

Aerobic Physical Activity by Demographics (Race/Ethnicity, Education, Income, Age, and Gender) Virginia, 2013

Virginia BRFSS Online Reporting  System		Do you participate in 300 minutes or more of aerobic physical activity per week?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2335	1673866	31.6	30.2 -33.1	4732	3616139	68.4	66.9 -69.8
Race/Ethnicity	White/Non-Hispanic	1874	1205757	34.4	32.8 -36.1	3468	2294695	65.6	63.9 -67.2
	Black/Non-Hispanic	270	271290	29.4	25.4 -33.5	717	650221	70.6	66.5 -74.6
	Hispanic	53	67325	17.3	11.9 -22.7	218	321530	82.7	77.3 -88.1
	Other	100	104459	26.1	19.2 -32.9	254	296339	73.9	67.1 -80.8
Education	< H.S.	162	162104	22.9	18.5 -27.2	485	546950	77.1	72.8 -81.5
	H.S. or G.E.D.	516	399764	29.6	26.8 -32.4	1279	950896	70.4	67.6 -73.2
	Some College	568	507891	33.1	30.1 -36.2	1186	1024766	66.9	63.8 -69.9
	College Graduate	1082	600906	35.7	33.3 -38.0	1764	1083596	64.3	62.0 -66.7
Income	\$15,000 or less	179	123141	27.0	22.7 -31.3	464	332501	73.0	68.7 -77.3
	\$15,000 to less than \$25,000	259	192237	24.5	21.0 -28.0	767	593122	75.5	72.0 -79.0
	\$25,000 to less than \$35,000	208	139033	28.7	24.4 -33.0	473	345609	71.3	67.0 -75.6
	\$35,000 to less than \$50,000	286	205936	31.7	27.6 -35.9	587	442731	68.3	64.1 -72.4
	\$50,000 or more	1164	843482	35.6	33.3 -38.0	1919	1523086	64.4	62.0 -66.7
Age	Age 18 to 24	123	235787	34.9	28.9 -40.8	258	440594	65.1	59.2 -71.1
	Age 25 to 34	203	235258	26.0	22.3 -29.7	600	669819	74.0	70.3 -77.7
	Age 35 to 44	291	259892	29.2	25.7 -32.7	652	630986	70.8	67.3 -74.3
	Age 45 to 54	429	319160	31.4	28.3 -34.5	910	698104	68.6	65.5 -71.7
	Age 55 to 64	524	292332	33.0	29.9 -36.0	1053	594542	67.0	64.0 -70.1
	Age 65 or older	765	331438	36.3	33.6 -39.0	1259	582096	63.7	61.0 -66.4
Gender	Female	1275	815959	30.0	28.1 -31.9	2861	1906137	70.0	68.1 -71.9
	Male	1060	857907	33.4	31.1 -35.7	1871	1710002	66.6	64.3 -68.9

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "- -" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Physical Activity excludes that which is a part of a normal work day.