



# NATIONAL PUBLIC HEALTH WEEK

April 2018

## Free Programs!

### MONDAY, APRIL 2 EDUCATIONAL DISPLAYS

Visit a local health department within the Crater Health District during National Public Health Week (NPHW) and learn more about good health practices. Once you have learned healthier practices, incorporate them into your day to obtain better health outcomes. There will be costumer giveaways as part of National Public Health Week. We hope to see you there.

### ART EXHIBIT: “WOULD YOU RATHER?”

Emporia YMCA, 212 Weaver Avenue, Emporia, VA 23847  
The art students of Greensville County High School will showcase their visually creative food artworks at the Emporia YMCA as part of National Public Health Week. This three-dimensional food art is made out of paper Mache, newspapers and recycled items found around the campus to create the food that they wanted to display. They used flour, salt, water and torn strips of newspaper. After shaping the food items and letting them dry for 24 hours, students painted and decorated them. “Would You Rather” is asking the public to make comparisons to the food displayed within the exhibit. For example, would you rather eat a box of donuts, or a bowl of fruit? In addition, student’s logo artwork from C.H.A.T. (Community Health Act Team) in Emporia and pictures of the process will be on display.

INFORMATION, 804- 863-1652, [WWW.CRATERHD.NET](http://WWW.CRATERHD.NET)

### “HEALTH EDUCATION OUTREACH FAIR” Sponsored by the Community Health Worker Network

During the health fair, there will be free blood pressure screenings, pre-diabetes risk assessment screenings, and more! Community members will receive information on healthy eating, ways to incorporate physical activity into daily activity, and community health resource guides.

#### Location 1:

10:00 AM to 1:00 PM  
Petersburg Public Library  
201 W Washington Street

#### Location 2:

2:00 PM to 5:00 PM  
Appomattox Regional Library System  
209 E Cawson Street

### FARMER’S MARKET STANDS AND DISPLAYS

Local Farmer’s Markets will display and giveaway resources and fruits at local health offices in honor of National Public Health Week. Persons can inquire about Supplemental Nutrition Assistance Program (SNAP) and other related programs through the information provided. The River Street Farmer’s Market will be present at the Petersburg Health Department to discuss

- Monday April 2**  
Surry Health Department
- Tuesday, April 3**  
Prince George Health Department
- Wednesday, April 4**  
Hopewell Health Department  
Dinwiddie Health Department
- Thursday, April 5**  
Emporia / Greensville Health Department  
Sussex Health Department
- Friday, April 6**  
Petersburg Health Department



### TUESDAY, APRIL 3 VIRGINIA STATE UNIVERSITY CAMPUS

12:00 PM to 3:00 PM  
1 Hayden St, Petersburg, VA 23806  
Foster Hall Lobby

A SPECIAL OFFER FOR VSU STUDENTS ONLY!

Crater Health District (CHD) staff and MRC volunteers will conduct a survey of hand hygiene practices on a residential college campus and provide preventative measures. CHD will inform students of handwashing and hand sanitation practices on campus. They will provide sanitation methods, survey results and give a conclusion and possible recommendations on sanitation procedures of VSU students.

### SPECIAL THANKS TO:



## WEDNESDAY, APRIL 4

### FAITH-BASED EMERGENCY PREPAREDNESS WORKSHOP OUTREACH

1:30 PM to 3:00 PM

Petersburg Public Library  
201 West Washington Street  
Petersburg, VA 23803

Crater Health District is offering an education session for our faith-based communities to learn **How to Prepare for All Types of Emergencies**. Join us for a one-stop-shop for information regarding **Active Shooter, Knowing What to Look for and When to report, Planning for Natural Disaster - Hurricanes, Tornados, Flooding, How to Make a Home Emergency Kit and more!**

### THE AMERICAN RED CROSS BLOOD DRIVE

10:00 AM to 3:00 PM

Petersburg Health Department  
301 Halifax Street  
Petersburg, VA 23803

The American Red Cross will collaborate with the Crater Health District to host a blood drive for the Petersburg area. Please sign up to donate blood today at:

<http://rdcrss.org/2FvtVqj>



**American Red Cross**

## THURSDAY, APRIL 5

### FILM OPENING: "CHASING THE DRAGON"

5:30 PM

Appomattox Regional Library, 209 East Cawson Street, Hopewell, VA 23860

In an effort to combat the growing epidemic of prescription drug and heroin abuse, the FBI and DEA have released "**Chasing the Dragon: The Life of an Opiate Addict**", a documentary aimed at educating students and young adults about the dangers of addiction. Candace Roney, Program Manager for Substance Use Services from District 19 will be answering questions about the epidemic, and informing audience members how they can get involved with REVIVE trainings.

## SATURDAY, APRIL 7 RAIN DATE: SUNDAY, APRIL 8

### ONE MILE TO PUBLIC HEALTH PARADE & COMMUNITY DAY! (PETERSBURG, VA)



The Public Health Parade will begin at 127 E. Washington Street near Liberty Mart Gas station at approximately **1:15 PM**. Community members, faith-based organizations, local community partners and agencies from across the Crater Health District will join the walk. The parade will end at the Public Health Community Day Celebration, 301 Halifax St where there will be **FREE FOOD**, multiple vendors, music, KISS FM Radio, activities, and games along with an inflatable for kids; all lasting until **5:00 PM**. We will have transportation for the physically impaired. Meet near Liberty Gas Station between **12:00 PM-12:30 PM** and ride the trolley provided by Petersburg Area Transit. Registration for walkers, motorcycle riders and vendors please go to the following link and complete the information: <https://www.surveymonkey.com/r/BC66L62>.

## TUESDAY, APRIL 10

### A COMMUNITY CONVERSATION:

### "HANDLING COMMUNITY TRAUMA"

### WITH POETRY FROM

### THE VOICES OF PETERSBURG

6:00 PM to 8:00 PM

Mount Olivet Baptist Church  
800 Augusta Avenue  
Petersburg, VA 23803

Traumatic incidences play out in our communities and on national television daily in plain sight for everyone to see. How do we take tragedy and build resiliency? How do we turn a negative into a positive? Adverse experiences can affect us all. Come be a part of the conversation and learn how trauma informed care helps to build resiliency and what role you can play in creating a path to healing. This discussion is being led by Sheilah Belle of Praise 104.7 FM radio. Panelists Petersburg Sheriff Vanessa Crawford, Reverend Jameson McLaughlin and Petersburg Wellness Consortium Chair Theresa Caldwell will all share their stories. As part of the evening's program, there will be a choreo poem involving youth, adult and senior voices from the community who will speak their mind through purposeful words.



## WEDNESDAY, APRIL 11

### WORKSHOP:

### ADVERSE CHILDHOOD EXPERIENCES (ACES) AND ITS EFFECT ON OUR HEALTH

5:30 PM to 7:00 PM

Gillfield Baptist Church  
Byas Hall  
209 Perry Street  
Petersburg, VA 23803

Trauma is an event. It is something that happens to you and not what is wrong with you. It can lead to emotional hurt, pain and suffering that can affect your health and well-being. Join facilitators Dr. Alton Hart Jr., Health Director for Crater Health District, and Theresa Caldwell, Chair of the Petersburg Wellness Consortium for this free program.

