

The Virginia Department of Health, Office of Minority Health and Public Health Policy in partnership with the Urban League of Hampton Roads Presents . . .



Tough Love: Love Your Body... Love Yourself

African American women have extremely high rates of stroke, diabetes, heart failure, obesity, infant mortality, HIV/AIDS and premature deaths. This workshop will examine these disparities and review ways to improve the health outcomes among African American women.



Wednesday, March 11, 2009
10:00 a.m.—12 noon
Urban League of Hampton Roads, Inc.
3225 High Street,
Portsmouth, VA 23707



Guest Speaker:
Thursa D. Crittenden, Outreach Coordinator for
Minority Health Issues, Virginia Department of Health

Please Reserve Your Seat Today ▶▶▶

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*Empowering Communities.
Changing Lives.*

**Office of Minority Health
& Public Health Policy**
Advancing Health Equity For All Virginians