*Mobilizing for Action through Planning and Partnerships*

Louisa Community Health Assessment Council

**Friday, August 26, 2016**

Louisa County Office Building, 2nd Floor Conference Room

1 Woolfolk Avenue, Louisa, VA 23093

# Attendees

|  |  |
| --- | --- |
| Name | Organization |
| Crysti Hopkins | *VCE Family & Consumer Sciences* |
| Eric MacKinnon | *Healthy4Life* |
| Jillian Regan | *TJHD* |
| Julie Dixon | *The Planning Council* |
| Lynanne Gornto | *The Planning Council* |
| Putnam Ivey | *TJHD* |
| Susan Colvin | *VCE Family Nutrition* |
| Vicki Southall | *UVA SON* |
| Whitney Deane | *Louisa County* |
| Willie Gentry | *Louisa BOS* |

# 

# CHA Highlights *– Jillian Reagan*

1. *Q:* How many kids are going to honestly tell you about drug use? *A:* Data comes from an anonymous survey of high school students, the CDC Youth Behavioral Risk Factor Surveillance Survey.
2. *Q:* what going to be done with dental data? Currently, have a waiting list, how can health department leverage data to make changes? *A:* a few years ago, there was a grant to bring dental services to county, then Louisa Health and Wellness started dental services. Still difficult to find someone who will do more than preventative care. Dental data is very powerful. Lack of dental health can be a gateway to other issues down the line. Lots of people with missing teeth because can get extractions but not restorative work.
3. Substandard Housing Unit – 29% in Louisa (33% in VA). *Q:* what counts as a major substandard condition, seems like % is high? *A:* Number and percentage of owner- and renter-occupied housing units having at least one of the following conditions:
   * 1. lacking complete plumbing facilities,
     2. lacking complete kitchen facilities,
     3. with 1.01 or more occupants per room,
     4. selected monthly owner costs as a percentage of household income greater than 30 percent, and
     5. gross rent as a percentage of household income greater than 30 percent.
   1. These numbers could also be impacted by vacation homes on Lake Anna. Houses that don’t have ovens would count as lacking a complete kitchen.
4. *Comment:* parks info # isn’t correct? There are two parks in town of Louisa. Of 7 districts, have parks in all but 1. # shouldn’t be 0, maybe because data from 2010.
   1. *Note:* we have tried to get more updated data for this measure, but have not found it yet.
5. *Comment:* convenience store data not saying much; type of food stores might need to be updated. Food Lion at Lake Anna arrived in 2012 and might not be included in data
6. Obesity. *Q:* quite a bit of effort previously in last round of MAPP, what’s going on with that now? *A:* Move2Health coalition is still working on various efforts. Noted that don’t want to see efforts fade if obesity rate is as bad as they said although understand that funding waxes and wanes.
7. Lung cancer incidence – this area was also addressed in last CHA/CHIP. Currently the Health Department has a quit smoking program, classes and Quit Now phone line. *Comment*: It is a really good program if you know someone who is interested although numbers low last year. *Comment:* data from 1999-2012 seems old. *A:* used to see trends over time, 2012 is most updated available for that data set.
8. Chronic lower respiratory diseases deaths – occupation could also factor into these numbers.

**Community Themes and Strengths Assessment Results****–** *Putnam Ivey*

1. *Q:* Why were the major medical providers not able to have survey placed in waiting room? *A:* CTSA Coordinator reached out to many community organizations but it was a short-time frame, timing may not have worked out or may not have received a response in time. Would have to inquire about specifics in Louisa.
2. *Q:* sample size seems small. *A:* we went for a convenience sample, not statistically significant, but intended to provide a snapshot of community perspective due to limited resources and timeframe.

# Strategic Issues – *Julie Dixon & Lynanne Gornto*

**Introduction:**

1. Strategic key planning issues should all tie back to your vision of “together we support equitable access to resources for a healthy, safe community.”
2. Strategic issues:
   1. Not health conditions
   2. Usually a tension or conflict that needs to be resolved
   3. Something that the local public health system is able to address (not just health department but the system)
   4. These priorities provide a foundation for the CHIP.
   5. Ex from San Antonio, ended up with questions such as “how do we ensure access to care?”
3. *Q:* what does provide the foundation for CHIP mean? *A:* CHIP is a community health improvement plan, doesn’t refer to the Jefferson Area CHIP program.

**Discussion:**

1. Dental health: In rural county, most people have private wells so no fluoridation. Used to do it in schools and health department used to offer dental varnish but no longer. County also had a program years ago. Could schools set up a program? Why did program stop in the past (funding, time, manpower, not a priority?)
2. Transportation: JAUNT is here so we have it (except on weekends) although not like a normal bus service. Anybody can use it; there is a small cost to ride. Used quite a bit by elderly. Not used at maximum capacity, maybe more marketing of the service so people understand that anyone can use it? Maybe a news feature to emphasize it’s a service for everyone, not only for older folks.
3. Increase in drug/alcohol, mental health for children and youth. Multi-factor. Location of Louisa along I-95 / interstate / highway corridor, new drugs and pills. Access/availability. Some gang activity (between C’ville and Richmond, I-95). Relates to some other things, like jobs and quality of life.
   1. ACA supposed to make mental health services more available but not enough services available, have to go to C’ville/Richmond for specialty care.
4. Mental health
5. Obesity (adults)/nutrition

**Voting** *(ranked by highest number of votes)*

1. Dental (8) and substance use (8)
2. Obesity/nutrition (5)
3. Funding (4)
4. Mental health (3)
5. Transportation (2)

**Next meeting: Friday, September 23, 2016 @ 9:30 am**