

# MAPP2Health: Join Us in Understanding the Health of Your Community

## *What is MAPP?*

*Mobilizing for Action through Planning and Partnerships* (MAPP) is a process used by local organizations to explore the health of communities in Virginia's Planning District 10 including the City of Charlottesville and Albemarle, Fluvanna, Greene, Louisa, and Nelson counties. MAPP2Health is the name of the action plan which organizations and residents use to work together to improve health.



The Thomas Jefferson Health District, Sentara Martha Jefferson Hospital, University of Virginia Health System, and UVA Public Health Sciences are currently preparing for a fourth round of MAPP2Health.

This round focuses on health equity and will include gathering community input as well as reviewing data on the four health priority areas in the current MAPP2Health report:

1. Promote Healthy Eating and Active Living
2. Address Mental Health and Substance Use
3. Reduce Health Disparities and Improve Access to Care
4. Foster a Healthy and Connected Community for All Ages

## *Join us for the 2019 MAPP2Health Process!*

Join us in building on this work. There are several ways organizations and community members can participate. Contact Putnam Ivey at (434) 972-6241 or email her at [Putnam.Ivey@vdh.virginia.gov](mailto:Putnam.Ivey@vdh.virginia.gov).

*For more information:* Visit [www.tjhd.org](http://www.tjhd.org) for the complete MAPP2Health Report.



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