*GREENE AGENCIES COMING TOGETHER*

and

Greene Community Health Assessment Council

**September 26, 2016**

Location: Region 10, 9963 Spotswood Trail, Stanardsville, VA 22973

# Meeting Minutes

**Attendees**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | *Organization* | Name | *Organization* |
| Carroll S. Lawson | *Feeding Greene, Inc.* | Kevin Morris | *Greene DSS* |
| Charlotte Gilbert | *Volunteer* | Lynanne Gornto | *Planning Council* |
| Jackie Martin | *Sentara Martha Jefferson* | Michael Jackson | *Emmanuel Christian Center* |
| James Howard | *Greene DSS* | Putnam Ivey | *TJ Health District* |
| Jenn Scott | *OAR-JACC* | Sandra Fisher | *Greene Health Dept* |
| Jillian Regan | *TJ Health District* | Sara Hall | *Skyline CAP* |
| Julie Dixon | *Planning Council* | Shannon Wright | *Region Ten* |
| Kenlyn Snow | *Greene County Sheriff’s Office* |  |  |

**Forces of Change Summary –** *Jackie Martin*

* See *Forces of Change handout* (abbreviated)
* One of four assessments in the MAPP process (data, community survey, etc.) 🡪 trends, factors, and events on either a local, regional, or national level that might prevent us from reaching our vision of “together we support equitable access to resources for a healthy, safe community”
* Asked Leadership Council about things happening now or predict for future that will stand in our way; everyone wrote down one thing on a sticky note and put it on a banner
* 4 categories of barriers:
  + Cultural diversity and cultural competency (race/ethnicity, age, LGBTQ+, refugee/immigrant community, etc.)
  + Access
  + Economics (poverty, cost of living, elderly population on mixed income, pay for healthcare providers in public/community health)
  + Law/policies (laws not keeping up with technology, cigarettes/e-cigs, drugs, Medicare, Medicaid re-imbursement rate, lack of Medicaid expansion)
* Look at these barriers as come up with strategies to address health priorities

**Review Strategic Issues –** *Julie Dixon & Lynanne Gornto*

* Identifying strategic issues; see *SI Matrix handout*
* Questions asked from MAPP guidance to “test” if issues are really strategic (#yes added up, 11 is all yes)
* Ranked top to bottom by highest # votes; framed each strategic issue as a question
* Children and youth 🡪 How can we enhance and coordinate existing services to strengthen and support the mental and physical health of children and their families?
* Mental health 🡪 How can we increase resources, awareness of, access to and utilization of mental health and behavioral health services?
* Substance abuse 🡪 How can we increase resources, awareness of, access to and utilization of mental health and behavioral health services?
* Parenting supervision 🡪 Combine with #1?
* Obesity/food insecurity 🡪 How can we promote safe and healthy lifestyle choices as well as the resources we have?
* Awareness of sexual assault 🡪 How can we increase awareness and prevent all forms of sexual/domestic violence?
* Stable and adequate housing 🡪 How can we coordinate with the local housing systems to provide affordable, safe housing?
* Change thinking 🡪 applies to all issues above
* See *Strategic Issue Priorities handout*
  + Children and youth also in Nelson
  + Mental health everywhere except Nelson
  + Alcohol and drug also in Louisa and Cville/Albemarle
  + Obesity also in Louisa
  + DV/Sexual assault only in Greene
* Group Children & Youth/Parenting Supervision together
  + Decided to combine both Children and Youth strategic issues into one issue
* Question about details about strategic planning, TJHD’s role and community partners’ role
* Julie answered explaining how TJHD and hospitals can’t address all issues, so need partner organizations/coalitions
* Strategic plan for health department, also community-driven. What about having agencies that already address these issues (R10, church, etc.)? Think of HD, specific health-related issues, heart disease to make better in a community. MAPP (mobilizing action through planning and partnership) assessment set up to be much bigger than just the public health department, hospitals under ACA required to do these health assessments every 3 years. How can you make the community healthier? What can we possible do in Greene/Nelson/etc. to address these tensions/issues in our community?
* Want to set goals, go up to the Leadership Council. Leadership Council will pick the biggest ones, what’s risen above that we should still be working on?
* **Going back and reviewing how we did on the last set of goals specifically … where do we stand with those now? Provide an update in the next meeting ….**
  + Comment about what are the next steps after CHIP written
  + Idea for giving everyone an update on what coalitions have been doing

**Develop Potential Goals –** *Julie Dixon & Lynanne Gornto*

* What would you like to see? What would you work toward?
* Children and youth:
  + A lot of parents don’t know how to be consistent with their discipline and expectations; is there a way to teach parenting skills to teach parents to be better focused? Coping, discipline, positive recognition parenting skills …
    - Comment: need for more parenting skills classes
  + Problem with young parents and young grandparents, they’re not teaching manners, proper speech, etc. to their kids, so kids can’t teach it to their kids when they have kids
  + Generational issues passed down; children pick up bad habits, speech/communication
  + Strengthening Families in Charlottesville through Region Ten
  + Region Ten, afterschool activities, access to programs and activities. Really great programs but more children than spaces in programs.
  + Increased parenting skills and training; increase access to afterschool opportunities.
  + Something similar to Boys & Girls Club (don’t have funding to have a B&GC program)
  + Mr. Jackson on Youth Development Council in Greene has seen a difference in programs, based off of Charlottesville-Albemarle’s Boys and Girls club, have grown the program and seen a difference in behavior in kids, found resources through partnerships and grants
  + Some very successful programs in place; is awareness and connection something to address?
    - Response was that yes, often programs run by individual groups, don’t focus on county wide efforts
  + Importance of family bonding and strengthening families
  + A lot of grandparents raising children; what can we do to support them? May be parenting kids that have experienced significant trauma/loss.
  + Discussed differences in youth programs—some after school programs are just like afterschool babysitting, whereas YDC programs are more structured, offering tutoring, etc.
    - Youth Development Council has set activities for kids including tutoring, outdoor activities, etc. Not just a “babysitting” program. Build this into existing programs?
* Mental health/substance use
  + Work with victims, trauma from substance use (2-3 calls a call, this happened because “off meds” or substance use), do have places to refer. Awareness of issues, education about “what is mental health?” and where to access services.
* Region Ten, also refer people to Charlottesville, sometimes at capacity. Lack of available resources. Also refer to DSS.
  + Discussed lack of available resources to refer people to, sheriff’s office refers to Region 10 or DSS, but they have limited capacity, then have to refer people to places outside Greene
  + Access to services; one of biggest challenges is getting people with mental health/substance use motivated to address it; so, education. Is there medication assistance here? Free Clinic provides some assistance. Region Ten has some programs; doesn’t come up as much in Greene. Small psychiatrist caseload in Greene.
    - Greene Free Clinic provides assistance with mental health meds for those who meet eligibility requirements
  + People don’t realize prevalence of substance abuse; tend to think of marijuana and don’t realize consistency of heroin overdoses. A lot of it starts with the youth and what they see with their parents; a continuous cycle. Experimentation.
  + Stigma reduction/education. Education of end-users and providers as well. “Doctor shopping.” Linkage to crime as people will go to any length to get drugs. Sacrifice teeth, families, homes, and more for drugs.
    - Example of patient going to different dental clinics to get teeth pulled so can get the pain meds but didn’t actually need teeth pulled
  + Prescription medication addiction; coping mechanism, overprescribing.
* Obesity/nutrition/physical activity
  + Education on healthier food options, meal planning, access.
  + Farmer’s Market during the summer. Free produce pick-up somewhere.
  + Writing grants to help communities, corporate wellness programs. Pointing in the right direction. Move2Health just got a grant to work with schools and businesses to promote school/workplace wellness policies.
  + Discussed how at Feeding Greene, they have partnership with USDA to offer healthy foods, however they have found that their clients do not want them and instead prefer the unhealthy food
  + Making healthy foods available; sometimes people don’t want it! People leave the nutritional/healthy foods. Generate interest in healthy foods. Counter effects of generational eating habits.
  + Part of the problem is culture of eating out instead of cooking at home
    - How many parents cook anymore? After church on Sundays, go out to eat!
  + Perception that healthy food is too expensive/difficult to cook; overwhelmed by how to prepare it.
  + Need for encouraging different menu options, knowing how to make different things with different veggies
  + For people in poverty, worrying about paying bills and keeping the lights on, this isn’t a priority. May spend money on eating out as more convenient. Change thinking! Education. Also tied into self-esteem and healthy families.
  + Parenting, or poor parenting skills, can also affect this issue
* DV/Sexual Assault
  + Sheriff’s office would like to do something with high school students; not necessarily scary statistics, but reaching out to provide education/awareness to students.
    - about what options there are in the communities in case they are experiencing domestic violence or assault in their home/life
  + What constitutes a sexual assault? Educate on the range of things classified as an assault.
  + Domestic violence also an issue for high school and children; especially with children of clients with abuse in the home. If children report, parents may retaliate against kids when they find out that the children reported it

**Next Steps –** *Julie Dixon & Lynanne Gornto*

* A lot of strategic issues/goals are priority-wide; interested in having strategies that will work at the local level.
* Announcement: Bishop Jackson, October 15 at church, 2:00pm picnic with families. 7:30 pm speaking with 14-15 men on their experiences with incarceration, 7 are church pastors. Also on Sunday morning.
* October 22 YDC Hoe Down, tickets are $25 for families.
* Also is fundraiser coming up with motorcyclists for YDC, day event with church service afterward.

**Next Meeting:** October 24, 2016