

Aerobic Physical Activity by Demographics (Race/Ethnicity, Education, Income, Age, and Gender) Virginia, 2013

Virginia BRFSS Online Reporting  System		Do you participate in 150 minutes or more of aerobic physical activity per week?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	3762	2759459	51.2	49.6 -52.8	3448	2629661	48.8	47.2 -50.4
Race/Ethnicity	White/Non-Hispanic	2958	1939357	54.3	52.6 -56.0	2495	1633166	45.7	44.0 -47.4
	Black/Non-Hispanic	466	456120	48.7	44.5 -52.9	541	481072	51.3	47.1 -55.5
	Hispanic	122	156689	39.6	32.8 -46.5	154	238499	60.4	53.5 -67.2
	Other	164	173325	42.9	35.4 -50.4	194	230754	57.1	49.6 -64.6
Education	< H.S.	239	245079	34.0	29.1 -38.8	422	476198	66.0	61.2 -70.9
	H.S. or G.E.D.	803	627743	45.7	42.6 -48.7	1025	746034	54.3	51.3 -57.4
	Some College	932	836807	53.7	50.5 -56.8	852	722921	46.3	43.2 -49.5
	College Graduate	1774	1042849	60.6	58.2 -62.9	1138	678356	39.4	37.1 -41.8
Income	\$15,000 or less	268	191035	41.3	36.4 -46.3	388	271047	58.7	53.7 -63.6
	\$15,000 to less than \$25,000	403	309746	38.9	34.9 -42.8	636	487097	61.1	57.2 -65.1
	\$25,000 to less than \$35,000	340	229952	46.9	42.0 -51.7	349	260643	53.1	48.3 -58.0
	\$35,000 to less than \$50,000	444	310641	47.4	42.9 -51.9	442	344539	52.6	48.1 -57.1
	\$50,000 or more	1921	1454297	60.0	57.7 -62.3	1235	969004	40.0	37.7 -42.3
Age	Age 18 to 24	202	360240	52.8	46.8 -58.7	183	322566	47.2	41.3 -53.2
	Age 25 to 34	414	460491	49.6	45.6 -53.7	408	467059	50.4	46.3 -54.4
	Age 35 to 44	509	466654	51.4	47.4 -55.4	450	440753	48.6	44.6 -52.6
	Age 45 to 54	723	539111	52.2	48.8 -55.6	640	494324	47.8	44.4 -51.2
	Age 55 to 64	817	453157	50.2	47.0 -53.4	789	449518	49.8	46.6 -53.0
	Age 65 or older	1097	479806	51.3	48.5 -54.1	978	455441	48.7	45.9 -51.5
Gender	Female	2105	1363394	49.1	47.1 -51.2	2114	1411074	50.9	48.8 -52.9
	Male	1657	1396065	53.4	51.0 -55.8	1334	1218587	46.6	44.2 -49.0

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "- -" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Physical Activity excludes that which is a part of a normal work day.