*Improving Community Health through Planning and Partnerships*

Nelson Community Health Assessment Council

Nelson Center

8445 Thomas Nelson Highway, Lovingston, VA 22949

March 21, 2016

Minutes

**Introductions/Attendees:**

Elizabeth Beasley, *Thomas Jefferson Health District (TJHD)*

April Carman, *TJHD*

Sylvia Coffey, *Sentara Afton Family Medicine*

Christine Kellum, *Nelson Co. HD*

Morgan Lanier, *Region Ten CSB*

Lucas Lyons, *JAUNT*

Stu Mills, *RVCC*

Jackie Martin, *Sentara MJH*

Marilyn Pace, *TJHD*

Aaron Pannone, *UVA MPH*

Sarah Pennington, *RideShare*

Peggy Whitehead, *Blue Ridge Medical Center*

**MAPP Vision Update** (*Facilitated by Jackie Martin)*

* Created vision word clouds in different communities & decided on vision statements
  + ***“Together we support equitable access to resources for a healthy, safe community”***
  + Values: Teamwork, Accountability, Inclusivity, Respect

**Community Themes and Strengths Assessment** *(Facilitated by April Carman)*

* Explained survey questions (where do you live, what makes your community healthy, top health impact areas)
* Focused on community member involvement, not just health providers; called for input about where to administer survey 🡪 senior centers, food pantries, grocery stores, farmer’s market, churches

**Updates/Highlights from Section I-II.1 Discussion** *(Facilitated by Elizabeth Beasley)*

* **PowerPoint** and handout for more information available online
* Section I-II.1 provides latest data available and health behaviors; next time, focus will be on health status

**Section II, Part 2 Data and Discussion** *(Facilitated by Elizabeth Beasley)*

* **PowerPoint** and handout for more information available online
* Discussion/Questions:
  + **Transportation Data** 🡪
    - Jaunt data category “other” refers to agency trips
    - Note: Nelson and Greene are frequently compared because of similar size/population
* **Behavioral Risk Factors Data**🡪
  + Tobacco use for adults 20 yrs or older who smoke (self-reported) slide doesn’t include e-cigarettes
  + CDC Obesity Trends data can’t compare 2011 and previous years because of change in collection methods
  + CDC defines excessive drinking as more than 1 drink/day for women or more than 2 drinks/day for men
  + Adult mental health: need a definition for “bad mental health day”
  + Seatbelt safety dip may be result of greater focus on addressing distracted/drunk driving
* **General Discussion 🡪**
  + Appalling rates of suicide among adolescents; need improvement in behavioral health programming and integration of care; lack of county counselors; Morgan can provide better breakdown of types of mental health providers in Nelson
  + Need for rep from Nelson County Public School System; Kelly Hughes has on-going invite
  + Emphasized importance of ratio of providers to population in designating Nelson as health professional shortage area; need to make sure number is accurate and updated to support funding efforts

**Next Meeting:** April 18, 2016, 2 – 3:30 PM, Nelson Center