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| Community Themes & Strengths Assessment 2016**Fluvanna County Results** |

**Summary**

To obtain feedback from community members living in Virginia’s Planning District 10 (PD10) which includes Charlottesville City and Albemarle, Fluvanna, Greene, Louisa and Nelson counties, a three-question survey was distributed between May 7, 2016 and June 12, 2016. The survey was designed to be minimally invasive – no personal information was collected, answer choices were closed-ended, and the survey length was one page. The survey team worked to reach community members by offering the survey in multiple languages, at several community events and partner sites, and online. In total, 2,885 PD10 residents completed the survey.

**Background**

The Community Themes and Strengths Assessment (CTSA) is an important component for community health improvement planning as it is designed to gather input from community members on the health of their communities. According to the National Association of County & City Health Officials (NACCHO), *“The CTSA answers the questions: "What is important to our community?" "How is quality of life perceived in our community?" and "What assets do we have that can be used to improve community health?" This assessment results in a strong understanding of community issues and concerns, perceptions about quality of life, and a map of community assets.”[[1]](#endnote-1)*

**Survey Design**

In an effort to perform true community-based data collection, the Thomas Jefferson Health District, UVA Department of Public Health Sciences, and Sentara Martha Jefferson Hospital, with a team of Masters-level public health students, designed the CTSA survey and data collection to take place with residents in their communities. With input from each of the district’s Community Health Assessment (CHA) locality councils, planners designed a short survey to collect broad feedback from residents. Initially, fifty questions were drafted to assess community themes and opportunities for improvement, but given the goal of creating a non-invasive survey, the questions were fine-tuned and narrowed down to three questions. Planners developed answer choices based upon previously identified strategic issues and the social determinants of health. Question 2 – “What makes your community a health place to live?” had the same answer choices for each locality. Table 1 provides a summary of the answer choices provided for Question 3 – “What should your community improve?” with Fluvanna CHA Locality Council’s selected indicators for inclusion.

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| Table 1. Question 3 Indicators |
|  | Fluvanna |
| Aging |  |
| Alcohol and drug |  |
| Children and youth |  |
| Dental care |  |
| Education |  |
| Food |  |
| Housing |  |
| Jobs |  |
| Medical care |  |
| Mental health |  |
| Obesity |  |
| Pregnancy and infant |  |
| Recreational opps |  |
| Tobacco |  |
| Transportation |  |

**Next Steps**

The CTSA is one of four assessments within the MAPP process. The information gathered in this phase is intended to provide community-driven input into areas that need improvement in communities and potential strengths for overcoming the identified needs.

Results from the CTSA will feed into the phase of priority selection by the MAPP partners, and will be distributed widely when the full Community Health Assessment and Health Improvement Plan is published in December 2016.

Thank you to the partnering agencies (Appendix A) that supported conducting this survey effort. For the results of this assessment for Fluvanna County, please review pgs. 2 – 5. For more information, contact the Thomas Jefferson Health District at (434) 972-6200.

**Question 1 – *Where do you live?***

**Fluvanna County Respondents**

|  |  |
| --- | --- |
| In-Person & Partner Site Respondents | **292** |
| Online Respondents | **113** |
| **Total**  | **405** |

**Question 2 – *What makes your community a healthy place to live?***

**Question 2 – *What makes your community a healthy place to live?***

**Top 5 responses in each locality**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Rank** | **Fluvanna** | **Albemarle** | **Charlottesville** | **Greene** | **Louisa** | **Nelson** |
| **1** | Outdoors | Healthcare | Healthcare | Local schools | Outdoors | Outdoors |
| **2** | Recreation | Outdoors | Food options | Outdoors | Spiritual Life | Healthcare |
| **3** | Spiritual Life | Food options | Outdoors | Spiritual Life | Healthcare | Recreation |
| **4** | Local schools | Recreation | Safe Streets | Healthcare | Local schools | Food options |
| **5** | Healthcare | Culture and arts | Culture and Arts | Safe Streets | Recreation | Local Schools & Spiritual Life |

**Question 2 – *What makes your community a healthy place to live?***

**Commonalities across Virginia’s Planning District 10**

|  |  |
| --- | --- |
| **Indicator** | **# of Planning District 10 Localities in which the indicator is ranked within top five**  |
| Outdoors | 6 |
| Healthcare | 6 |
| Recreation | 4 |
| Spiritual life | 4 |
| Food options | 3 |
| Local schools | 3 |
| Culture and arts | 2 |
| Safe streets | 2 |

**Question 2 – *What makes your community a healthy place to live?***

**Comments & Write-Ins**

|  |
| --- |
| Farmers' Market |
| "Palmyra Methodist" written next to Spiritual life |
| I picked the schools but they are going downhill fast, as they deprive our youth from thriving |
| a feeling of togetherness |
| Lots of trees that help keep the air good to breathe! |

**Question 3 – *What should your community improve?***

**Question 3 – *What should your community improve?***

**Top 5 responses in each locality**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Rank** | **Fluvanna** | **Albemarle** | **Charlottesville** | **Greene** | **Louisa** | **Nelson** |
| **1** | Children and youth | Mental health | Mental health | Jobs | Jobs | Children and youth |
| **2** | Aging | Obesity | Housing | Children and youth | Children and youth | Aging |
| **3** | Transportation | Children and youth | Alcohol and drug | Alcohol and drug | Alcohol and drug | Transportation |
| **4** | Mental health | Aging | Children and youth | Obesity | Medical care access | Alcohol and drug |
| **5** | Obesity | Alcohol and drug | Education | Mental health | Mental health | Medical care access |

**Question 3 – *What should your community improve?***

**Commonalities across Virginia’s Planning District 10**

|  |  |
| --- | --- |
| **Indicator** | **# of Planning District 10 Localities in which the indicator is ranked within top five** |
| Children and youth | 6 |
| Mental health |   | 5 |
| Alcohol and drugs | 5 |
| Aging |   | 3 |
| Obesity |   | 3 |
| Transportation | 2 |
| Jobs |   | 2 |
| Medical care access | 2 |
| Housing |   | 1 |
| Education |   | 1 |

**Question 3 – *What should your community improve?***

**Comments & Write-Ins**

|  |
| --- |
| jobs for people |
| better phone services |
| Places to eat |
| food places |
| "in order to keep up" written next to Aging services |
| Jobs |
| education needs to be improved especially in Fluvanna County |
| excess pain control prescribed by doctors |
| Emergency Services #1 |
| safer streets for walking |
| "less expensive" written next to Housing |
| Make Region 10 office in Fluvanna again. |
| No tobacco |
| affordable housing and more jobs |
| We need industry, our taxes are outrageous |
| Have an indoor swimming pool and recreation center! |
| access to water at reduced cost |
| Access to safe, quality, affordable housing for low-income/no-income/homeless residents |
| Environmental health |
| More local businesses to employ youth, transportation for elderly, and affordable housing  |
| managing spending and taxes |
| Fluvanna County has very satisfactory services. |
| Change people's negative attitude and make them get their own jobs, buy their on houses, pay taxes, and stop being a drain on everyone else doing their part to move America forward. |
| We need to implement emissions inspections for vehicles. Too many cars spewing out noxious fumes now. |
| Littering |

1. <http://archived.naccho.org/topics/infrastructure/mapp/framework/phase3ctsa.cfm>

**Appendix A**

**Fluvanna County CTSA Partnering Agencies**

|  |
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| Fluvanna County Employee Wellness Fair  |
| Fluvanna County Health Department  |
| Fluvanna County Public Library  |
| Fluvanna County Sunday School Union  |
| Fluvanna Farmer’s Market  |
| JABA |
| Jefferson Area CHiP  |
| Old Farm Day  |
| Region Ten CSB |
| Union Baptist Church |

 [↑](#endnote-ref-1)