*Improving Community Health through Planning and Partnerships*

Fluvanna Community Health Assessment Council

Fluvanna County Department of Social Services

8880 James Madison Hwy, Carysbrook Complex, Fork Union, VA 23055

April 7, 2016

Minutes

**Introductions/Attendees:**

Bertha Armstrong *(MACAA)*

Elizabeth Beasley (*Health Dept.)*

Tracey Brookman (*UVA Public Health Sciences*)

Kim Mabe (*DSS*)

Bryan Moeller (*Region Ten CSB*)

Shelley Murphy *(PHA)*

Jillian Regan (*Health Dept.)*

I. **Introductions and Welcome**

II. **MAPP Vision and Values** – *Elizabeth Beasley*

* Elizabeth shared the vision statement and values that was selected at the MAPP Leadership Meeting on 3-16-16
  + Our Vision: Together we support equitable access to resources for a healthy, safe community.
  + Our Values: Teamwork, Accountability, Inclusivity, Respect

III. **Community Themes and Strengths Locations**– *Elizabeth Beasley*

* Elizabeth introduced the survey and April Carman’s role as our consultant
* Discussed timeframe, how planning on focusing on one locality a week, how we are using CHW’s,
* Discussed suggested locations to recruit Fluvanna residents to participate in the health survey:
* EW Thomas- yes this is a grocery store
* Food Lion
* Fork Union Community Market
* Cuppa Joe Coffee Shop
* BOS meetings (County Administration Morris Room for meeting space, when needed)
* School board meetings
* Athletic activities (school sponsored or other?) – Little league baseball
* Fluvanna Library
  + Check their website for activities, such as movie days, storytelling on some mornings
  + First time home buyer class there coming up
    - Remember that if it’s not library sponsored event, need to email library to make sure it’s on the calendar
* JABA Fork Union Community Senior Center
* Senior citizen days at the Fork Union Community Center
* Pleasant Grove-it’s a large park
  + lots of special events, soccer right now, back-to-back games on Saturdays, always a lot of people there!
  + Has a farmer’s market at the park on Tuesdays 4-6 pm
* Churches (Any specific churches to recommend?, Is there a list, network, or council of churches or church leaders in Fluvanna?)
  + Effort Baptist Church provides a meal once a month for the community – they’ll have between 300-400 people come
  + Salem United Methodist – first Wednesday of every month at 6 PM, supper community
  + Tracey – can get list of all the churches
* Little League games
* April 16th = Children’s Fair at Carysbrook Elementary
* Old Farm Day = 1st Saturday in May (May 7th)
* Suggestion even if we don’t have an IRB approval yet, maybe have a table, etc. there to announce that we’re doing CHA & we are going to be doing a survey
* County Admin building room –suggested meeting space
  + –the economic dvelpmnt authority meets there
* Fluvanna County health fair and awareness day in May-hosted by parks and rec
* Chamber of Commerce
  + First Tuesday of month have a breakfast with a speaker

IV. **Data Updates and Highlights Section II** *–Jillian Regan*

* Managing Chronic Disease
  + Diabetes --higher in Fluvanna compared to Louisa Co. and the state average

V. **Section III Part I—Data and Discussion** *–Elizabeth Beasley and Jillian Regan*

* **What is our Health Status?**
* Disease Prevalence
  + *Question –* so, can you have high blood pressure and not have heart disease. Yes, having hypertension can lead to heart disease
  + *Diabetes –* could our rate be higher because people are seeking medical attention more often in Fluvanna as compared to other counties?
  + Asthma – comment: high in Fluvanna compared to other (almost 1 in 5 has asthma) counties
* Infectious Disease
  + Important to remember that a lot of people who live in Fluvanna work in Cville-Albe
  + Question about rotavirus
    - Elizabeth responded that in the 10 yrs she’s been at TJHD we haven’t had any rotavirus outbreaks reported to us
  + Question: Giardisis in Fluvanna—do we know if these cases were in a specific part of Fluvanna🡪 question for Kerry
  + Rocky Mntn fever –why is it higher in Fluvanna/TJHD
    - Factors: -drs are more aware of it and test for it now, than they did 10 yrs ago
    - Also have a large deer population
  + Lyme disease also high in Fluvanna
  + Prevention tips: wear bug spray & DEET, long sleeves, tuck pant legs into boots/shoes, do thorough Tick checks on yourself/kids/pets/partner when come back from hiking/being outside in woods, etc.
  + Best if Lyme disease caught early
  + Also important to remember that more people may be seeking medical care so it gets diagnosed more
  + Zika-these were acquired abroad
  + Prevention tips for preventing mosquitos-eliminate standing water, wear bug spray, wear long sleeves, avoid outside during dawn & dusk when mosquitos most active
* HAI’s
  + Since 2007-MRSA was added to VA’s reportable disease list
  + MDR bacteria are especially important to look at for pt safety
  + Most common in VA = Klebsiella species
  + Question about transportation crashes – includes any type of vehicle, car on car, car on pedestrian, car on bikes, atv’s etc.

VI. **Next Steps & Discussion***—Elizabeth Beasley*

* What stuck out?
  + - Alcohol-related fatalities
    - Falls
    - Heart disease and diabetes

Next Meeting: May 5, 2016, 10 a.m. to 11 p.m.