



# Virginia Transgender Resource and Referral List

The Virginia Department of Health, Division of Disease Prevention  
&  
The Virginia Transgender Taskforce,

On behalf of the Virginia HIV Community Planning Group

## Virginia Transgender Resource and Referral List

### C e n t r a l V i r g i n i a

#### **Phyllis A. Berg, PhD**

7301 Forest Avenue, Suite 201

Richmond, Virginia 23226

Phone: 804-285-4121

Fax: 804-285-4123

Hours of Operation: Monday – Thursday: 8:00AM – 5:00PM

Email: [GlenForestAssociates@verizon.net](mailto:GlenForestAssociates@verizon.net)

Services Provided: Individual psychotherapy and counseling

#### **Blue Green Dragon Acupuncture and Chinese Herbs**

##### **Ki Ennes, M.Ac., L.Ac.**

3122 W. Cary Street

Richmond, Virginia 23221

Phone: 804-274-8002

Hours of Operation: Tuesdays and Fridays: 10:00AM - 6:00PM

Email: [ki.herbs@gmail.com](mailto:ki.herbs@gmail.com)

Website: [www.bluegreendragoninc.com](http://www.bluegreendragoninc.com)

Services Provided: Acupuncture and Chinese herbs for transition-related issues and general well-being.

#### **Crossover Ministry**

108 Cowardin Avenue

Richmond, Virginia 23224

Phone: 804-233-5016

Fax: 804-231-5723

Hours of Operation: Monday – Thursday: 8:30AM - 4:30PM

Friday: 8:30AM - 1:00PM

Website: [www.crossoverministry.org](http://www.crossoverministry.org)

Accepts Walk-ins

Services Provided: Primary care; dental care; individual psychotherapy and counseling; HIV care services

#### **Cypress Counseling, LLC**

##### **Chris Carson, LCSW**

420 N. 1st Street

Richmond, Virginia 23219

Phone: 804-651-3941

Hours of Operation: Monday – Thursday: 12pm - 8pm; Friday: 8am – 5pm

Website: [www.cypresscounseling.com](http://www.cypresscounseling.com)

Services Provided: Individual and group psychotherapy and counseling

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### **The Family Institute of Virginia**

**Michael F. Jeffrey, MS, LPC, LMFT**

2910 Monument Avenue

Richmond, Virginia 23221

Phone: 804-355-6876

Hours of Operation: Call for more information

Services Provided: Psychological evaluation; individual psychotherapy and counseling; marriage and family therapy

### **Fan Free Clinic**

Transgender Clinic

1010 North Thompson Street

Richmond, Virginia 23230

Phone: 804-358-6343

Fax: 804-521-0309

Hours of Operation: Monday – Friday (Hours Vary) Please call Monday at 9:00 AM to schedule appointment.

Transgender Clinic: Tuesday: 6:00PM – 9:00PM (Call anytime)

Services Provided: Primary care; hormone therapy; support services; psychosocial assessments; STD screening; mental health referrals

### **Leticia Y. Flores, PhD**

Virginia Commonwealth University, Center for Psychological Services and Development

612 North Lombardy Street

Richmond, Virginia 23284

Phone: 804-828-8069

Fax: 804-827-1269

Hours of Operation: Monday – Thursday: 9:00AM – 8:00PM

Friday: 9:00AM – 12:00PM

Website: [www.has.vcu.edu/psy/cpsd](http://www.has.vcu.edu/psy/cpsd)

Services Provided: Psychological evaluation; individual psychotherapy and counseling

### **Ann Furniss**

2933 West Cary Street Suite 201

Richmond, Virginia 23221

Phone; 804-938-5668

Hours of Operation: Monday- Tuesday- Wednesday: 8:00Am – 6PM; by appointment only

Services Provided: Acupuncture

## Virginia Transgender Resource and Referral List

### Hospital Hospitality House

612 East Marshall Street

Richmond, VA 23219

Phone: 804-828-6901 ext- 425

Fax: 804-828-6913

Hours of Operation: 24/7

Email: [mmaupai@hhhrichmond.org](mailto:mmaupai@hhhrichmond.org)

Website: [www.hhhrichmond.org](http://www.hhhrichmond.org)

Services Provided: Lodging for families in medical crisis; must have a referral from a participating hospital

### The James House

1016 Maplewood Avenue

Hopewell, Virginia 23860

Phone: 804-458-2704

Fax: 804-458-7823

Hours of Operation: Monday – Thursday: 9:00AM – 6:00PM

Accept Walk-ins

Services Provided: Support services; domestic violence and/or sexual assault one-on-one and group support counseling

### James River Transgender Society (JRTS)

Meets at Fan Free Clinic

1010 North Thompson Street

Richmond, Virginia 23230

Phone: 804-358-6343

Meeting Time: 1<sup>st</sup> Friday of each month, 7:30PM — 9:30PM

Website: <http://www.jrts.org/>

Accepts Walk-ins

Services Provided: Support and social group for MTF trans persons

### Laburnum Diagnostic Imaging Center

4630 South Laburnum Avenue, Suite C

Richmond, Virginia 23231

Phone: 804-226-4637

Fax: 804-222-7551

Hours of Operation: Monday – Friday: 7:30AM – 4:00PM

Services Provided: mammography, breast ultrasound, DEXA

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### **Jonathan Lebolt, PhD, LCSW**

14 South Auburn Avenue  
Richmond, VA 23221

Phone: 804-683-4536

Hours of Operation: Monday – Friday: 11:00AM – 8:00PM

Email: [doctor-jon@comcast.net](mailto:doctor-jon@comcast.net)

Website: <http://Doctor-Jon.home.comcast.net>

Services Provided:: Individual, couples, and group psychotherapy

### **Holli Newman, LPC**

4407 Forest Hill Avenue  
Richmond, Virginia 23225

Phone: 804-231-2273

Fax: 804-232-8222

Hours of Operation: Monday – Friday: 9:00AM – 5:00PM

Email: [newmanlpc@gmail.com](mailto:newmanlpc@gmail.com)

Services Provided: Individual psychotherapy & counseling, couples work

### **Primary Health Group-Forest Hill**

4405 Forest Hill Ave  
Richmond, Virginia 23225

Phone: 804-233-9661

Fax: 804-233-1101

Hours of Operation: Monday – Tuesday – Thursday – Friday: 7:30AM – 4:00PM  
Wednesday: 7:30AM – 1:00PM

Services Provided: Primary care services

### **ROSMY**

2311 Westwood Ave.  
Richmond, Virginia 23230

Phone: 804-644-4800

Fax: 804-644-4368

Youth Support Line: 888-644-4390

Hours of Operation: Monday – Thursday: 9:00AM – 9:00PM

Website: [www.rosmy.org](http://www.rosmy.org)

E-mail: [rosmy@rosmy.org](mailto:rosmy@rosmy.org)

Services Provided: ROSMY offers weekly curriculum based support groups for LGBTQ youth ages 14-20 and information and referrals for youth and families. Trainings for school personnel, human service providers, and other youth workers on how to best address the needs of LGBTQ youth are offered through the Institute for Equality. **Transgender Support Group meets Thursdays 6 – 7:30pm.**

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### **Richmond AIDS Consortium**

PO Box 980049  
Richmond, Virginia 23298  
Phone: 804-828-6471  
Fax: 804-828-0570  
Hours of Operation: Monday – Friday: 8:30AM - 5:00PM  
Accepts Walk-ins  
Services Provided: HIV clinical trials, clinical training

### **Richmond Consultation Services**

Carrie Hartwell, LPC  
5700 West Grace Street, Suite 108  
Richmond, Virginia 23226  
Phone: 804-503-1074  
Fax: 804-288-2616  
Hours of Operation: Monday – Friday: 9:00AM – 8:00PM  
Email: [hartwell\\_carrie@yahoo.com](mailto:hartwell_carrie@yahoo.com)  
Website: [www.richmondconsultation.org](http://www.richmondconsultation.org)  
Services Provided: Psychotherapy and counseling

### **Richmond Transformers**

Meets at Fan Free Clinic  
1010 North Thompson Street  
Richmond, Virginia 23230  
Phone: 804-358-6343  
Meeting Time: 2<sup>nd</sup> Tuesday of each month 7:00PM – 9:00PM  
E-mail: [Ted.Heck@vdh.virginia.gov](mailto:Ted.Heck@vdh.virginia.gov)  
Accepts Walk-ins  
Services Provided: Support and social group for FTM trans persons

### **Martha Ann Spruill, LCSW**

Practice: 3500 Kensington Avenue, Suite A3  
Richmond, Virginia 23221  
Mailing Address: PO BOX 7002  
Richmond, Virginia 23226  
Phone: 804-405-0939  
Hours of Operation: hours vary  
Website: [www.mspruill.com](http://www.mspruill.com)  
Services Provided: Individual Psychotherapy and Counseling

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### **TIPS Program at Petersburg Health Department**

Early Intervention HIV Clinic

c/o PHCA

541 South Sycamore St

Petersburg, Virginia 23803

Phone: 804-957-9601 Ext. 237

Fax: 804-861-4300

Hours of Operation: Monday – Friday: 9:00AM - 5:00PM

Services Provided: Primary care; dental care; psychiatric services; psychological evaluation; hormone therapy; support services; obstetrics/gynecological services

### **Vernon J. Harris Community Health Center**

2809 North Avenue, Suite 206

Richmond, Virginia 23222

Phone: 804-780-0840 (North Side/Main Phone Line)

Fax: 804-780-0862

Services Provided: Primary care; dental; support services; psychotherapy and counseling

### **Virginia League For Planned Parenthood**

201 N. Hamilton Street

Richmond, Virginia 23221

Phone: 804-482-6138

Fax: 804-482-1001

Hours of Operation: Monday – Wednesday: 9:00AM - 7:30PM;

Thursday: 8:00AM - 3:00PM; Friday: 7:00AM - 2:30PM;

Saturday: 9:00AM - 12:30PM; Sunday: 12:00-3:00

Website: [www.vlpp.org](http://www.vlpp.org)

Services Provided: Obstetrics/gynecological services

## E a s t e r n V i r g i n i a

### **Bartley F. Tuthill**

464 Dinwiddie Street

Portsmouth, Virginia 23704

Phone: 757-393-6544

Fax: 757-961-0471

Hours of Operation: Monday – Friday: 9:00AM – 5:00PM

Email: [barttuthill@hotmail.com](mailto:barttuthill@hotmail.com)

Services Provided: Legal services

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### **Chesapeake Care, Inc.**

2145 South Military Highway

Chesapeake, Virginia 23320

Phone: 757-545-5700

Fax: 757-961-0471

Hours of Operation: Monday – Saturday (Hours Vary)

E-mail: [info@chesapeakecare.org](mailto:info@chesapeakecare.org)

Services Provided: Primary care; dental care; pharmacy services

### **Community Psychological Resources**

#### **Susan Garvey, PsyD**

249 West York Street

Norfolk, Virginia 23510

Phone: 757-622-6794

Fax: 757-626-1509

Hours of Operation: Monday – Friday: 8:00AM - 5:00PM

Services Provided: Psychological evaluation; individual psychotherapy and counseling

#### **Maggie Chubb, LCSW**

930 Redgate Ave.

Norfolk, Virginia 23407

Phone: 757-626-3733

Fax: 757-626-3331

Hours of Operation: Monday, Tuesday, Wednesday, and Friday: 10:00AM - 6:00PM (hours vary)

Services Provided: Individual psychotherapy and counseling

#### **Eastern Shore Rural Health System, Inc.**

PO Box 1039

Nassawadox, Virginia 23413

Phone: 757-414-0400

Fax: 757-414-0569

Hours of Operation: Monday – Friday: 8:30AM - 5:00PM

Saturday: 8:00AM - 1:00PM (only some centers)

Website: [www.esrh.org](http://www.esrh.org)

Accepts Walk-ins

Services Provided: (All services for youth and adults) Primary care; dental care

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### Evans-Yosief Law Firm, LLC

2013 Cunningham Drive, Suite 238

Hampton, Virginia 23666

Phone: 757-827-3588

Fax: 757-827-9559

Hours of Operation: Monday – Thursday: 9:00AM- - 5:00PM (by appointment at other times)

Accepts Walk-ins

Services Provided: Legal services; provides representation for youth in social security issues, disability services

### Gender Expression Movement

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Phone: 757-200-9198

Meeting Time: 1<sup>st</sup> Saturday of each month at 7:00PM

Email: [info@genderexpressionmovement.org](mailto:info@genderexpressionmovement.org)

Website: <http://genderexpressionmovement.org/>

Services Provided: Transgender support group; transgender education services

### Michael B. Hamar, P.C.

520 West 21<sup>st</sup> Street, Suite J

Norfolk, Virginia 23517

Phone: 757-622-2008

Fax: 757-622-2088

Hours of Operation: Monday – Friday: 9:00AM – 5:00PM

Email: [mike@harmarlaw.com](mailto:mike@harmarlaw.com)

Services Provided: Legal services

### Non Transitioning Spouse/Partner Support

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Phone: 757-200-9198

Meeting Time: 3<sup>rd</sup> Tuesday of each month at 7:00PM

Email: [info@genderexpressionmovement.org](mailto:info@genderexpressionmovement.org)

Website: <http://genderexpressionmovement.org/>

Services Provided: Support group for the non-transitioning spouses, partners and significant others of transgender people and their specific needs. **Open only to non - transitioning spouses / partners / significant others of trans persons**

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### **Norfolk Department of Health**

830 Southampton Avenue  
Norfolk, Virginia 23510  
Phone: 757-683-2756  
Fax: 757-683-8878  
Services Provided: Primary Care

### **Peninsula Institute for Community Health (PICH)**

4714 Marshall Avenue  
Newport News, Virginia 23607  
Phone: 757-380-8709  
Fax: 757-952-1345  
Hours of Operation: Monday – Friday: 8:00AM – 5:00PM  
Tuesday: 8:00AM – 7:00PM

Website: [www.pich.org](http://www.pich.org)

Accept Walk-ins

Services Provided: (All services for both youth and adults) Primary care; dental care; obstetrics/gynecological services

### **River Point Rehabilitation and Healthcare Center**

4142 Bonney Road  
Virginia Beach, Virginia 23452  
Phone: 757-340-0620  
Fax: 757-340-7028  
Hours of Operation: 24/7  
Services Provided: Nursing home care, outpatient physical therapy, occupational therapy

### **Tidewater AIDS Community Taskforce (TACT)**

9229 Granby Street  
Norfolk, Virginia 23503  
Phone: 757-583-1317  
Fax: 757-583-2749  
Hours of Operation: Monday – Thursday: 9:00AM - 5:00PM  
Friday: 9:00AM - 4:00PM

Website: [www.TACT-ONLINE.com](http://www.TACT-ONLINE.com)

Accepts Walk-ins

Services Provided: Support services; group psychotherapy and counseling; social support; care management; emergency assistance; youth group

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### Trans Masculine Group

Meets at The LGBT Center of Hampton Roads

247 W. 25th Street

Norfolk, Virginia 23517

Meeting Time: 3<sup>rd</sup> Thursday of each month at 7:00PM

Email: [info@genderexpressionmovement.org](mailto:info@genderexpressionmovement.org)

Website: <http://genderexpressionmovement.org/>

Services Provided: Support group for trans masculine identified people and their specific needs.

## N o r t h e r n V i r g i n i a

### Arlington County Public Health Department

800 South Walter Reed Drive

Arlington, Virginia 22204

Phone: 703-228-5629

Fax: 703-228-5247

Hours of Operation: Monday, Wednesday: 8:00AM – 6:30PM

Tuesday, Thursday: 8:00AM – 6:00PM ; Friday 8:00AM-5:00PM

Accepts Walk-ins, STD Clinic is by appointment only

Services Provided: STD screening/treatment; anonymous and confidential HIV testing; confidential rapid HIV testing

### Eleanor Criswell, Ph.D.

312 South Washington St, Suite 313

Alexandria, VA 22314

Phone: 703-748-4900

Fax: 703-356-8342

Hours of Operation: By appointment

Website: [www.drcriswell.com](http://www.drcriswell.com)

E-mail: [info@drcriswell.com](mailto:info@drcriswell.com)

Services Provided: Psychological evaluation; individual psychotherapy and counseling

### Inova Juniper Program

8001 Forbes Place, Suite 200

Springfield, Virginia 22151

Phone: 703-321-2600

Fax: 703-321-2603

Hours of Operation: Monday – Friday: 8:30AM - 5:00PM

Services Provided: Primary care; dental care; psychiatric services; psychological evaluation; psychotherapy and counseling; HIV care services

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### **K.I. Services**

25 S. Quaker Lane, Unit 4  
Alexandria, Virginia 22314

Phone: 703-823-4401

Fax: 703-823-4407

Hours of Operation: Monday – Friday: 8:30AM - 5:30PM; Saturday (by appointment)

Website: [www.kiservices.org](http://www.kiservices.org)

Accepts Walk-ins

Services Provided: Support services; individual/group psychotherapy and counseling; HIV testing and counseling; comprehensive risk counseling services, health education and outreach services

### **Metro Area Gender Identity Connection (MAGIC)**

Meets at Falls Church Presbyterian Church

225 Broad Street

Falls Church, Virginia 22041

Meeting Time: 3<sup>rd</sup> Friday of each month

8:00PM – 10:00PM

Website: [www.magicdc.org](http://www.magicdc.org)

Accepts Walk-ins

Services Provided: Peer support group for transsexual, gender queer, and other gender identity questioning people living in the greater Washington DC metropolitan area

### **PFLAG T\*Families Support Group**

Meets at Fairfax Regional Library

10360 North Street

Fairfax, VA 22030-2514

Facilitator: Libby McKnight

Phone: 202-460-6002

Fax: 703-537-0262

Email: [libbymck@me.com](mailto:libbymck@me.com)

Meeting Time: 4<sup>th</sup> Sunday of every month

3:30 pm – 5:00 pm (**Call or email to confirm location and time**)

Services Provided: Support for family and friends of trans men and trans women

### **Prince William Health District**

4001 Prince William Parkway, Suite 101

Woodbridge, Virginia 22193

Phone: 703-792-7300

Fax: 703-792-7311

Hours of Operation: Monday – Friday: 8:00AM – 4:30PM

Services Provided: (All services for both youth and adults) ADAP services; HIV support groups; STD clinic; adult immunizations

## Virginia Transgender Resource and Referral List

### **Rainbow Tuesdays Clinic**

Alexandria Health Department

4480 King Street

Alexandria, Virginia 22302

Phone: 703-838-4400, ext 252 or 305

Fax: 703-838-4038

Hours of Operation: 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month 5:00 - 6:30PM

Services Provided: HIV and STD testing; hepatitis A & B immunizations

### **Transgender Education Association (TGEA)**

Meeting Time: 1<sup>st</sup> Saturday of each month, email for further details

Email: [tgea4u@yahoo.com](mailto:tgea4u@yahoo.com)

Website: <http://www.tgea.net/>

Services Provided: Peer-facilitated social and support group for the D.C. area TG/TS/TV/CD communities

### **Ellen R. Warren, LCSW**

1500 King Street, Suite 302

Alexandria, Virginia 22314

Phone: 703-683-0710

Hours of Operation: Days & Evenings

Services Provided: Psychotherapy and Counseling (for individuals, couples, and families)

## N o r t h w e s t V i r g i n i a

### **Augusta Behavioral Health**

#### **Michael G. Tancus, LCSW, DCSW**

79 N. Medical Park Drive

Fishersville, VA 22920

Phone: 540-941-2525

Fax: 540-941-2555

Hours of Operation: Monday – Friday, 8:30 am – 5:00 pm, by appointment only

Email: [mtancus@augustahealth.com](mailto:mtancus@augustahealth.com)

Services Provided: individual and group psychotherapy and counseling; can make local referrals for hormone therapy. Fees adjustable on sliding scale basis for those who qualify, and Medicaid, Medicare and all insurances accepted.

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### **CreativeSolutions4Change**

**Mary Kiernan-Stern, LCSW**

1228 N. Augusta Street

Staunton, VA 24401

Phone: 540-251-1711

Hours of Operation: By appointment only

Email: [mkstern@creativesolutions4change.com](mailto:mkstern@creativesolutions4change.com)

Website: <http://www.creativesolutions4change.com/>

Services Provided: Psychotherapy and counseling for adults, young adults, teens, and children

### **PFLAG Blue Ridge**

Meets at the Jefferson-Madison Regional Library

201 East Market Street

Charlottesville, VA 22902

Facilitator: Karen Barker

E-mail: [karenmeandering@gmail.com](mailto:karenmeandering@gmail.com)

Phone: 434-923-9950

Website: [www.pflagblueridge.org](http://www.pflagblueridge.org)

Meeting Time: Monday 6:30 pm – 8:00 pm. Meetings are timed to coincide with nearby meetings of *ROSMY Blue Ridge* (see listing below). Email or check website to confirm meeting location.

Accepts Walk-ins

Services Provided: Support group for families and friends of LGBTQ individuals, with a special interest in ensuring that Trans\* issues are supported and respected.

### **ROSMY Blue Ridge – Youth Support Group**

Meets at the Jefferson-Madison Regional Library

201 East Market Street

Charlottesville, VA 22902

Phone: 434-987-8975

E-mail: [rosmyblueridge@rosmy.org](mailto:rosmyblueridge@rosmy.org)

Website: [www.rosmy.org](http://www.rosmy.org)

Youth Support Line: 888-644-4390

Meeting Time: Monday 6:30 pm – 8:30 pm. Meetings are timed to coincide with nearby meetings of *PFLAG Blue Ridge* (see listing above).

Accepts Walk-ins

Services Provided: ROSMY offers weekly curriculum based support groups for LGBTQ youth ages 14-20 and information and referrals for youth and families. Trainings for school personnel, human service providers, and other youth workers on how to best address the needs of LGBTQ youth are offered through the Institute for Equality.

## Virginia Transgender Resource and Referral List

### Valley AIDS Network

601 University Blvd, Suite 322-324

Harrisonburg, Virginia 22807

Phone: 540-568-8838

Fax: 540-568-8835

Website: [www.valleyaidsnetwork.org](http://www.valleyaidsnetwork.org)

Call for Appointment

Services Provided: (Must be HIV+ to be eligible for services) Support Services

## S o u t h w e s t V i r g i n i a

### The Drop-In Center of the Council of Community Services

356 Campbell Ave, SW

Roanoke, VA 24016

Phone: 540-982-2437

Fax: 540-342-2204

Hotline Number: 540-982-2437

Hours of Operation: Monday – Friday: 9:00am – 6:00PM

Email: [dropcenter@aol.com](mailto:dropcenter@aol.com)

Website: [www.councilofcommunityservices.org/drop/](http://www.councilofcommunityservices.org/drop/)

Accept Walk-ins

Services Provided: HIV prevention counseling and testing; support groups for transgender, bisexual, and HIV positive individuals; resources and referral

### Gentiva Health Services

1928 Thompson Drive

Lynchburg, Virginia 24501

Phone: 434-846-5219

Fax: 434-528-4963

Hours of Operation: Monday – Friday: 8:00AM – 5:30PM (RN always on-call)

Website: [www.gentiva.com](http://www.gentiva.com)

Services Provided: Home health; skilled nursing and therapies

### Infectious Disease Center

2215 Landover Place

Lynchburg, Virginia 24501

Phone: 434-947-3945 Ext. 2268

Fax: 866-617-8273

Hours of Operation: Monday – Friday: 8:15AM - 5:00PM

Services Provided: Primary care; dental care; psychiatric services; psychological evaluation; support services; psychotherapy and counseling; obstetrics/gynecological services

## Virginia Transgender Resource and Referral List

### **Marcus Goff Jones**

#### **Comprehensive Counseling Services**

1115 First Street, SW

Roanoke, Virginia 24016

Phone: 540-343-0004

Fax: 540-343-1576

Hours of Operation: Monday – Friday: 9:00AM - 8:00PM

Accepts Walk-ins

Services Provided: Support services; individual/group psychotherapy and counseling; psychotherapy for youth; family therapy; psychosexual therapy; anger management; they also see children

### **Andrew Matzner, LCSW**

1402 Grandin Road

Roanoke, Virginia 24015

Phone: 540-819-0429

Hours of Operation: Fridays, Day and Evening Hours

E-mail: amatzner@hollins.edu

Website: [www.AndyMatzner.com](http://www.AndyMatzner.com)

Services Provided: Individual, couples, and family counseling and coaching; counseling available via Skype

### **Ladies Of the Blue Ridge - Transgender Alliance (LBR)**

Roanoke, Virginia

Email: Dolly Davis - [dolly\\_tg\\_shy@yahoo.com](mailto:dolly_tg_shy@yahoo.com)

Facebook: <https://www.facebook.com/groups/LBRTA>

Meeting Time and Location: (varies, email for location and to confirm time and day) 2nd Saturday of each month, 5:00PM — 9:00PM

Services Provided: Support and social networking for full spectrum of MTF transgender persons, connections and referrals to Drop-In Center, Roanoke Pride, and local gender counselors.

### **Pro Bono Counseling Program at the Mental Health Association of the New River Valley**

303 Church Street

Blacksburg, Virginia 24060

Phone: 540-951-4990

Fax: 540-951-5015

Hours of Operation: Monday – Thursday: 9:00AM – 5:00PM

Friday: 9:00AM – 1:00PM

Website: [www.mhanrv.org](http://www.mhanrv.org)

Services Provided: Psychiatric services; psychotherapy and counseling; limited services because of waitlist

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### Roanoke TRANSformation

Meets at The Drop-In Center of the Council of Community Services  
356 Campbell Ave, SW  
Roanoke, VA 24016  
Phone: 540-982-2437

Meeting Time: 6:00PM – 7:30PM on 3<sup>rd</sup> Tuesday of each month

Services Provided: Support group for persons who no longer identify as the sex they were assigned at birth and have taken steps toward, or are considering, transition. Significant and supportive others should contact the Drop-In Center for more information about services available.

### Southwest Virginia Transgender Support

Roanoke, Virginia

E-mail: Erica at [elbrke01@yahoo.com](mailto:elbrke01@yahoo.com)

Website: [http://groups.yahoo.com/group/SW\\_Virginia\\_Transgender\\_Support/](http://groups.yahoo.com/group/SW_Virginia_Transgender_Support/)

Meeting Time and Location: E-mail for more information

Services Provided: Support group for transsexual women, in all stages of transition

## W a s h i n g t o n D . C . / M a r y l a n d

### Amilie Zurn, LCSW / LCSW-C

612 Gist Avenue  
Silver Springs, Maryland 20910  
Phone: 301-641-3401

Hours of Operation: Everyday but Tuesday and Saturday

Services Provided: Individual/couples psychotherapy and counseling

### D.C Area Trans Masculine Society (DCATS)

Meets at Whitman Walker Clinic  
1701 14<sup>th</sup> Street NW  
Washington, D.C. 20009  
Phone: Thomas 202-939-7698

Website: <http://www.dcatsinfo.org/>

Meeting Time: 2<sup>nd</sup> Sunday of each month, 5 pm — 7 pm

Services Provided: A peer facilitated social and support group in the D.C. area for anyone on the FTM spectrum

## Virginia Transgender Resource and Referral List

**Joseph A. Izzo, MA, LICSW**

4102 10<sup>th</sup> Street, NE

Washington, D.C. 20017

Phone: 202-425-0496

Email: [jizzo@wwc.org](mailto:jizzo@wwc.org)

Hours of Operation: Primarily Weekends

Services Provided: Psychological evaluation; family and individual psychotherapy and counseling

**Michael Hendricks, PhD, ABPP**

5225 Wisconsin Avenue, NW, Suite 513

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Phone: 202-364-1575

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Website: [www.wpcdc.com](http://www.wpcdc.com)

Hours of Operation: Monday – Friday (Hours vary)

Services Provided: (All services for youth and adults) Psychological evaluation; individual psychotherapy and counseling