

Virginia Health Indicators

VA Indicators	Central Virginia	Pittsylvania/- Danville	West Piedmont	State
Total Adult Population (2004) ¹	180,365	84,018	111,058	5,654,927
% Black Adults (2004) ¹	17.4	30.9	16.9	19.1
% Other Race Adults (2004) ¹	1.1	0.7	0.7	5.2
% Hispanic Adults (2004) ¹	1.0	1.4	2.9	5.2
% Adults Age 65+ (2004) ¹	15.1	16.7	16.5	11.4
% Adults Living Below 200% Poverty (2004) ¹	27.0	33.1	31.3	22.4
Diabetes Hospital Discharges per 10,000 (2004) ²	22.7	21.3	23.1	16.2
Diabetes Prevalence (%), Adults (2004) ³	9.7	13.8	8.2	7.0
Number of Undiagnosed Residents with Diabetes (2003) ⁴	4,759	1,956	2,531	132,954
Diabetes Deaths per 100,000 (2004) ⁵	26.3	30.8	27.4	22.0
Heart Disease Deaths per 100,000 (2004) ⁵	204.1	249.2	272.4	200.5
Cerebrovascular Deaths per 100,000 (2004) ⁵	62.8	59.5	59.0	54.0
Current Obesity Prevalence (%), Adults, (2004) ³	26.9	27.5	26.6	23.1
Current Smoking Prevalence (%), Adults (2004) ³	24.8	25.0	30.5	20.8
Cancer Deaths per 100,000 (1998-2002) ⁵	207.2	203.9	186.0	204.8
Breast Cancer Deaths per 100,000 (1998-2002) ⁵	23.3	24.3	29.0	27.8
Colorectal Cancer Deaths per 100,000 (1998-2002) ⁵	23.1	23.0	17.0	21.0
Lung Cancer Deaths per 100,000 (1998-2002) ⁵	62.0	59.9	49.8	58.5
Prostate Cancer Deaths per 100,000 (1998-2002) ⁵	33.2	32.8	29.6	34.2
Mammogram Past 2 Years (%), Women 40+ (2003-2004) ³	72.1	81.5	77.3	75.7
PSA Past 2 Years (%), Men 40+ (2002 & 2004 comb.) ³	52.4	49.1	51.3	53.7
Sigmoidoscopy/Colonoscopy Lifetime (%), Adults 50+ (2002 & 2004 comb.) ³	43.8	47.2	51.8	55.1
FOBT Past 2 Years (%), Adults 50+ (2002 & 2004 comb.) ³	28.3	20.8	21.7	28.2
Current Asthma Prevalence (%), Adults (2004) ³	8.1	10.4	6.9	7.3
Asthma Hospital Discharges per 10,000, (2004) ²	18.2	16.0	12.9	12.9
Arthritis Lifetime Prevalence (%), Adults (2004) ³	31.6	42.5	37.8	29.0
% Adults With a Disability (2004) ³	18.0	20.9	21.2	16.8

Sources: ¹ U.S. Census; ² Virginia Health Information; ³ BRFSS; ⁴ CDC; ⁵ Virginia Center for Health Statistics
 Numbers in **bold** are above the state rate (cancer screening rates are below the state rate).