*Mobilizing for Action through Planning and Partnerships*

Louisa Community Health Assessment Council

**Friday, September 23, 2016**

Location: Louisa County Office Building (2nd Floor Conference Room)

1 Woolfolk Avenue, Louisa, VA 23093

**Attendees**

|  |  |
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| Name | Organization |
| Jackie Martin | *Sentara MJH* |
| Jillian Regan | *TJHD* |
| Julie Dixon | *The Planning Council* |
| Lynanne Gornto | *The Planning Council* |
| Michelle Hottinger | *Region 10* |
| Putnam Ivey | *TJHD* |
| Susan Colvin | *VCE Family Nutrition* |
| Willie Gentry | *Louisa BOS* |

**Forces of Change Summary –** *Jackie Martin*

* One of 4 MAPP assessments
* What’s happening now or will happen that might keep us from preventing our vision (*together we support equitable access to resources for a healthy, safe community)*
* See handout *Forces of Change (abbreviated)*
* In Leadership Council, posed question, gave everyone a sticky note (~60 members) and posted 1 item/force that might prevent from reaching the vision. Responses came in under 4 categories:
  + Cultural diversity and cultural competency
    - Race
    - Aging
    - Refugee/immigrant community
    - LGBTQ+
    - Disparities in pregnancy outcomes
    - Opportunities (see handout)
  + Access
    - Healthy food
    - Safe environments for physical activity
    - Health-related resources
    - Healthy lifestyle education
    - Transportation
    - Healthcare providers (for aging)
  + Economics
    - Poverty
    - Cost of living
    - Elderly on fixed incomes
    - Sustainable wages
    - Education
    - Pay for healthcare providers in public/community health
  + Laws/Policies
    - Technology
    - Medicare for Aging
    - Cigarettes/e-cigs
    - More drugs in the community
    - School nutrition
    - Medicaid expansion
    - Medicaid reimbursement rate

**Review Strategic Issues –** *Julie Dixon & Lynanne Gornto*

* In Greene, strategic issues identified:
  + Alcohol & drugs
  + Dental care
  + Obesity
  + Funding
  + Mental Health
  + Transportation
* See handout *Shared Strategic Issues Among TJHD Localities* and *Strategic Issue Priorities*
  + Top TJHD Issue:
    - Substance use
    - Obesity
    - Mental Health
    - Transportation
* Surprised funding not a priority in all localities; probably not stated for everyone but definitely an underlying theme.
* See *Strategic Issues Matrix* spreadsheet. Tested as strategic issues (Can the public health system address it? Will issue affect entire community? Is it related to the vision? Are there consequences to not addressing it? Etc.)
* Potential Strategic Questions
  + Alcohol & drugs / Mental Health 🡪 How can we develop, increase awareness of, and ensure access to mental health and behavioral healthcare services?
  + Dental care 🡪 How can we ensure access to the dental care in our community?
  + Obesity 🡪 How do we promote safe and healthy lifestyles as well as the resources we have?
  + Funding 🡪 How can we obtain the funding necessary to develop the healthcare services needed?
  + Transportation 🡪 How can we improve awareness of existing transportation and infrastructure to ensure people can access healthcare services?

**Develop Potential Goals –** *Julie Dixon & Lynanne Gornto*

Mental Health

* Region Ten do offer after 5 PM services.
* Intensive outpatient treatment frequently requested to Region Ten. Would need a 3-person team to offer 4 days/week, accompanying people to court, etc. Mental health/substance abuse/domestic violence/anger management, etc. Nice to have a licensed therapist on the team. Would need additional space and funding.
* Would goal be: seek and obtain additional funding to have more wraparound teams? Currently maxed out/over maximum capacity, so probably yes. Increased capacity/access and also expedited.
* Assertive case management; would love to offer expedited entrance into services so don’t have to wait.
* Manpower/funding.
* Since Friday, no state psychiatric bed available in across the state …

Dental Care/Fluoride

* Need more info from Wellness Center; there’s a waiting list for dental services. 11% poverty. What does it take to catch up? Only some folks get water publicly, so probably can’t address it through fluoride only (prevention).
* Buffalo Soldiers used to do fluoride in schools, some $$$ from county, but program never took off.
* What is behind the problem? Hard to find good dental data. Not enough people to take care of existing people.
  + Look for money to spend on preventive measures (pediatricians, health dept); have discussion with all families. Prescription for fluoride? Get PCPs to address it.
  + Colgate has a freebie with toothbrushes and toothpaste. VCE and gym teacher did a presentation with students (has a little booklet).
* Preventive / resolving existing issues (treatment)
  + Free Clinic in Charlottesville changed to walk-in clinic 3x/week and has been able to see a lot more people

Obesity/Nutrition

* Need to get people more interested; VCE has a great curriculum with incentives and it is hard to get adults to commit to more than one session. At food bank as well.
* Louisa an award-winning county with VACO (more growing own veggies). Teaching right foods to eat. Preventive options. What about adults? Diabetes issues, health and eating related. Kids, starting to get that down; adults another issue. Elementary schools doing on own time/resources.
* Move2Health a few years ago, seemed like a fair amount of interest/participation. Do we challenge local employers?
* Samples of healthy food (like at Trader Joe’s). VCE does some of that at the food bank but there is limited space; once warehouse finished, hope to offer more demos.
* Understanding importance of nutrition
* Sentara Martha Jefferson Starr Hill Center (free wellness center), go into schools and talk about wellness. CATCH – Virginia Foundation for Healthy Youth grant. Look for evidence-based programs and keep plugging away.

Funding

* Mostly comes from taxpayers; taxpayers need to talk directly to BOS reps about issues that are important to them.
* What about funding for assisted living/aging?
* 20% increase for agency would probably be quickly utilized; county has grown (29% at last census, currently at where projected to be in 2020).
* Getting people to stay/awareness/education
* More advocates for funding/needs. Face-to-face agency/BOS meeting to workshop needs …

Transportation

* Lost Mondays due to funding, doesn’t really work to use JAUNT for work if only four days a week. $20K to bring Mondays back, maybe.
* Transportation to agencies.
* Additional money, increased services.
* Lots of turnover in PR staff.
* Impacts everything else (psychiatric app’ts); psychiatric coverage on Mondays but no JAUNT on Mondays.

**Next Steps –** *Julie Dixon & Lynanne Gornto*

* Update where we are with these …
* Evidence-based strategies
* Virginia Association of Counties achievement awards (booklets, can see what other counties have done)
* October 22nd, 9:00-12:30 pm on a farm, 3-mile walk, well-behaved dogs on leashes SPARC WALK
  + 50% reduction in children’s psychiatric hospitalizations in the last year

**Next Meeting:** October 28, 2016