

Virginia BRFSS Online Reporting  System		Has a doctor or other health professional ever advised you to reduce sodium or salt intake? (All adults)							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2018	1288582	24.1	22.8 -25.4	5287	4054292	75.9	74.6 -77.2
Central	*Region Total	463	260503	27.8	24.9 -30.7	1012	678135	72.2	69.3 -75.1
	Chesterfield	79	66281	26.6	20.7 -32.5	192	183019	73.4	67.5 -79.3
	Chickahominy	50	25421	26.6	18.8 -34.4	127	70166	73.4	65.6 -81.2
	Crater	80	31816	32.0	23.4 -40.5	119	67758	68.0	59.5 -76.6
	Henrico	61	48596	23.9	17.0 -30.8	201	154940	76.1	69.2 -83.0
	Piedmont	67	29178	29.0	21.6 -36.4	139	71523	71.0	63.6 -78.4
	Richmond City	67	34833	29.9	21.0 -38.7	134	81718	70.1	61.3 -79.0
	Southside	59	24378	33.2	23.9 -42.5	100	49010	66.8	57.5 -76.1
Eastern	*Region Total	496	294793	24.8	22.1 -27.5	1291	893007	75.2	72.5 -77.9
	Chesapeake	57	33403	22.6	15.0 -30.2	164	114318	77.4	69.8 -85.0
	Eastern Shore	59	14189	32.1	23.4 -40.9	108	29958	67.9	59.1 -76.6
	Hampton	46	30029	25.1	16.2 -33.9	133	89740	74.9	66.1 -83.8
	Norfolk City	56	26166	24.0	16.1 -31.9	158	82862	76.0	68.1 -83.9
	Peninsula	63	52748	23.3	16.9 -29.7	183	173822	76.7	70.3 -83.1
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	62	37187	28.5	21.2 -35.8	141	93210	71.5	64.2 -78.8
	Virginia Beach	56	61332	23.2	16.6 -29.9	190	202731	76.8	70.1 -83.4
	Western Tidewater	64	27747	27.3	19.7 -34.9	141	73956	72.7	65.1 -80.3
Northern	*Region Total	230	210719	17.7	14.9 -20.6	875	976853	82.3	79.4 -85.1
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	43	24088	23.0	14.7 -31.3	139	80684	77.0	68.7 -85.3
	Fairfax	67	94364	16.4	12.0 -20.8	290	482454	83.6	79.2 -88.0
	Loudoun	31	24491	13.3	7.6 -18.9	172	160121	86.7	81.1 -92.4
	Prince William	49	50503	20.1	14.3 -25.8	157	200988	79.9	74.2 -85.7

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** All adults.

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*Virginia	*State Total	2018	1288582	24.1	22.8 -25.4	5287	4054292	75.9	74.6 -77.2
Northwestern	*Region Total	271	206136	22.2	19.3 -25.1	901	722957	77.8	74.9 -80.7
	Central Shenandoah	59	39767	19.9	14.9 -24.9	208	159914	80.1	75.1 -85.1
	Lord Fairfax	54	46216	25.5	18.0 -32.9	174	135154	74.5	67.1 -82.0
	Rappahannock	44	44072	20.3	14.2 -26.4	185	173251	79.7	73.6 -85.8
	Rappahannock/Rapidan	51	28443	20.0	13.7 -26.2	163	114050	80.0	73.8 -86.3
	Thomas Jefferson	63	47638	25.3	18.4 -32.3	171	140587	74.7	67.7 -81.6
Southwestern	*Region Total	558	316432	28.8	26.2 -31.4	1208	783340	71.2	68.6 -73.8
	Alleghany	77	40520	26.6	20.2 -32.9	202	112050	73.4	67.1 -79.8
	Central Virginia	50	36228	18.9	12.9 -24.8	182	155748	81.1	75.2 -87.1
	Cumberland Plateau	58	30637	37.0	28.8 -45.2	101	52185	63.0	54.8 -71.2
	Lenowisco	69	27377	34.1	25.2 -43.0	100	52820	65.9	57.0 -74.8
	Mount Rogers	76	58349	37.4	29.5 -45.4	122	97622	62.6	54.6 -70.5
	New River	48	28709	18.8	12.6 -25.0	191	124060	81.2	75.0 -87.4
	Pittsylvania/Danville	73	36125	36.4	27.5 -45.2	117	63256	63.6	54.8 -72.5
	Roanoke City	50	20302	29.0	19.7 -38.4	92	49605	71.0	61.6 -80.3
	West Piedmont	57	38184	33.4	24.5 -42.3	101	75995	66.6	57.7 -75.5

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