*Improving Community Health through Planning and Partnership*

Fluvanna Community Health Assessment Council

Fluvanna County Department of Social Services

September 1, 2016

Minutes

**Introduction/Attendees:**

|  |  |
| --- | --- |
| Bertha Armstrong (*MACAA*) | Kim Mabe (*Fluvanna County DSS*) |
| Mozell Booker (*BOS/Community*) | Jackie Martin (*Sentara Martha Jefferson Hospital*) |
| Susan Daly (*Fluvanna County Public Schools*) | Mary Ott (*Fluvanna Families Learning*) |
| Julie Dixon (*The Planning Council*) | Jillian Regan (*Health Dept.*) |
| Lynanne Gornto (*The Planning Council*) | Owen Yancey (*Health Dept.*) |
| Teri Lamb (*Jefferson Area CHIP)* |  |

1. **Introductions & Welcome**

* Introduced Julie Dixon and Lynanne Gornto as neutral facilitators
* Handouts and PowerPoints from previous CHA meetings are available online at:

<http://www.vdh.virginia.gov/lhd/ThomasJefferson/chaMeetings.htm#flucha>

1. **Community Health Assessment Highlights *– Jillian Regan***

* What stood out?
  + Children in Fluvanna are more prepared for school than the state average.
  + The percentage of substandard housing units in Fluvanna is less than the state percentage (28% v. 33%).
  + The rate of adult abuse and neglect has increased in recent years.
  + The percentage of adults with heart disease is higher in Fluvanna than in Louisa or the state. Discussed why this might be.
  + The suicide rate for Fluvanna between 2010-2013 was 19.0/100,000 population. Suicide often carries with it stigma that can “hide” it from the community.
* Discussed how it would be nice for some measures to be more broken down. For example, it would be interesting to see drug usage at the locality level rather than the state. Breaking these statistics down could help to answer the “why” about these health issues.
  + Data on age of death and race
  + Drug usage at locality level
  + Breaking down most statistics by race

1. **Community Themes and Strengths Assessment Results – *Jackie Martin***

* Fluvanna’s response rate:
  + In-person surveys at community events: **210**
  + Surveys collected from partner locations: **82**
  + Surveys completed online: **113**
  + TOTAL: **405**
* Results:

|  |  |
| --- | --- |
| **What makes Fluvanna a healthy place to live?** | **What could Fluvanna improve?** |
| Outdoors | Children and youth |
| Recreation | Aging |
| Spiritual Life | Transportation |
| Local Schools | Mental Health |
| Healthcare | Obesity |

* + Interesting comparing the results of the CTSA against the discussion from the CHA.

1. **What are our priority areas for health improvement? *– Julie Dixon & Lynanne Gornto***

* Discussed that the following topics presented barriers and tension that potentially and negatively impact health in Fluvanna.
  + Access to Healthcare (or lack thereof)
  + Mental Health and Substance Abuse
  + Housing
  + Employment
  + Recreation
  + Parenting Skills/Issues
  + Economic Development
  + Aging Issues
* Ranked the topics as follows:

|  |  |
| --- | --- |
| **Topic** | **Number of Votes** |
| Mental Health | 5 |
| Housing | 4 |
| Jobs | 3 |
| Access to Healthcare | 3 |
| Recreation | 3 |
| Economic Development | 3 |
| Aging Issues | 2 |
| Parenting Skills/Issues | 2 |

Next meeting will occur on **October 6, 2016**