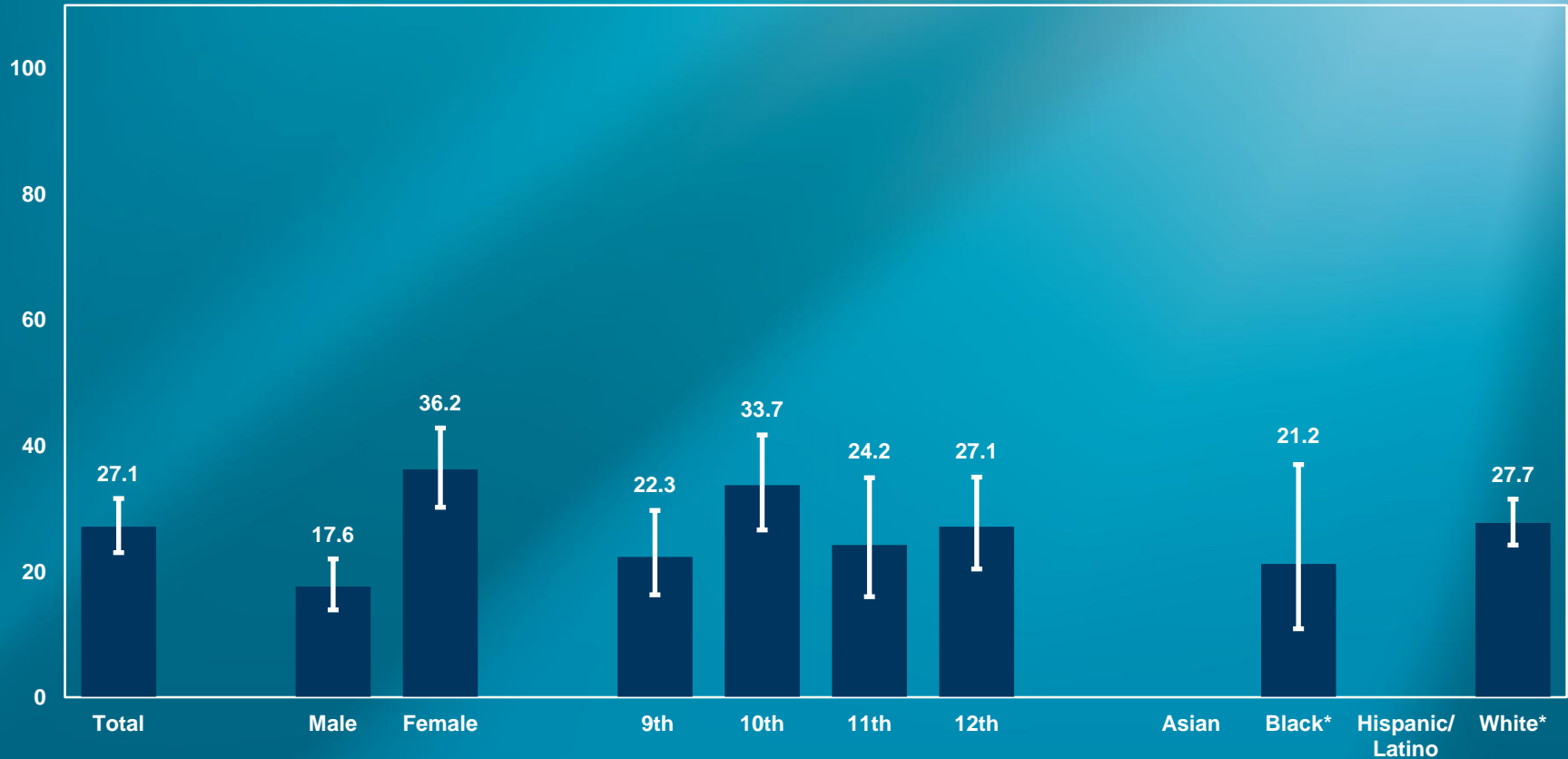
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months



Q26 - Weighted Data

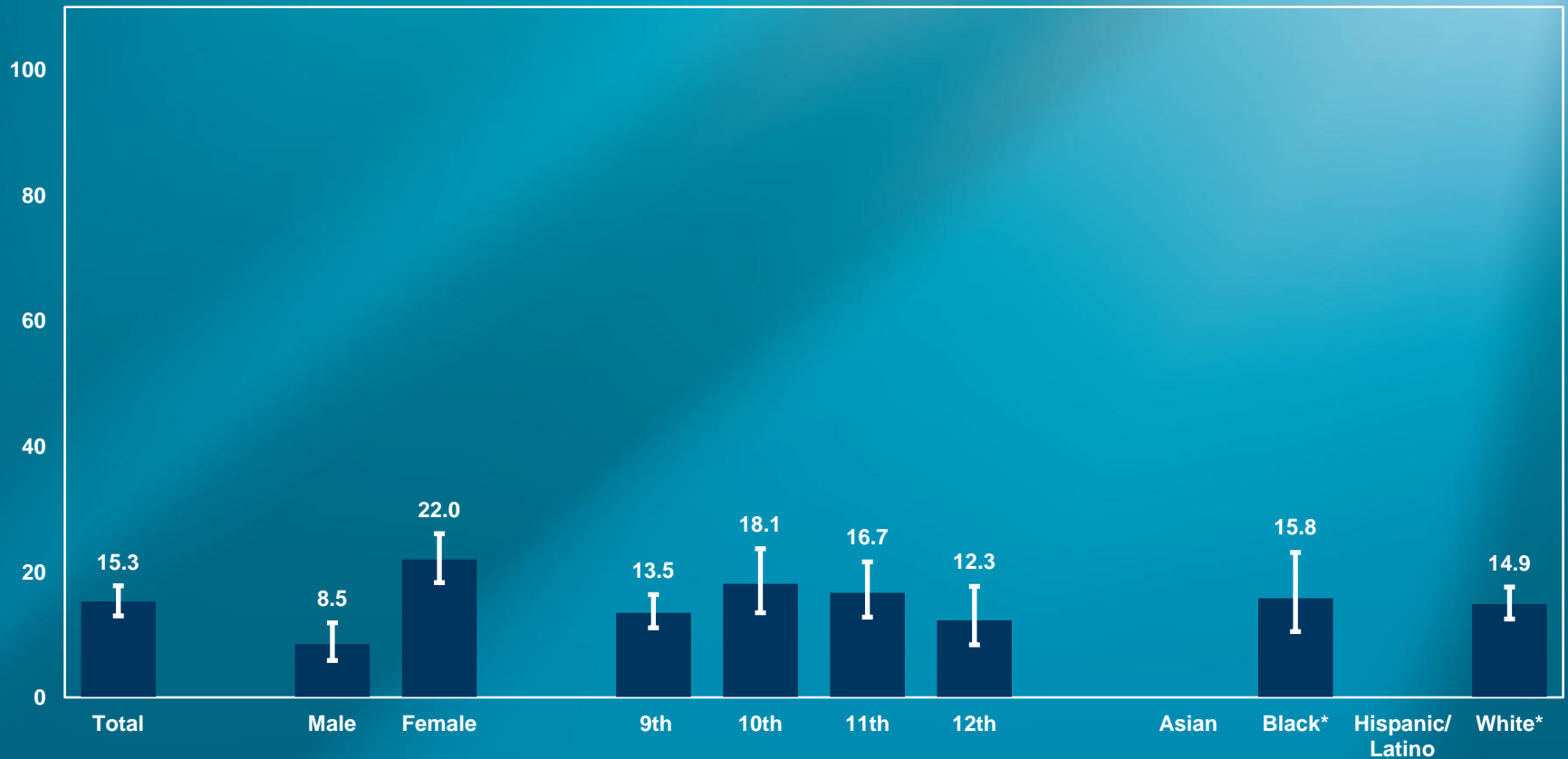
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who seriously considered attempting suicide during the past 12 months



Q27 - Weighted Data

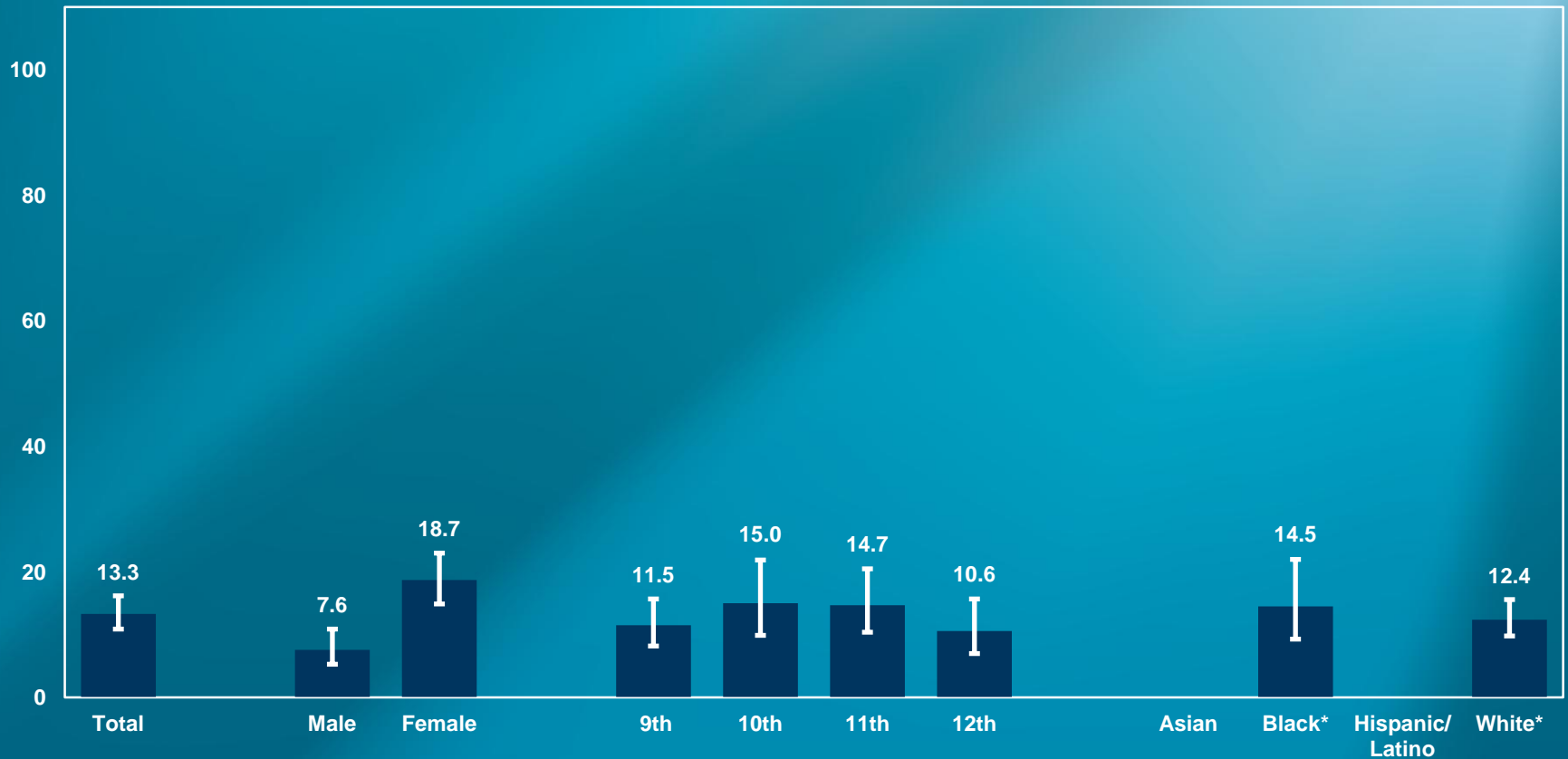
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months



Q28 - Weighted Data

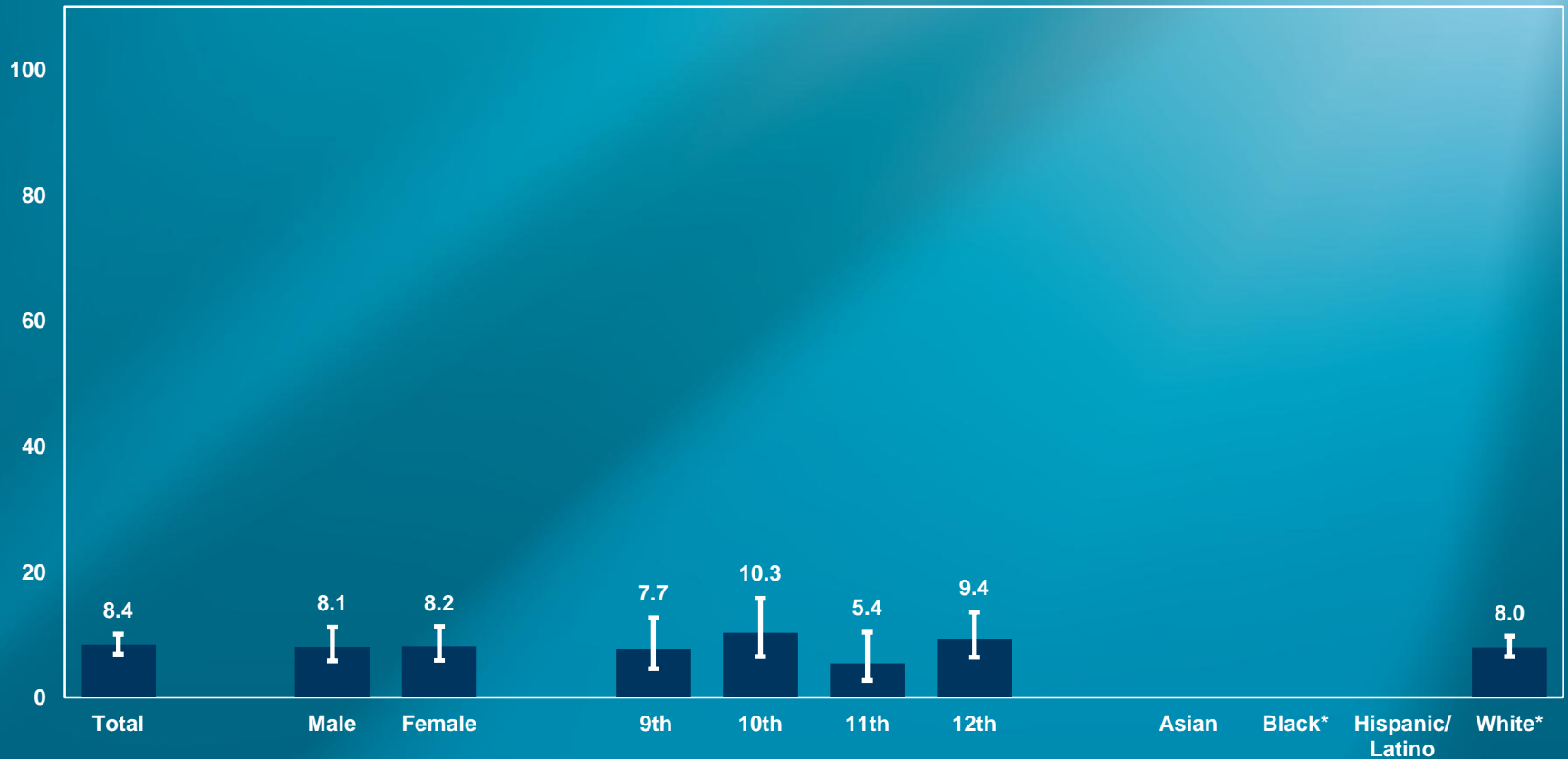
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who actually attempted suicide one or more times during the past 12 months



Q29 - Weighted Data

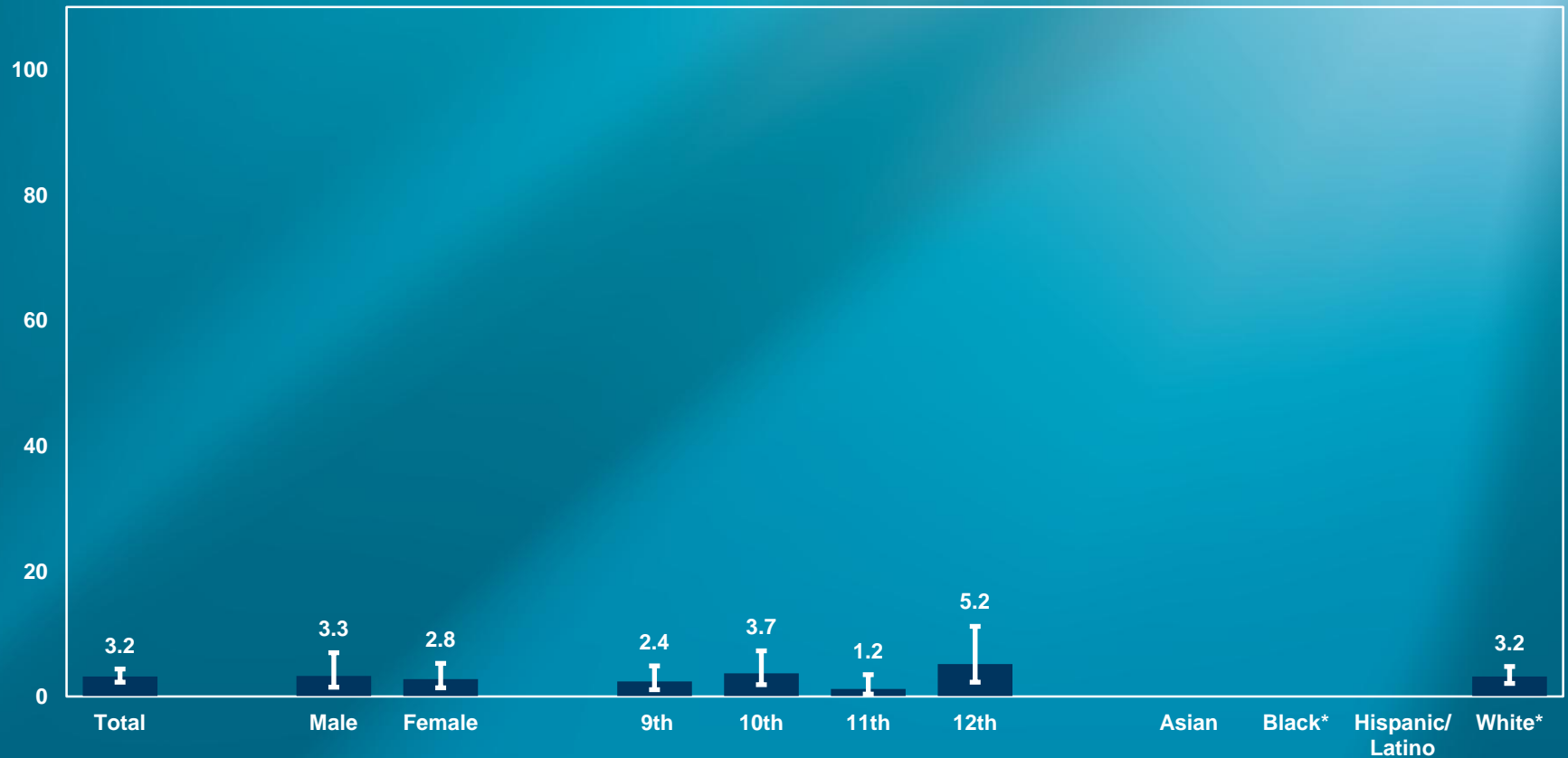
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse



Q30 - Weighted Data

\*Non-Hispanic.

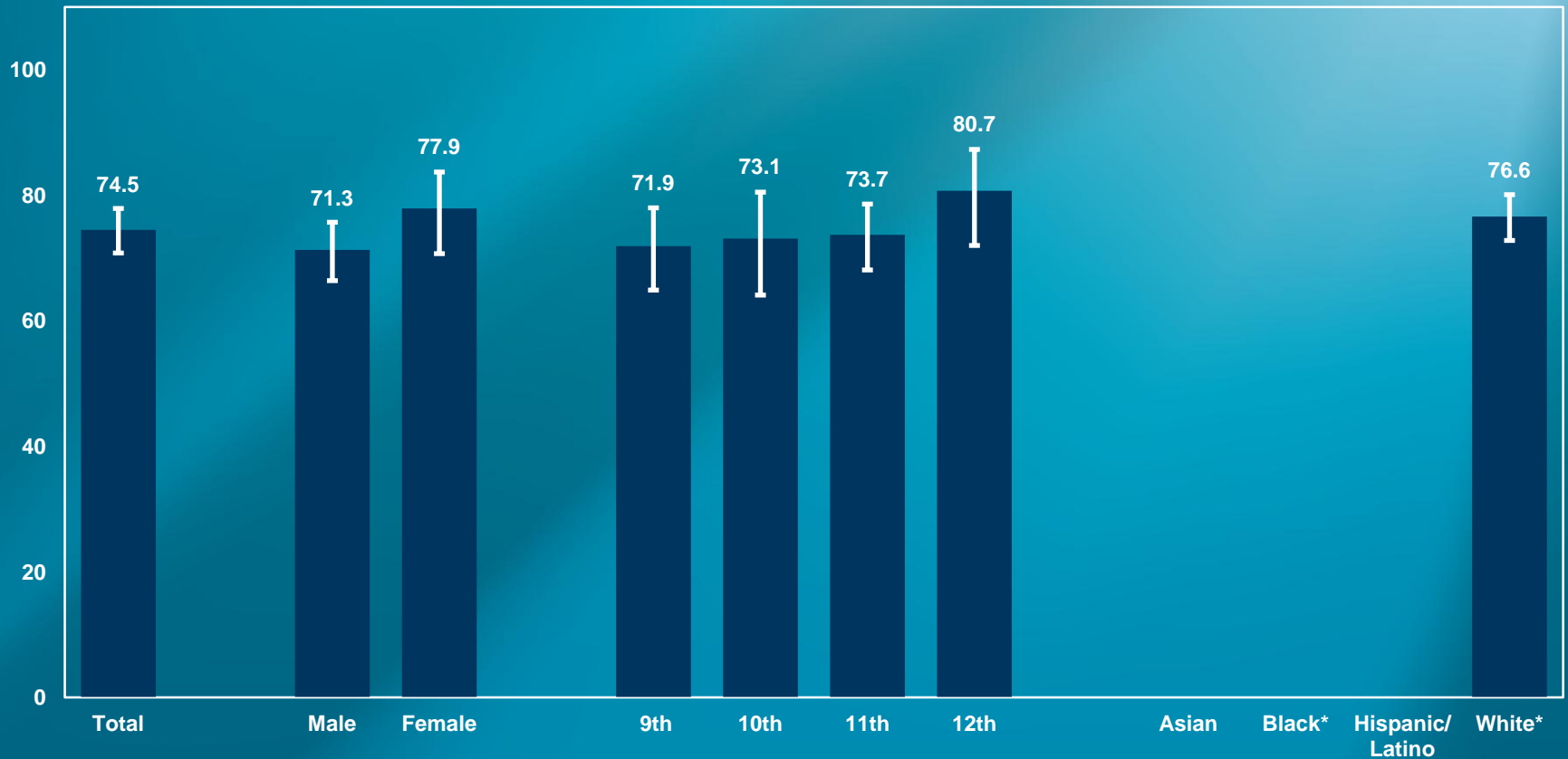
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who responded that there is at least one teacher or other adult in this school that they can talk to if they have a problem



Q109 - Weighted Data

\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

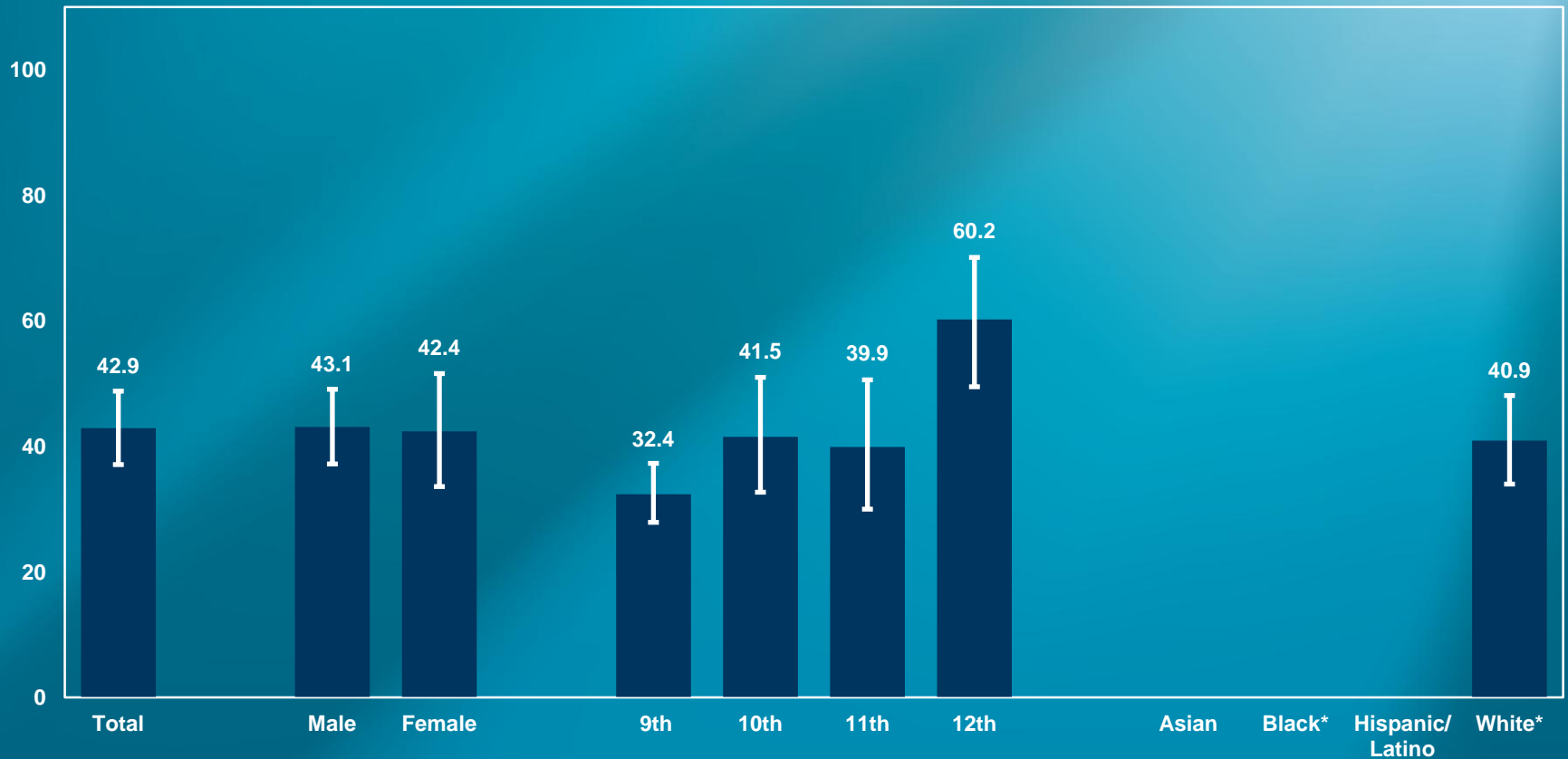
# 2013 Youth Risk Behavior Survey Results

## TOBACCO

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ever tried cigarette smoking, even one or two puffs



Q31 - Weighted Data

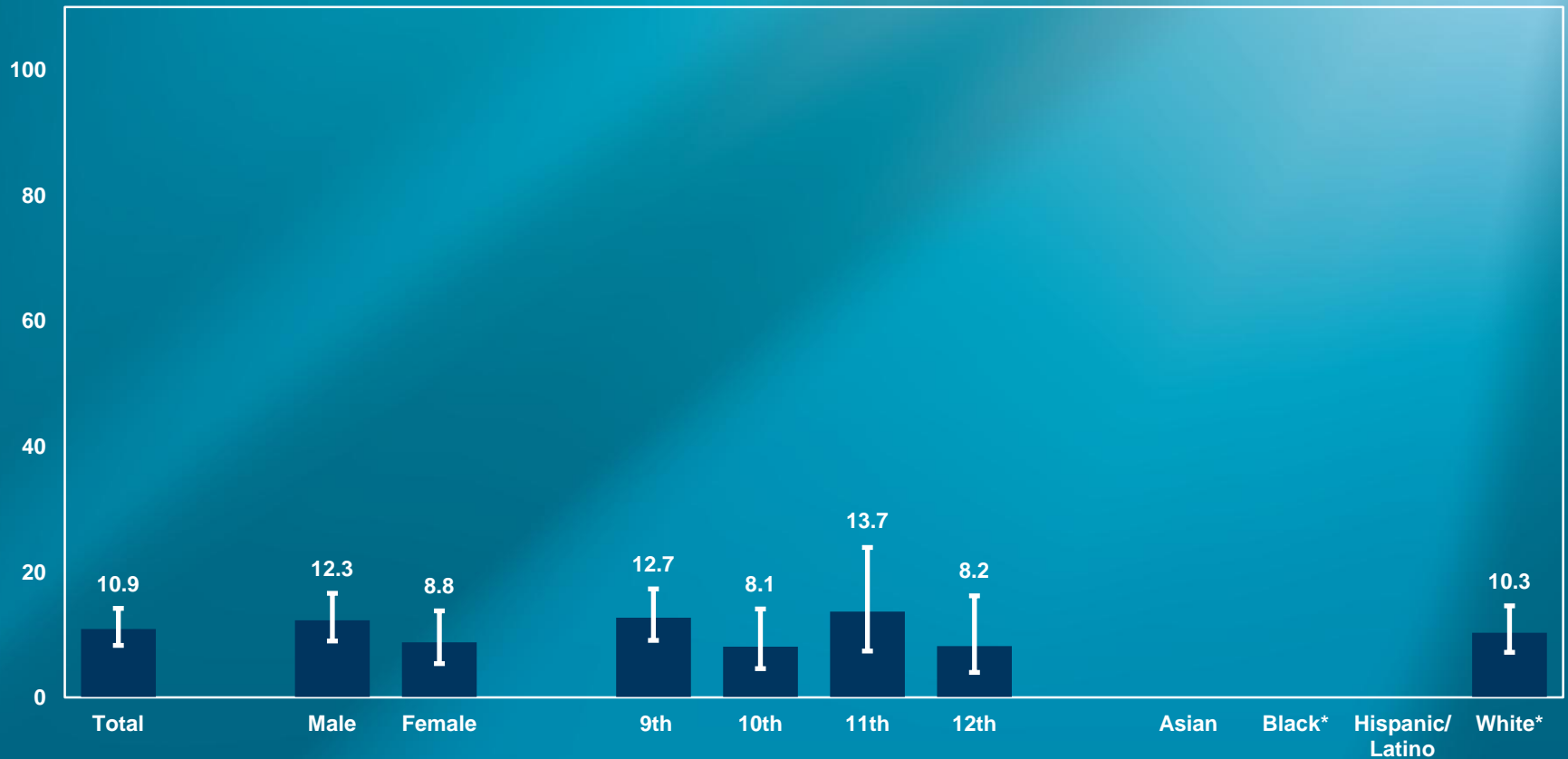
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked a whole cigarette for the first time before age 13 years



Q32 - Weighted Data

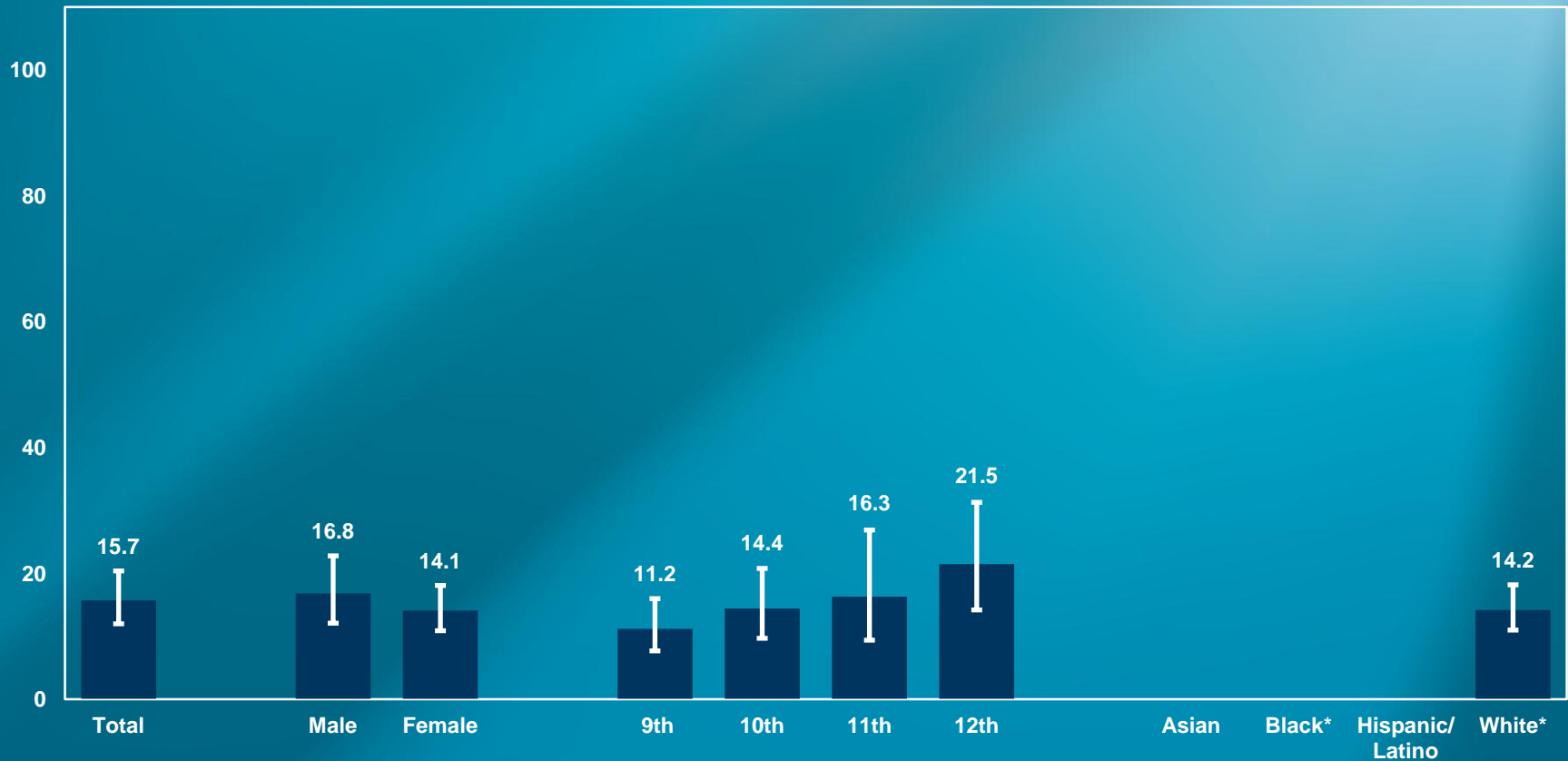
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days



Q33 - Weighted Data

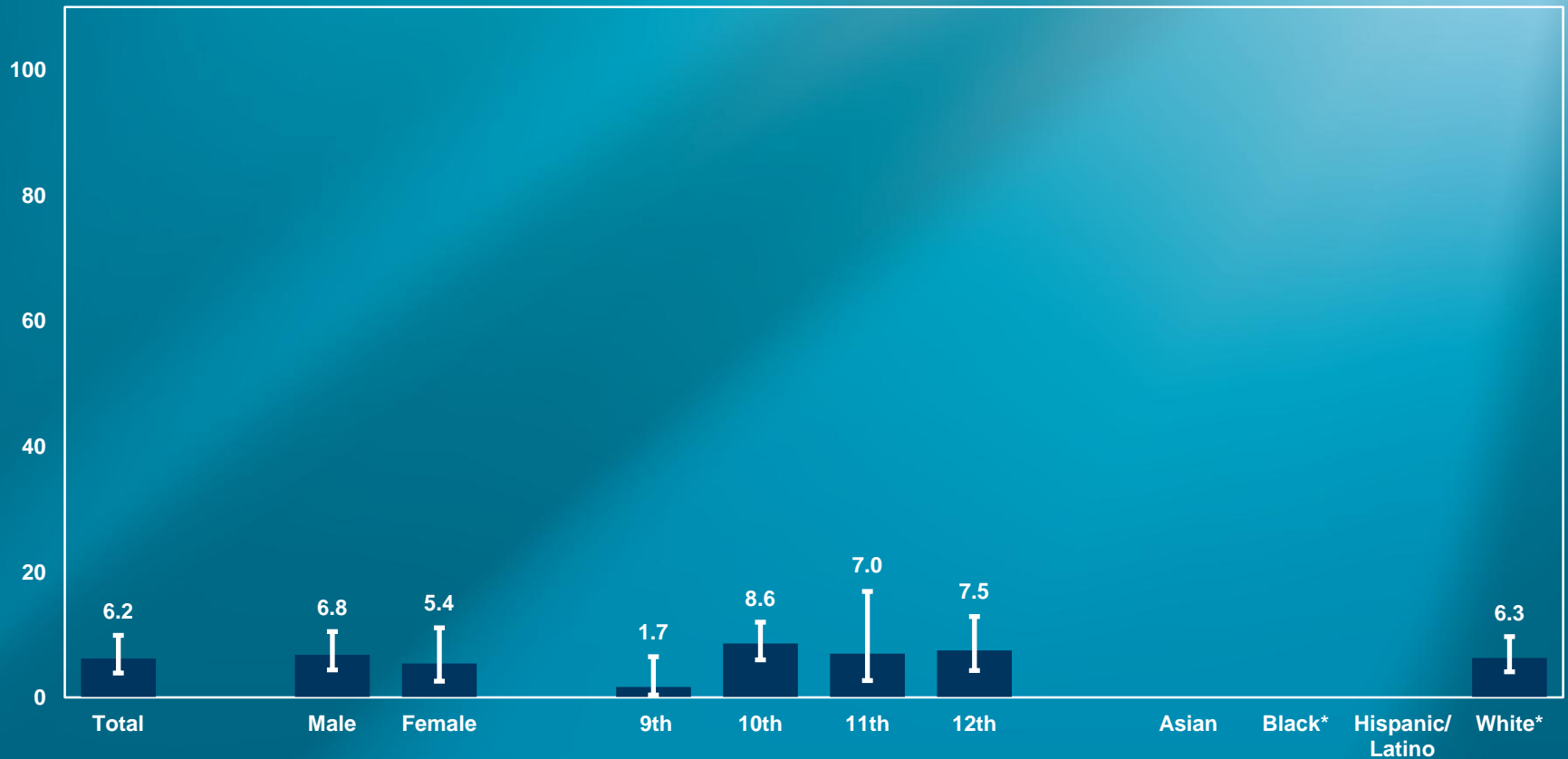
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days



QNFR CIG - Weighted Data

\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days



Q34 - Weighted Data

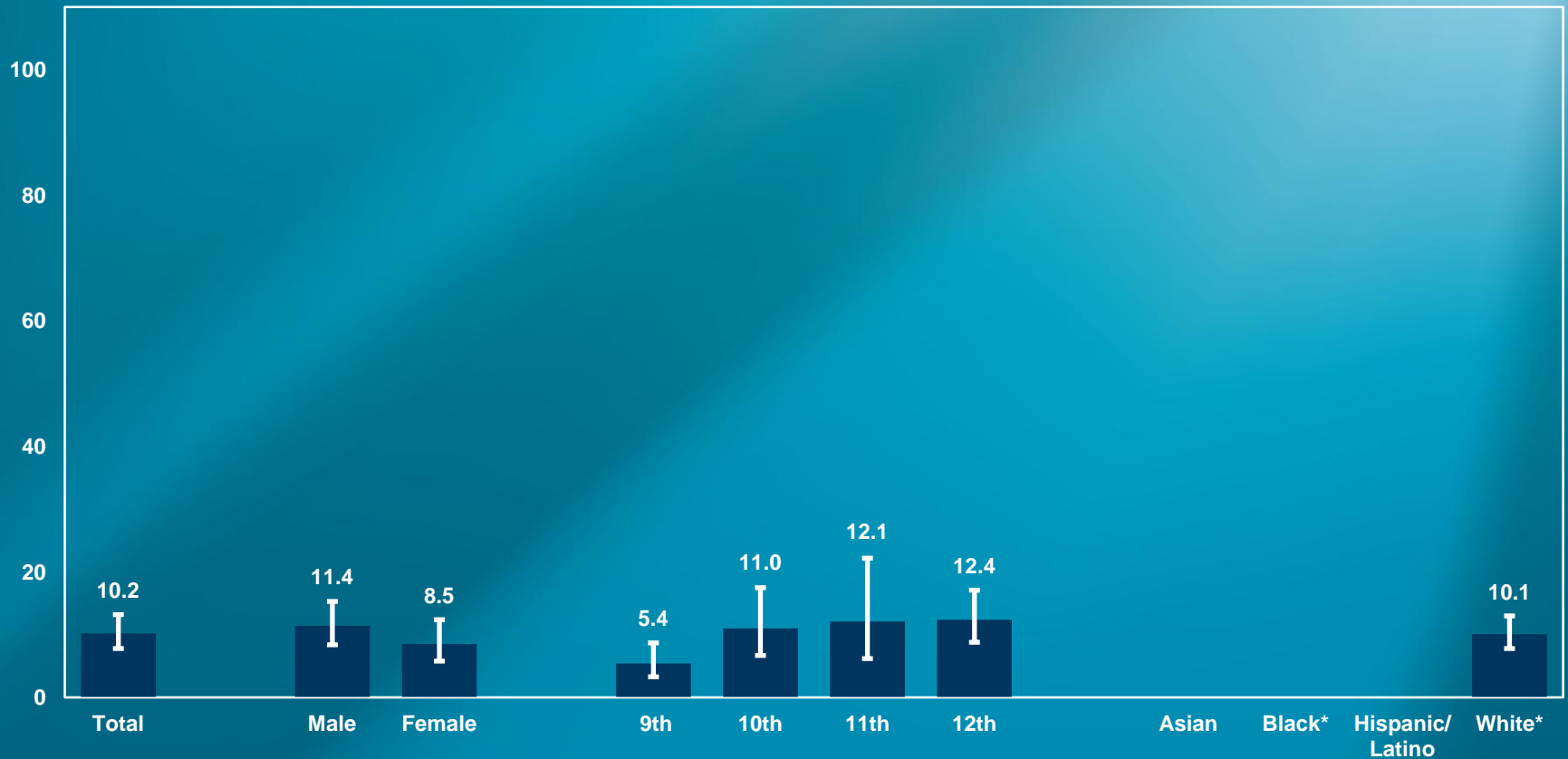
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days



Q37 - Weighted Data

\*Non-Hispanic.

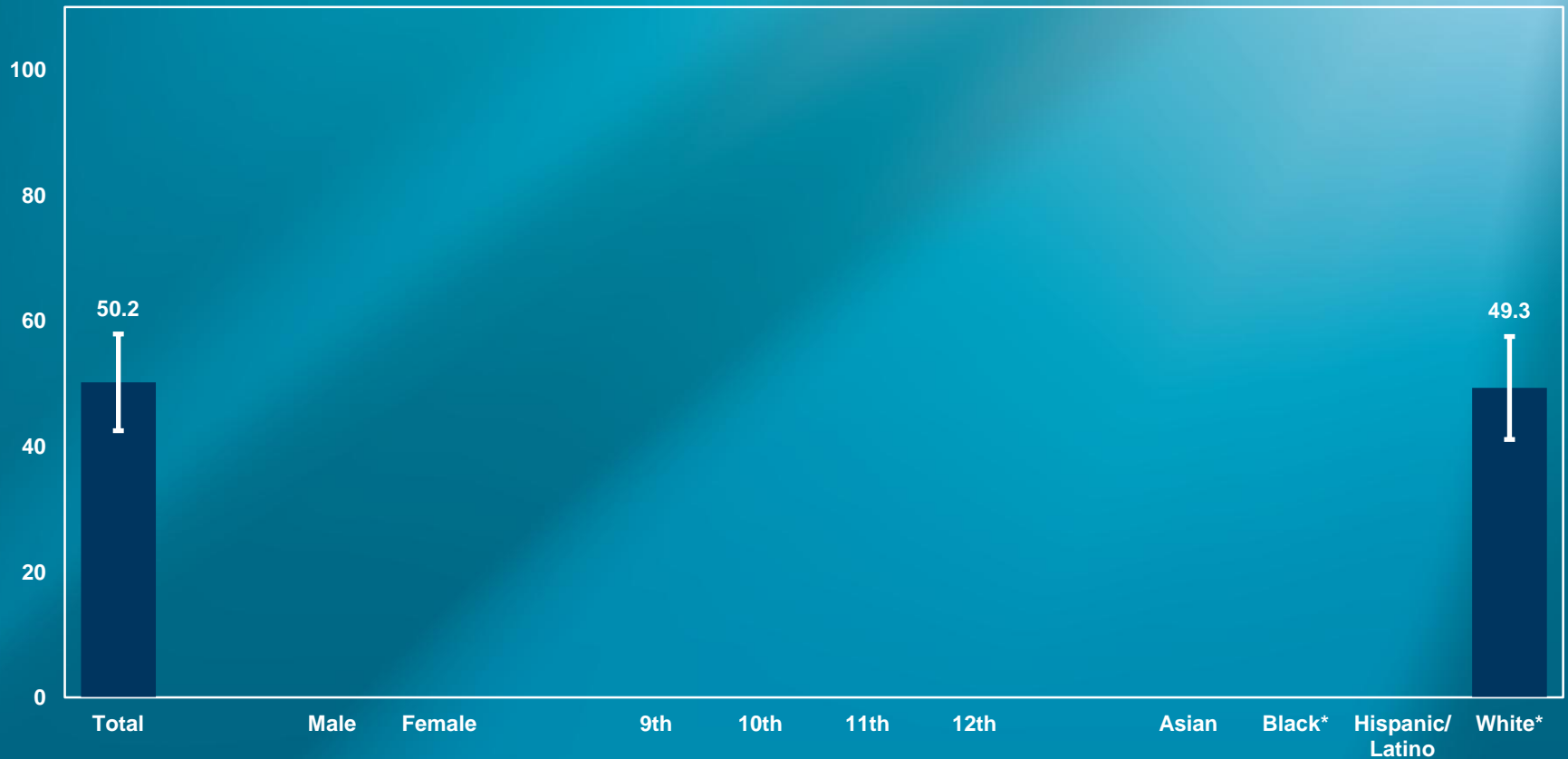
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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months



Q38 - Weighted Data

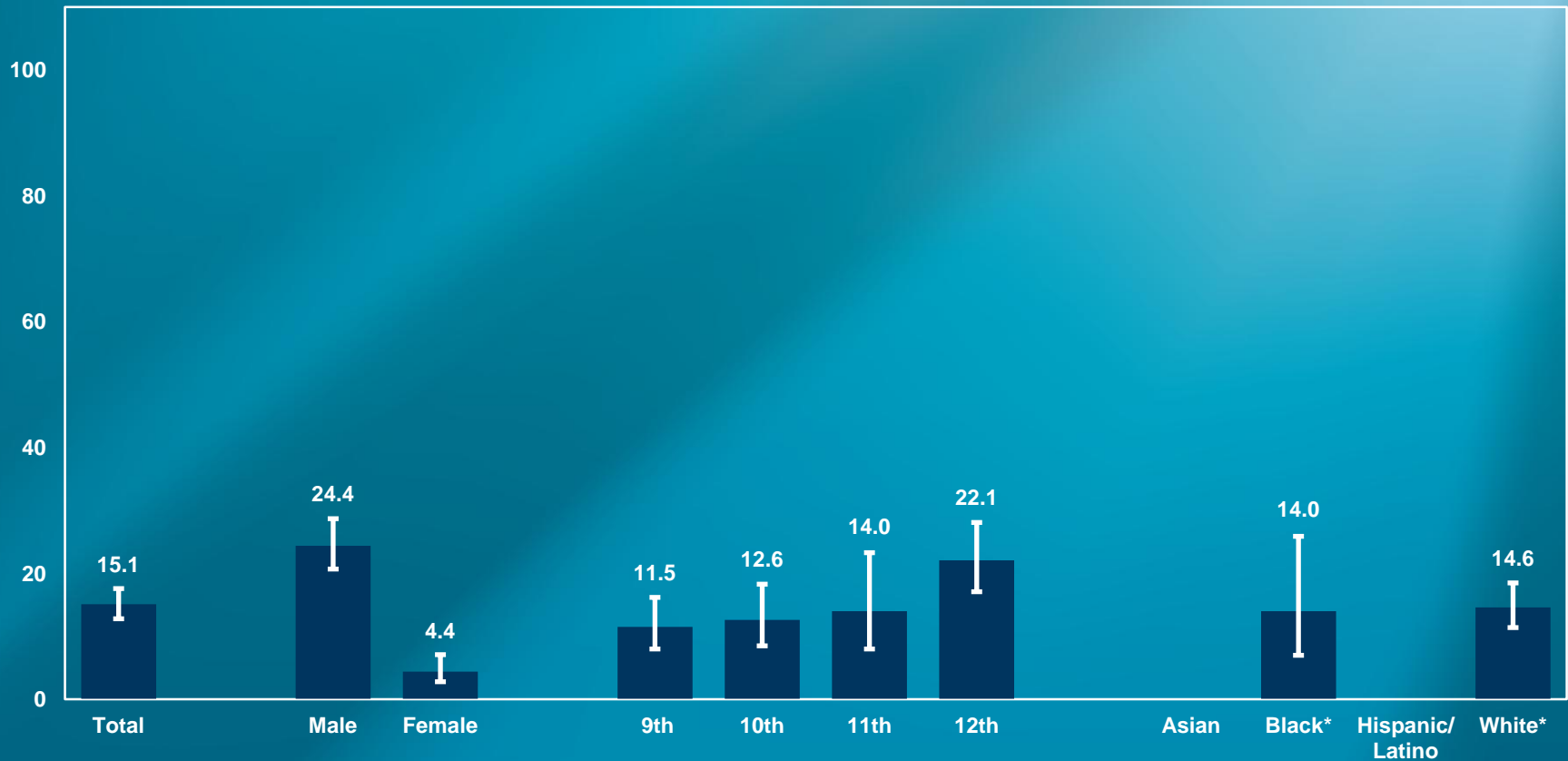
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days



Q39 - Weighted Data

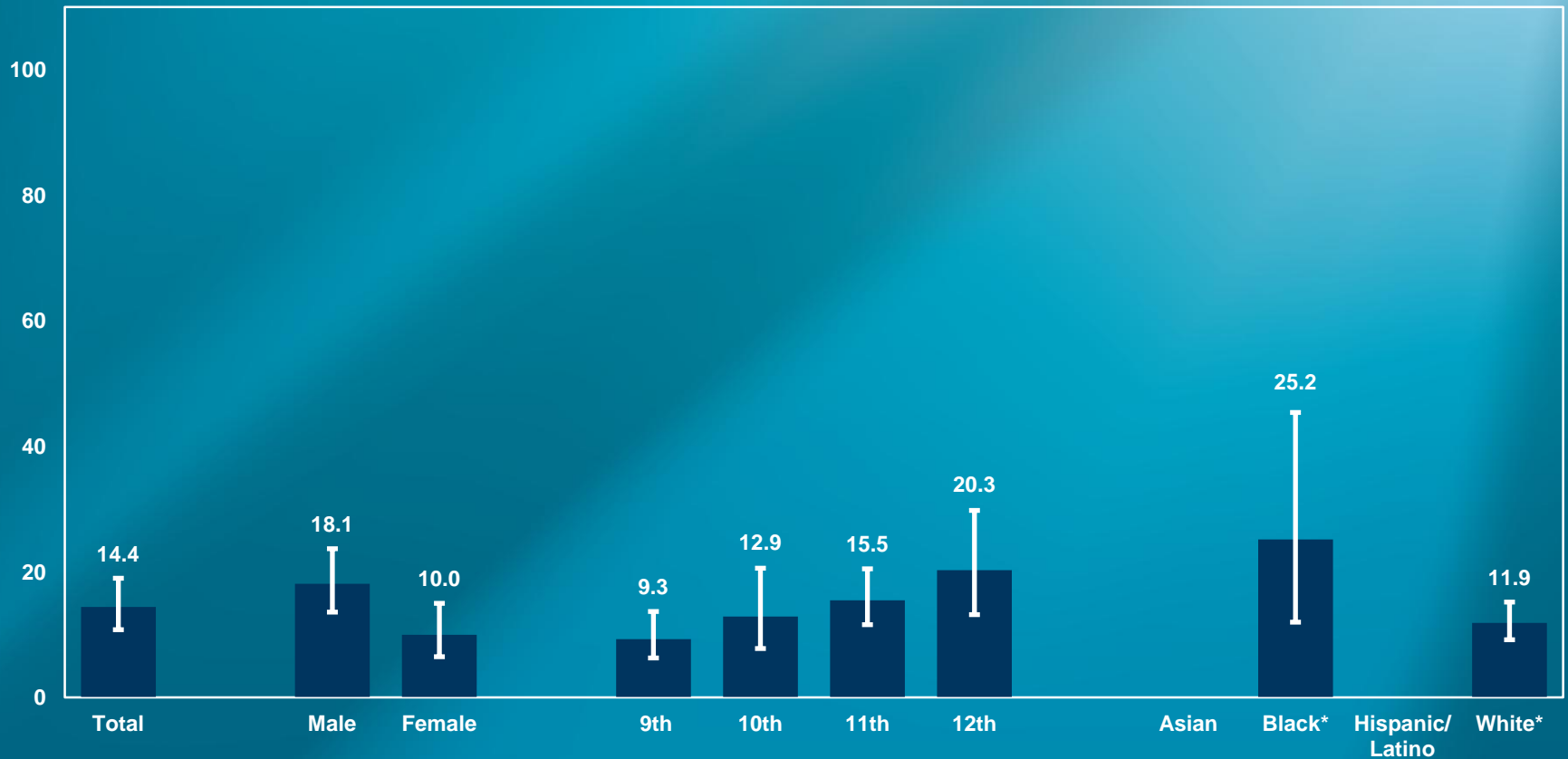
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days



Q40 - Weighted Data

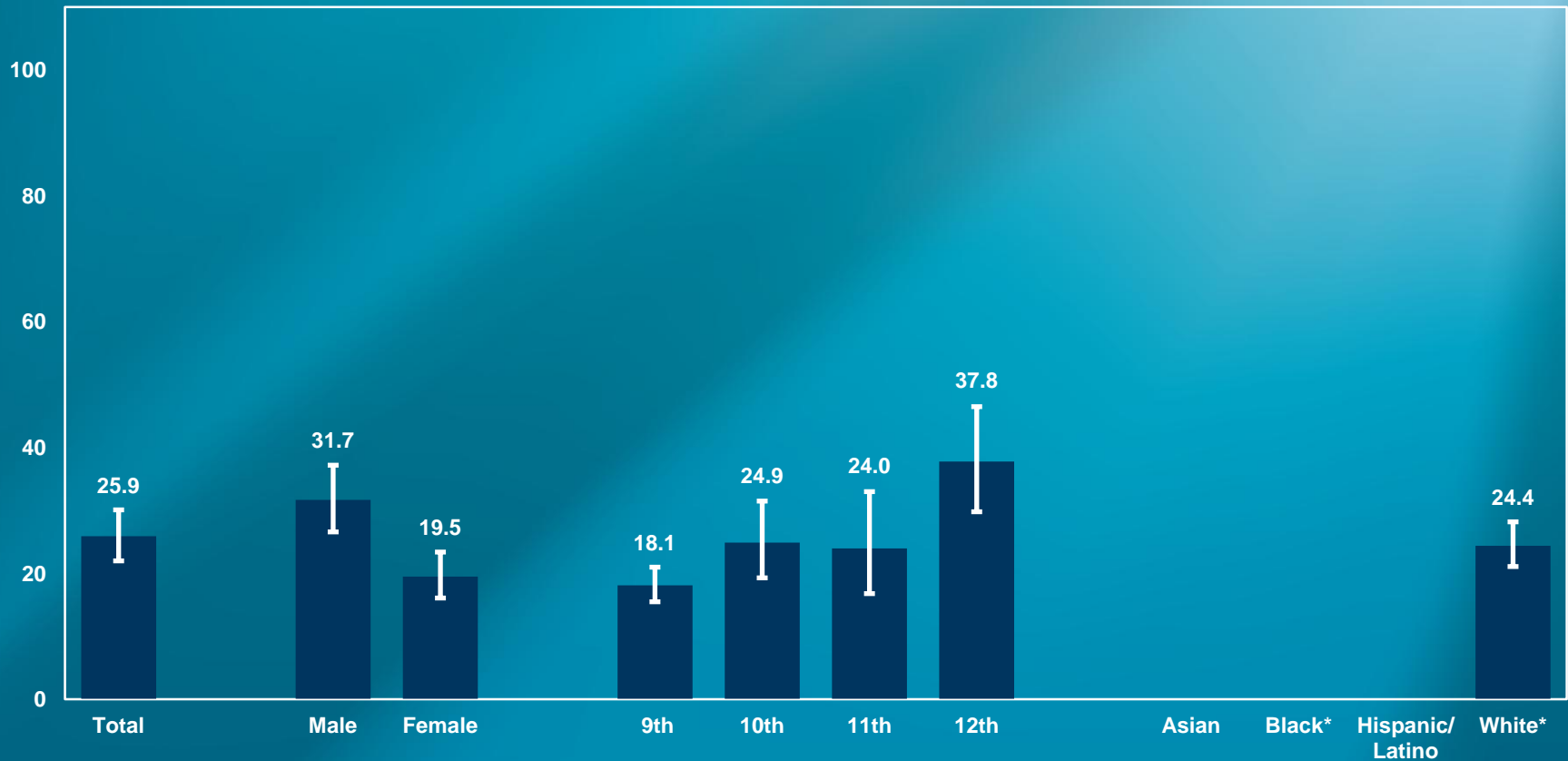
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days



QNANYTOB - Weighted Data

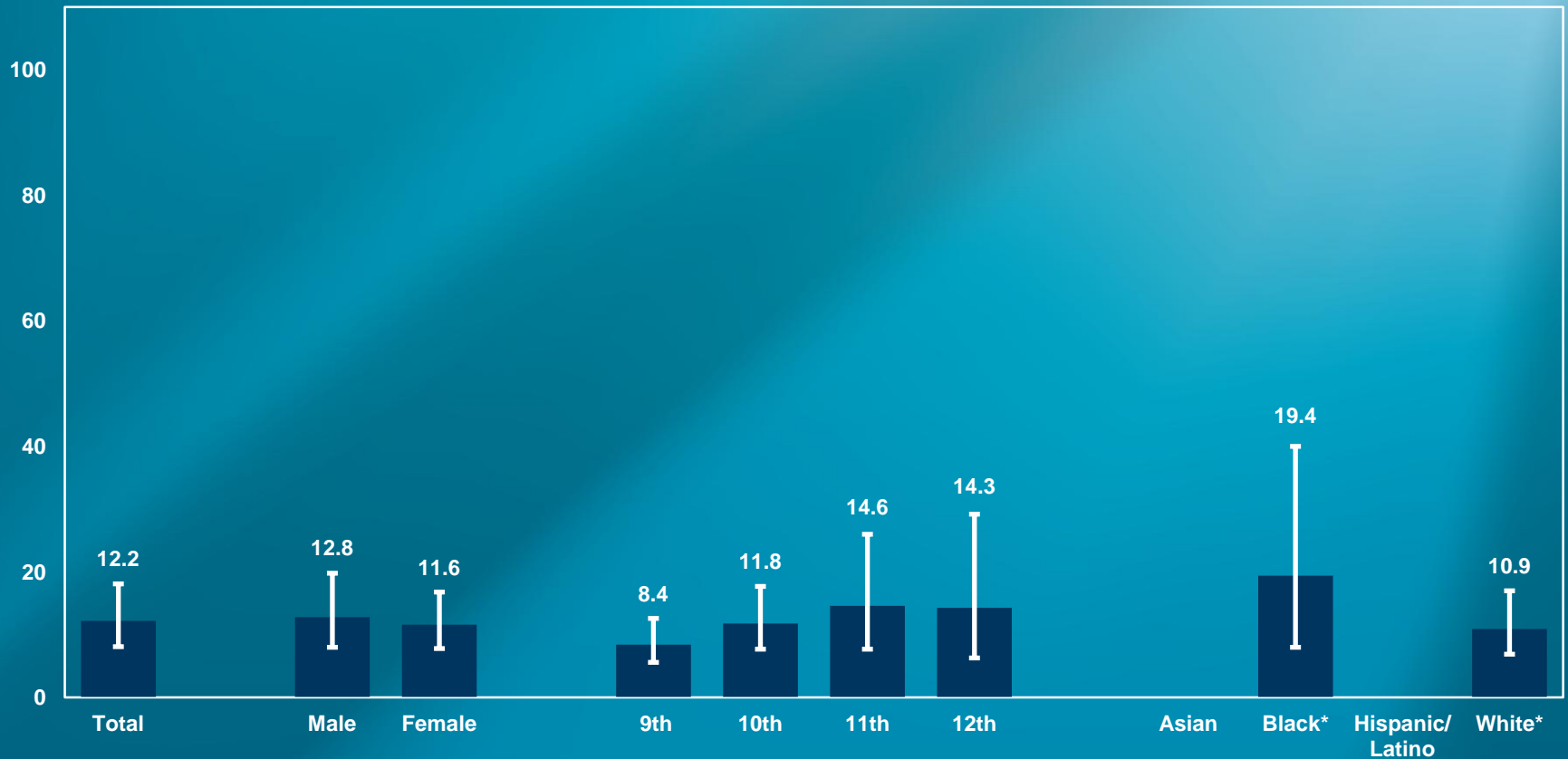
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who smoked Marlboro or Newport brand of cigarettes during the past 30 days



Q92 - Weighted Data

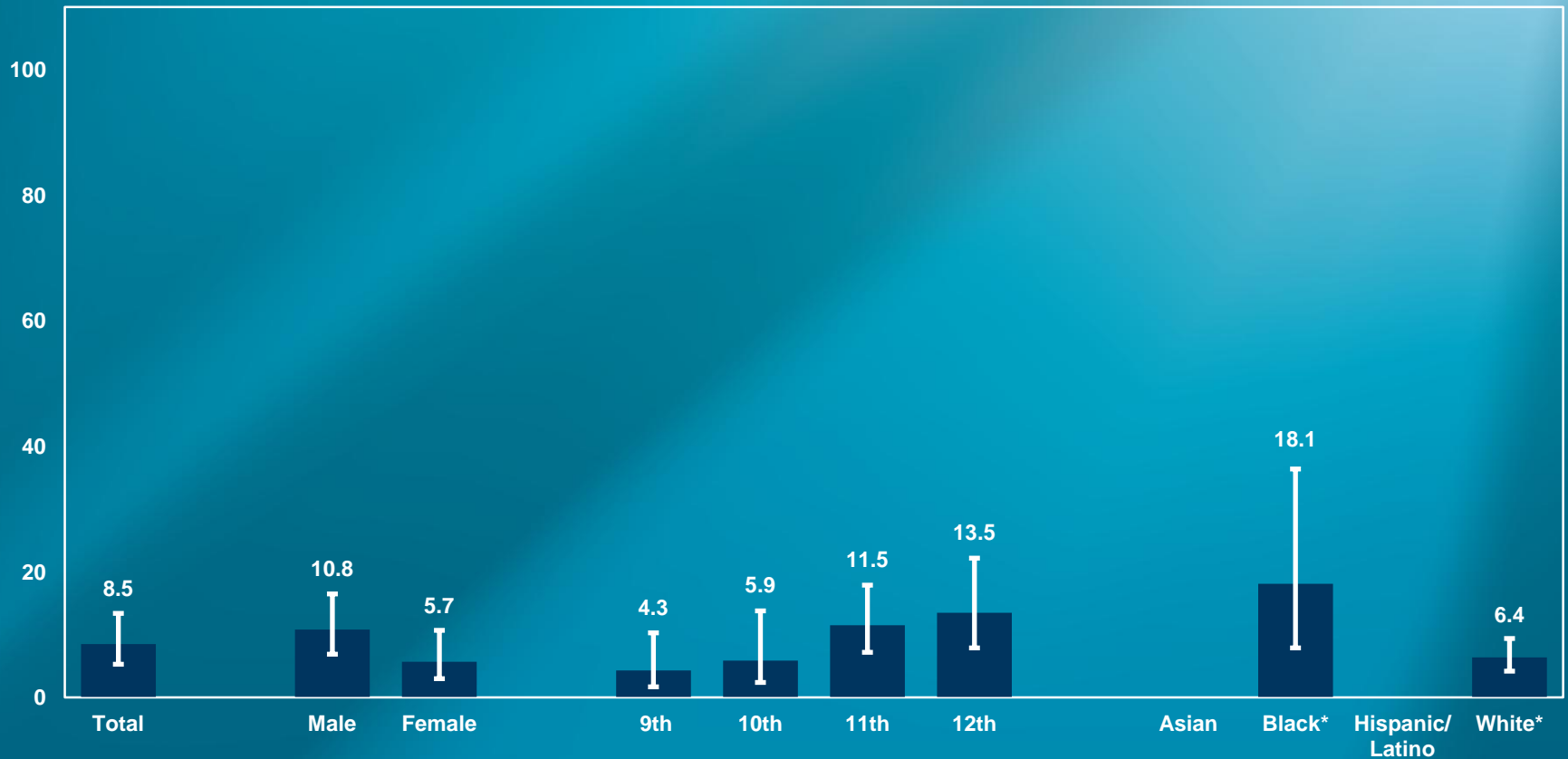
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who usually smoked cigarillos or small cigars during the past 30 days



Q93 - Weighted Data

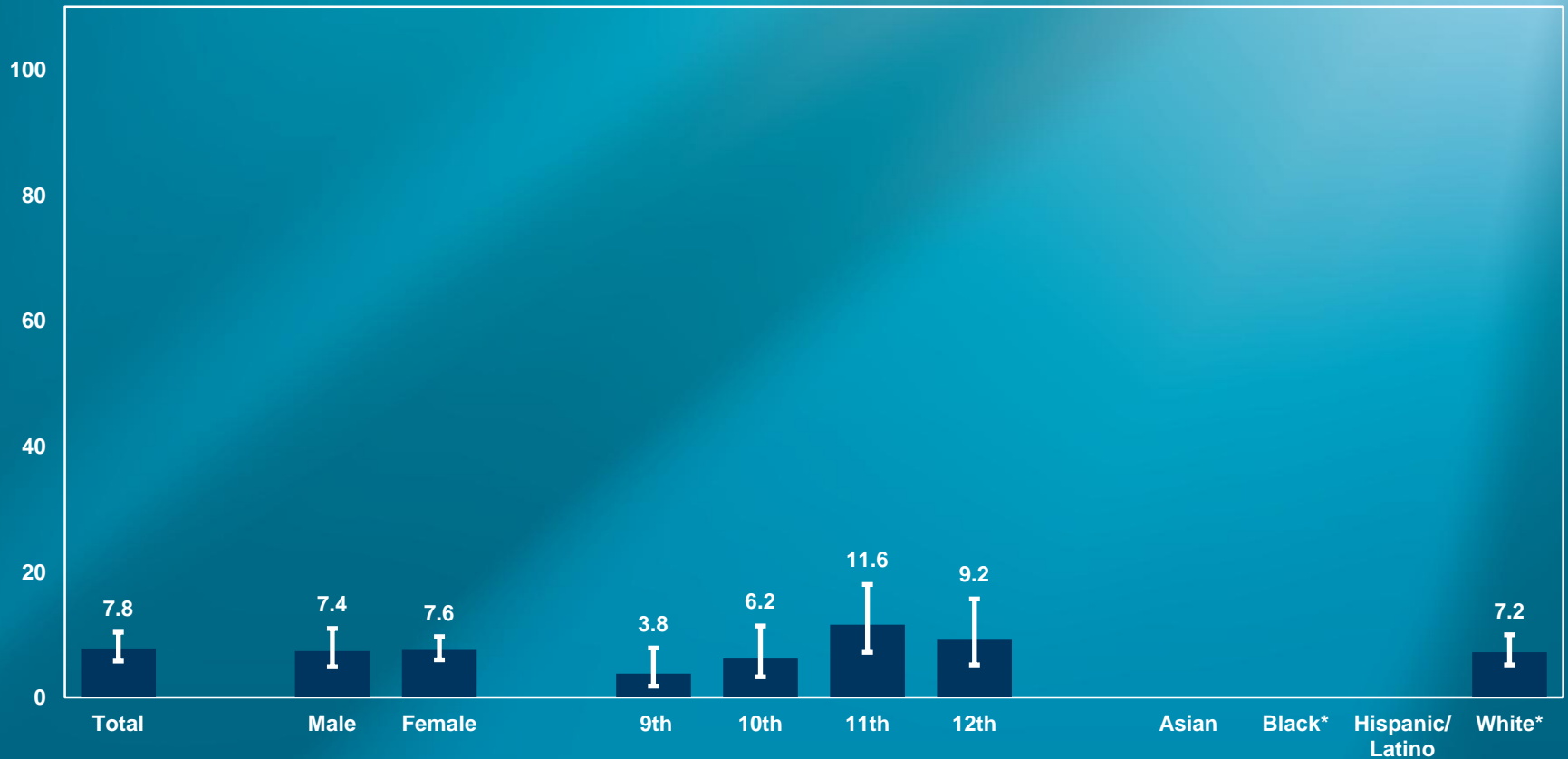
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who most recently tried smoking tobacco from a hookah or waterpipe, dissolvable tobacco products, or electronic cigarettes



Q94 - Weighted Data

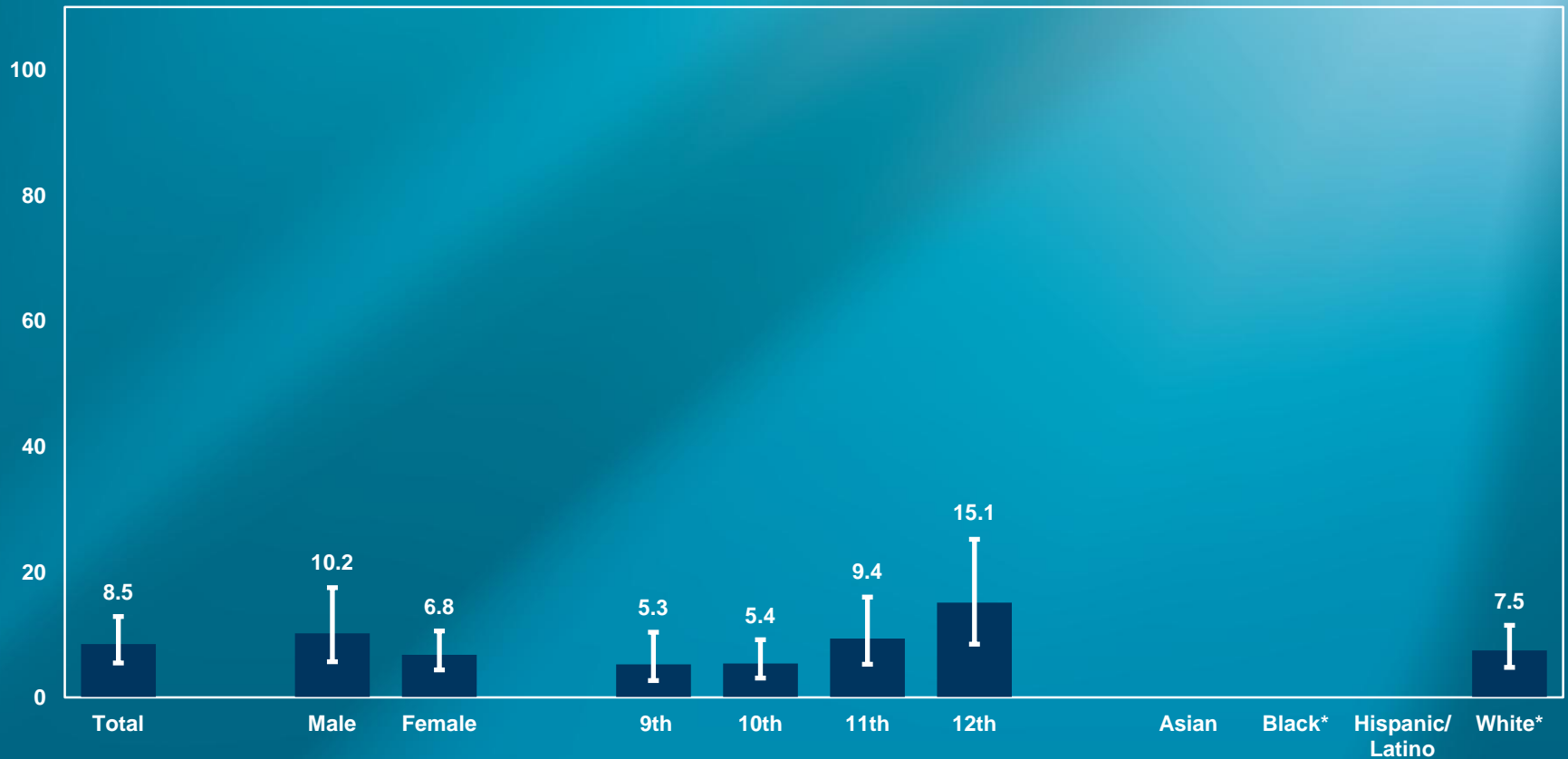
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who mostly used flavored little cigars or cigarettes or electronic cigarettes during the past 30 days



Q95 - Weighted Data

\*Non-Hispanic.

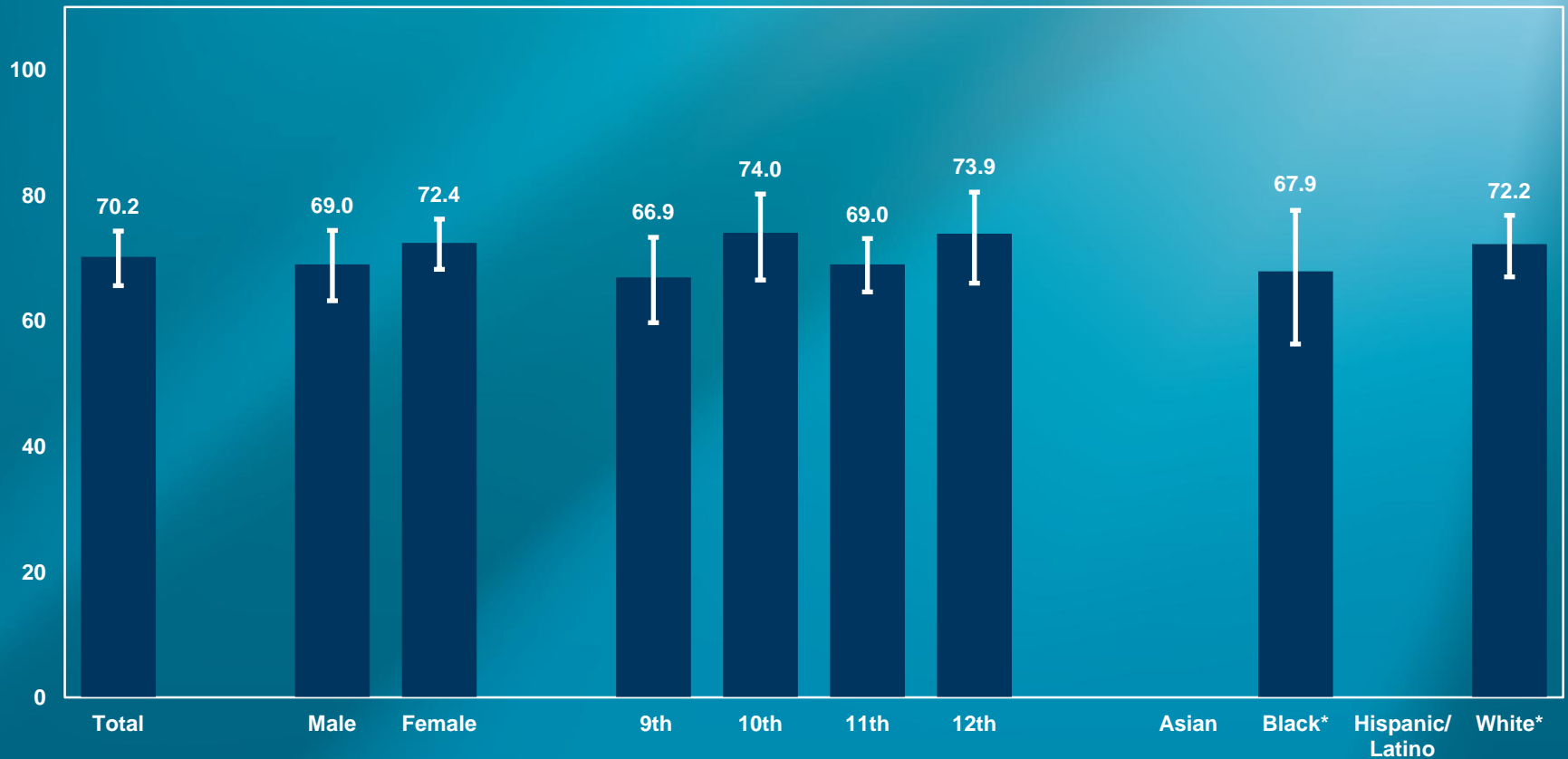
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who most of the time or always saw ads or promotions for cigarettes and other tobacco products when they went to a convenience store, supermarket, or gas station



Q96 - Weighted Data

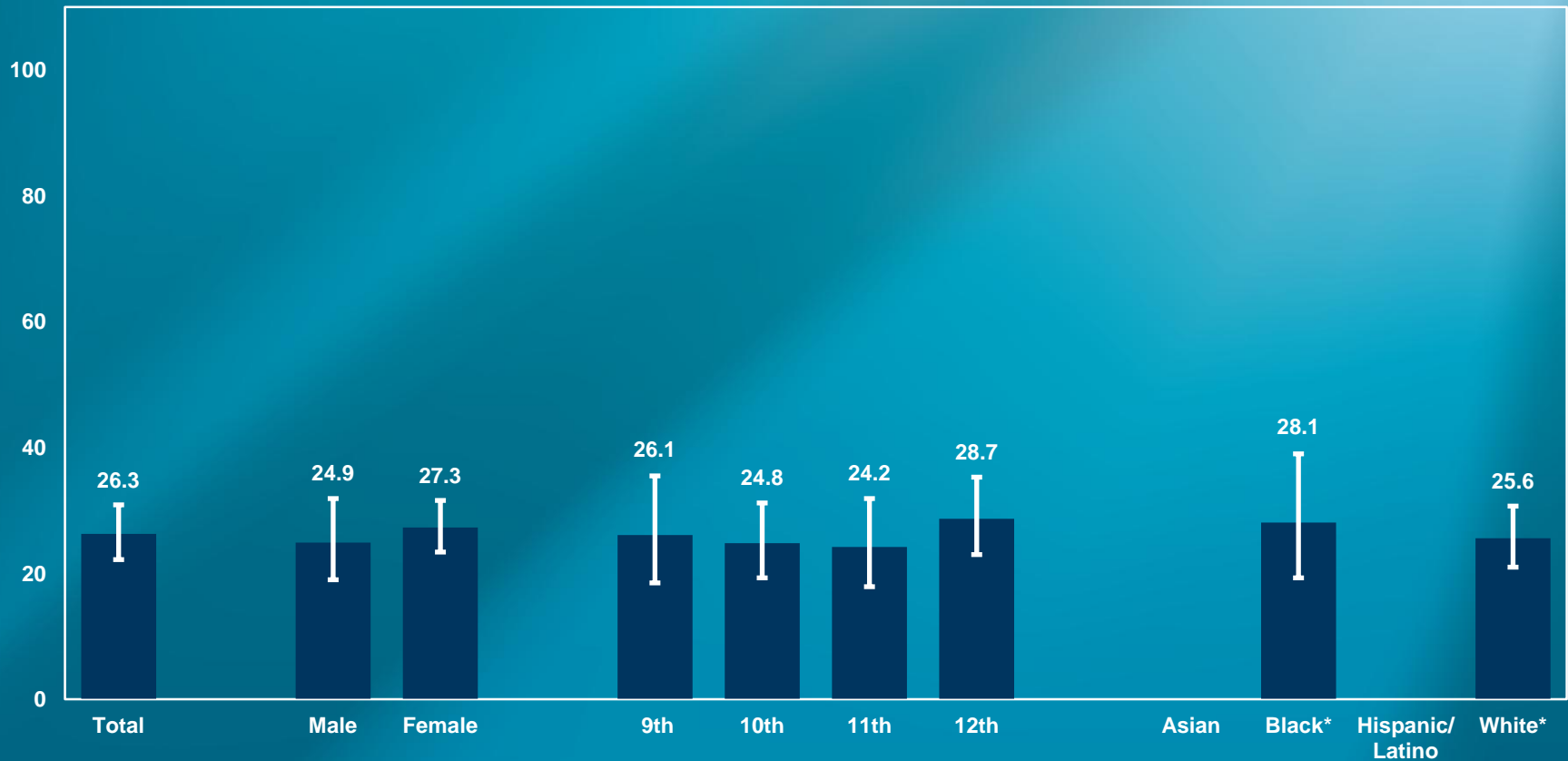
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who describe the rule about smoking inside the home where they live as smoking is allowed at some times or in some places or smoking is always allowed inside their home



Q97 - Weighted Data

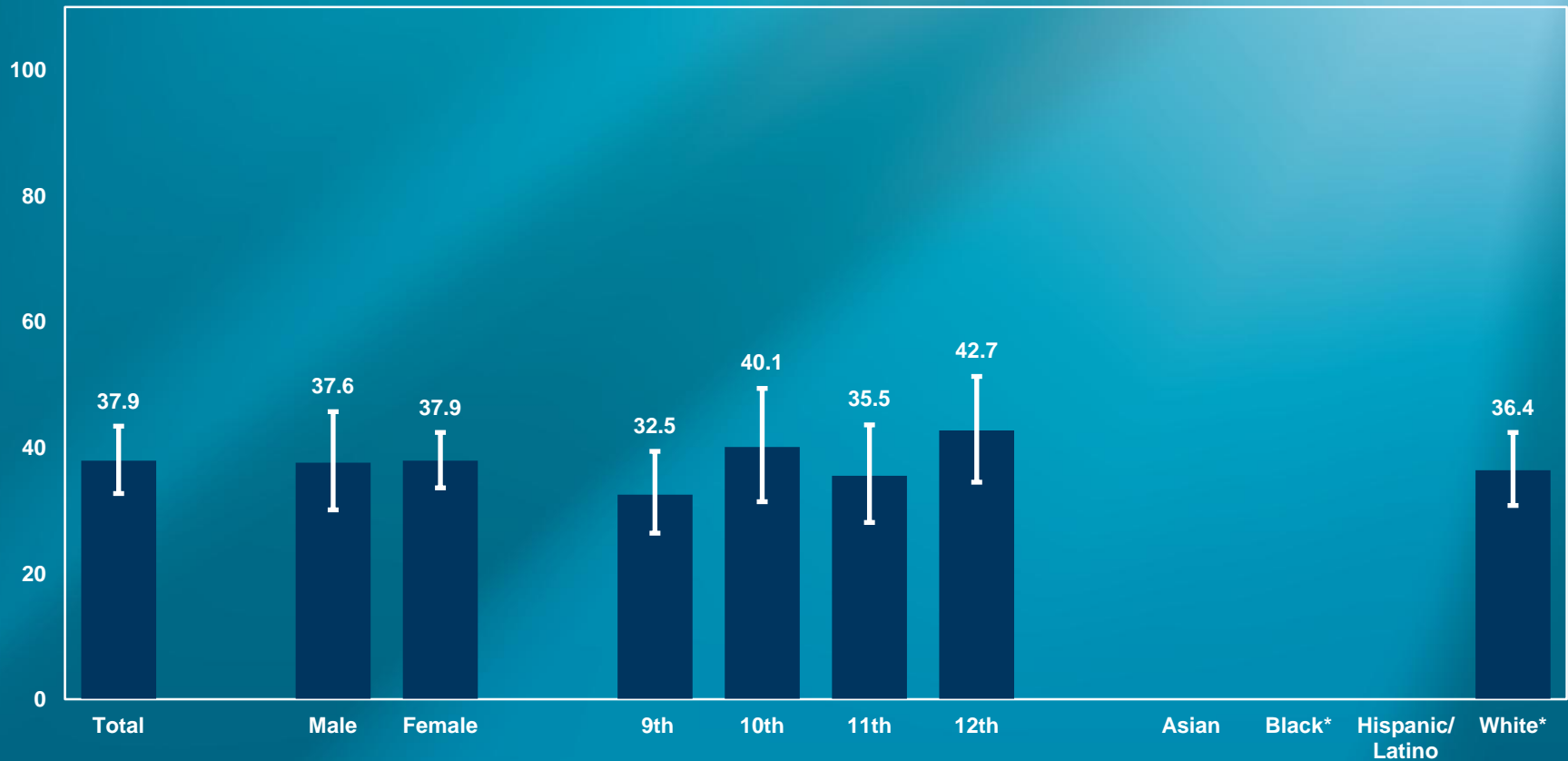
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who describe the rule about smoking in the vehicle they drive or ride in the most as smoking is sometimes allowed inside the vehicle or smoking is always allowed inside the vehicle



Q98 - Weighted Data

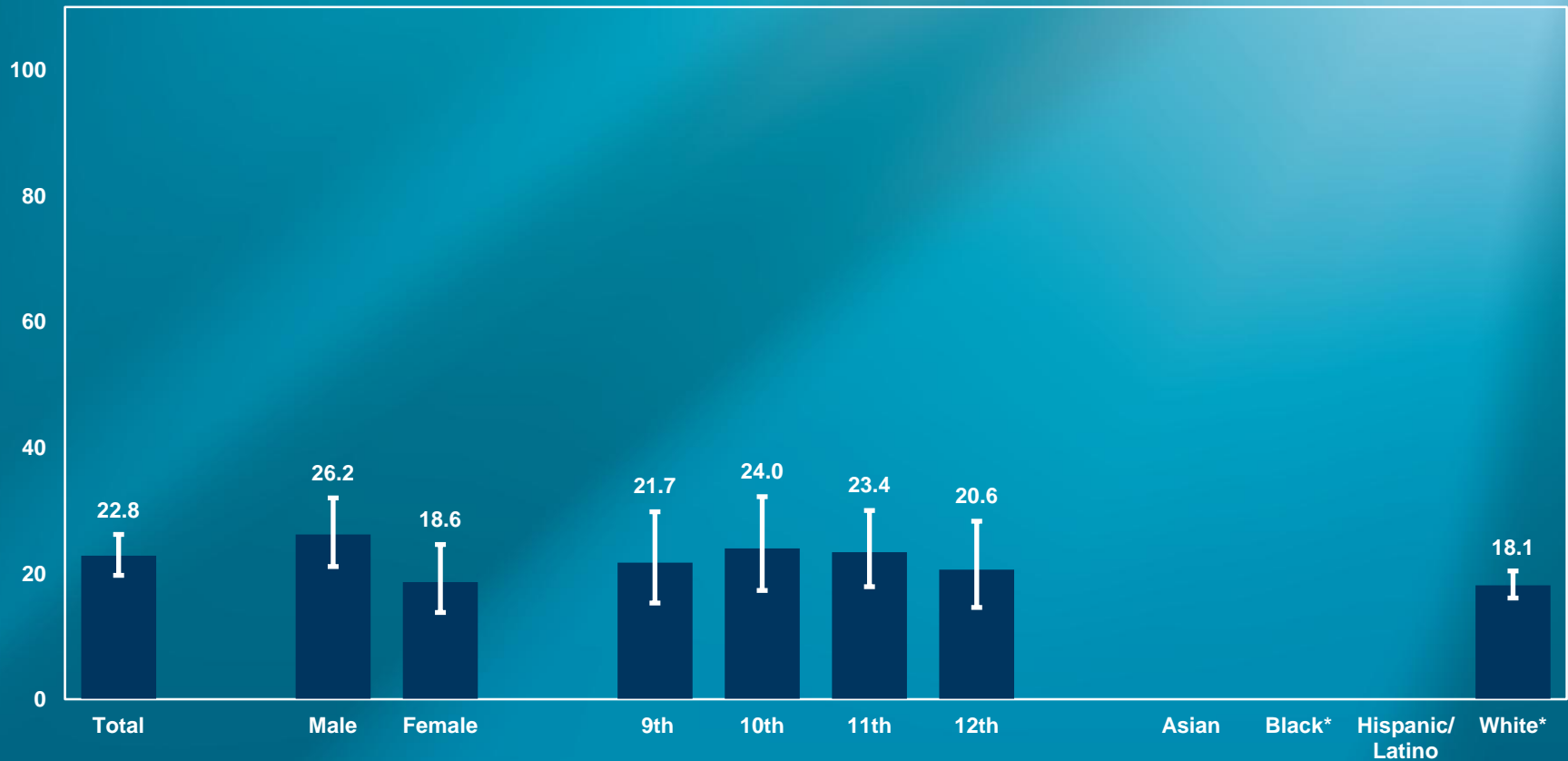
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who think young people who smoke definitely or probably have more friends



Q104 - Weighted Data

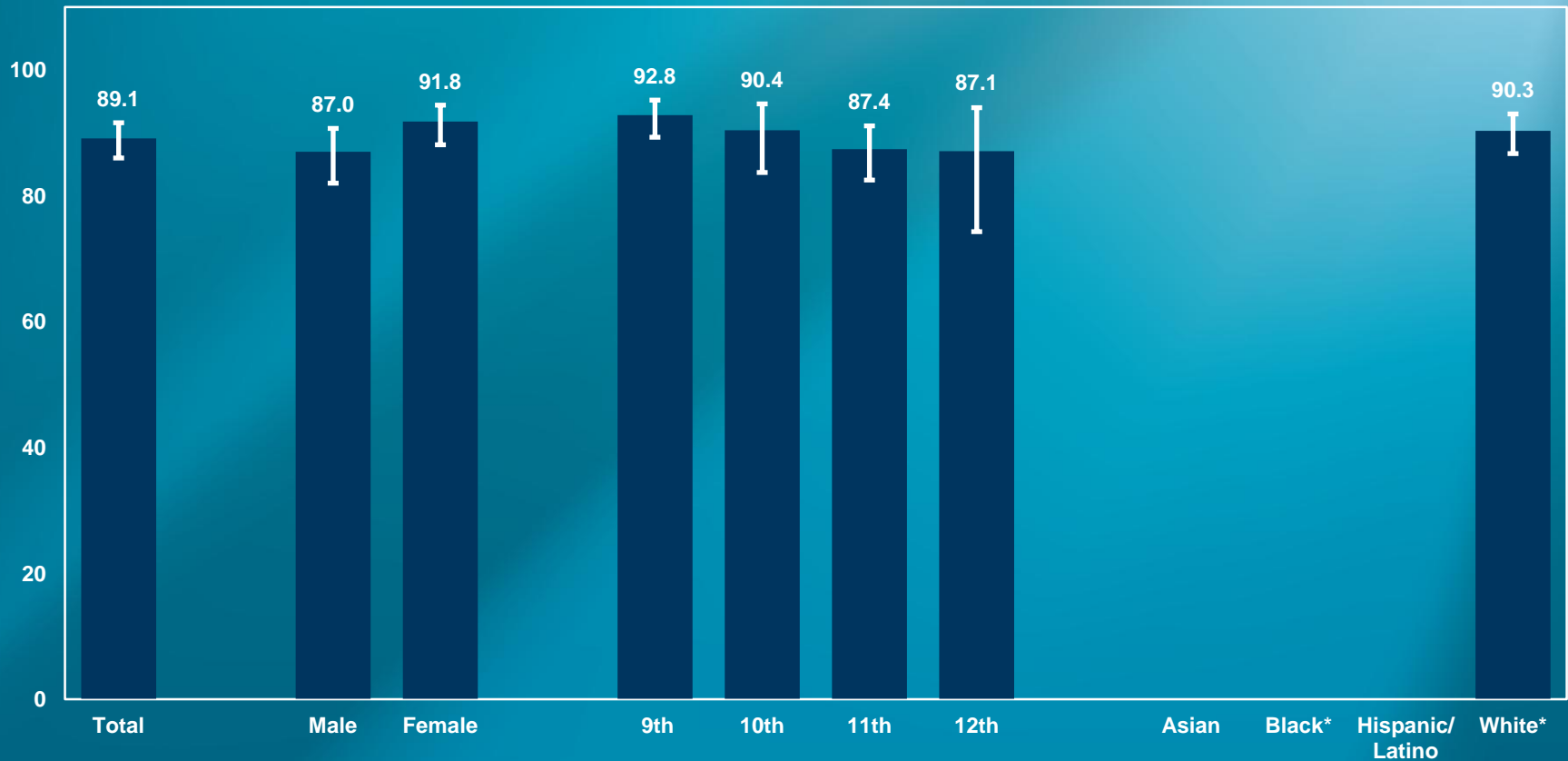
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who say smoking from a hookah or waterpipe is very or somewhat dangerous to their health



Q105 - Weighted Data

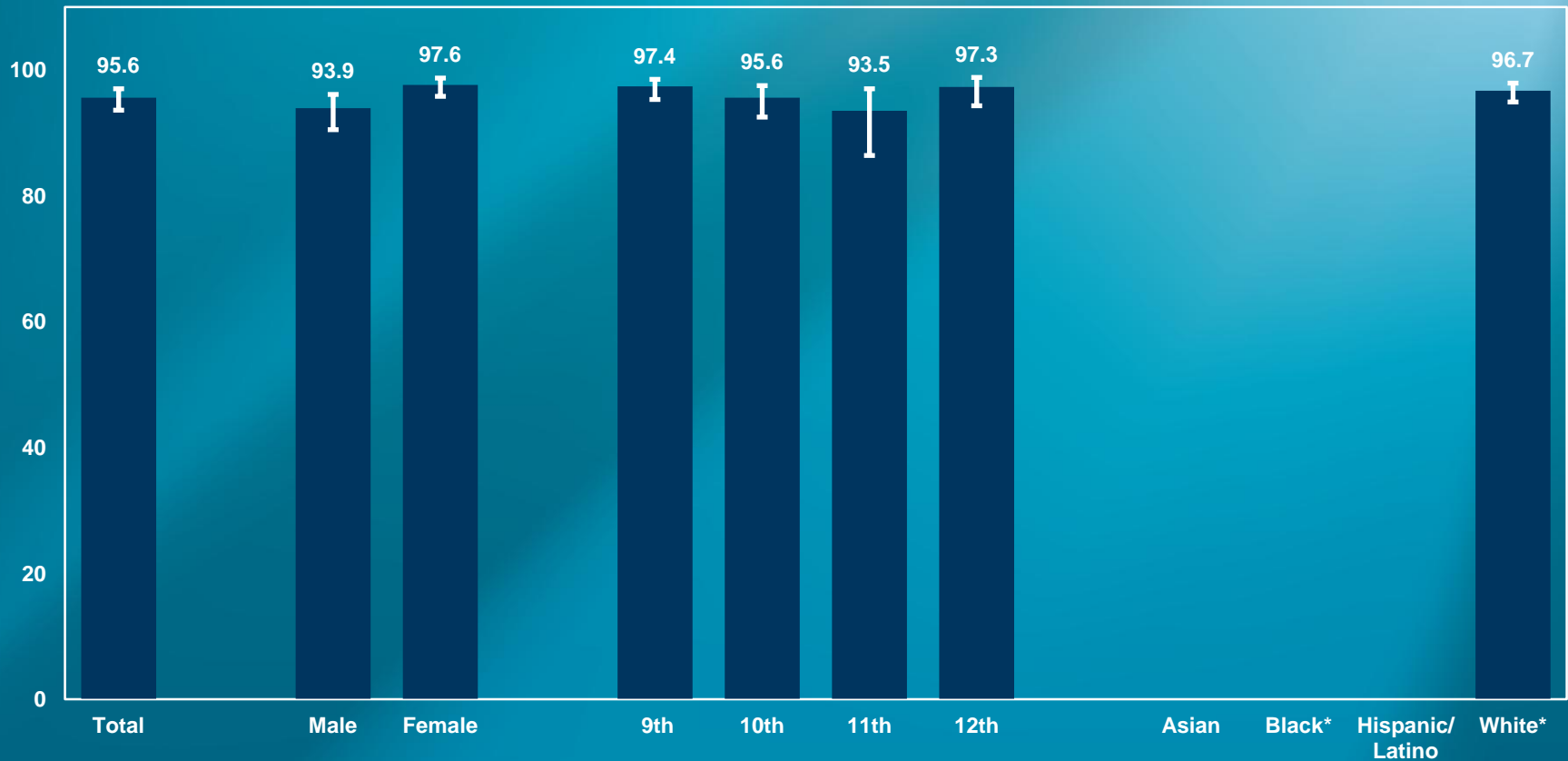
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who say smoking flavored cigarettes is very or somewhat dangerous to their health



Q107 - Weighted Data

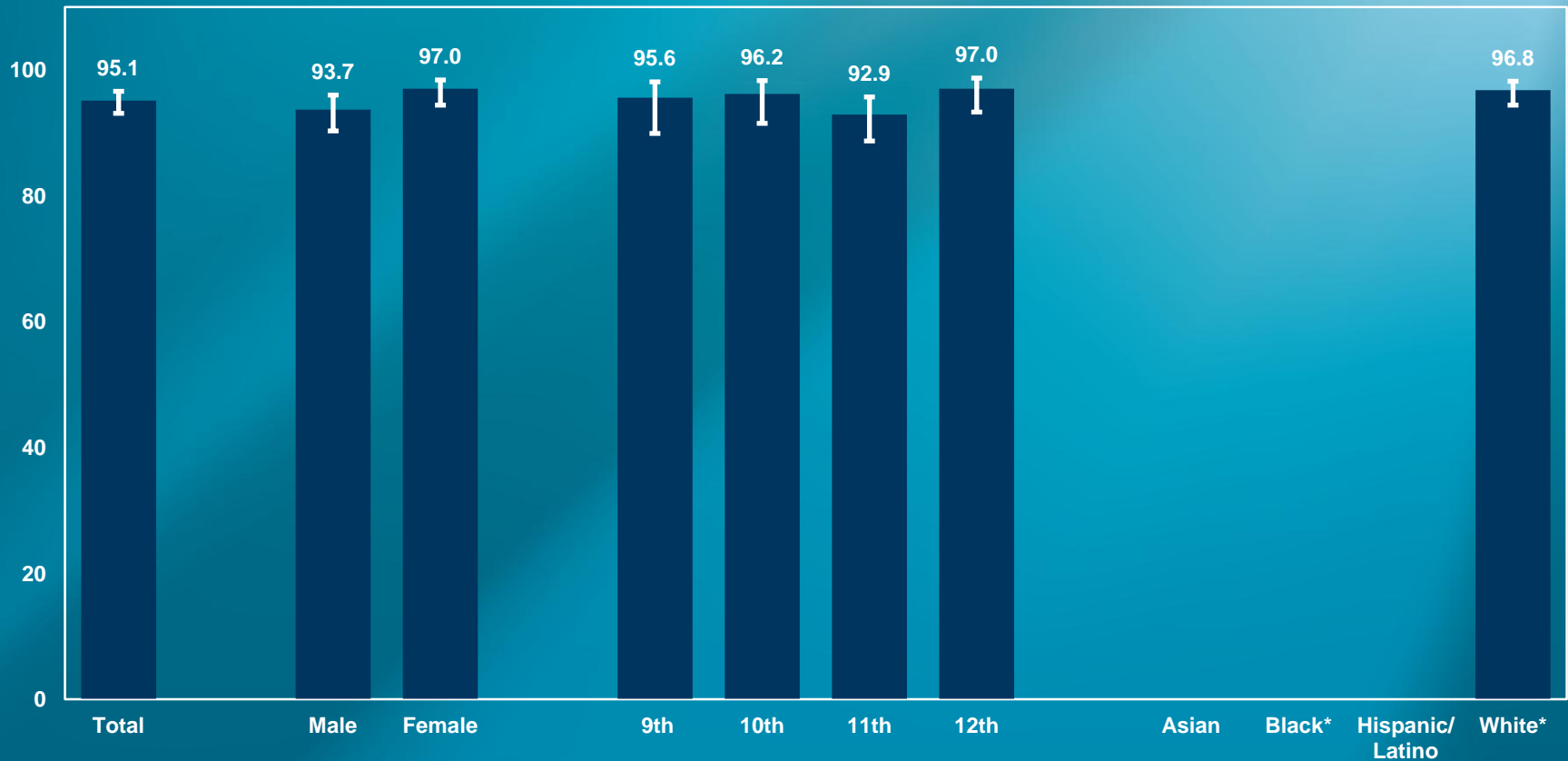
\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who say smoking cigars, cigarillos, or little cigars is very or somewhat dangerous to their health



Q106 - Weighted Data

\*Non-Hispanic.

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# 2013 Youth Risk Behavior Survey Results

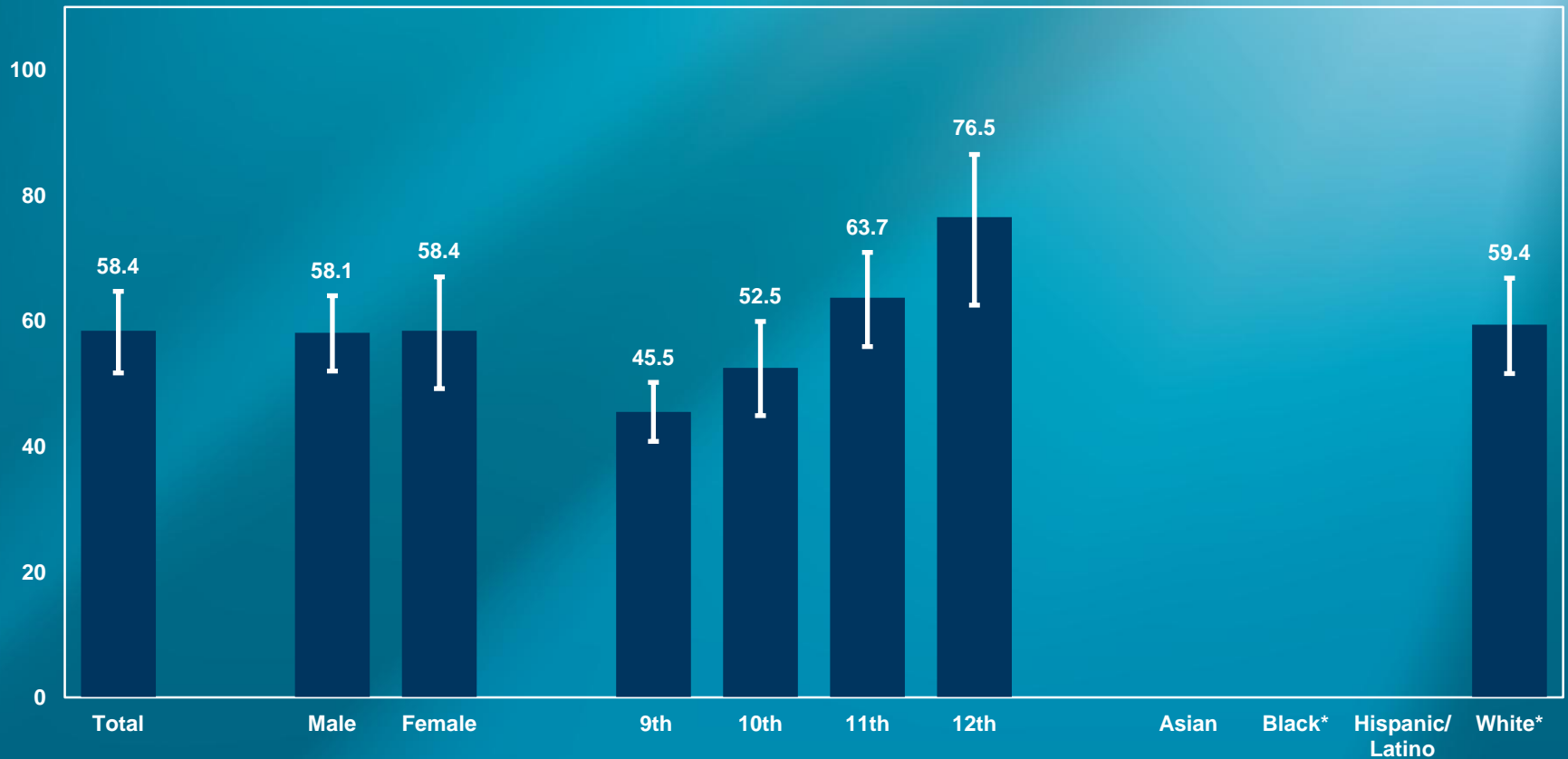
## ALCOHOL



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had at least one drink of alcohol on one or more days during their life



Q41 - Weighted Data

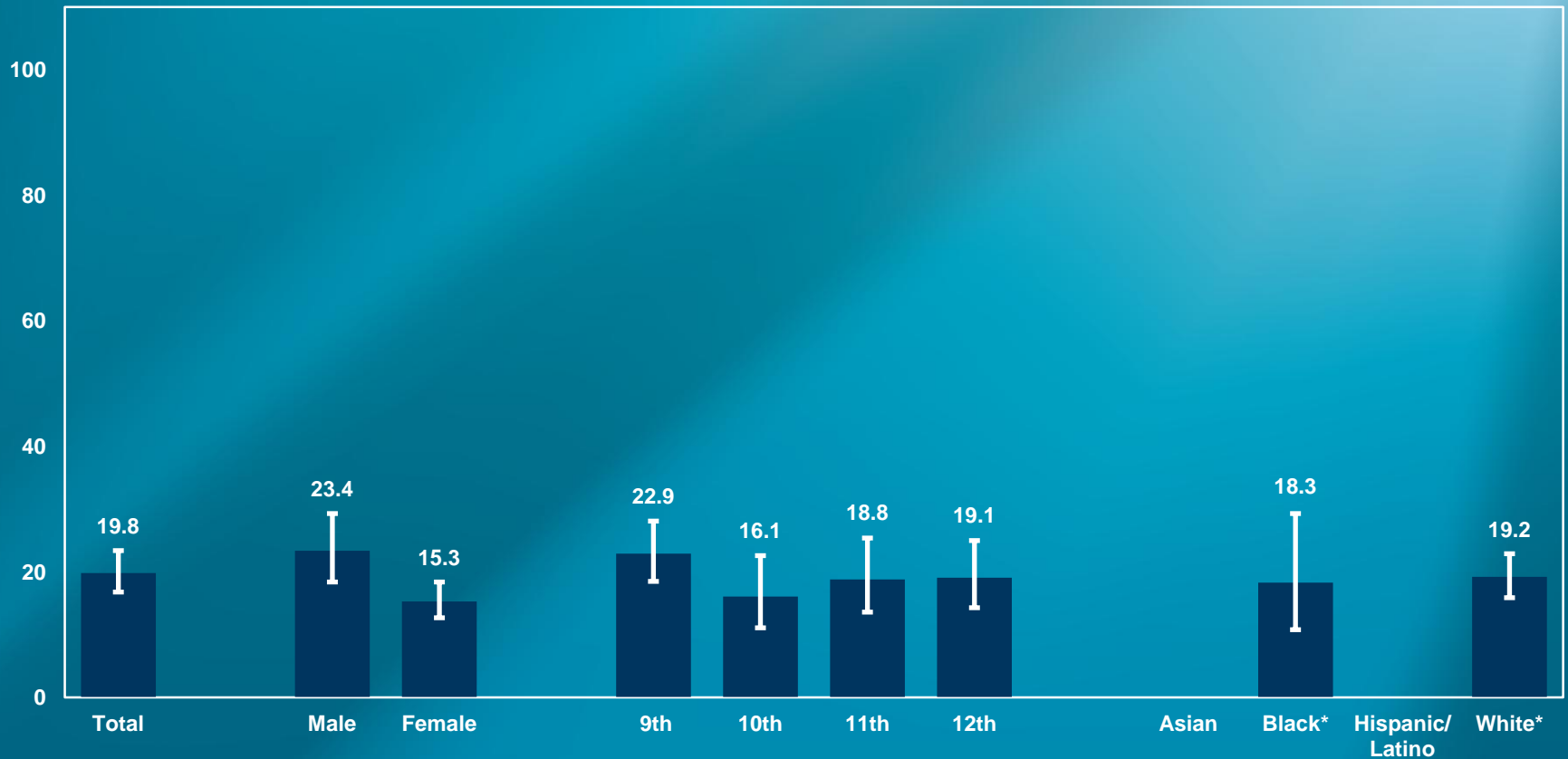
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years



Q42 - Weighted Data

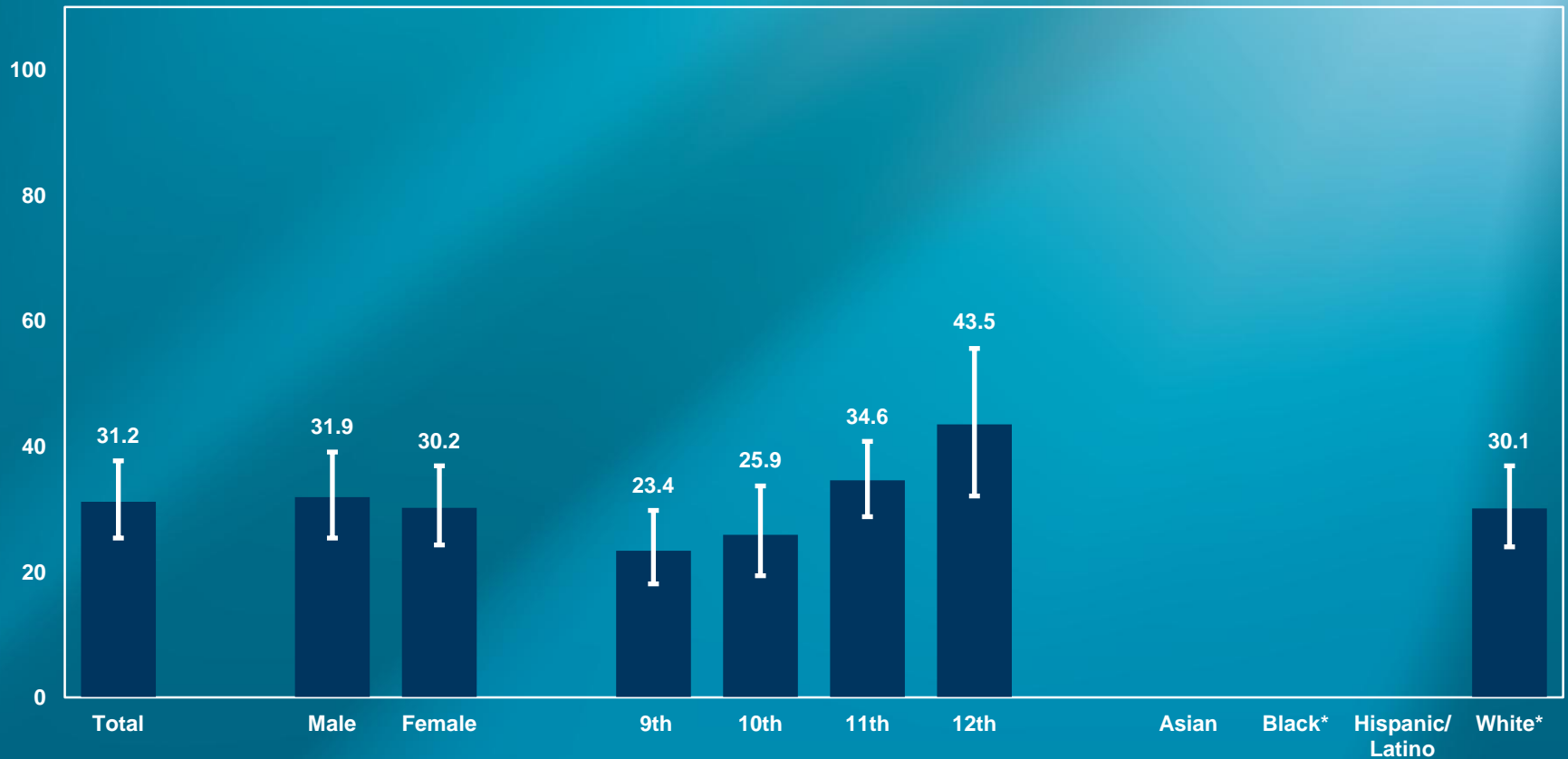
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days



Q43 - Weighted Data

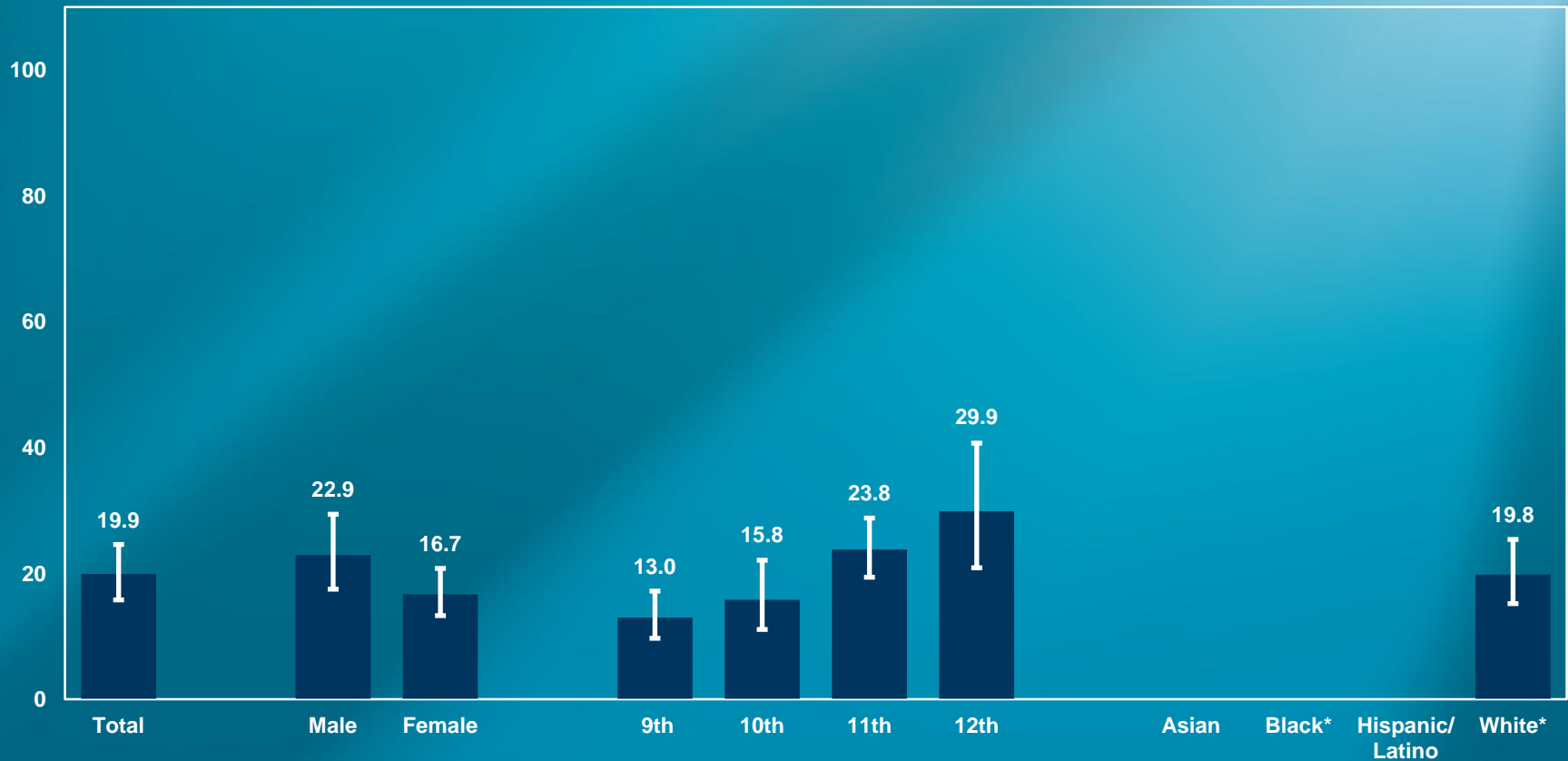
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



Q44 - Weighted Data

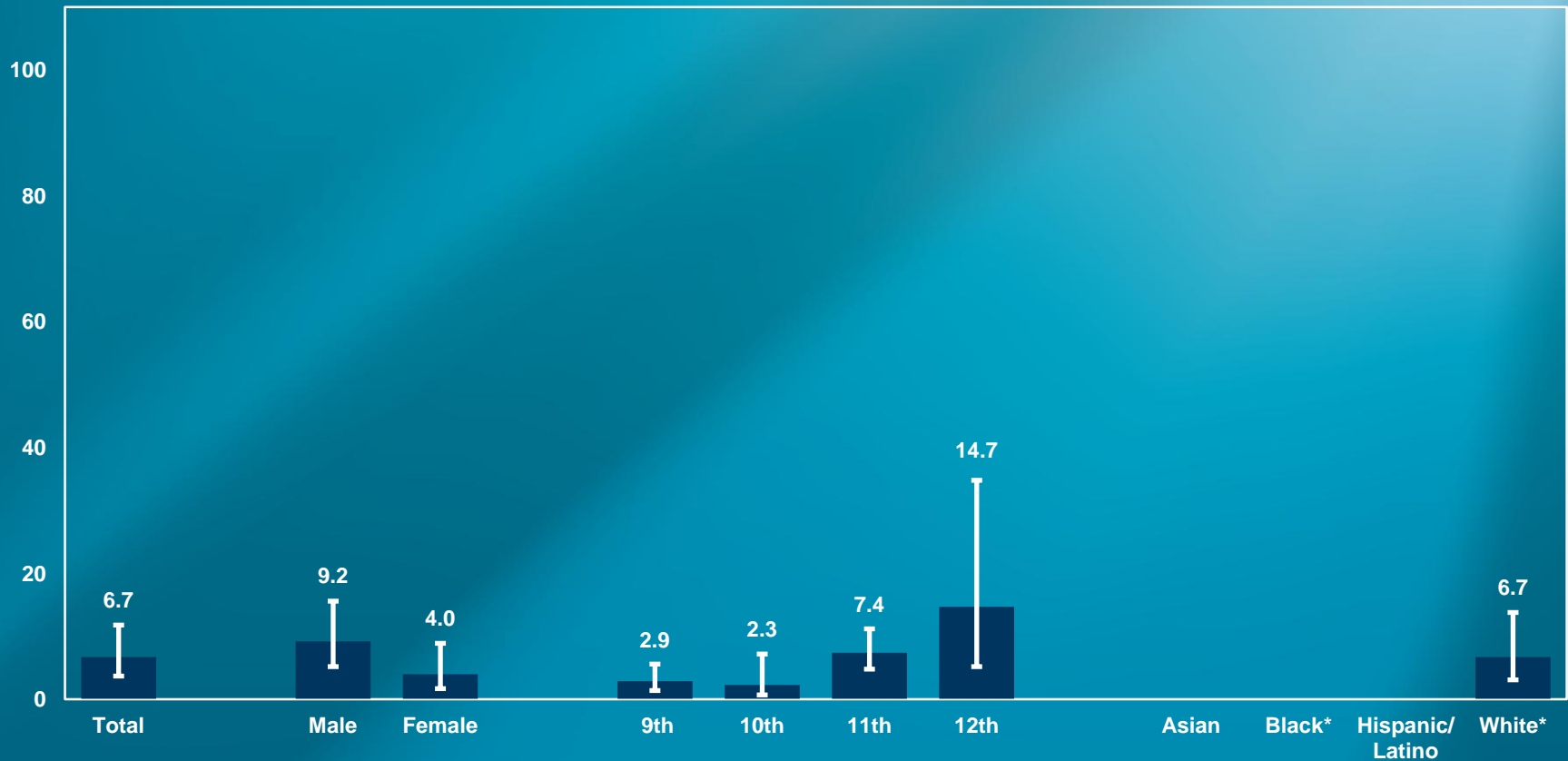
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days



Q45 - Weighted Data

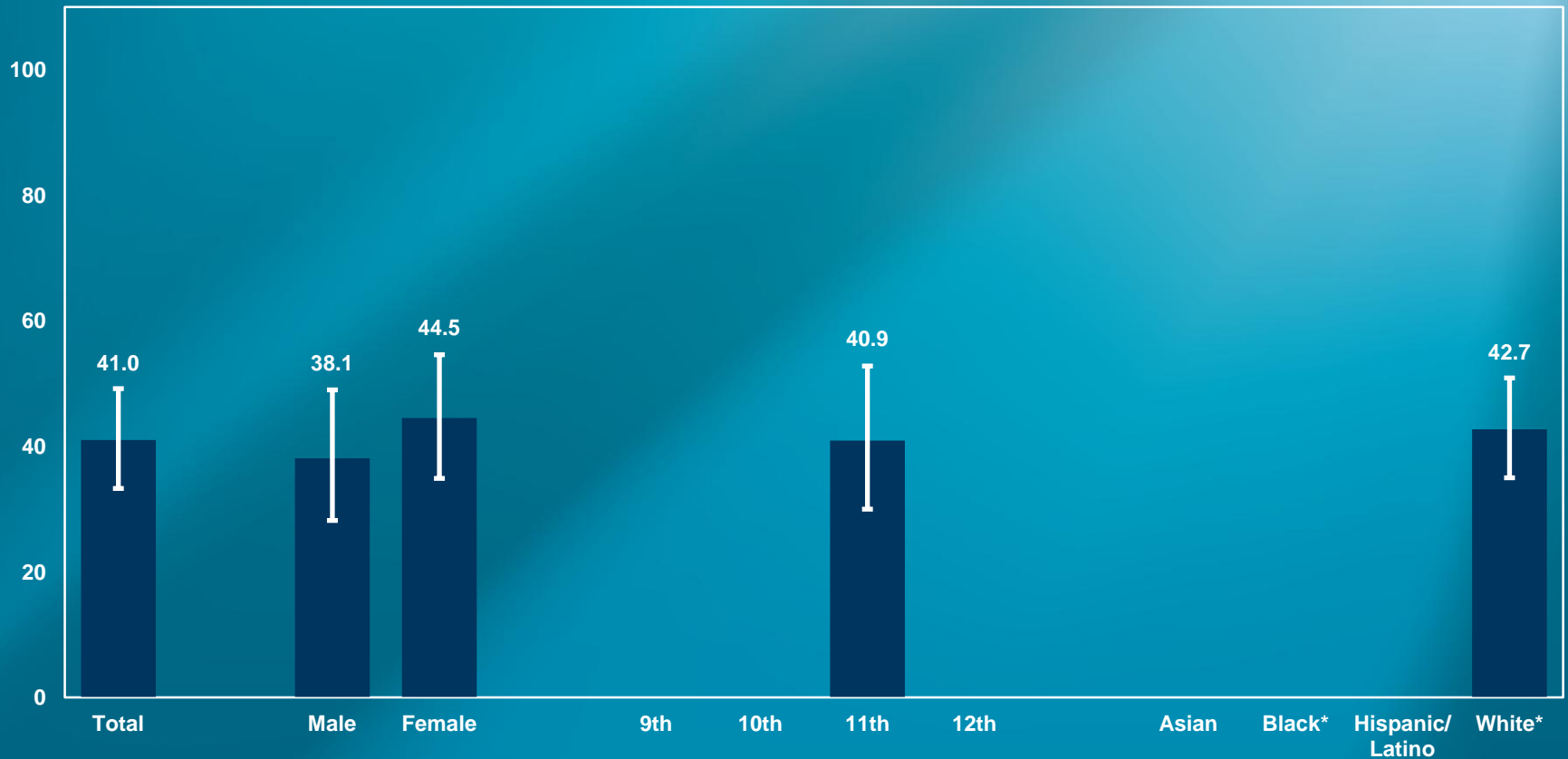
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days



Q46 - Weighted Data

\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

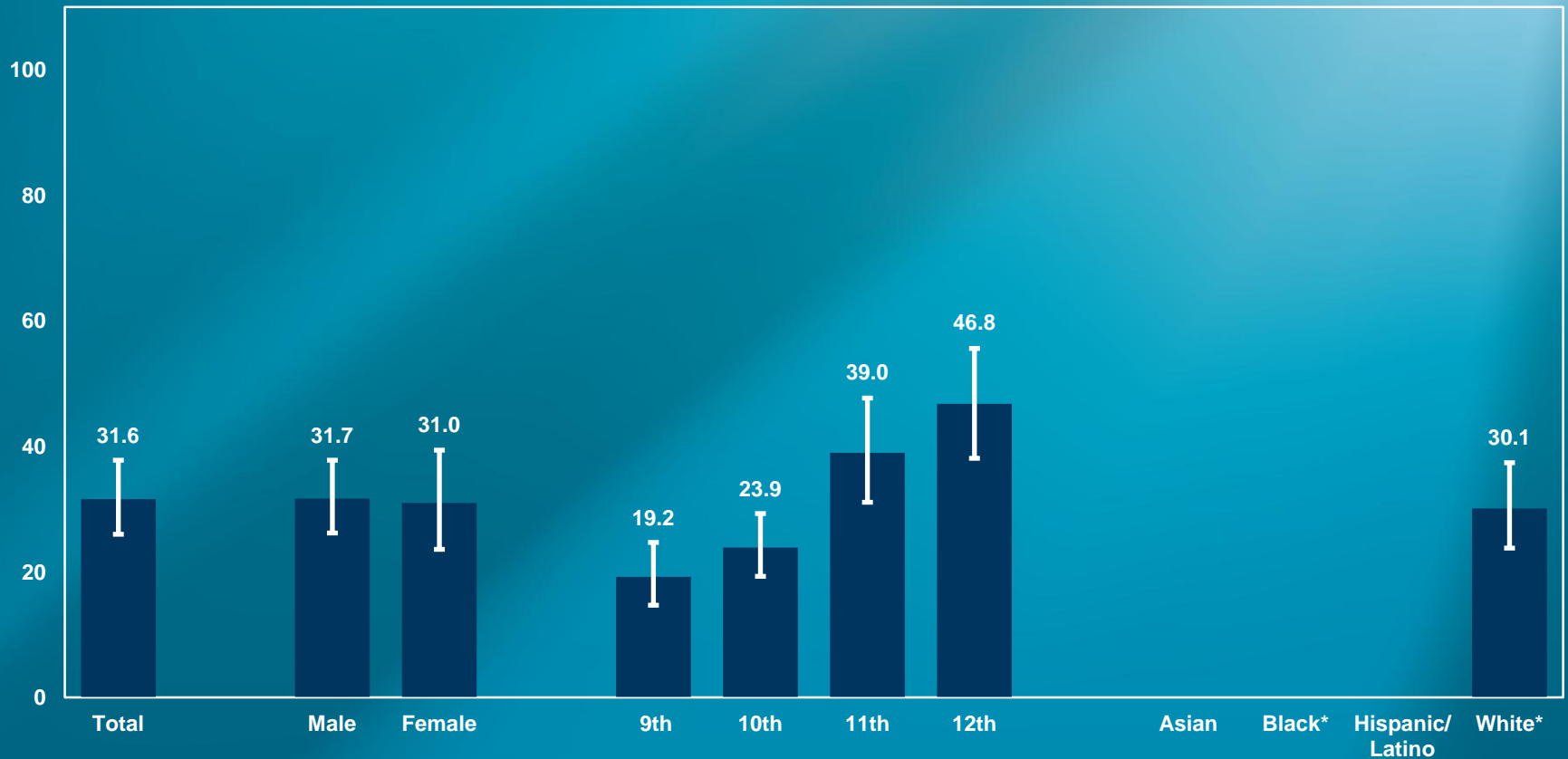
# 2013 Youth Risk Behavior Survey Results

## DRUG USE

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used marijuana one or more times during their life



Q47 - Weighted Data

\*Non-Hispanic.

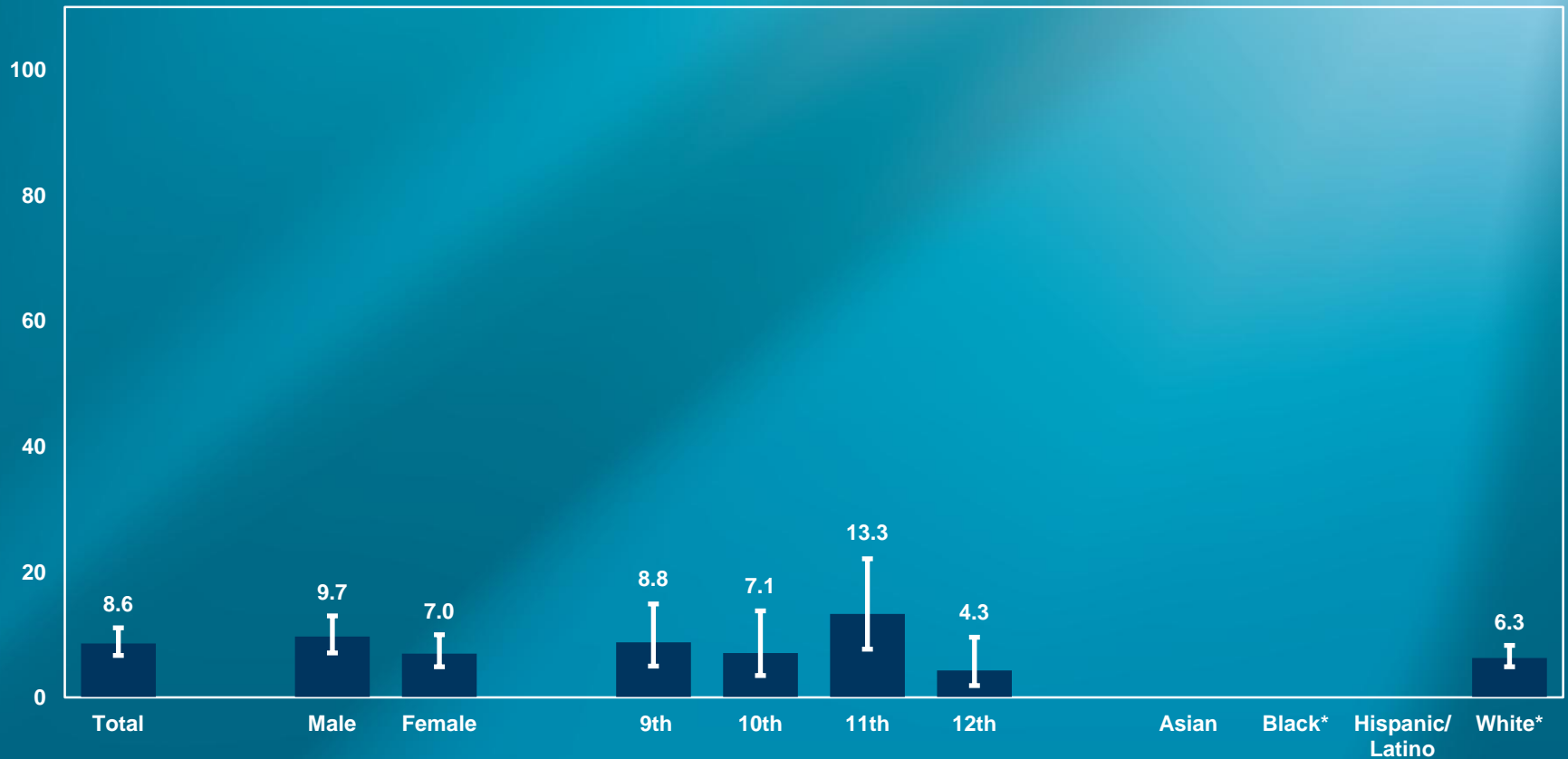
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who tried marijuana for the first time before age 13 years



Q48 - Weighted Data

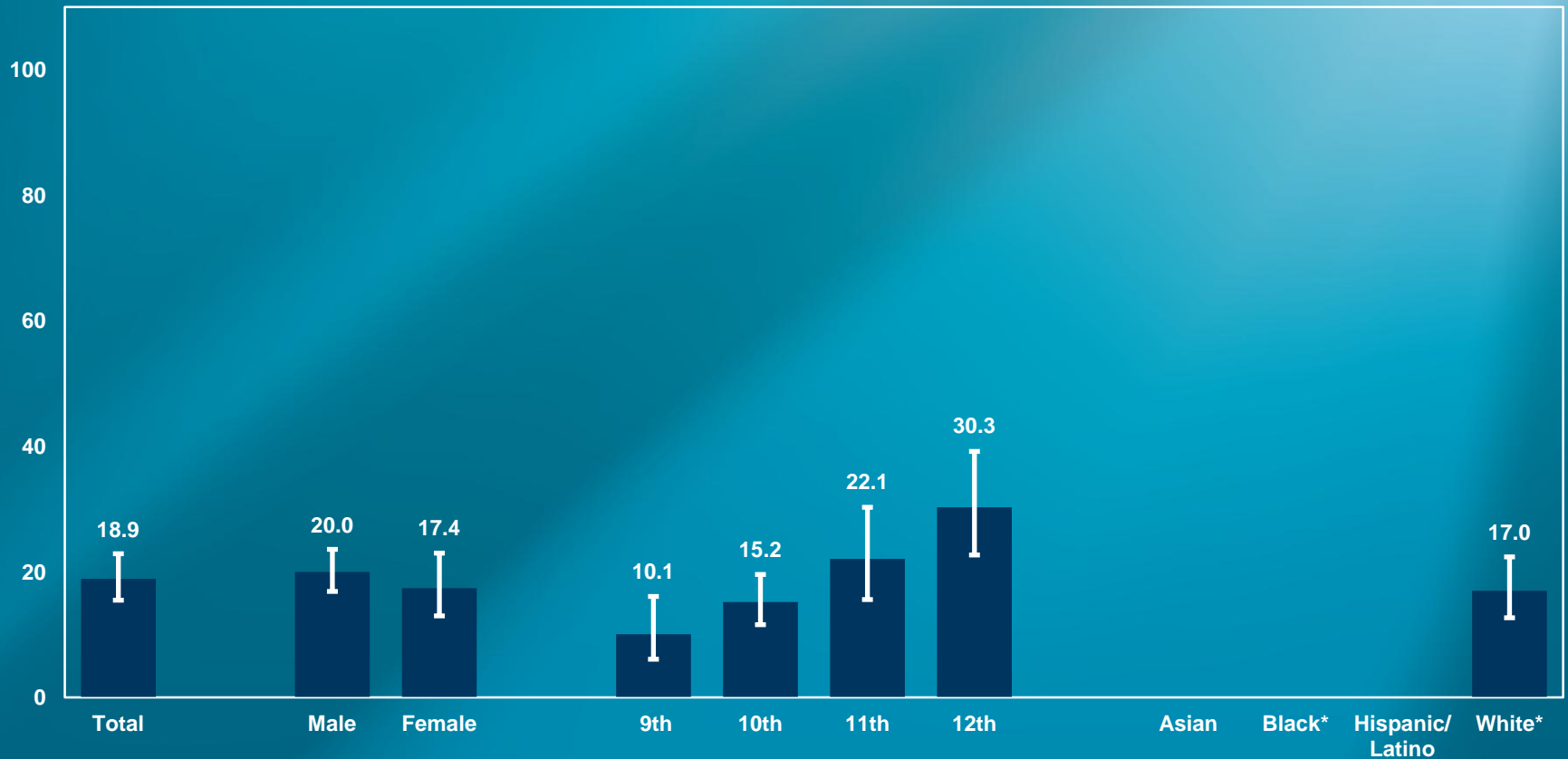
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used marijuana one or more times during the past 30 days



Q49 - Weighted Data

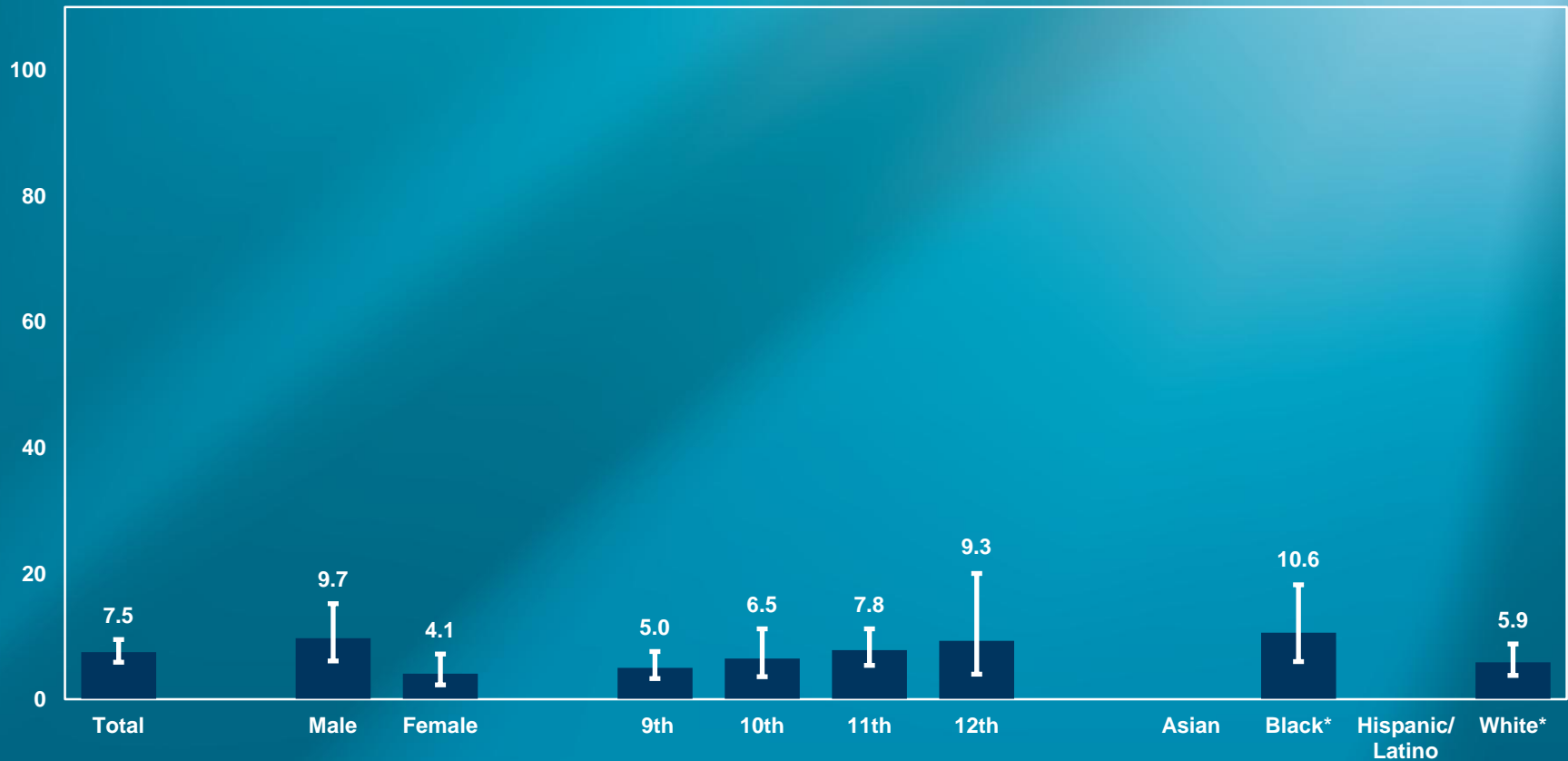
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life



Q50 - Weighted Data

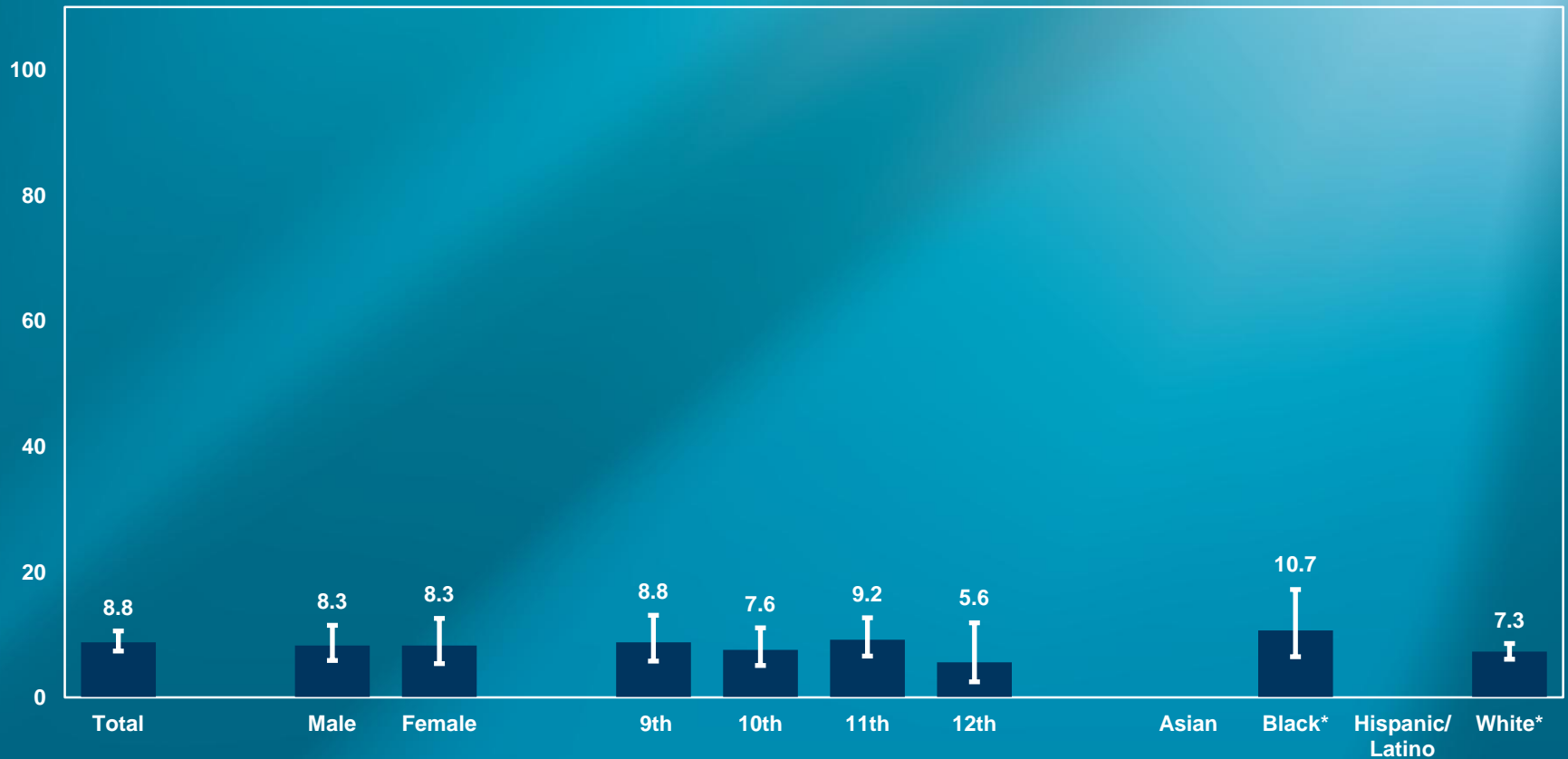
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life



Q51 - Weighted Data

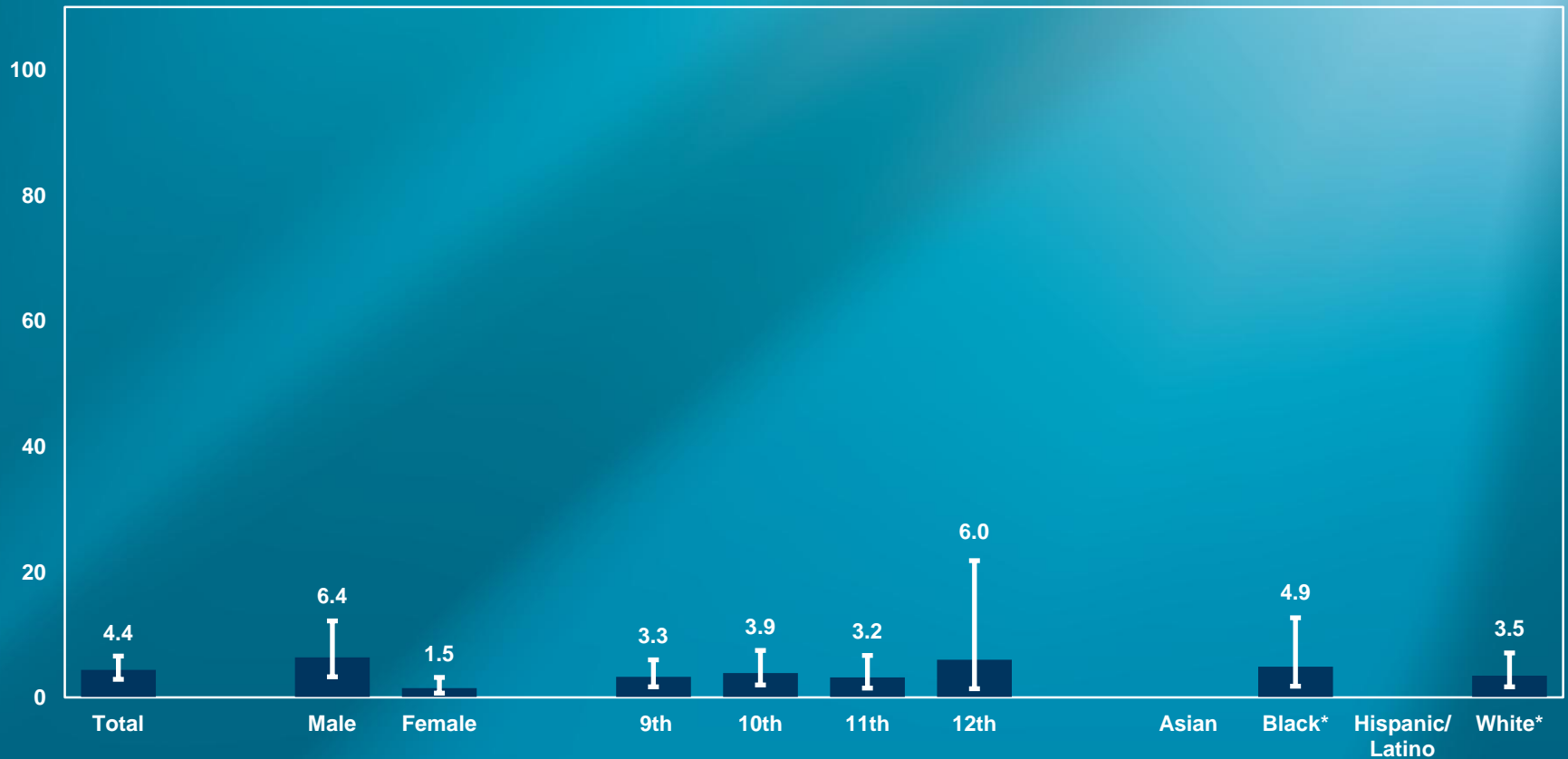
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used heroin one or more times during their life



Q52 - Weighted Data

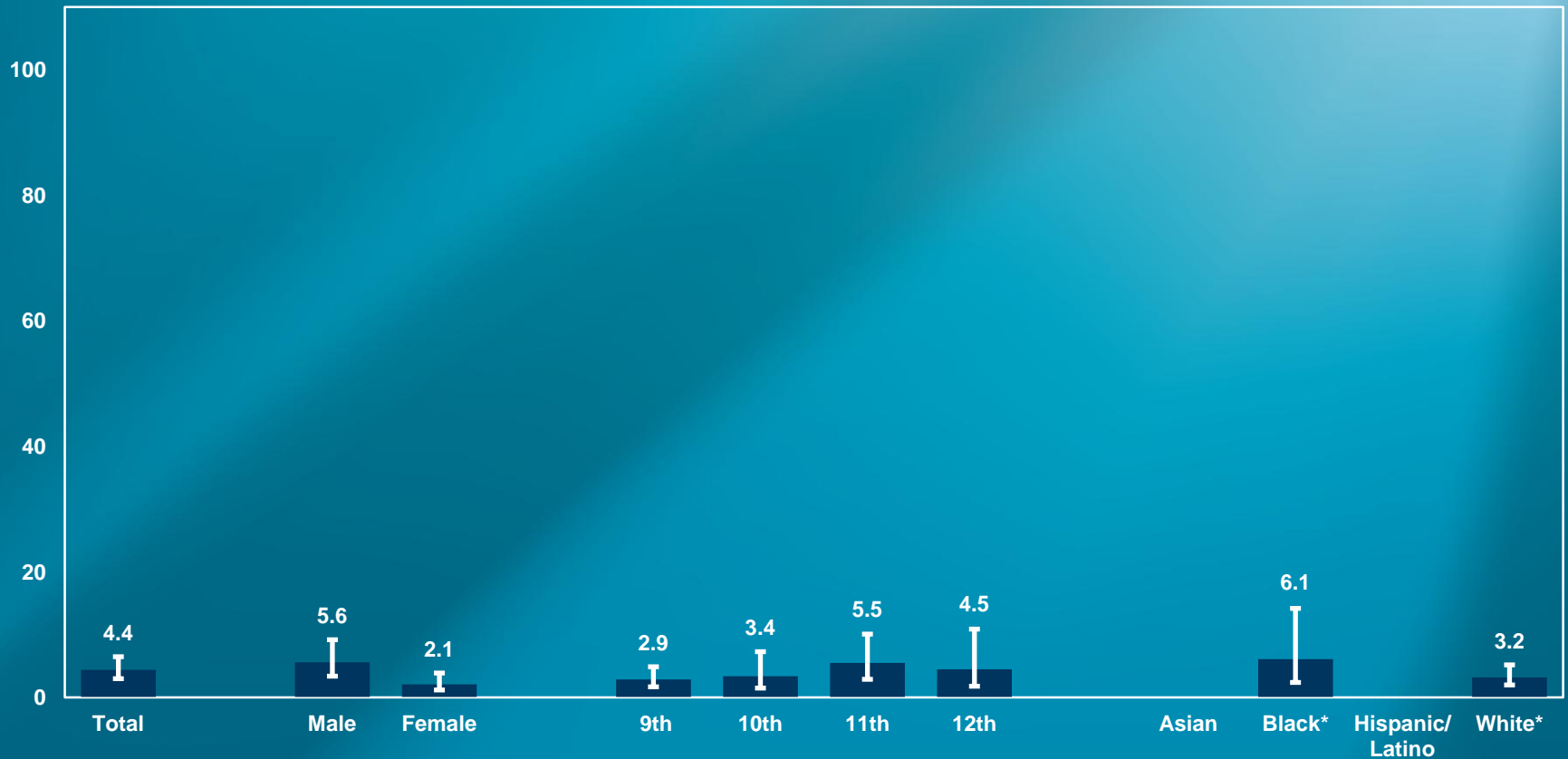
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used methamphetamines one or more times during their life



Q53 - Weighted Data

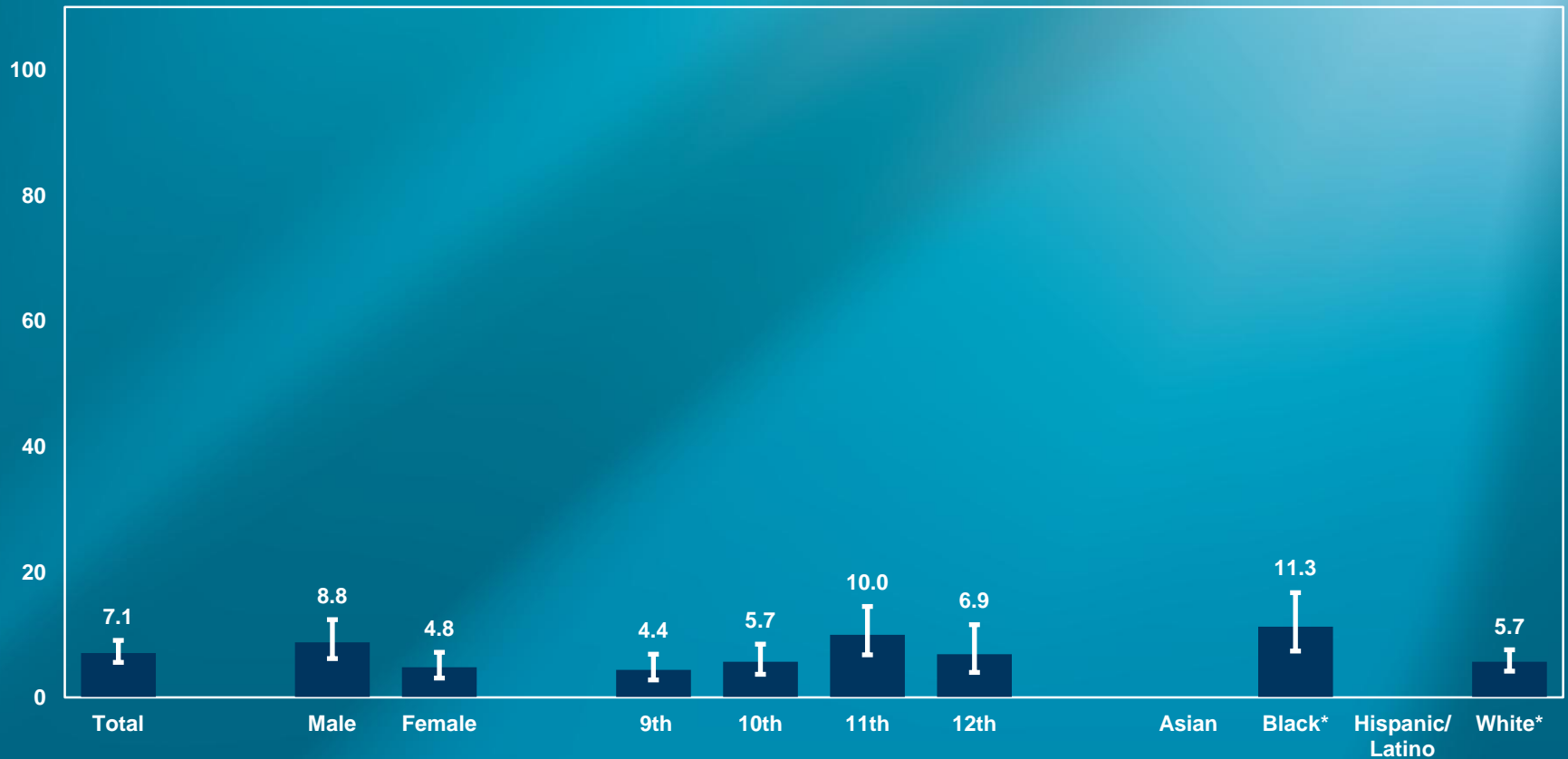
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used ecstasy one or more times during their life



Q54 - Weighted Data

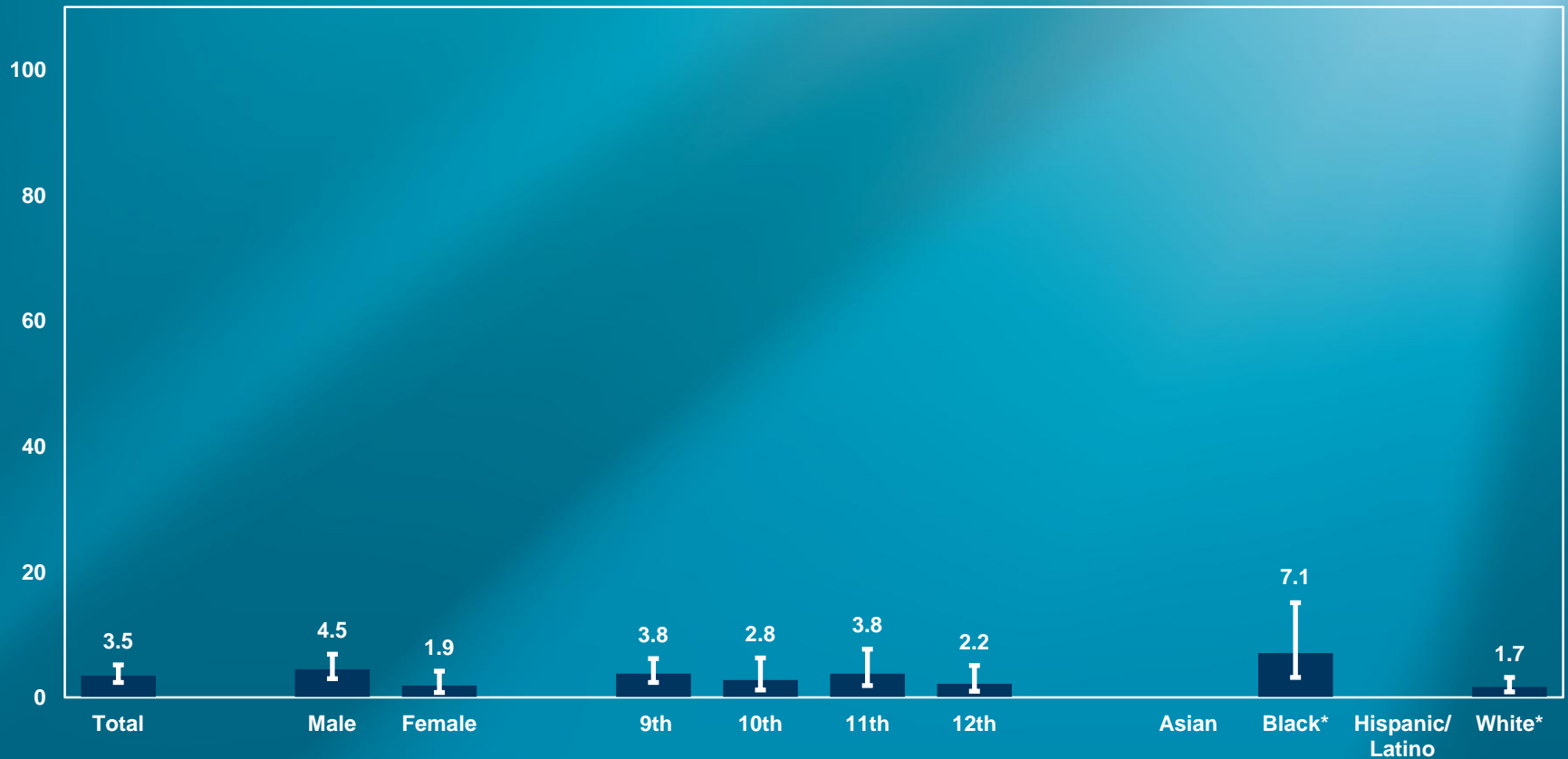
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life



Q55 - Weighted Data

\*Non-Hispanic.

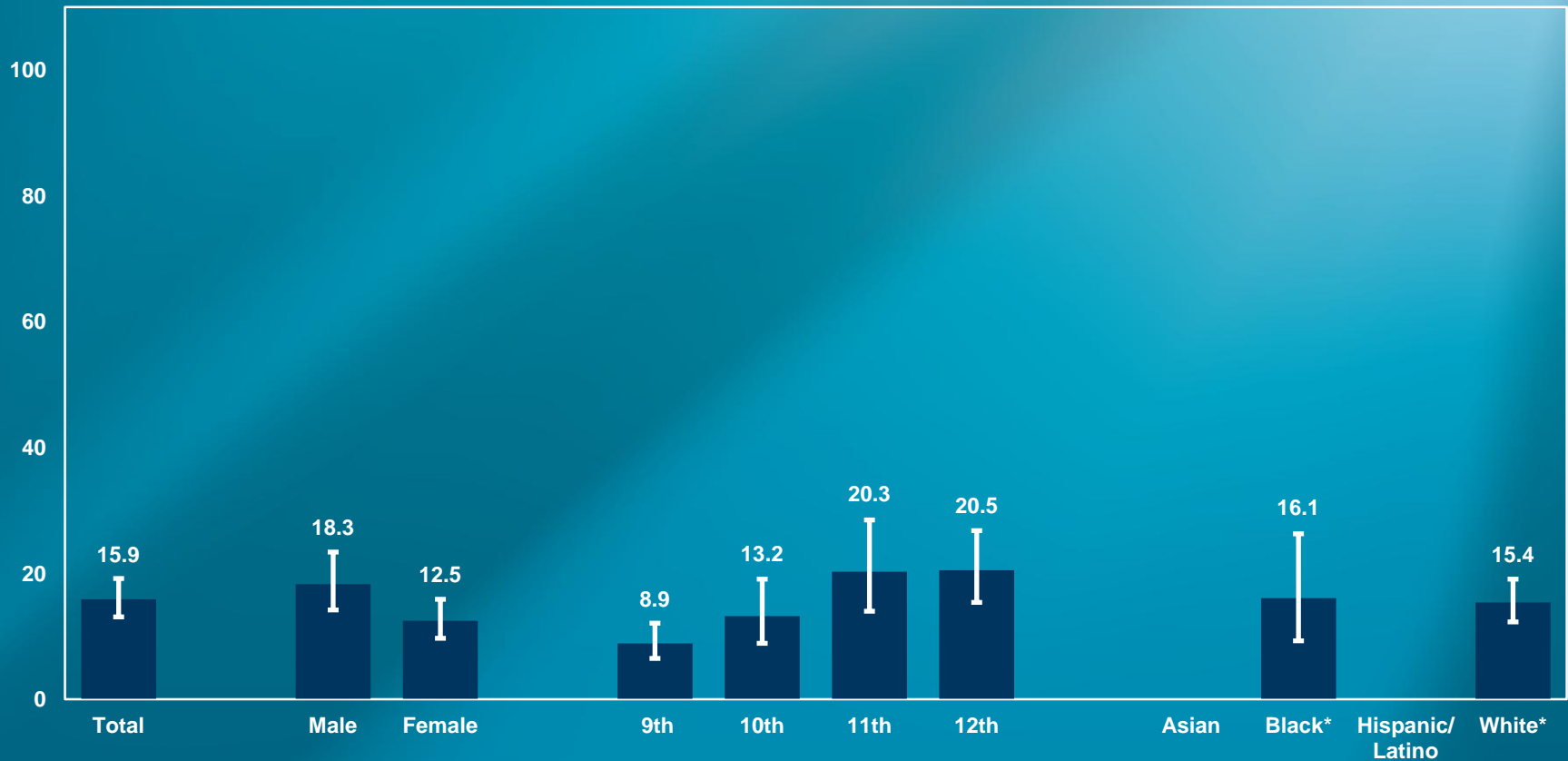
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life



Q56 - Weighted Data

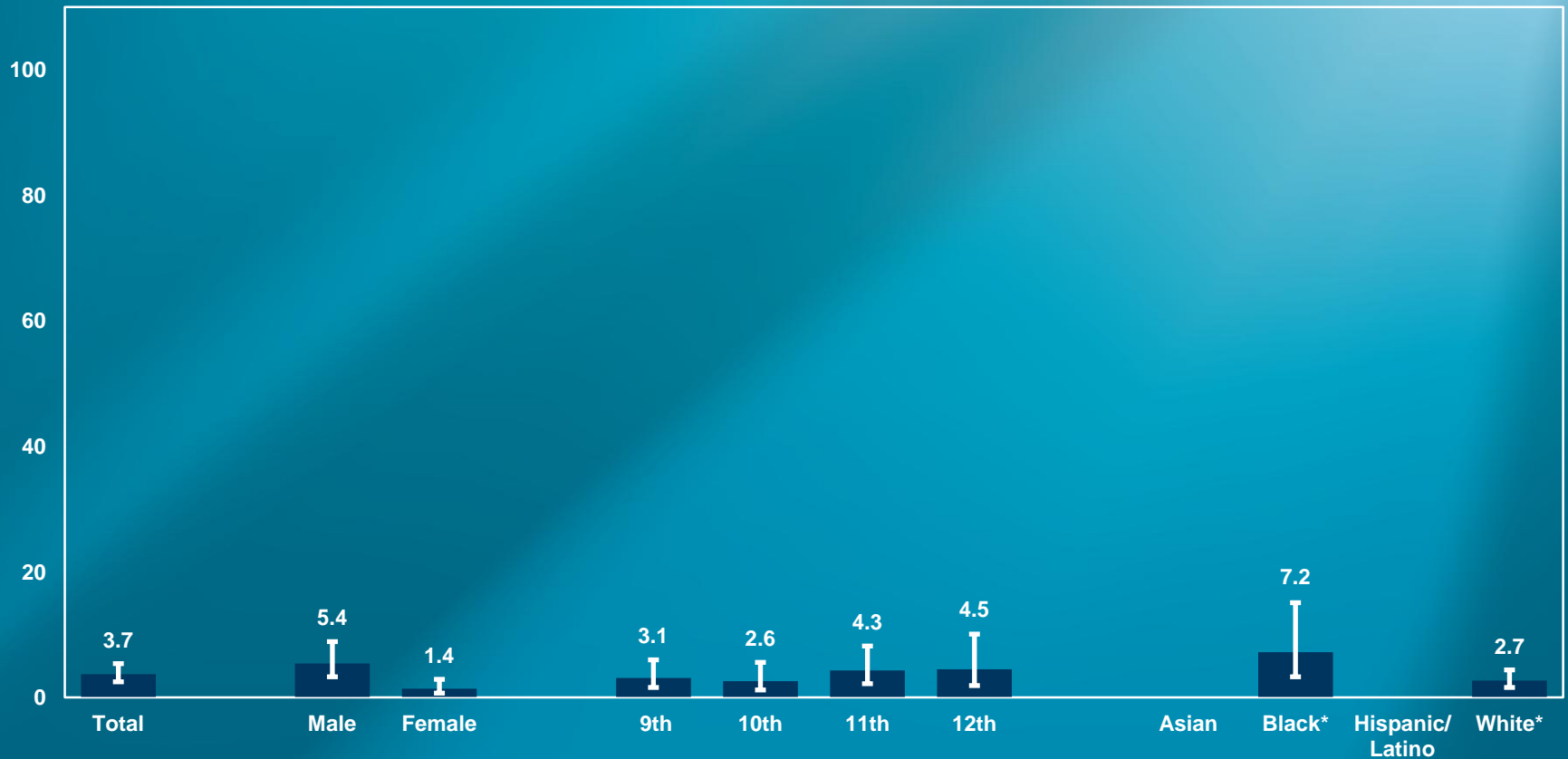
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life



Q57 - Weighted Data

\*Non-Hispanic.

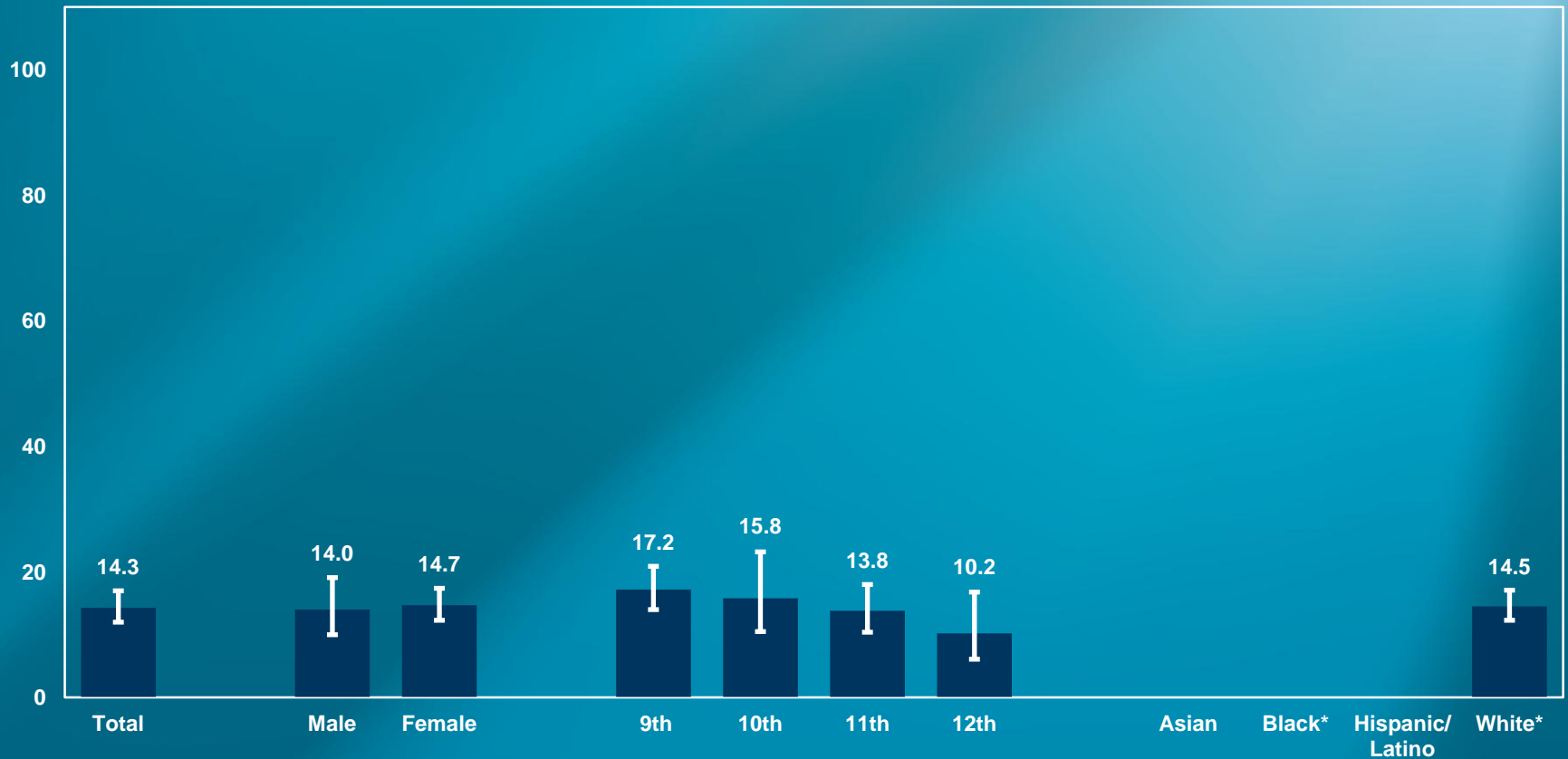
Missing bars indicate fewer than 100 students in this subgroup.

## OBESITY & BODY IMAGE

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)\*\*



\*\*QNOWT - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.

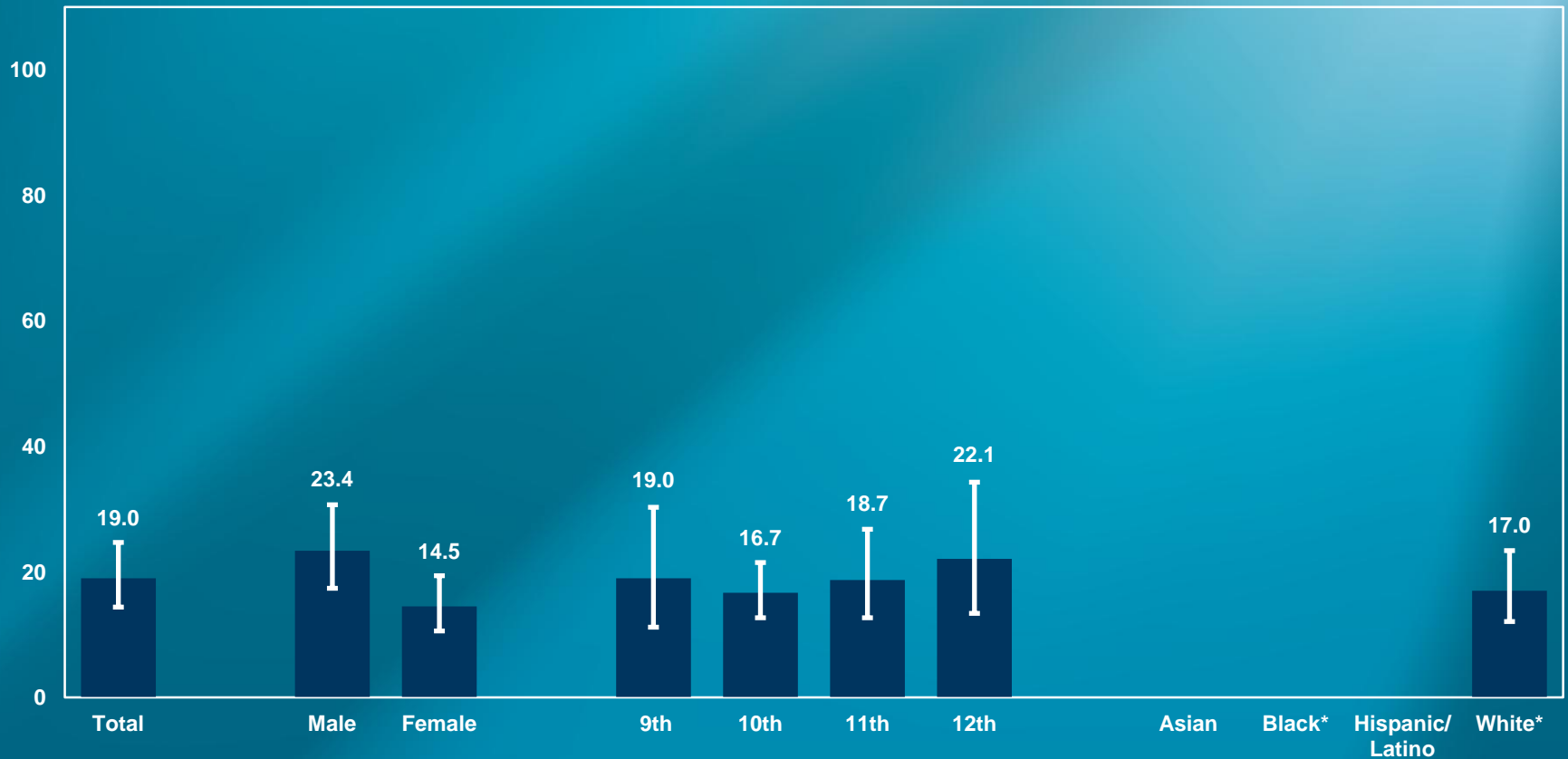
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)\*\*



\*\*QNOBESE - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.

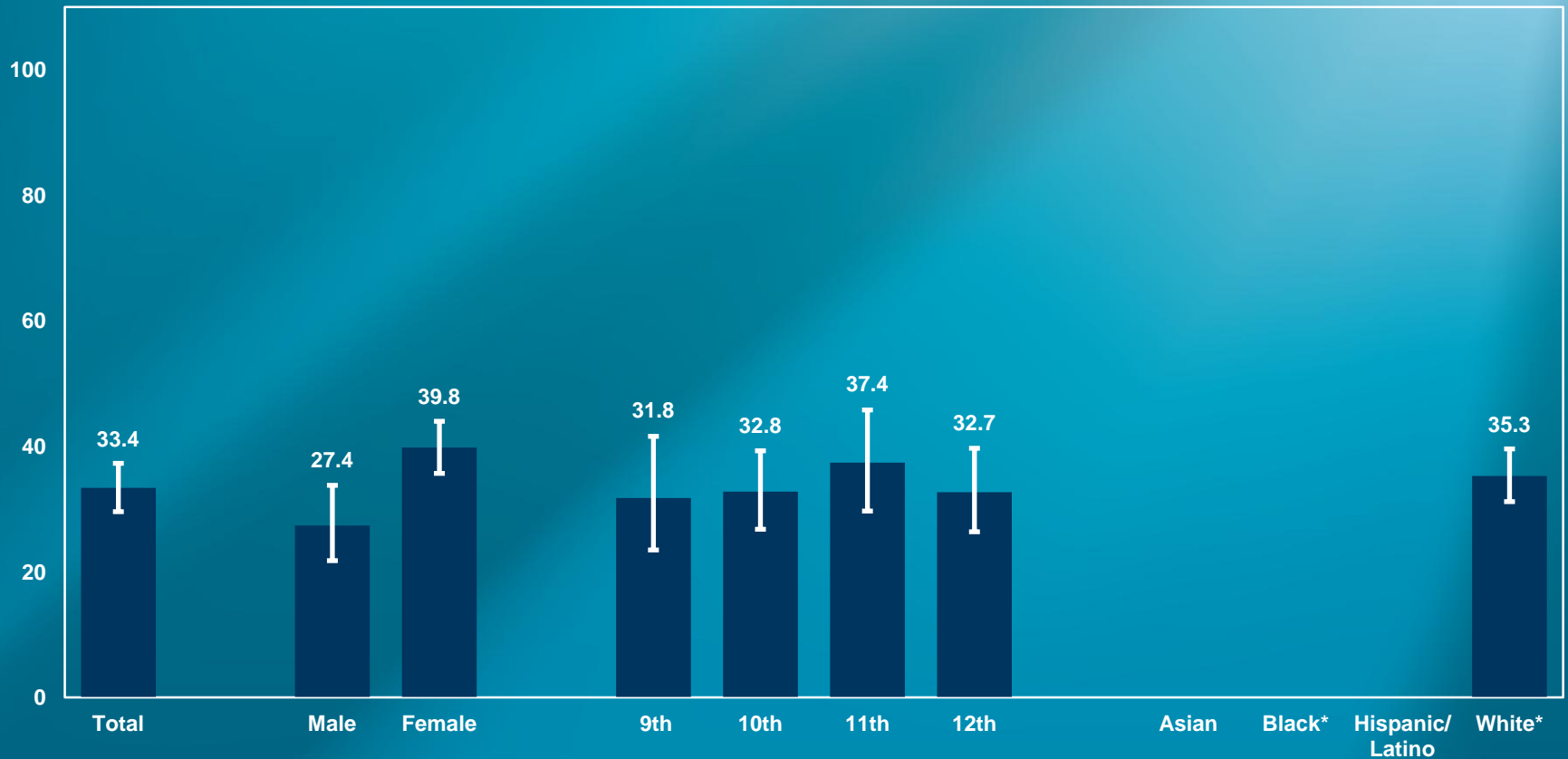
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who described themselves as slightly or very overweight



Q66 - Weighted Data

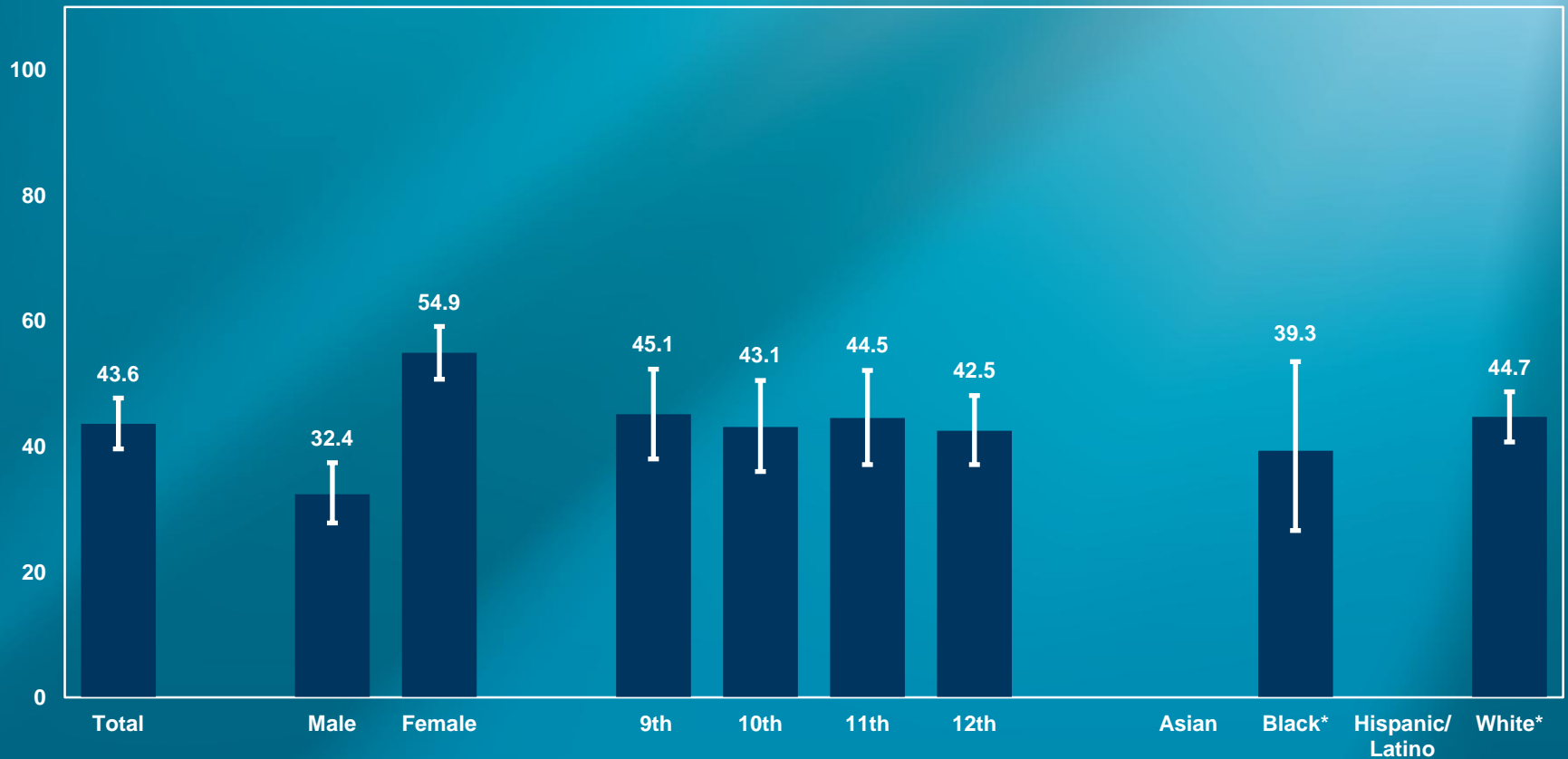
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were trying to lose weight



Q67 - Weighted Data

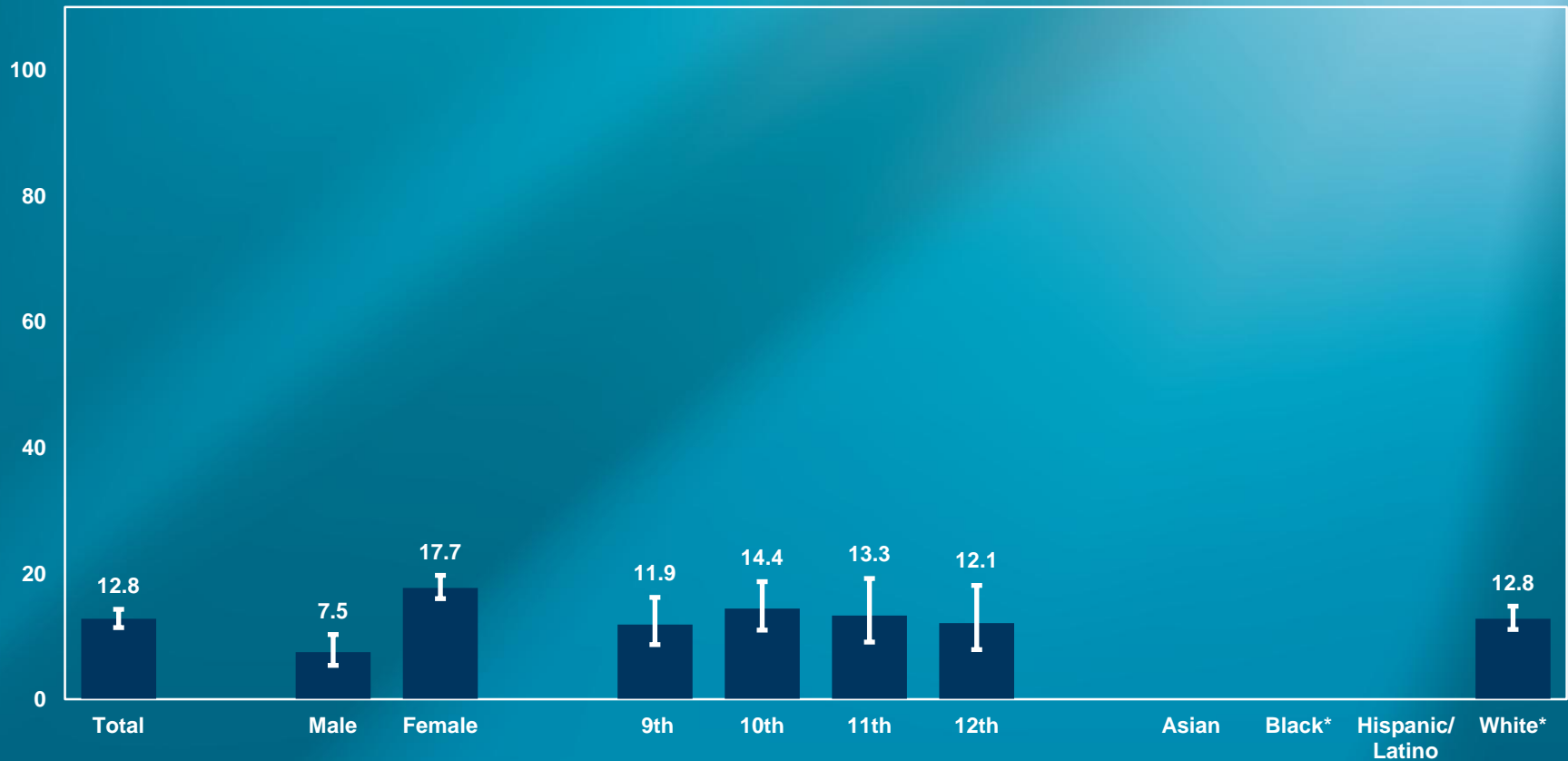
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days



Q68 - Weighted Data

\*Non-Hispanic.

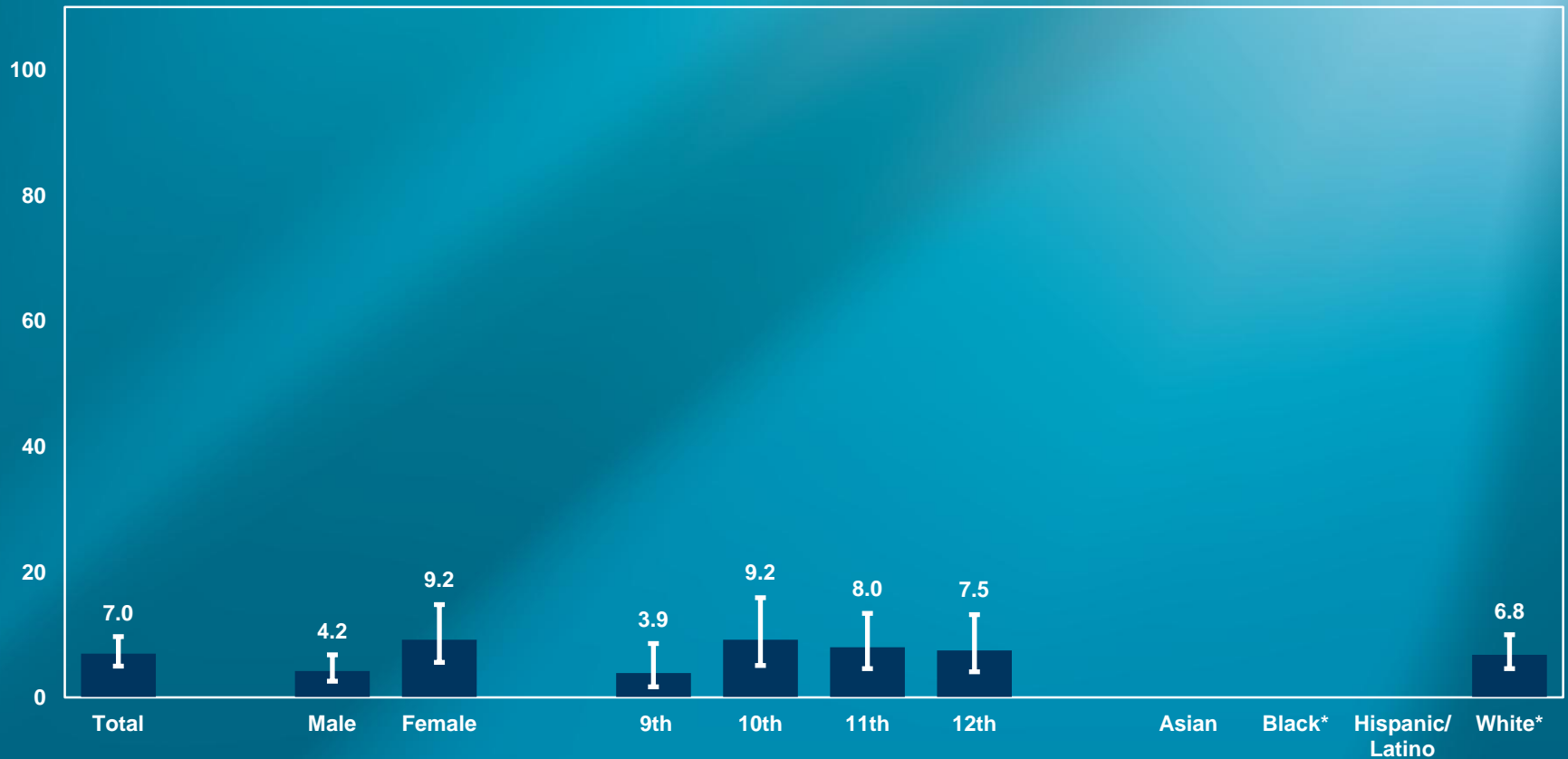
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days



Q69 - Weighted Data

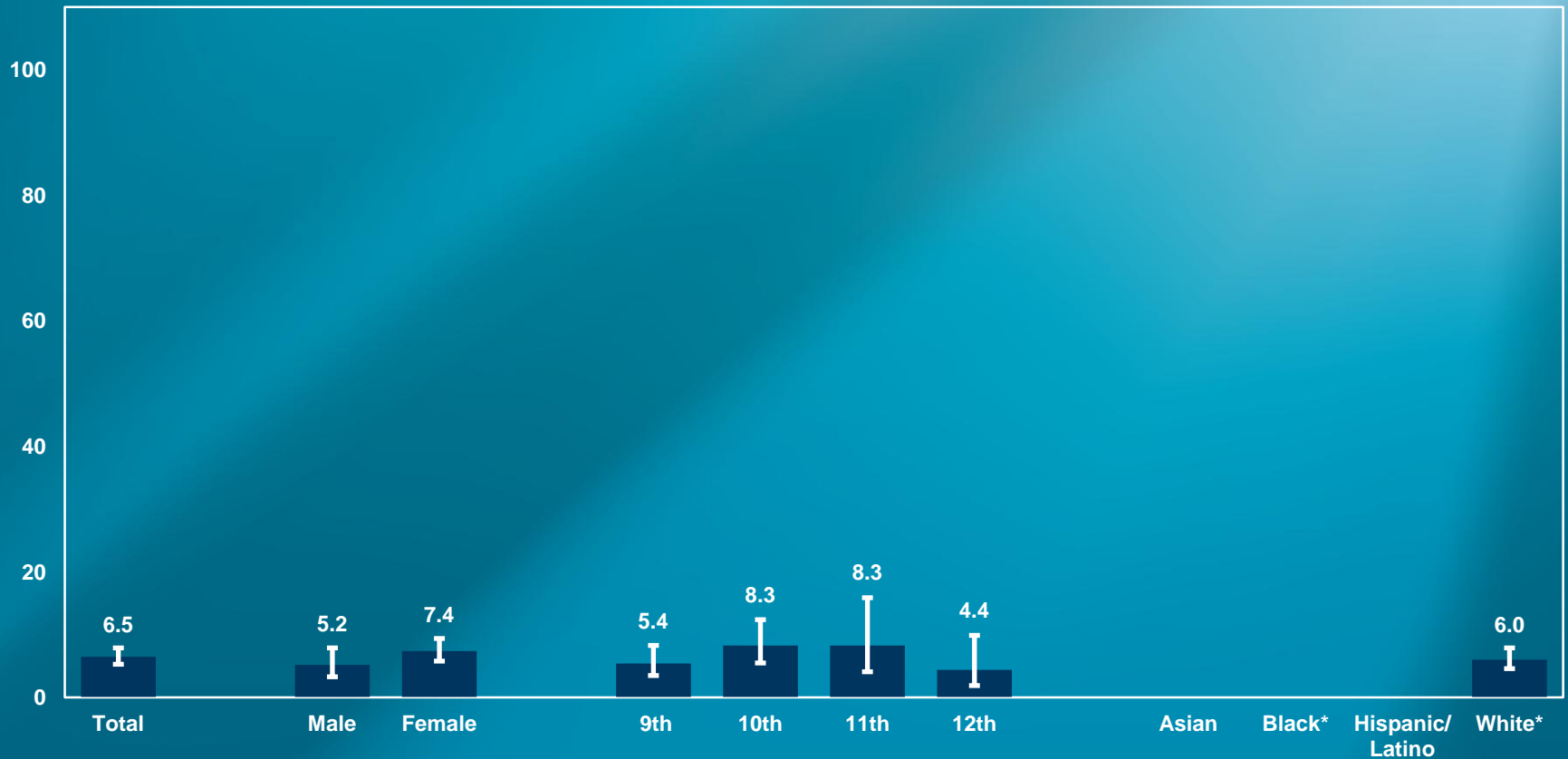
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days



Q70 - Weighted Data

\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

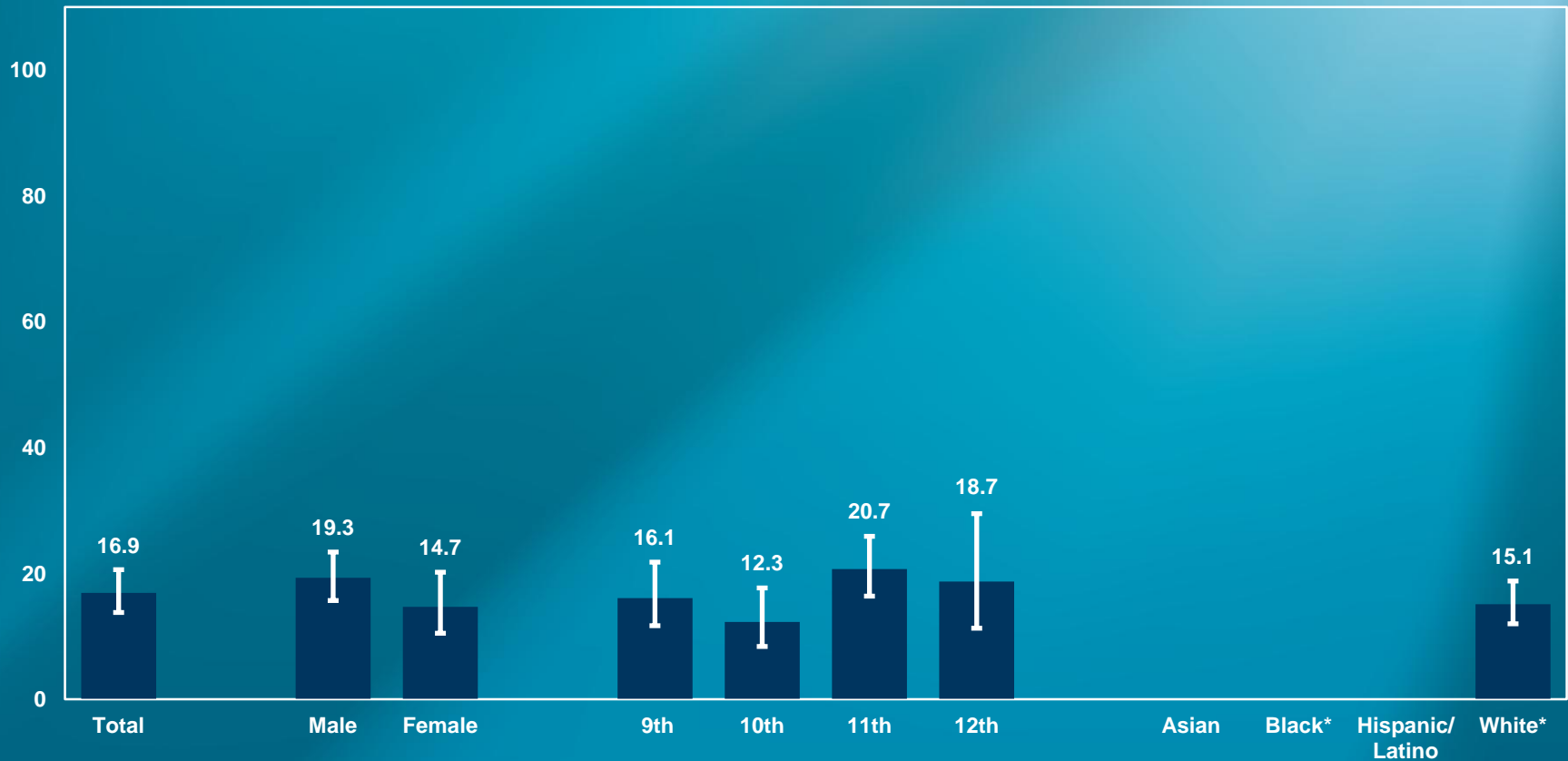
# 2013 Youth Risk Behavior Survey Results

## NUTRITION

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate fruits and vegetables five or more times per day during the past seven days



QNFRVG - Weighted Data

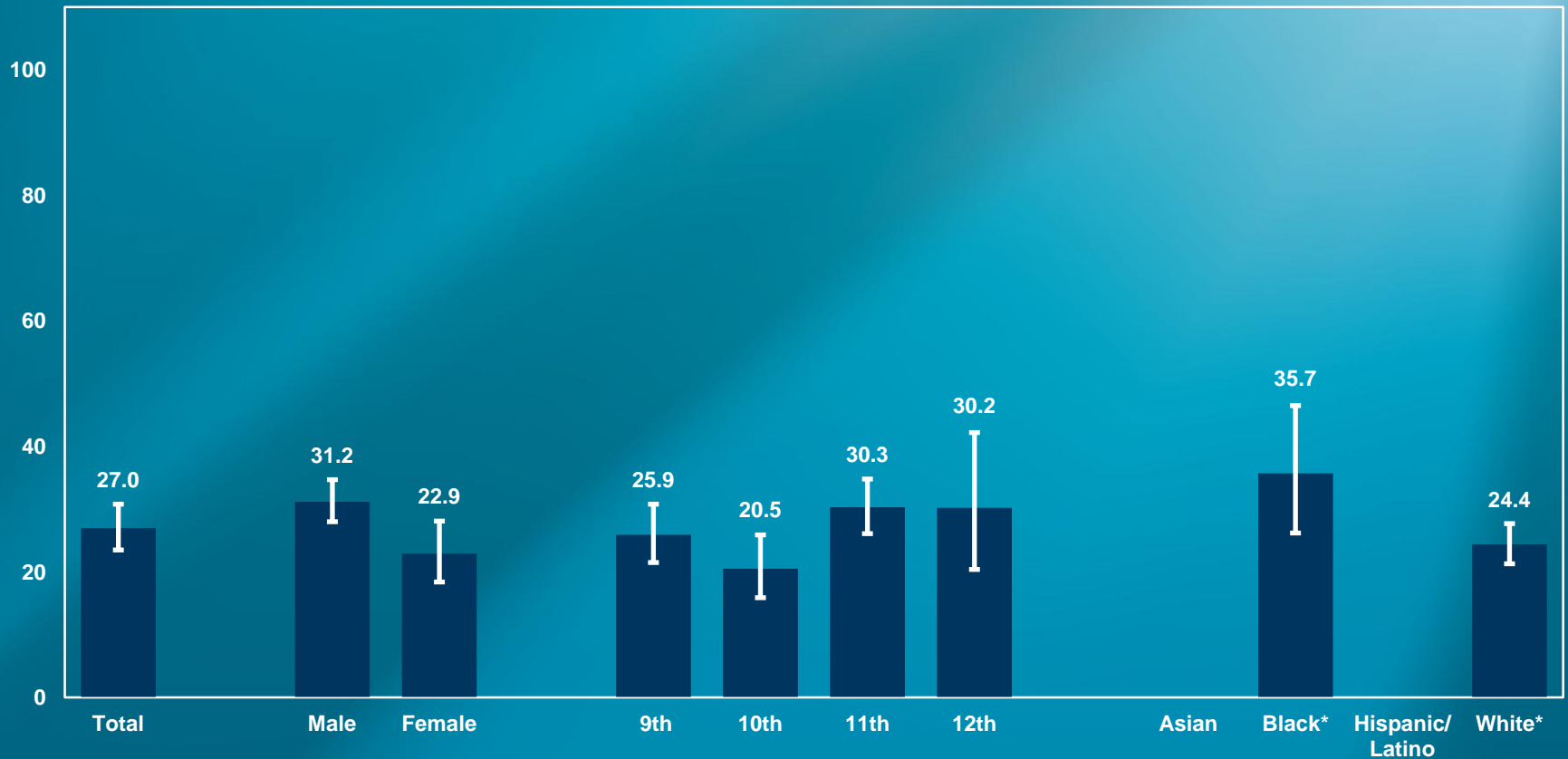
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days



QNFRUIT - Weighted Data

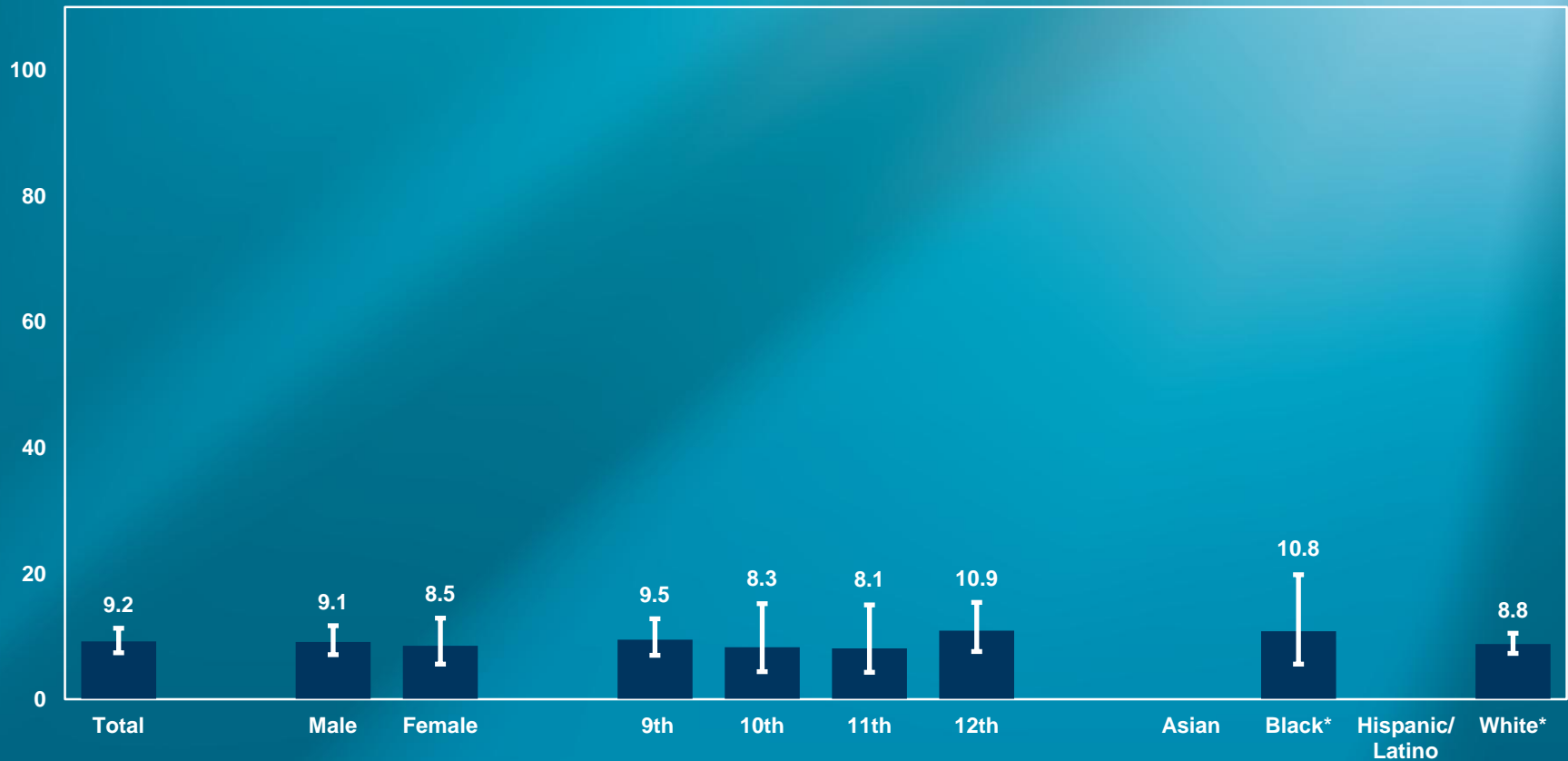
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days



QNFR0 - Weighted Data

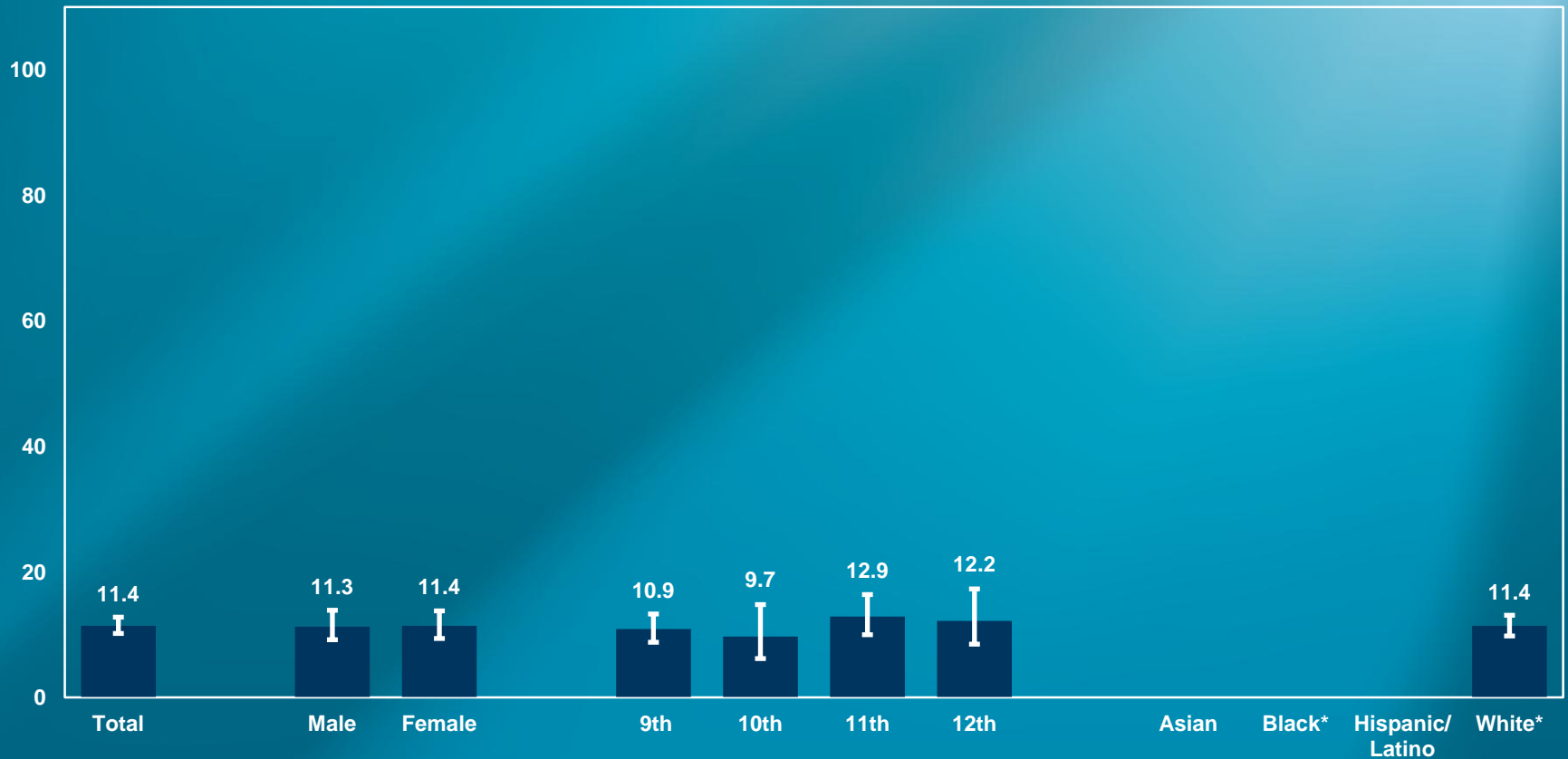
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate vegetables three or more times per day during the past seven days



QNVEG - Weighted Data

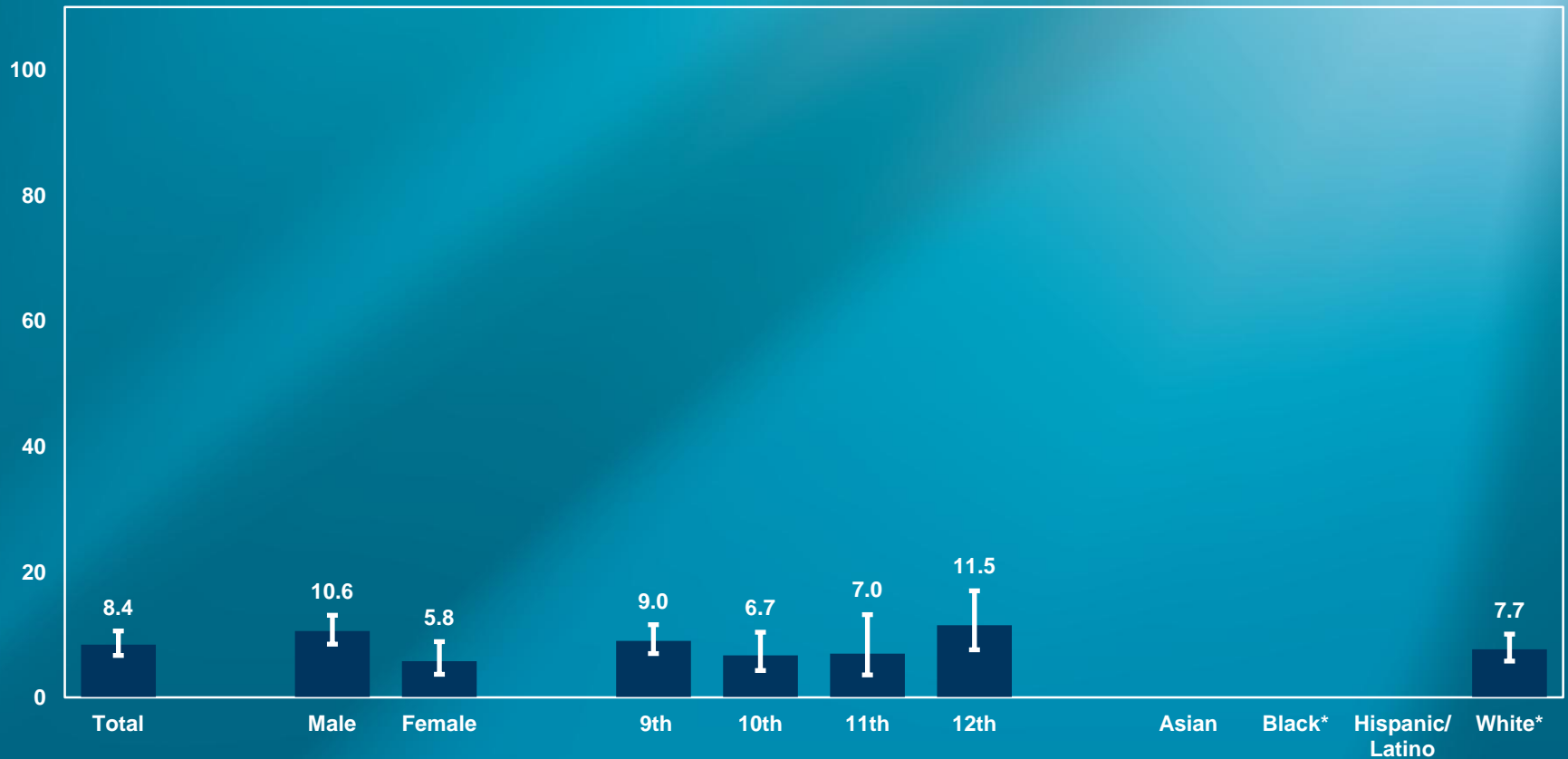
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate vegetables 0 times per day during the past seven days



QNVEG0 - Weighted Data

\*Non-Hispanic.

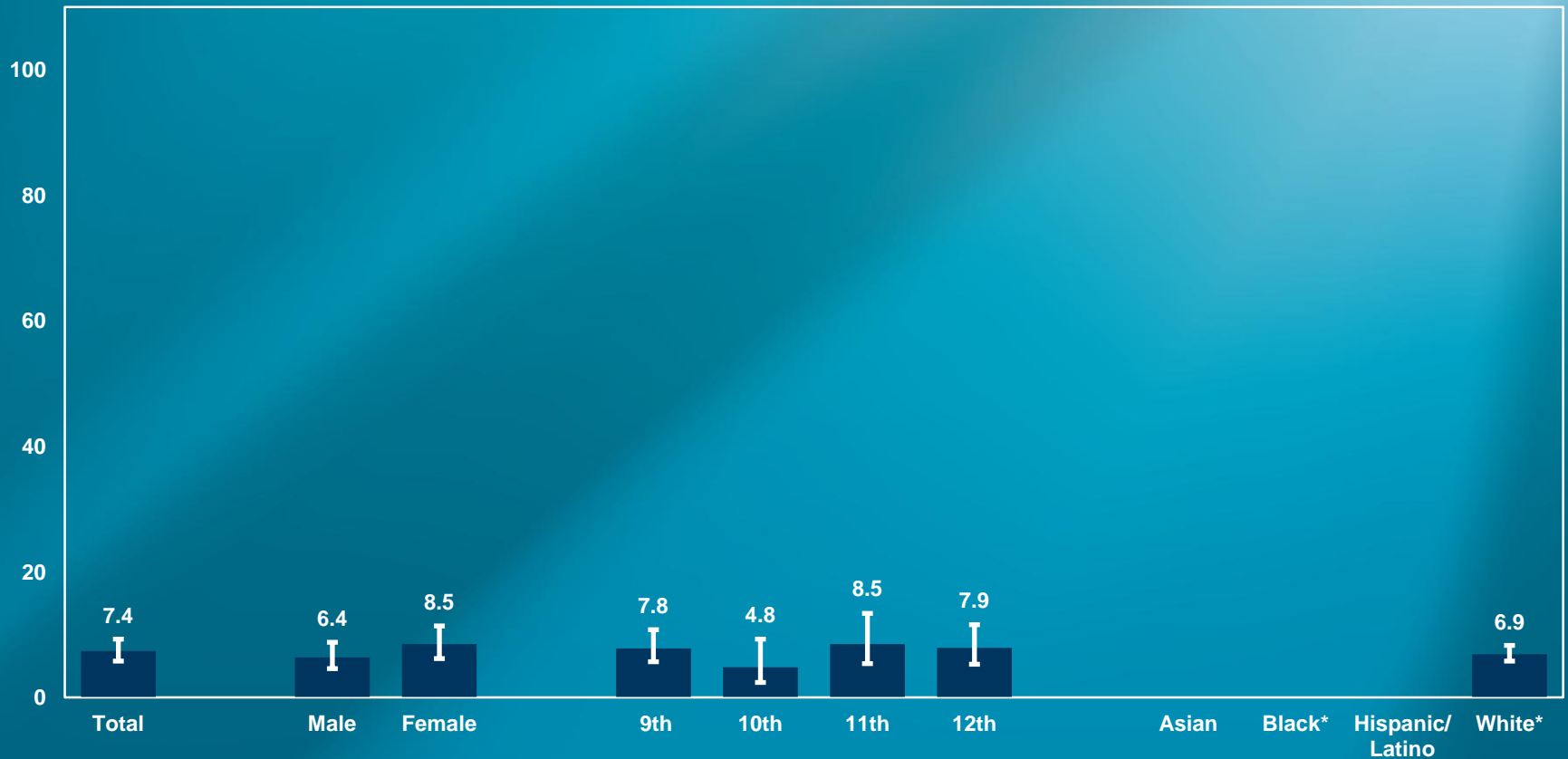
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days



QNFRVG2 - Weighted Data

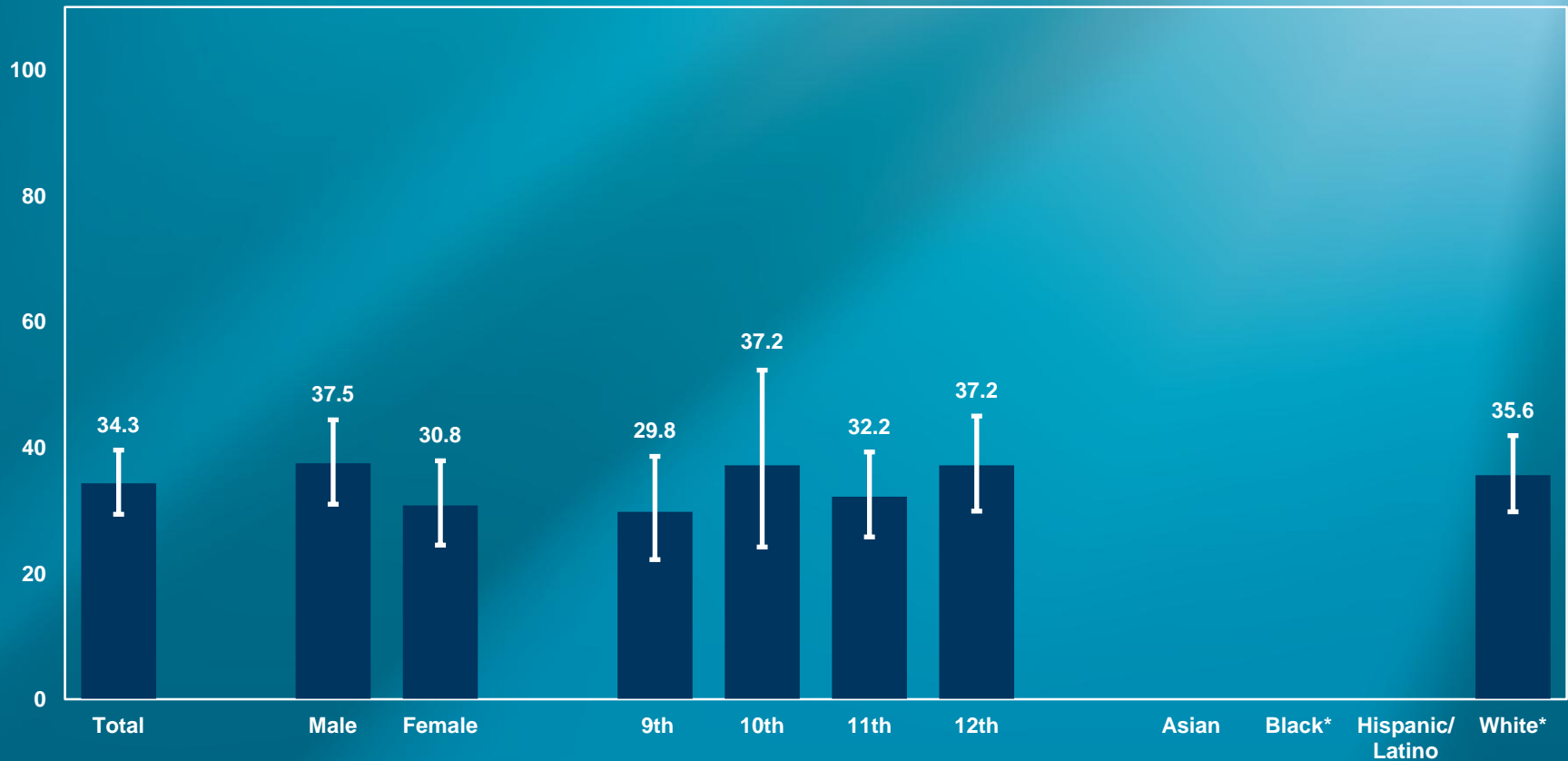
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days



Q77 - Weighted Data

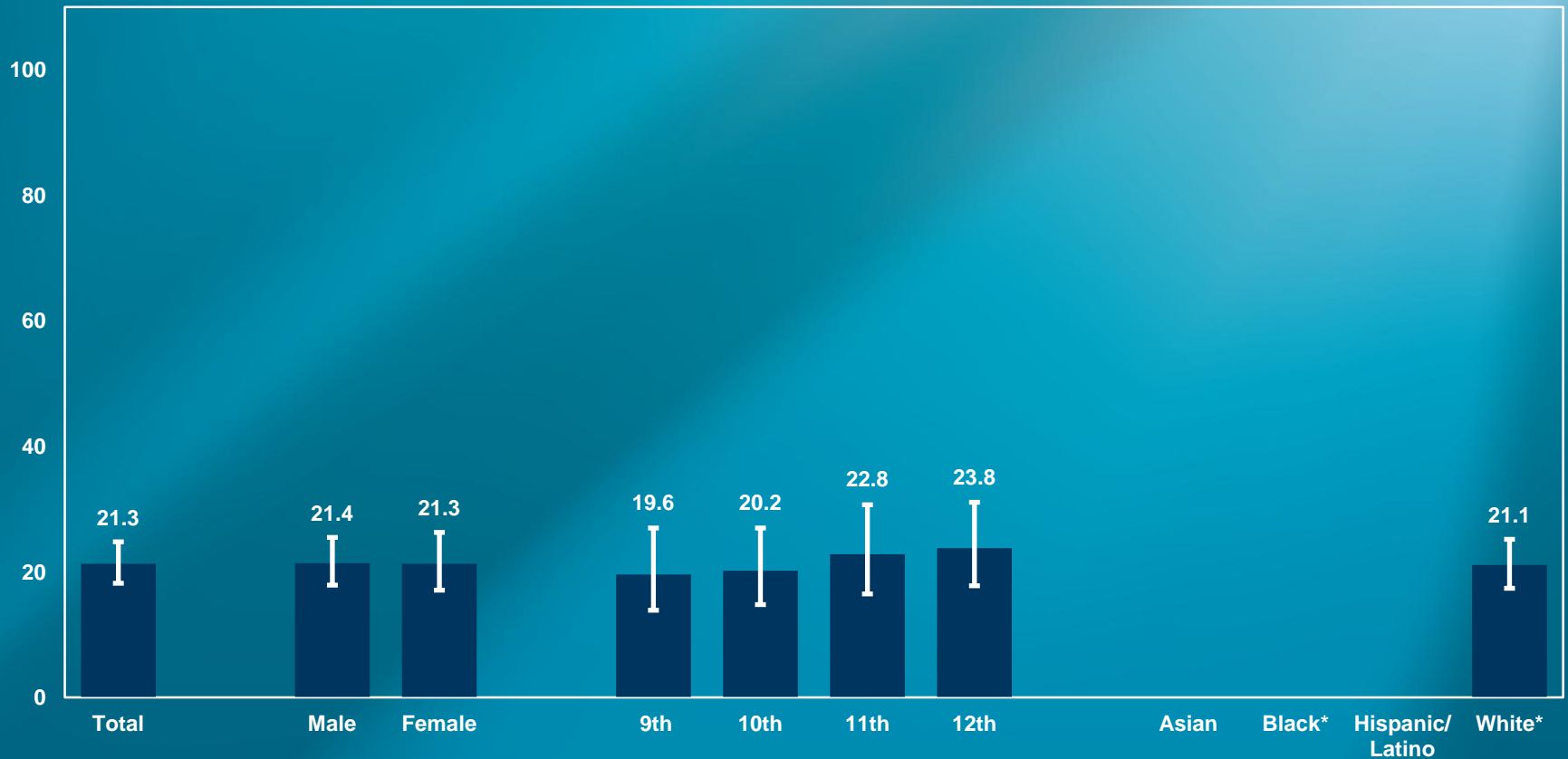
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days



QNSODA0 - Weighted Data

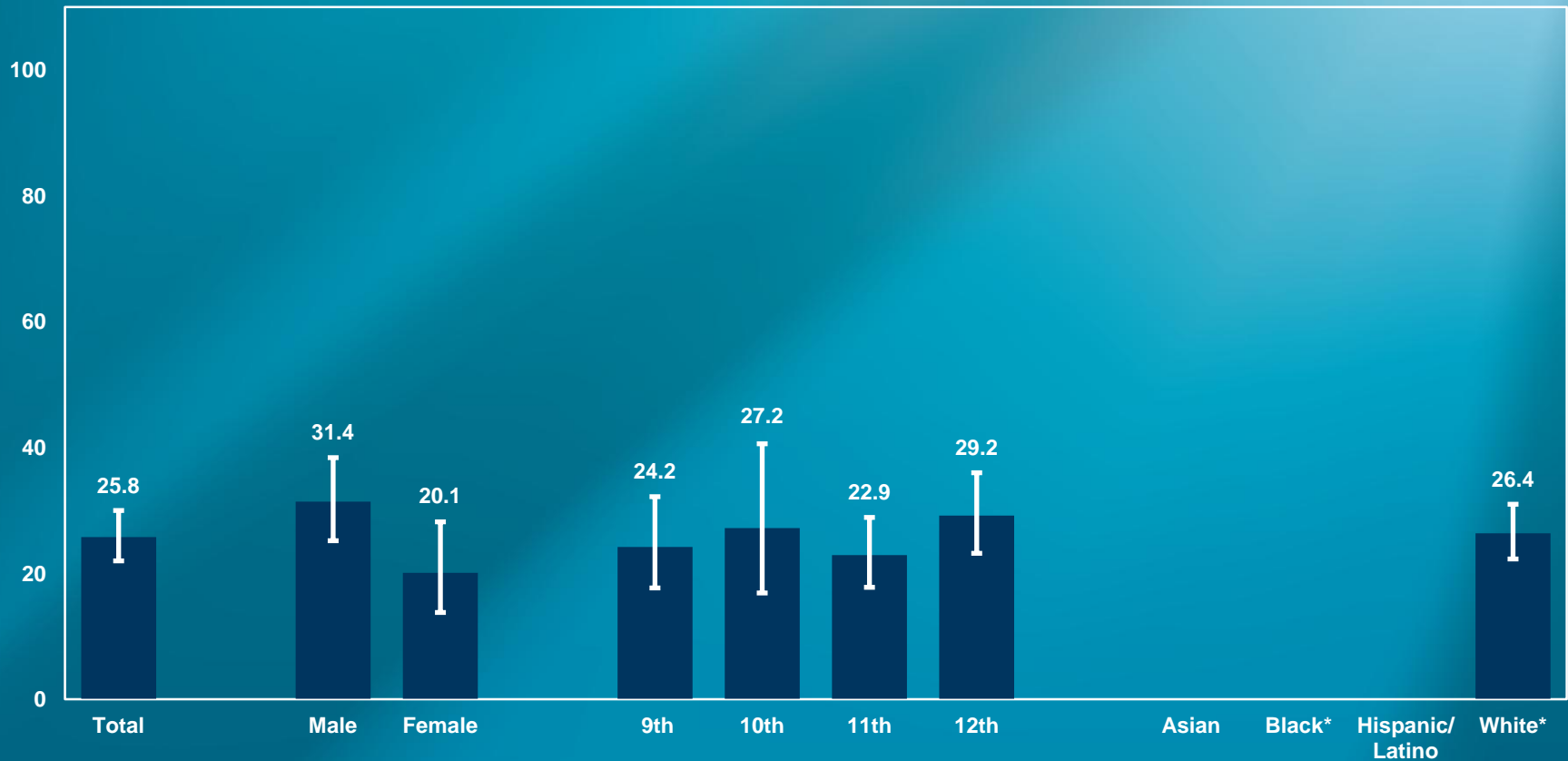
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days



QNSODA2 - Weighted Data

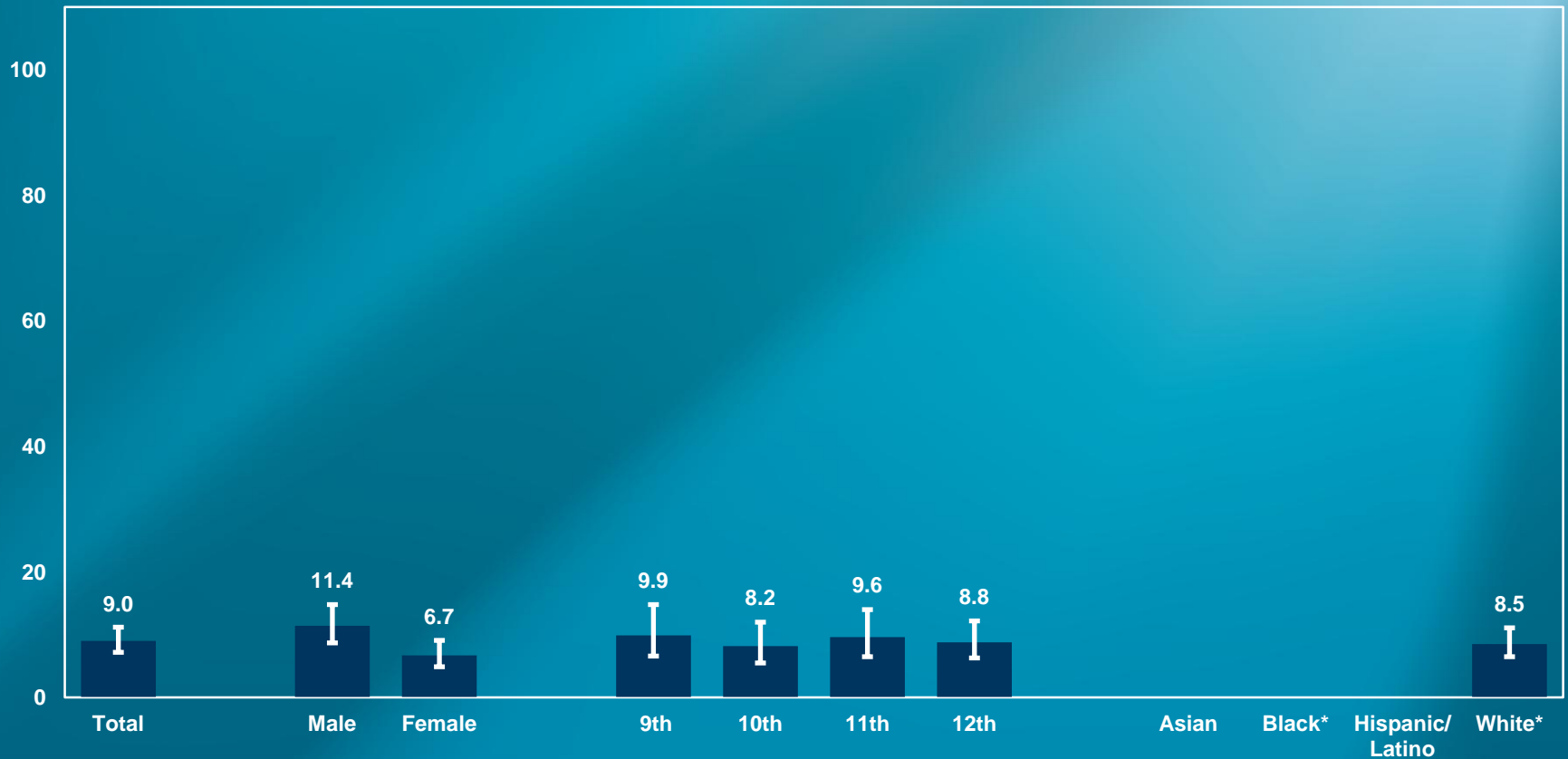
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank three or more glasses per day of milk during the past seven days



Q78 - Weighted Data

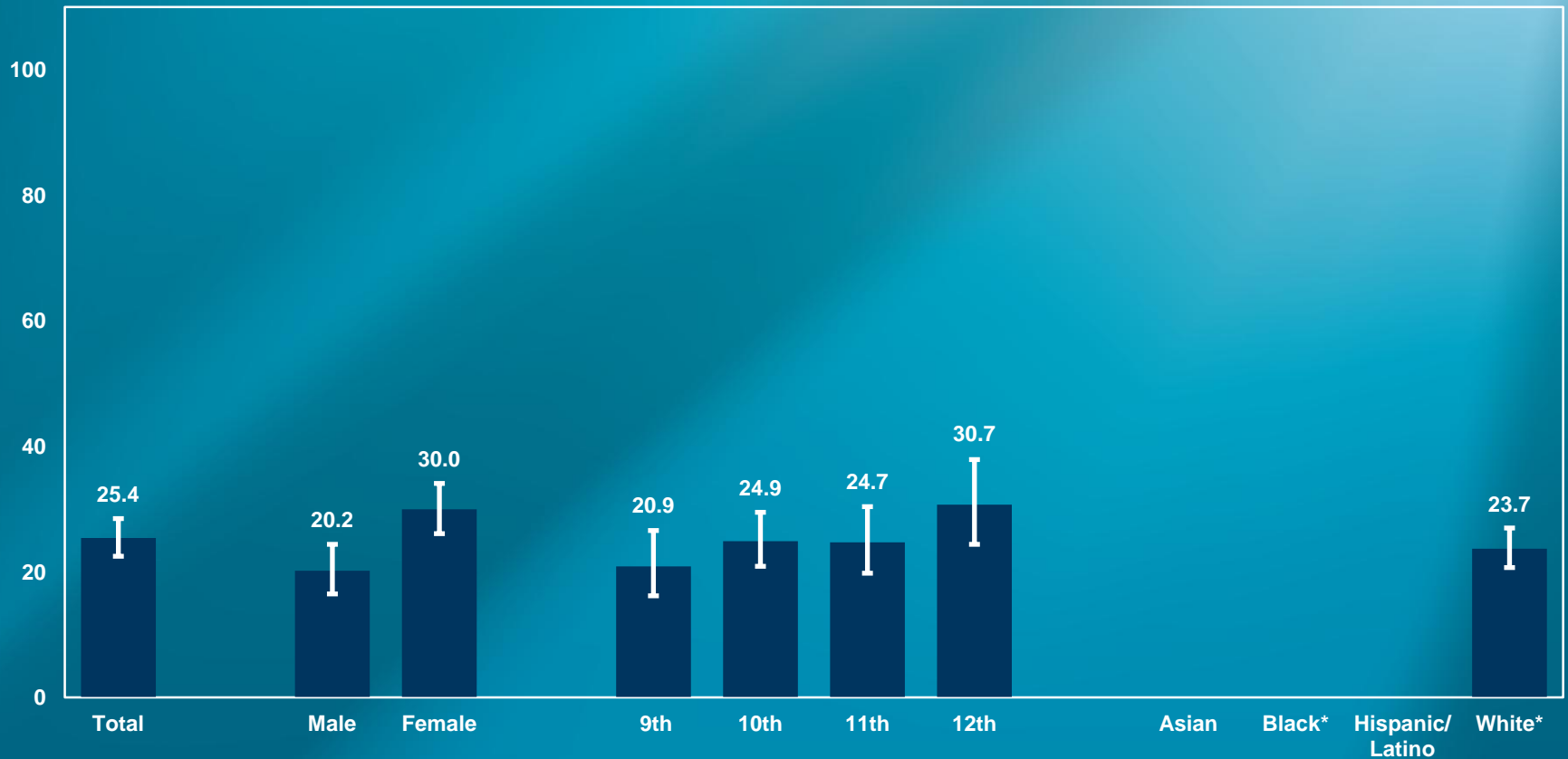
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank 0 glasses per day of milk during the past seven days



QNMILK0 - Weighted Data

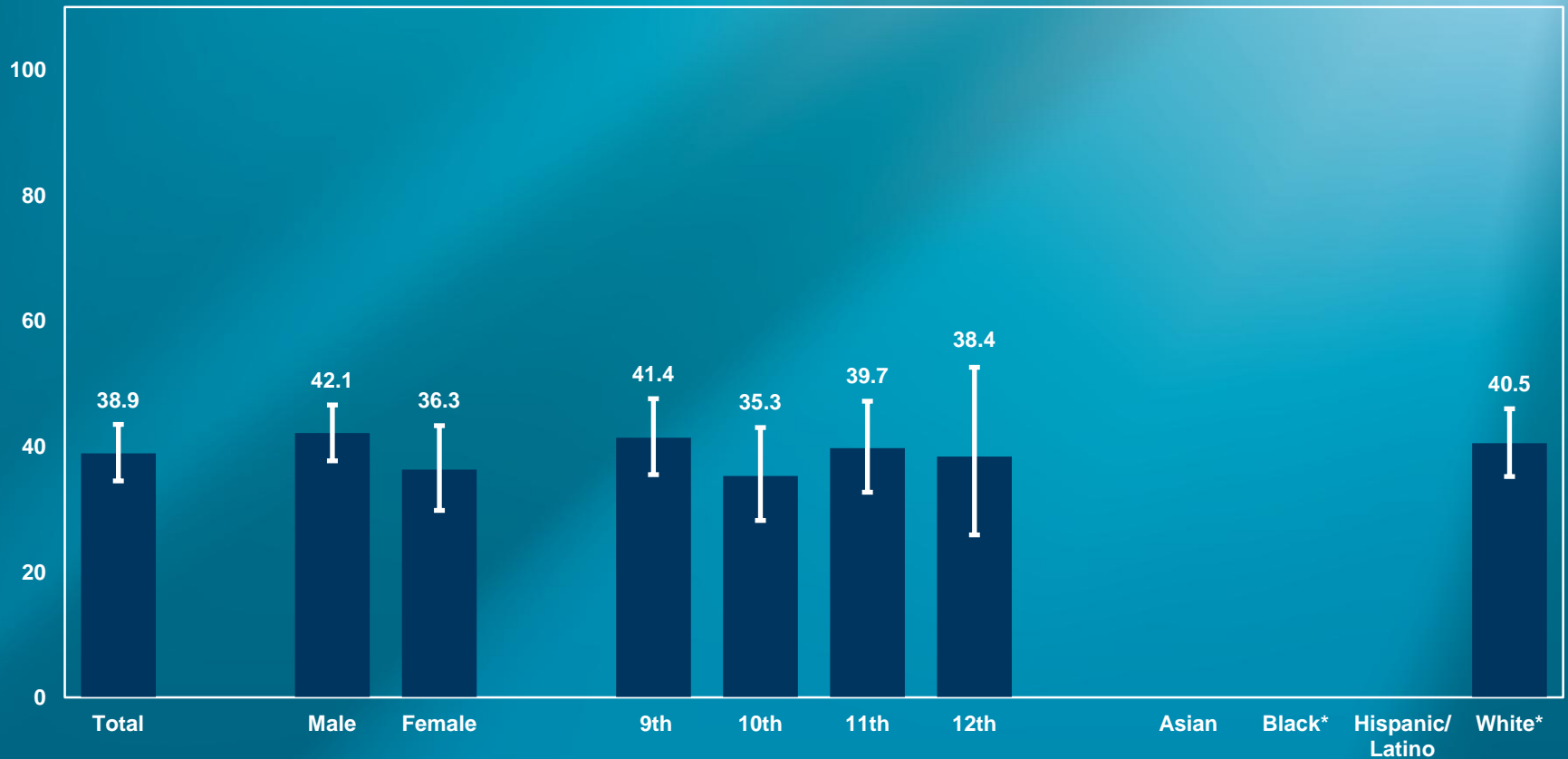
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate breakfast on all of the past seven days



Q79 - Weighted Data

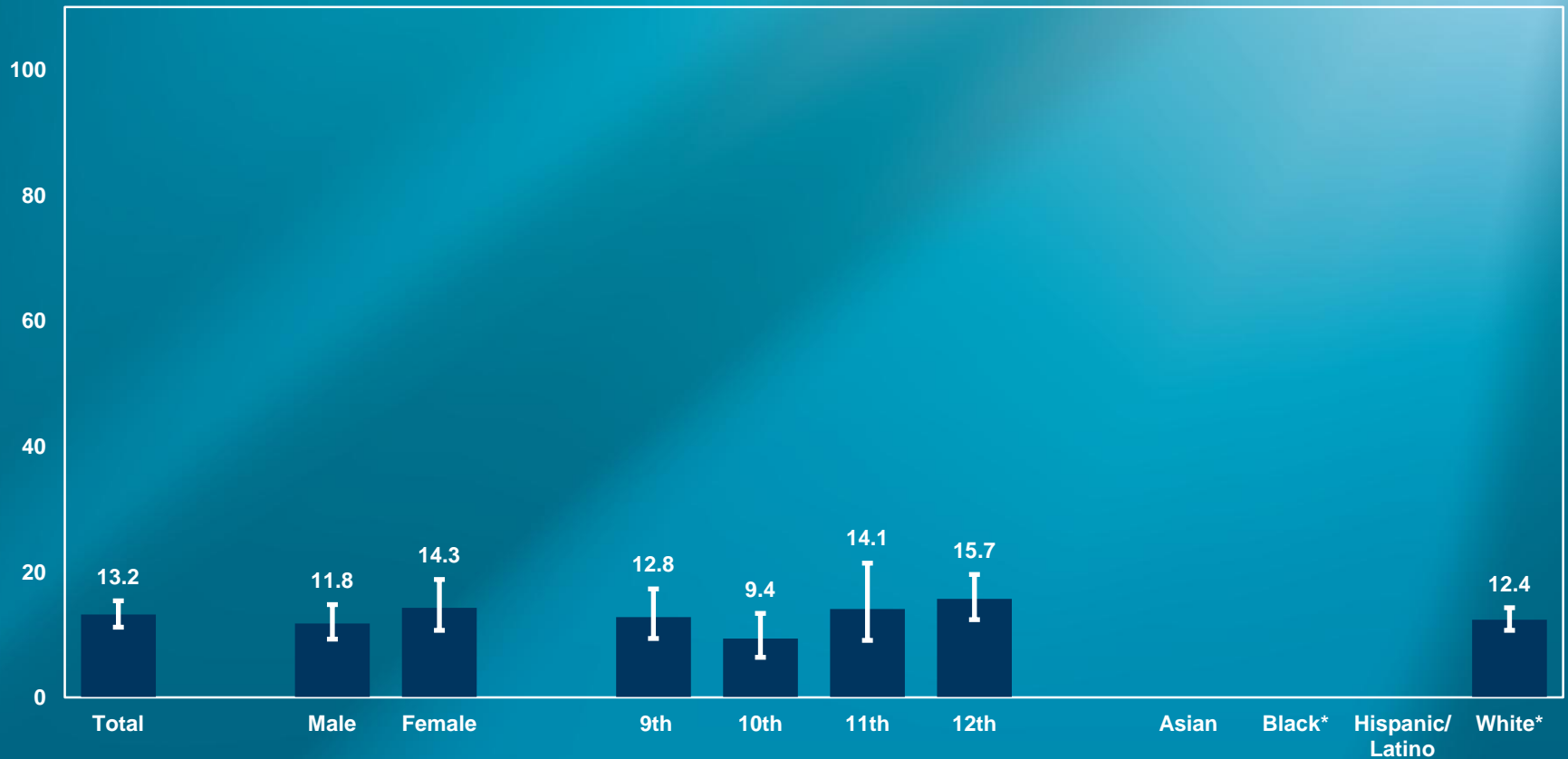
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who ate breakfast on none of the past seven days



QNNOBKFT - Weighted Data

\*Non-Hispanic.

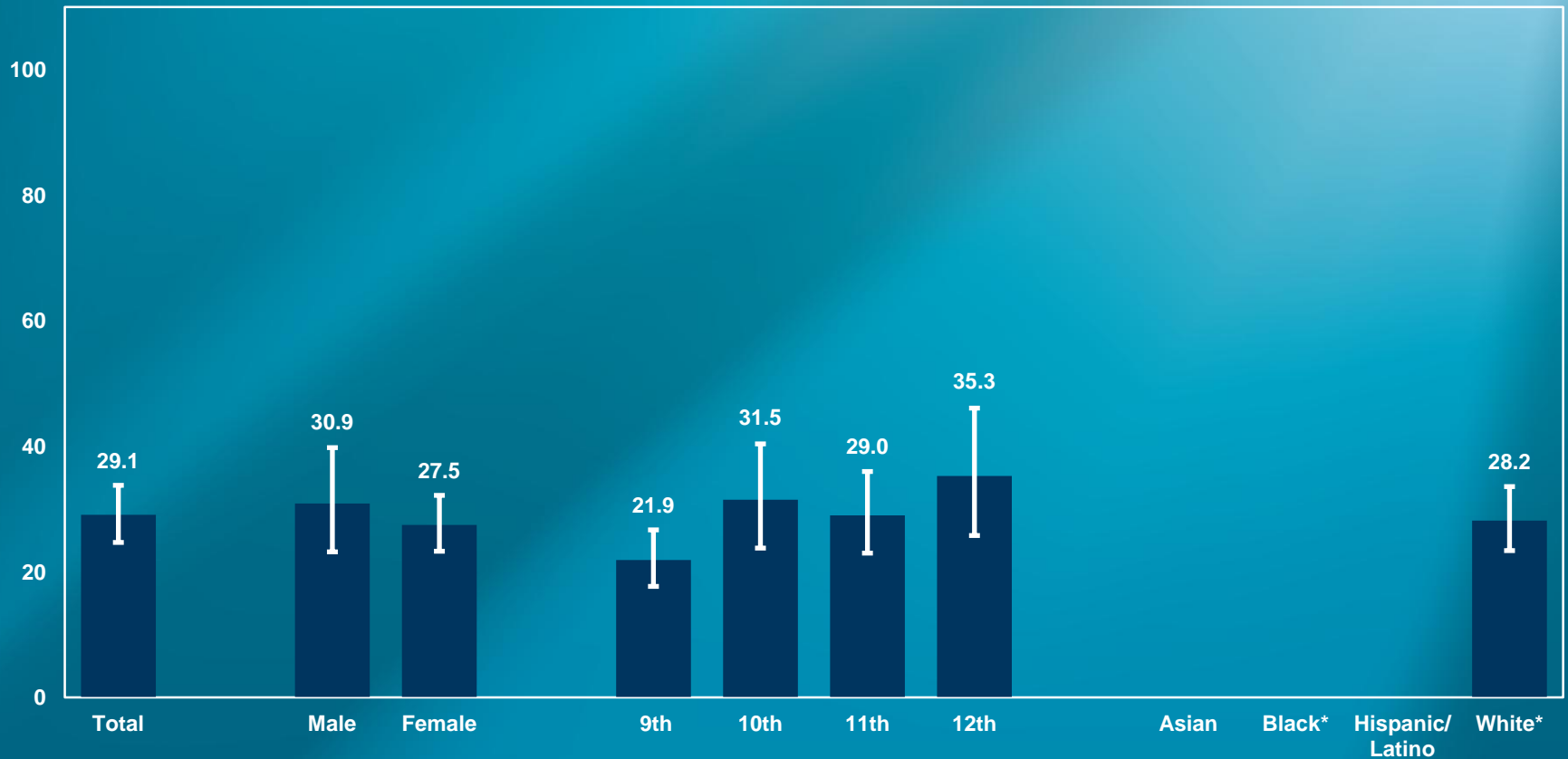
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight one or more times per day during the past seven days



Q99 - Weighted Data

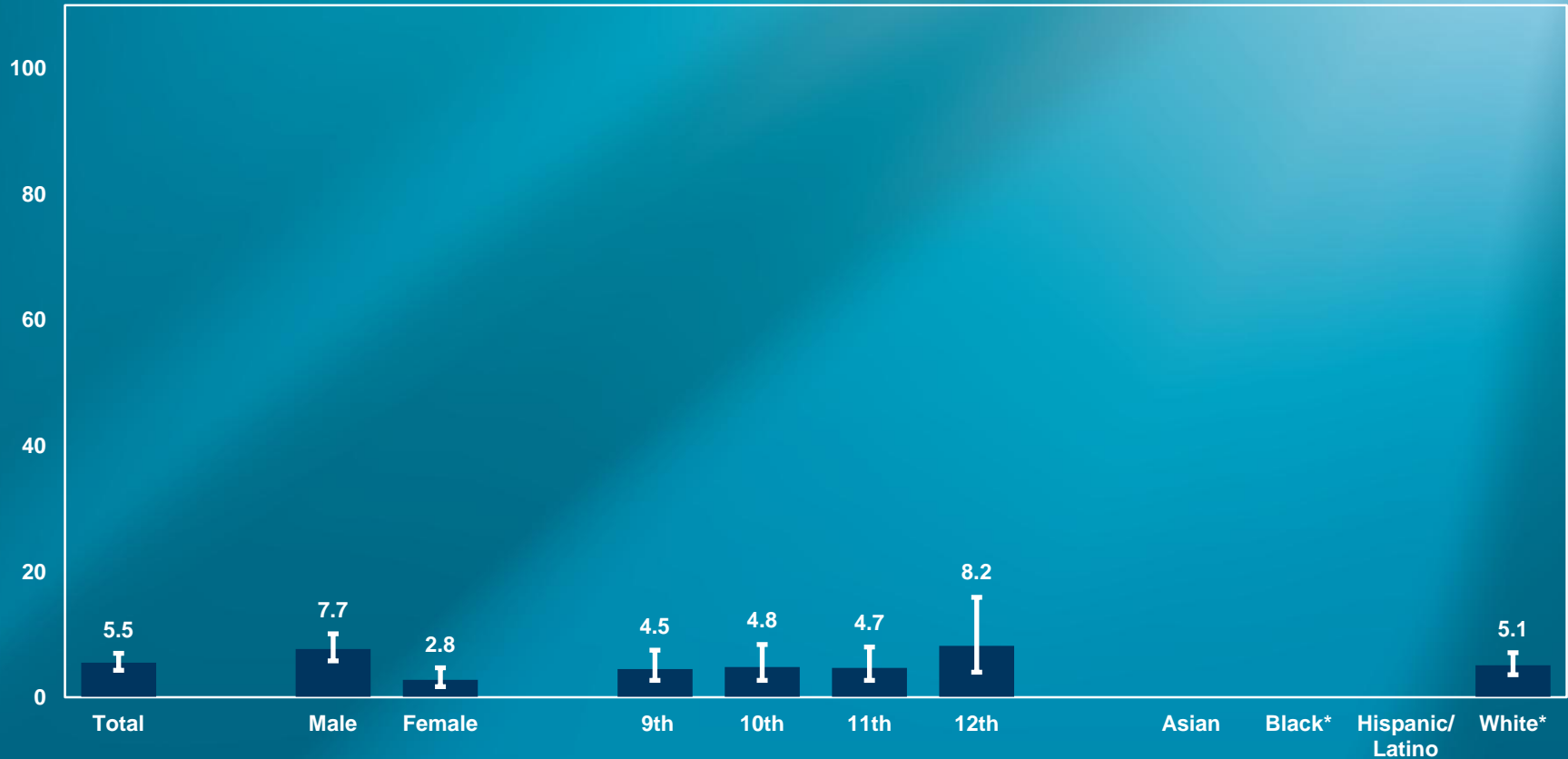
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt, one or more times per day during the past seven days



Q100 - Weighted Data

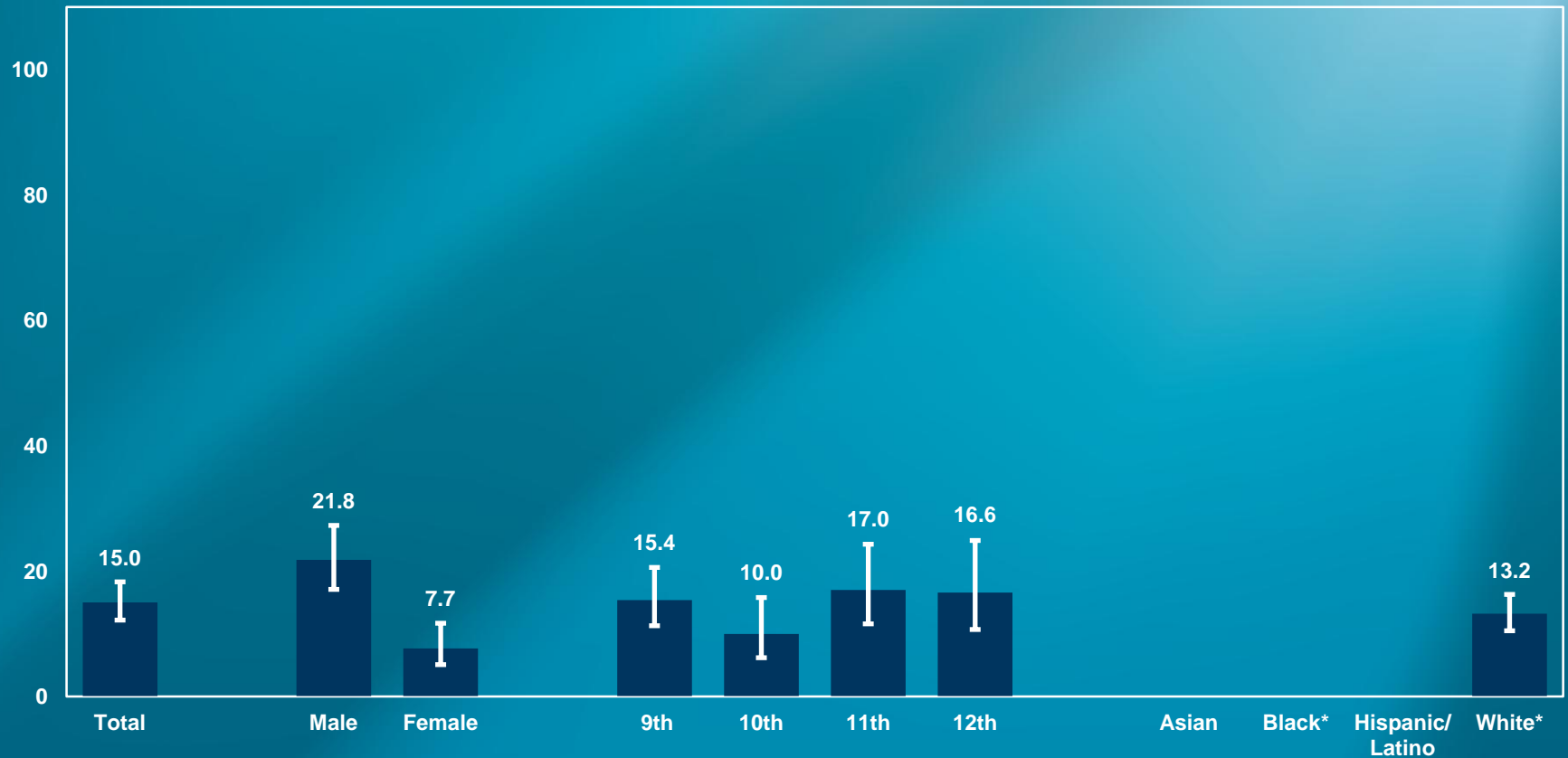
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days



Q101 - Weighted Data

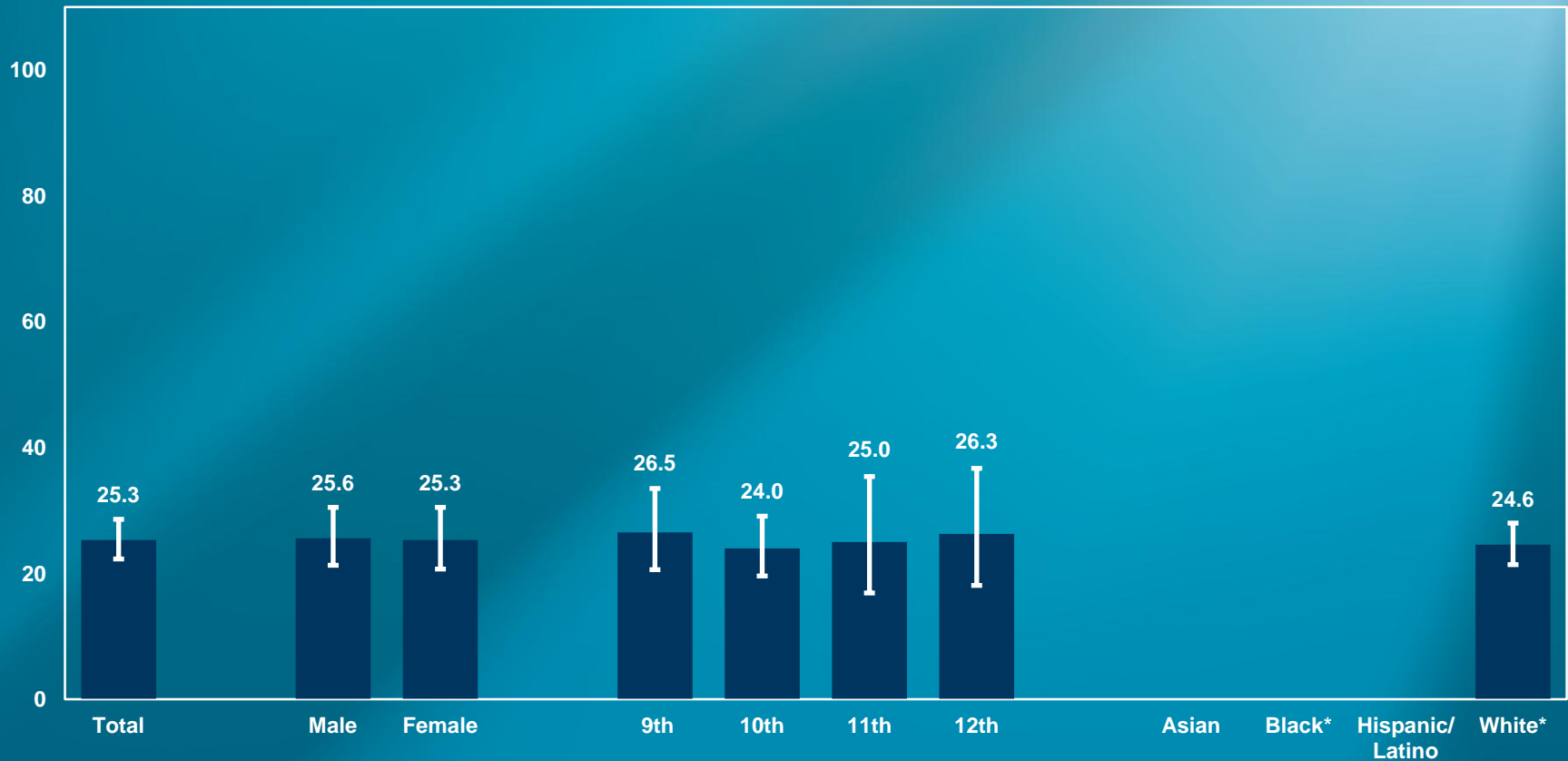
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who drank a bottle or glass of plain water four or more times per day during the past seven days



Q102 - Weighted Data

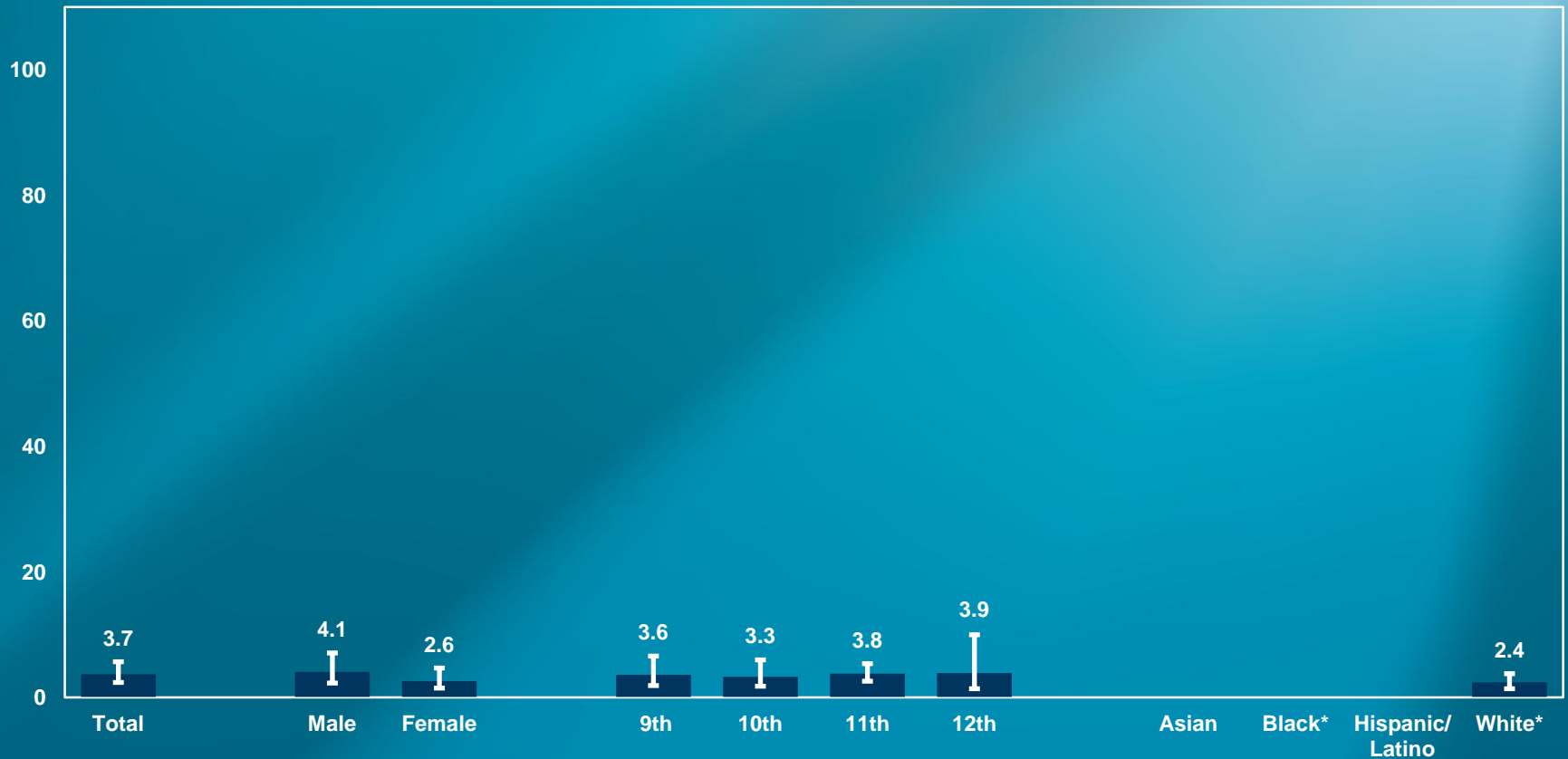
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home



Q108 - Weighted Data

\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

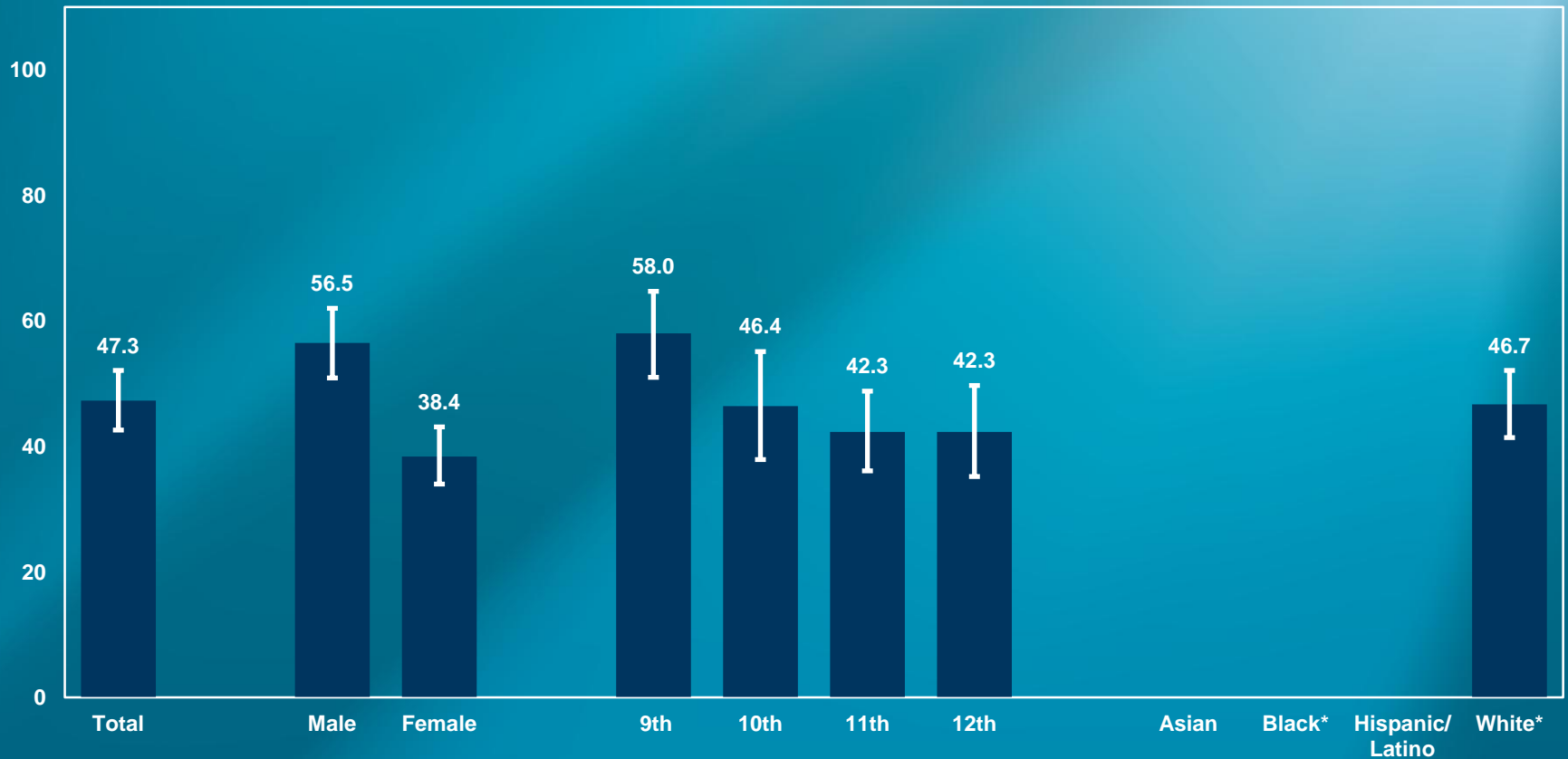
# 2013 Youth Risk Behavior Survey Results

## PHYSICAL ACTIVITY

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days



Q80 - Weighted Data

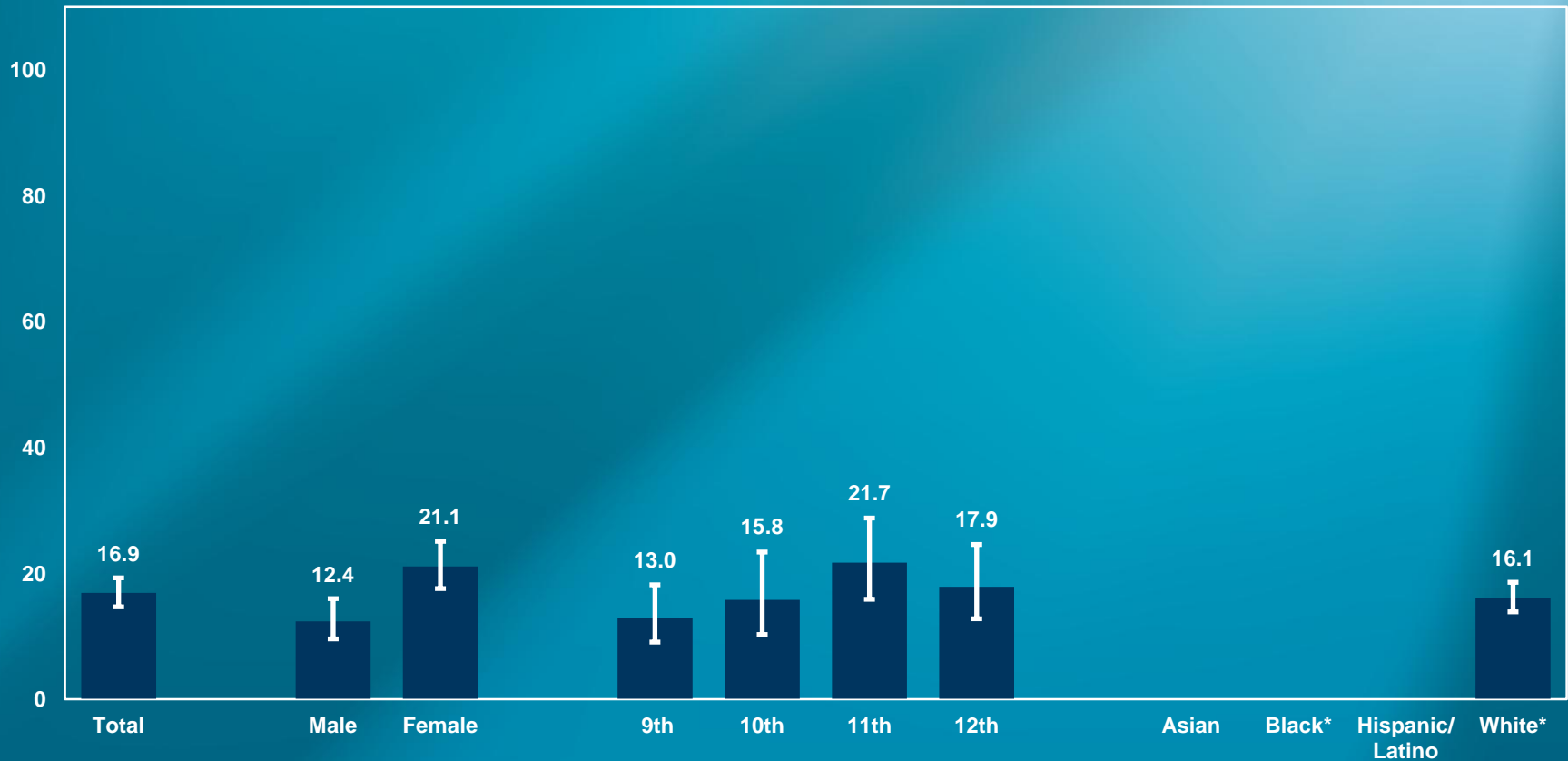
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days



QNPA0DAY - Weighted Data

\*Non-Hispanic.

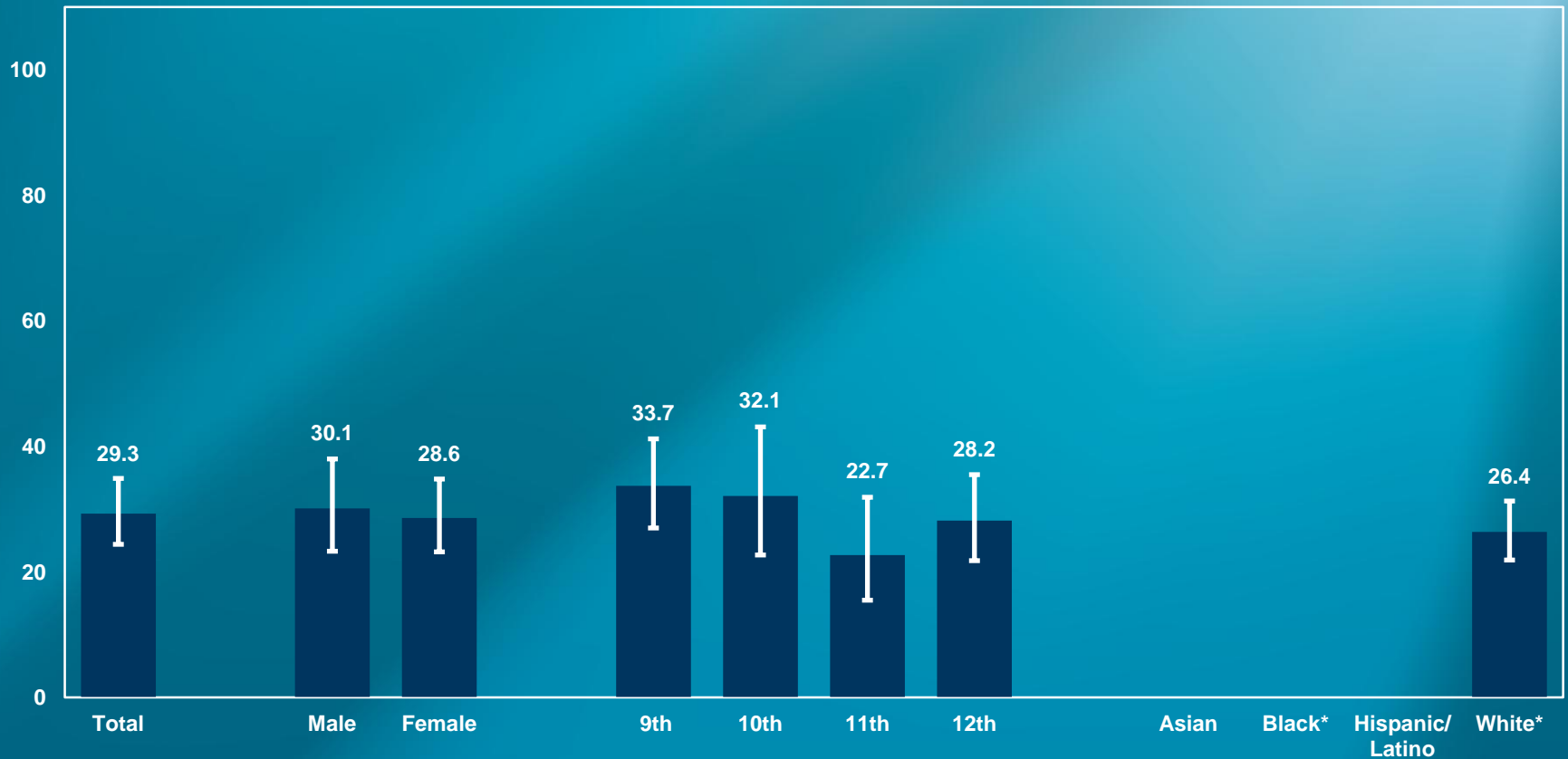
Missing bars indicate fewer than 100 students in this subgroup.



# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who watched three or more hours per day of TV on an average school day



Q81 - Weighted Data

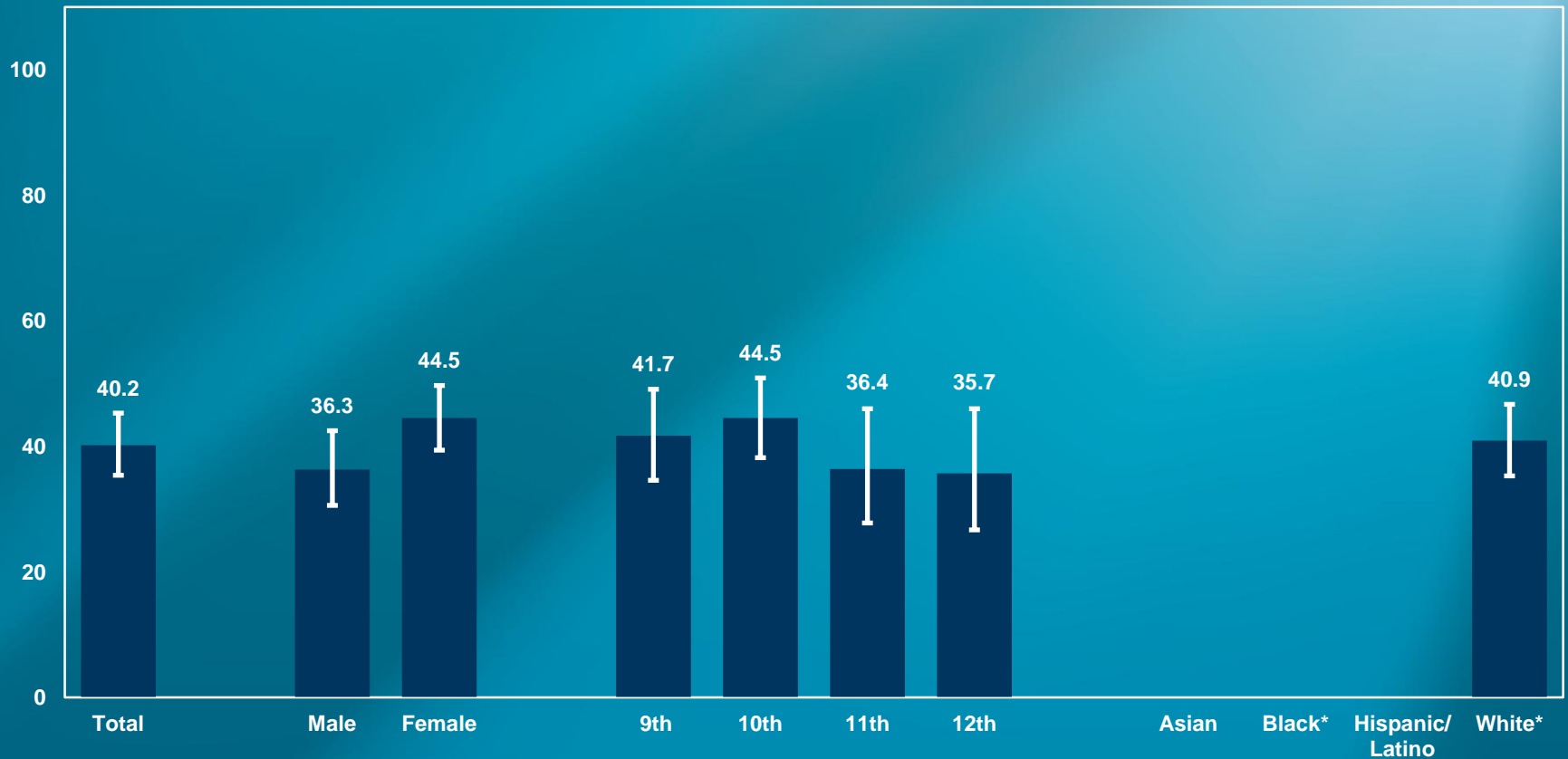
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day



Q82 - Weighted Data

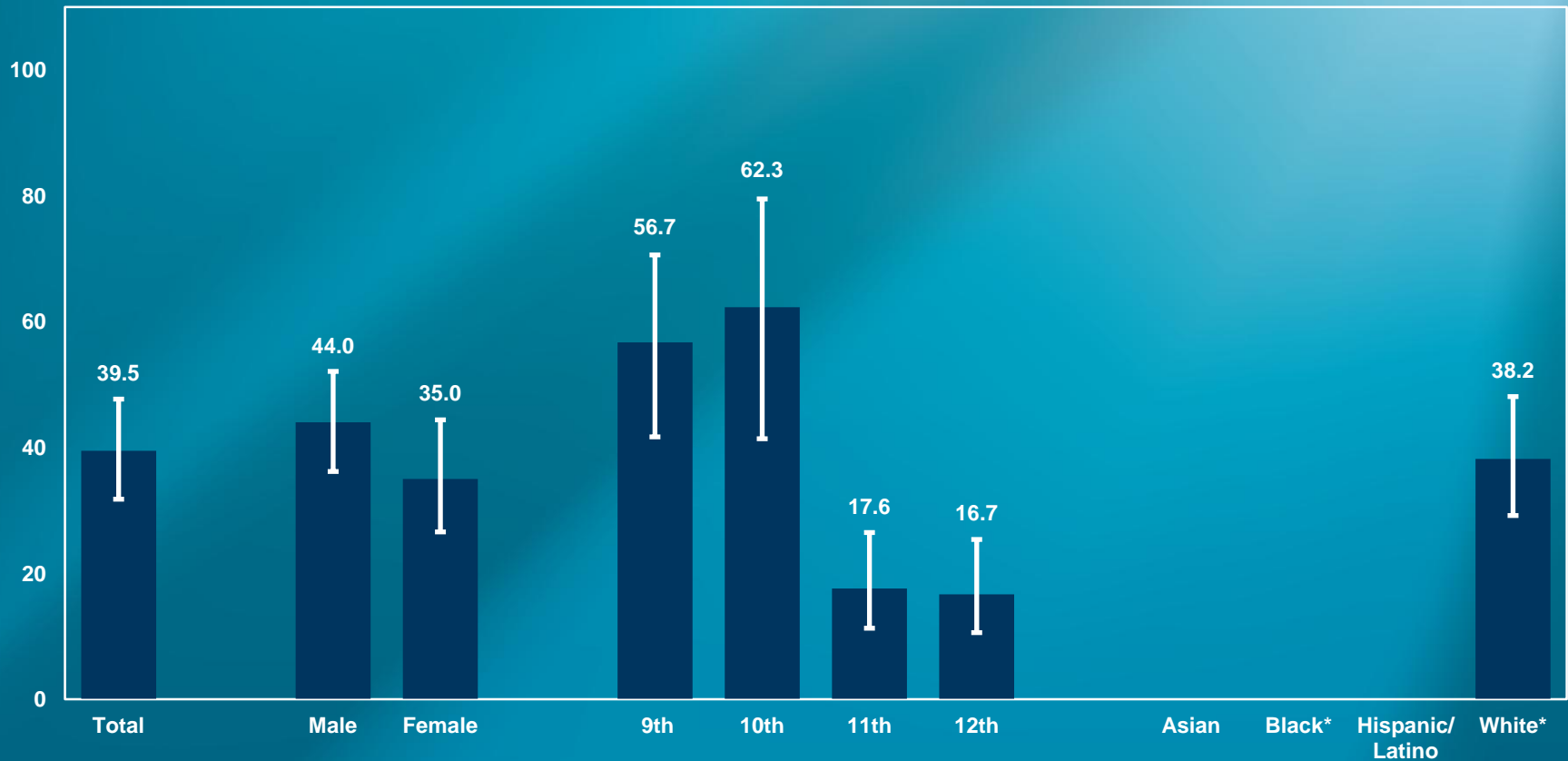
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school



Q83 - Weighted Data

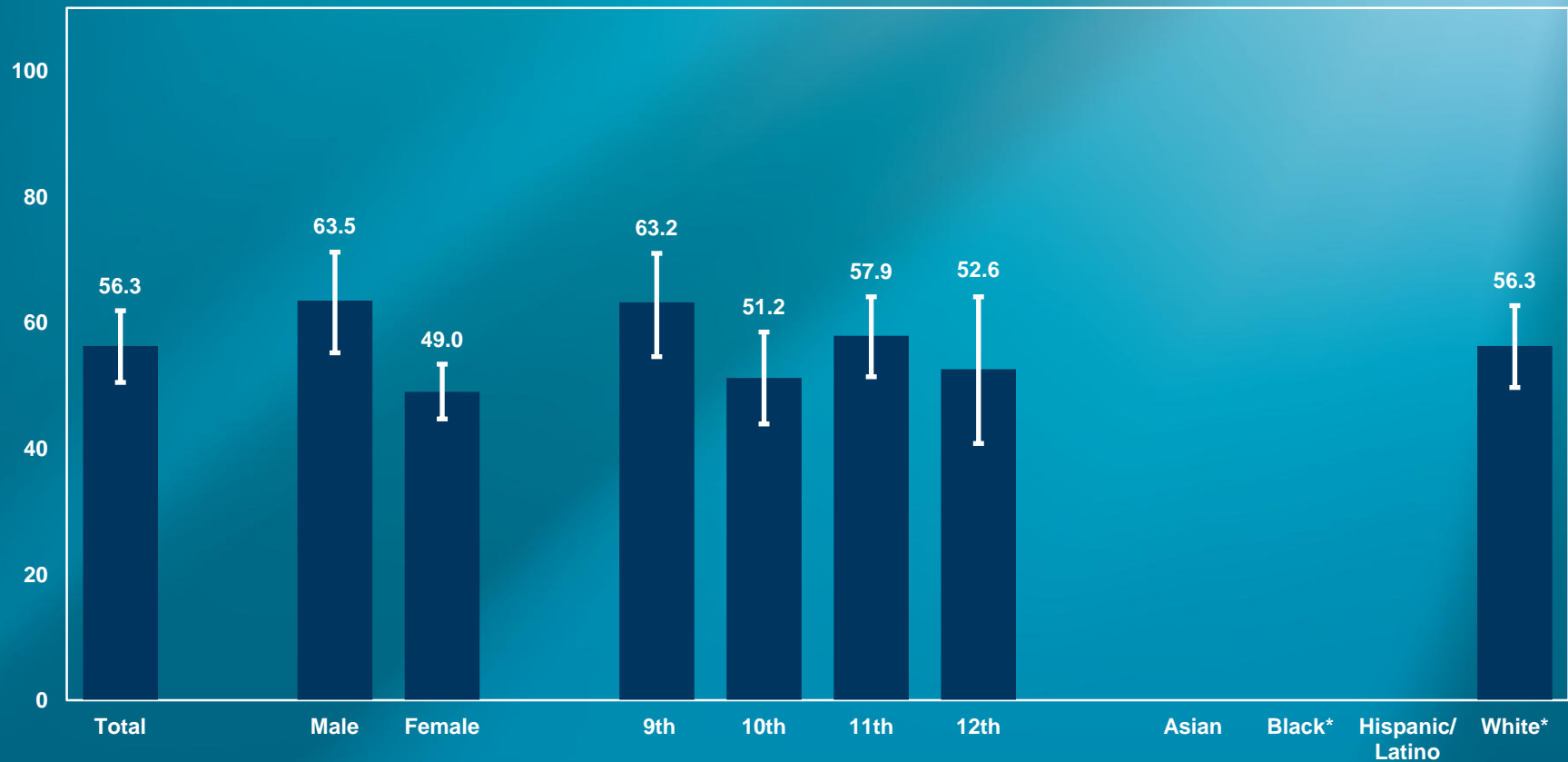
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who played on one or more sports teams during the past 12 months



Q84 - Weighted Data

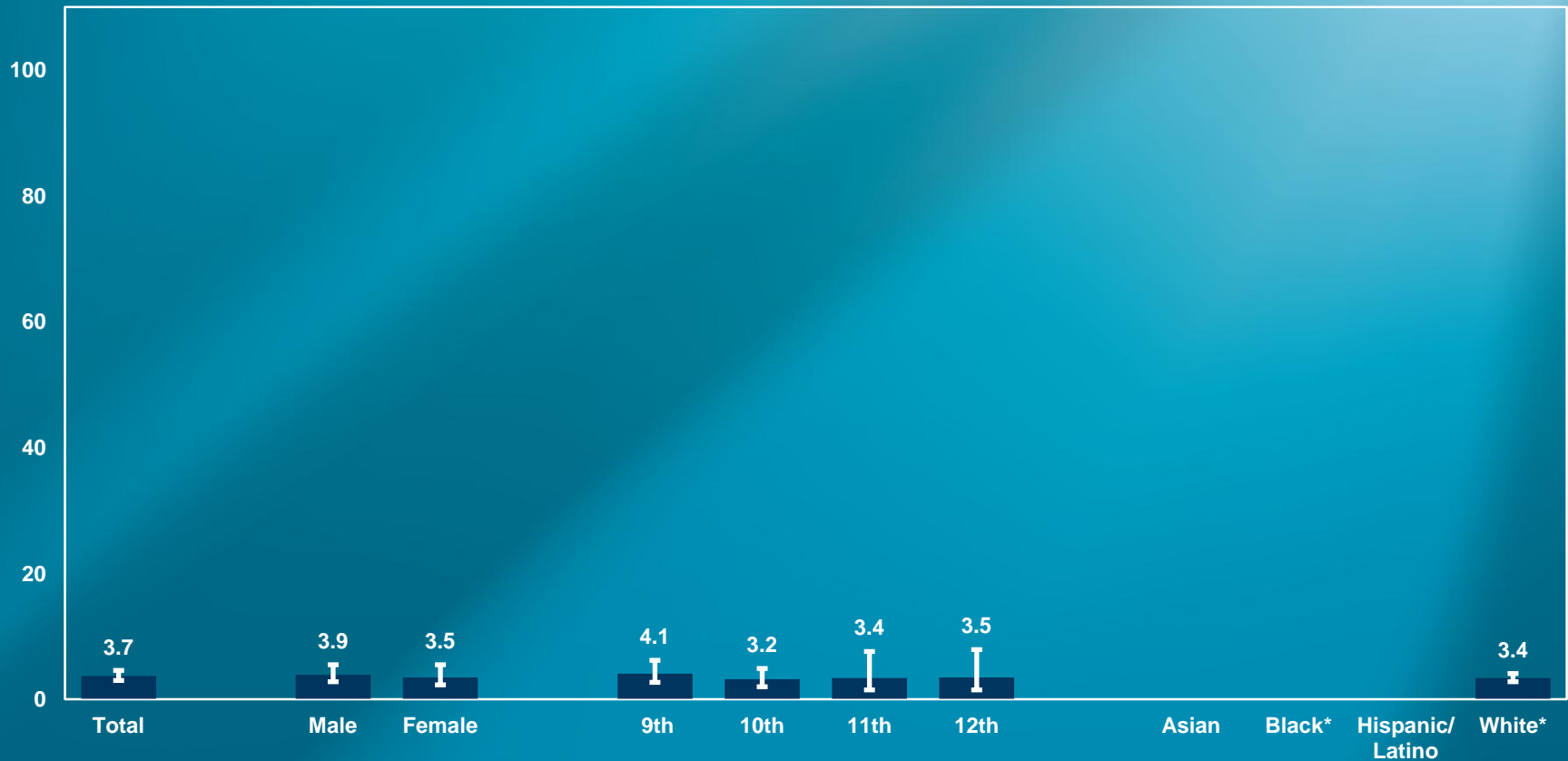
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who walk or ride their bike to school on five days in an average week when they are in school and when the weather allows



Q103 - Weighted Data

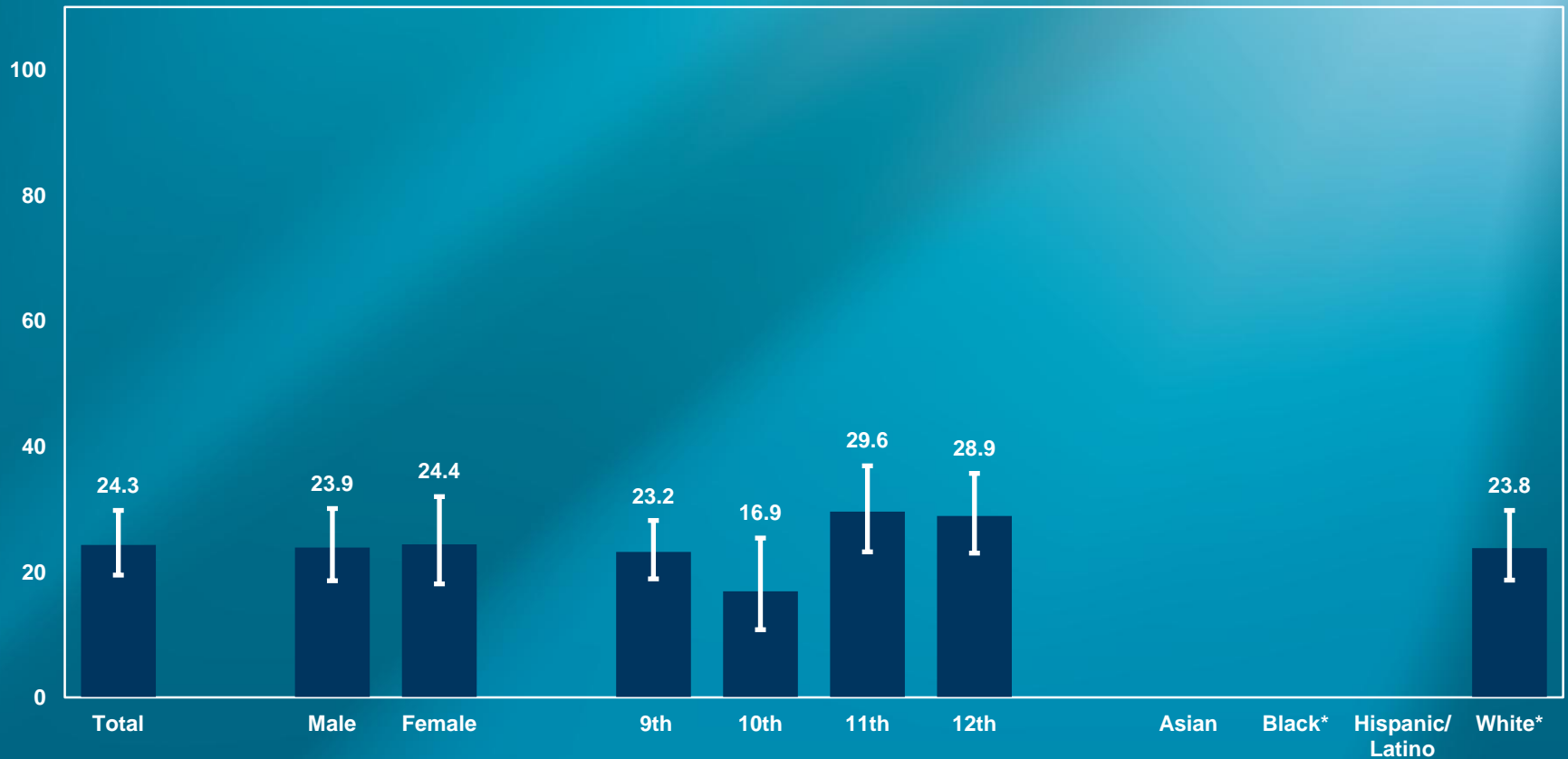
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Virginia (Southwestern) High School Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma



Q86 - Weighted Data

\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.