

Public Health in Our Community

What does the health department do for you?

The Thomas Jefferson Health District (TJHD) is your community partner in promoting and protecting health where you live, work, and play. We cover the City of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson.



How does your health department promote and protect your health?

TJHD focuses on population health by connecting people to appropriate resources so they can make informed and healthy choices. Some of the services they provide include:

- **Disease Prevention**—Reducing, controlling, and preventing illnesses that spread from person-to-person by providing vaccinations against serious diseases.
- **Maternal and Child Health**—Providing nutrition education and preventative health services to ensure planned and healthy pregnancies, healthy moms, and healthy babies.
- **Environmental Health**—Reducing the risk of foodborne illnesses by monitoring and permitting restaurants and other facilities serving food. Preventing communicable diseases and outbreaks by inspecting private sewage disposal systems and wells.
- **Emergency Preparedness**—Planning for and responding to large scale health events, natural, and man-made disasters like severe weather and the flu season.

For more information: www.tjhd.org



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