

Physical Activity by Demographics (Race/Ethnicity, Education, Income, Age, and Gender), Virginia, 2011

		Do you participate in 150 minutes or more of aerobic physical activity per week?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	CI	Sample Size	Weighted Counts	Weighted Percent (%)	CI
*Virginia	*State Total	3192	2923006	52.4	50.5 -54.3	2723	2652741	47.6	45.7 -49.5
Race/Ethnicity	Black/Non-Hispanic	359	414744	42.6	37.6 -47.6	473	559496	57.4	52.4 62.4
	Hispanic	101	142411	39.5	30.9 -48.1	122	218240	60.5	51.9 69.1
	Other	159	210556	55.2	47.0 -63.4	119	170740	44.8	36.6 53.0
	White/Non-Hispanic	2535	2122536	55.8	53.7 -58.0	1974	1679086	44.2	42.0 46.3
Education	< H.S.	184	284097	40.1	34.0 -46.2	326	424739	59.9	53.8 66.0
	H.S. or G.E.D.	742	660068	44.9	41.2 -48.5	844	810504	55.1	51.5 58.8
	Some College	775	850155	52.3	48.4 -56.2	677	775316	47.7	43.8 51.6
	College Graduate	1488	1125251	63.9	61.0 -66.8	865	635975	36.1	33.2 39.0
Income	\$15,000 or less	183	150198	38.5	31.5 -45.4	275	240158	61.5	54.6 68.5
	\$15,000 to less than \$25,000	377	340198	42.3	37.1 -47.4	495	464505	57.7	52.6 62.9
	\$25,000 to less than \$35,000	265	226268	45.8	39.8 -51.8	284	268056	54.2	48.2 60.2
	\$35,000 to less than \$50,000	388	344499	52.2	46.8 -57.5	345	315912	47.8	42.5 53.2
	\$50,000 or more	1600	1511801	59.8	57.0 -62.7	966	1015132	40.2	37.3 43.0
Age	Age 18 to 24	115	363628	50.5	43.5 -57.5	115	356078	49.5	42.5 56.5
	Age 25 to 34	372	498380	52.3	47.3 -57.4	314	454119	47.7	42.6 52.7
	Age 35 to 44	452	557903	53.9	49.3 -58.4	365	477896	46.1	41.6 50.7

	Age 45 to 54	631	610424	55.2	51.3 -59.2	514	494722	44.8	40.8 - 48.7
	Age 55 to 64	733	446395	52.3	48.8 -55.9	640	406558	47.7	44.1 - 51.2
	Age 65 or older	889	446275	49.1	45.8 -52.3	775	463368	50.9	47.7 - 54.2
Gender	Female	1849	1462967	51.3	48.8 -53.8	1676	1387647	48.7	46.2 - 51.2
	Male	1343	1460039	53.6	50.6 -56.5	1047	1265093	46.4	43.5 - 49.4

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011. Weighted counts and weighted percents are weighted to population characteristics.

2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.

3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.

4. *** Use caution in interpreting sample sizes less than 50.

5. CI= 95% confidence interval.

6. *** Physical Activity excludes that which is a part of a normal work day.