MRC Status and Activity Highlights:
The Medical Reserve Corps (MRC) is a national network of local groups of volunteers, with a mission to engage the volunteers in activities that strengthen public health, emergency response and community resilience. MRC volunteers include medical and public health professionals, as well as others interested in improving the health and safety of their local jurisdictions. MRC units identify, screen, train and organize volunteers, and utilize them to support routine public health activities and augment preparedness and response efforts. We are pleased to welcome seven new MRC units that were registered with the Office of the Surgeon General during this quarter:

<table>
<thead>
<tr>
<th>Region/Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Naugatuck Valley MRC (CT)</td>
</tr>
<tr>
<td>1 Central Vermont MRC #5 (VT)</td>
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<tr>
<td>1 Northwest Vermont MRC (VT)</td>
</tr>
<tr>
<td>4 Nashville MRC (TN)</td>
</tr>
</tbody>
</table>

At the end of the reporting period there were 205,152 volunteers enrolled in 986 MRC units in 50 states, the District of Columbia, Guam, the U.S. Virgin Islands, Palau, American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, and Puerto Rico. (Note: the number of volunteers is collated from the information provided by MRC units as part of their profiles on the MRC web site).

The following charts give a quick snapshot of the number and regional distribution of MRC units and volunteers, and the categories of MRC volunteers:
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Number of MRC Units

<table>
<thead>
<tr>
<th></th>
<th>FY 07 Q3</th>
<th>FY 08 Q3</th>
<th>FY 09 Q3</th>
<th>FY 10 Q3</th>
<th>FY 11 Q3</th>
<th>FY 12 Q3</th>
</tr>
</thead>
<tbody>
<tr>
<td># Units</td>
<td>681</td>
<td>760</td>
<td>823</td>
<td>888</td>
<td>947</td>
<td>986</td>
</tr>
</tbody>
</table>

Number of MRC Volunteers

<table>
<thead>
<tr>
<th></th>
<th>FY 07 Q3</th>
<th>FY 08 Q3</th>
<th>FY 09 Q3</th>
<th>FY 10 Q3</th>
<th>FY 11 Q3</th>
<th>FY 12 Q3</th>
</tr>
</thead>
<tbody>
<tr>
<td># Volunteers</td>
<td>121,696</td>
<td>156,547</td>
<td>179,190</td>
<td>205,211</td>
<td>206,009</td>
<td>205,152</td>
</tr>
</tbody>
</table>
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Number of MRC Units by Region

Number of MRC Volunteers by Region
As part of their profiles on the MRC website, 608 (62%) units reported a total of 2,902 activities: 666 administrative, 469 preparedness, 462 public health, 266 emergency response, and 1,039 training. Samples of the activities that MRC units have been involved in during this reporting period include:

**Public Health**

- Many MRC units conducted activities in recognition of National Public Health Week and National Volunteer Week.
- Several MRC units supported marathons and other running events.
- Rhode Island MRC (West Greenwich, RI) provided support for the Oral Health Foundation’s Mission of Mercy Free Dental Clinic.
- Cape Cod Junior MRC (Barnstable, MA) volunteers completed work on their garden project to raise fresh vegetables for the Hunger Network. The unit also conducted a Choke Saver/Hands Only CPR session for restaurant employees.
- Two nursing students from the Wachusett MRC (Hubbardston, MA) developed a teaching program on Lyme disease for children ages 8-11 years.
- Six volunteers from the Union County MRC (Westfield, NJ) provided blood pressure screenings and gave out preparedness information at the American Center Society’s “Relay for Life.”
- Three Central New York MRC (Syracuse, NY) volunteers assisted at a local clinic to vaccinate 225 dogs, cats, and ferrets lowering the risk of pets contracting rabies from infected wildlife and domesticated animals.
- Nassau County MRC (Uniondale, NY) provided medical support for the LI Empire Games for the Physically Challenged.
• The Southwest Virginia MRC (Bristol, VA) had 19 volunteers partner with local DEA in the Prescription Drug Takeback Initiative to collect over 296 pounds of prescription and over-the-counter drugs.

• Volunteers from Peninsula MRC (Newport News, VA) assisted at a Women's Health Day providing free pap smears, breast exams, STI testing, and immunizations to women living in that district who do not have health insurance.

• Indian River MRC (Vero Beach, FL) provided blood pressure checks, glucose screenings and foot care education for local homeless people.

• The Sumter County MRC (Bushnell, FL) assisted South Carolina Health Department staff in delivering swimming lessons to children ages 4 years to 10 years old.

• Oak Park Department of Health MRC (Oak Park, IL) provided an interactive experience with hand puppets, glow germ, and timed musical accompaniment to teach basics of handwashing and disease to 32 preschoolers.

• McHenry County MRC (Woodstock, IL) is working to make theirs a heart healthy community with MRC volunteers conducting Heart Age Assessments.

• Macomb County MRC (Mount Clemens, MI) supported local health department during a community health fair focused on smoking cessation and obesity related disease awareness.

• North Little Rock High School Medpro MRC (North Little Rock, AR) conducted a ‘Teddy Bear Clinic’ at a local elementary school, where 100 Kindergarten students learned about healthy lifestyles, including hand washing, exercise, tooth brushing and good nutrition.

• Five Albuquerque-University of New Mexico MRC (Albuquerque, NM) volunteers provided first aid and logistical support to the “All Nations Skate Jam” the largest and most prestigious skateboard competition for Native American youth that is attended by over 6,000 people and 300 skaters from 50 different tribal nations.

• The Northwest Louisiana MRC (Bossier City, LA) had seven MRC volunteers donate more than 40 hours to support ‘Women’s Retreat 2012: Celebrating Wellness and Culture’. Volunteers provided health screenings to 30 women for vital signs, weight/BMI, and blood glucose as well providing recommendations on weight loss, lifestyle modification, and healthy eating.

• South-Central Missouri MRC (Rolla, MO) provided first aid at their community summer festival.

• Eastern Nebraska/Western Iowa MRC (Omaha, NE) volunteers provided first aid to the public during Omaha's Cinco de Mayo celebration, which included assisting a pregnant woman with AIDS and mental health issues who had a seizure until the rescue squad arrived. Volunteers also helped reunite lost children with their parents.

• Eastern Nebraska/Western Iowa MRC (Omaha, NE) assisted with screening head start students for BMI, vision, and hearing.

• MRC of Southern Nevada (Las Vegas, NV) administered Tdap immunizations to 200 middle school students.

• Thurston County MRC (Olympia, WA) continues planning and vaccination activities in response to a pertussis outbreak.

• Fifteen North Idaho MRC (ID) volunteers assisted with a teen heart screening clinic. There were 144 young people screened with nine being recommended to get further attention from a physician.
Preparedness/Training

- The Shoreline MRC (Branford, CT) conducted a training event with the National Guard.
- Milford MRC (Milford, CT) volunteers participated in drill at a local hospital to determine the speed at which hospital workers evacuated after receiving a Code Silver "Active Shooter" notification.
- The Northeastern Maine MRC (Bangor, ME) conducted a full scale “Zombie Apocalypse” exercise to engage all response organizations in the region.
- Rensselaer County Department of Health MRC (Troy, NY) held an autism MRC training for 70 individuals as part of a training series for special needs populations.
- The Schuylerville County MRC (Watkins Glen, NY) received pet sheltering training from a local veterinarian.
- The Rappahannock-Rapidan MRC (Culpeper, VA) assisted a local hospital with a food-borne illness outbreak drill.
- The Southwest Virginia MRC (Bristol, VA) had 22 volunteers attend training on various types of meth labs that are currently impacting their community.
- Sumter County MRC (Bushnell, FL) facilitated the Swim Safe Summer Program that prevents water related deaths by providing swimming lessons and water safety education.
- The Tazwell County MRC (Tremont, IL) conducted a vector borne disease training to educate the community about public health risks and at what point a complaint should be filed with the local health department.
- The Minnesota Behavioral Health MRC (St Paul, MN) took part in a training exercise involving a tornado strike scenario at Minneapolis-St. Paul International Airport.
- MRC volunteers and leaders from the Central Ohio Region organized a combined training around PODs, mental health, radiation, and animal response for leaders and volunteers in the Central Ohio Region.
- Oklahoma Region 8 - Oklahoma County MRC (Oklahoma City, OK) hosted a virtual storm spotter training.
- Marshall County MRC (Marysville, KS) volunteers had the opportunity to participate in a Disaster Assessment course, which taught volunteers how to assess damage to homes in a disaster.
- A volunteer from the Monroe County MRC (Paris, MO) participated in a Click-It-Or-Ticket campaign.
- Maui County Health Volunteers (Wailuku, HI) practiced vaccination skills and administered hepatitis shots to the Maui Fire Department.
- MRC volunteers from Napa County (Napa, CA) MRC were turned into zombies for 3.5 hours and educated families on how to prepare for disasters and prevent the “zombie flu” at the National Public Health Week Wellness Fair.
- Eastern Idaho MRC (Idaho Falls, ID) conducted a full scale earthquake exercise with the State of Idaho Bureau of Homeland Security.
- The Tulalip Tribes MRC (WA) participated in an earthquake exercise in partnership with the Snohomish County MRC (WA), Marysville Police Volunteers, Snohomish County Emergency Management, and the U.S. Navy to mobilize, operate, and demobilize a local Point of Dispensing (POD).
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- Thirty-three Carnation-Duvall MRC (WA) volunteers participated in an earthquake disaster response exercise by simultaneously opening an Incident Command Post and four Field Treatment Centers with an estimated $5,950 of volunteer time.

**Emergency Response**

- The Upper Merrimack Valley MRC (Westford, MA) at the request of the local American Red Cross (ARC), deployed two mental health professionals to counsel victims of an apartment fire.
- Stoughton-Holbrook-Avon-Randolph MRC (Randolph, MA) provided cooling shelters in towns of their area for excessive heat in the region.
- The Suffolk County MRC (Yaphank, NY) was activated to support scene field care and shelter operations due to wild fires.
- In April, the Delaware MRC (Smyrna, DE) had seven pharmacist volunteers work in partnership with their local health department and emergency management for a Potassium Iodide distribution to residents who lived and worked near the Salem/Hope Creek Nuclear Generating Station.
- Three West Central Florida MRC (Dade City, FL) volunteers (LPN, RN, and EMT) were deployed for Special Needs Shelter duty as a result of flooding during Tropical Storm Debby.
- Dane County MRC (Madison, WI) volunteers were activated to provide psychological first aid in partnership with the ARC and local high school for their local community after a day and half search for two missing teenage girls ended after they were found to have drowned.

**Unit Development/Administration**

- The Torrington Area MRC (Torrington, CT) worked with Americorps to obtain volunteers for summer assistance.
- The Orange County MRC (Goshen, NY) was given a presentation on lessons learned from earthquakes in Pakistan and Haiti, which also covered types of injuries, wound care, and aftermath care.
- The Mercer County MRC (Harrodsburg, KY) recruited 15 employees at the Hitachi Health Fair as volunteers for the unit.
- The Ripley County MRC (Versailles, IN) was represented at the Indiana State HOSA competition by three HOSA/MRC volunteers.
- Wisconsin Disaster Medical Response Team MRC (Appleton, WI) achieved 75% of its membership utilizing the MRC TRAIN training portal.
- The Ida County MRC (Ida Grove, IA) created and distributed the unit’s first MRC newsletter to volunteers, hospital employees, board of health members, and community partners.
- The Lewis County MRC (Monticello, MO) hosted a volunteer recognition dinner, which also included a tabletop exercise based on a tornado scenario.
- The MRC of Boulder County (Boulder, CO) raised awareness for the MRC as well as public health and preparedness initiatives among its county’s businesses and employees.
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**Division of the Civilian Volunteer Medical Reserve Corps Activities and Accomplishments:**

The mission of the Division of the Civilian Volunteer Medical Reserve Corps (DCVMRC) is to support local efforts to establish, implement, and sustain MRC units nationwide. DCVMRC is headquartered in the Office of the Surgeon General and functions as a clearinghouse for information and guidance to MRC units and other stakeholders. DCVMRC activities include strategic planning, intra- and interagency coordination, communications, policy development, program operations, grants management, contract oversight, technical assistance, and deployment operations. These activities are carried out by DCVMRC staff, including the MRC Regional Coordinators. Major activities and accomplishments during the reporting period included:

Major activities and accomplishments during the reporting period included:

- There were two replacement MRC State Coordinators appointed during the quarter:
  - Massachusetts – Mary E. Clark, JD, MPH (mary.clark@state.ma.us, 617-624-5273)
  - Hawaii – Raphael Ramos (raphael.ramos@doh.hawaii.gov, 808-587-5771)

- DCVMRC staff participated, presented and/or exhibited at the following meetings and conferences:
  - DCVMRC senior leadership participated in an American Red Cross hosted partner readiness meeting in Arlington, VA
  - DCVMRC attended the National Health Promotion Summit in Washington, DC.
  - DCVMRC presented at the CDC’s Strategic National Stockpile training for state and local planners in Atlanta, GA.
  - DCVMRC co-sponsored, presented and provided support at the 2012 Integrated Medical, Public Health, Preparedness & Response Training Summit in Nashville, TN.
  - DCVMRC exhibited at, and participated in, the CDC’s ‘Weight of the Nation’ conference in Washington, DC.
  - DCVMRC exhibited at the 44th Annual National Conference on Radiation Control in Orlando, FL.
  - DCVMRC attended and exhibited at the National Conference on Volunteering & Service in Chicago, IL.
  - DCVMRC attended, presented, and exhibited at the HOSA-Future Health Professionals National Leadership Conference in Orlando, FL.
  - DCVMRC attended the Michigan Volunteer Registry Conference & Functional Exercise in Lansing, MI.
  - DCVMRC assisted ASPR partners during NATO response in Chicago, IL.
  - DCVMRC attended and presented at the Wisconsin state-wide MRC Conference.
  - DCVMRC attended the Central Minnesota Responds MRC Workgroup Meeting.
  - DCVMRC participate in monthly Regional Catastrophic Planning Team meetings.
  - DCMRC attended the Illinois Integrated Public Health and Medical Summit.
  - DCMRC participated in the MRC Illinois quarterly meeting.
  - DCVMRC attended the Southeast Minnesota MRC Training Conference.
  - DCVMRC participated in the MRC Roundup 2012 full scale exercise in Ventura County.
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- DCVMRC attended Indiana Quarterly MRC Meeting in Plainfield, IN.
- DCVMRC attended the HOSA State Competition in Indianapolis, IN.
- DCVMRC attended Central Ohio Volunteer Training in Columbus, OH.
- DCVMRC attended Central Illinois MRC Training in Springfield, IL.
- DCVMRC attended the Regional Citizen Preparedness meeting in Valparaiso, IN.
- DCVMRC attended and supported the Texas Unites Conference in San Antonio, TX.
- DCVMRC presented at the Maine Statewide Emergency Preparedness Conference in Augusta, ME.
- DCVMRC presented at the Vermont Healthcare Preparedness Conference in Stowe, VT.
- DCVMRC presented at the NH MRC Quarterly Meeting in Concord, NH.
- DCVMRC presented at the Westford, MA Annual Training Symposium in Westford, MA.

- The MRC was mentioned in at least 76 newspapers and other types of articles during the reporting period. See the “News and Events” page on the MRC web site for links.

- The Medical Reserve Corps was featured in the April 4, 2012 edition of the Journal of the American Medical Association (JAMA).