*Improving Community Health through Planning and Partnerships*

Louisa Community Health Assessment Council

Location: Louisa County Office Building

June 24, 2016

Minutes

**Introductions/Attendees:**

Elizabeth Beasley (Health Department)

Susan Colvin (VA Coop Extension)

Whitney Deane (Louisa CSA)

Crystal Estes (*Louisa County DHS*)

Willie Gentry (*Louisa BOS*)

Michelle Hottinger (*Region Ten CSB*)

Eric MacKinnon (*Healthy 4 Life, Reikki Healing of Palmyra*)

Melinda McCall (Louisa Vet Service)

Vickie Southall (*UVA SoN*)

Jillian Regan (*Health Department)*

1. **Community Themes and Strengths Assessment Update** (*Facilitated by Elizabeth Beasley)*

* Wrapped up survey collection on June 12th; thank you to partners!
* We are very pleased with the number of surveys we have received
* 8/17, 8:30am- meeting to present survey results, all are invited, meeting TBA
* Survey was only given for a few weeks mainly because of budgetary concerns.
  + We are trying to partner with another agency to gauge youth perspective on health. Not sure if it will happen
  + Impact areas very broad, we will need input at the August meeting.
  + Other agency is also doing a community health assessment so we have offered to partner if they would be willing to use their funds for children

**II. Presentation and Discussion of Section III, Part 2 Data** *(Facilitated by Elizabeth Beasley & Jillian Regan)*

* **PowerPoint** and handout for more information available online
* **Maternal Child Health (2014 Updated Data)**
  + Birth outcomes 🡪 racial disparity, why?
  + Genetics, stressors, social problems all contribute. We have a coalition to eliminate this gap. Numbers are all small, a single death can cause a spike. Prevalent in VA and entire USA
  + Neonatal deaths- low mortality rate due to robust health system. Is there a racial disparity? No data but we assume there is due to how numbers are counted
* **Ambulatory Care Sensitive Conditions (ACSC’s)/Prevention Quality Indicator (PQI’s)Hospitalizations** 
  + For more details about PQI’s, visit www.ahrq.gov
  + PQIs and ACSCs measure quality of care. Using hospital inpatient discharge data, can help flag potential health care quality problem areas
  + Louisa had higher PQI discharges for bacterial pneumonia, congestive heart failure, COPD/Asthma), compared to Fluvanna, but none higher than TJHD, VA or the AHRQ benchmark.
  + Diabetes Hospitalization Rates-PQI rates for diabetes are low in Louisa which means even though the overall rate of diabetes is high, people are getting proper treatment and not getting unnecessary hospitalizations
    - Hard to get recent data, lots of red tape in getting hospital data
    - These are conditions that, if they are treated properly, patients will not wind up in the hospital. Low rates mean people are being treated well
  + Asthma Hospitalization Rate- Louisa has a high percentage of people over 65, which inflates this rate, as well as the rate for Type 2 Diabetes
* **Allergies-** higher awareness for food allergies, but it also seems like there are more children with allergies than before.
  + - How do food and skin allergies compare?A skin reaction to consuming an allergen is not a skin allergy. Skin allergies are caused by physical contact with an allergen
    - What is the main factor in food allergies since numbers are so big? We don’t know. We have advised parents to avoid giving parents certain foods to their children for 20 years, but now we have realized in the past year that it is making children even more allergic so we have flipped our recommendations. Respiratory allergies may be increasing because we are too clean. Kids who grow up with animals in the home are shown to have fewer allergies

**III. Next Steps & Data Re-Cap** 🡪

* Louisa CHA will meet again in August, skipping meeting in July.
* Diabetes is really alarming in Louisa. Why does Louisa always have the highest rate? Diagnosing it has changed. It can be genetic.
* Louisa Co Fair on July 29/30, we will have educational booths for tick-borne diseases. Any pamphlets or brochures would be appreciated. Any volunteers to hand out materials and talk to people would be appreciated.
* Health district is starting outreach and education for mosquito control. Trying to stay ahead of Zika

**Next Meeting: August 26, 2016, 9:30 a.m.**