*Mobilizing for Action through Planning and Partnerships*

Nelson IAC & Community Health Assessment Council

**Monday, November 14, 2016**

Nelson Center, 8445 Thomas Nelson Highway, Lovingston, VA 22949

# Meeting Minutes

**Attendees**

|  |  |  |  |
| --- | --- | --- | --- |
| *Name* | *Organization* | *Name* | *Organization* |
| J’riah Guerrero | *JAUNT* | Bill Brent | *American Red Cross* |
| Sara Pennington | *RideShare* | Julie Dixon | *The Planning Council* |
| Lynanne Gornto | *The Planning Council* | Norm Holland | *SARA* |
| Morgan Lanier | *Region Ten* | Putnam Ivey | *Health Department* |

**Community Health Priorities, Goals, and Strategy Examples** –*Putnam Ivey*

* See *Nelson CHA Council Evidence-Based Strategies* presentation and handouts.

**Strategies for Nelson** –*Julie Dixon & Lynanne Gornto*

**Mental Health and Substance Use**

* Blue Ridge Medical Center and Region Ten Nelson are working on a partnership related to integrated care.
* Good connections between doctors in the area, no problem with referrals.
* Folks who have Medicaid coverage/private insurance are well-served.
* Program with kids, refer for weekly counseling (still limited).
* Region Ten uses Interpre-Talk for interpretation services.
* JAUNT has a reservationist that speaks Spanish.
* SARA encounters more cultural than language barriers in terms of accessing services but does have a language line. Some difficulty with on-site interpreters as community is small and clients/interpreters often know each other.
* Callers to Red Cross usually come through the fire department or emergency management. Strong language services. One barrier is people thinking Red Cross is a governmental agency.

**Age and Family-friendly Continuum**

* Have Charlottesville/Albemarle Coalition on Healthy Youth/Charlottesville Area Alliance come speak to Nelson IAC/CHA?
* Charlottesville-based coalitions may not be very effective in outlying counties; see the Nelson IAC as taking ownership of Nelson’s strategies.
* Food always helps turnout!
* Need better collaboration with the school system in general; getting the schools more engaged. Blue Ridge does school nursing in Nelson so that is already a strong relationship. Could also ask Christine (health dept nurse) if she could reach out to schools.

**Health Disparities & Access to Care**

* Advocate with county board, let know desire for increased routes for JAUNT. Routes currently have are tailored to what county wants. Would need data/polls to show a gap in access/transportation and take to the BOS.
* What about other transportation options such as faith-based fleets? Would need qualified drivers. JAUNT also looked at doing a volunteer driver program at some point; look into it again?
* For current routes, some issues are timeliness (if someone calls out, messes up entire schedule). JAUNT hires every two months. In Nelson, there is an employment run that picks up employees at 5am for free.
* RideShare links individuals up to carpool for work (the daily to and from); doesn’t provide direct transportation.
* Barriers for children who report sexual assault and access to care; organizations/schools not taking claims seriously. Supported counseling in addition to the prevention/awareness model? Connection with Region Ten school counselors?
* A good strategy for MAPP to build relationships with the schools – see if Peggy Whitehead or Denise Bonds can invite a school representative to the IAC.

**Obesity & Lack of Recreation**

* Catholic Church has a food pantry; several other churches also have food pantries.
* Healthy food cooking demos, raising awareness about classes at Sentara Martha Jefferson (in Charlottesville) on healthy eating, grocery store tours, diabetes, etc.
* Indoor gym in the Nelson Center, not sure how often it’s used. Rockfish Valley Community Center has outdoor facilities that are open to the community; they just re-surfaced their basketball court.
* Schools also have facilities
* Are there civic leagues, Rotary clubs, Kiwanas, etc.? Not aware of big groups that are active. If Blue Ridge providing school nurses, that could be a good point of connection.

**Roundtable Updates** *– All*

* JAUNT – in process of getting program set up to transport veterans to the VA hospital in Richmond. A few times a week, will wait for them and bring them back. A free ride. Won’t extend into Nelson but will try to get a feeder route from Nelson. Will be marketed through the media, calling around to nursing/retirement homes, etc.

**Next Meeting** *– December 19*