

Watching Sodium or Salt Intake at the State, Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake? (All adults)											
		Daily				Weekly				Monthly			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	109	100300	3.5	2.6 - 4.3	36	44627	1.5	0.8 - 2.3	395	329584	11.4	9.9 -12.9
Central	*Region Total	22	17184	3.1	1.5 - 4.7	---	---	---	---	93	62601	11.2	8.5 -14.0
	Chesterfield	---	---	---	---	---	---	---	---	---	---	---	---
	Chickahominy	---	---	---	---	---	---	---	---	---	---	---	---
	Crater	---	---	---	---	---	---	---	---	---	---	---	---
	Henrico	---	---	---	---	---	---	---	---	---	---	---	---
	Piedmont	---	---	---	---	---	---	---	---	---	---	---	---
	Richmond City	---	---	---	---	---	---	---	---	---	---	---	---
	Southside	---	---	---	---	---	---	---	---	---	---	---	---
Eastern	*Region Total	29	23360	3.3	1.7 - 4.9	---	---	---	---	99	77845	10.9	7.7 -14.2
	Chesapeake	---	---	---	---	---	---	---	---	---	---	---	---
	Eastern Shore	---	---	---	---	---	---	---	---	---	---	---	---
	Hampton	---	---	---	---	---	---	---	---	---	---	---	---
	Norfolk City	---	---	---	---	---	---	---	---	---	---	---	---
	Peninsula	---	---	---	---	---	---	---	---	---	---	---	---
	Portsmouth	---	---	---	---	---	---	---	---	---	---	---	---
	Three Rivers	---	---	---	---	---	---	---	---	---	---	---	---

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1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
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3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. All adults.

Virginia BRFSS Online Reporting  System		How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake? (All adults)							
		Yearly				All my life			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	3318	2112282	73.0	71.0 -74.9	434	308638	10.7	9.4 -11.9
Central	*Region Total	707	406019	72.8	68.8 -76.8	89	65011	11.7	8.7 -14.7
	Chesterfield	124	100323	69.9	60.9 -78.9	---	---	---	---
	Chickahominy	101	52465	86.3	78.7 -93.9	---	---	---	---
	Crater	---	---	---	---	---	---	---	---
	Henrico	107	81400	71.4	61.8 -81.0	---	---	---	---
	Piedmont	---	---	---	---	---	---	---	---
	Richmond City	---	---	---	---	---	---	---	---
	Southside	---	---	---	---	---	---	---	---
Eastern	*Region Total	879	528101	74.2	70.3 -78.2	111	67018	9.4	7.2 -11.6
	Chesapeake	100	58217	82.1	73.1 -91.0	---	---	---	---
	Eastern Shore	78	20195	73.8	64.8 -82.8	---	---	---	---
	Hampton	---	---	---	---	---	---	---	---
	Norfolk City	---	---	---	---	---	---	---	---
	Peninsula	121	110971	78.7	70.6 -86.7	---	---	---	---
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	99	57213	72.9	63.3 -82.4	---	---	---	---

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		Daily				Weekly				Monthly			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	109	100300	3.5	2.6 - 4.3	36	44627	1.5	0.8 - 2.3	395	329584	11.4	9.9 -12.9
Eastern	Virginia Beach	---	---	---	---	---	---	---	---	---	---	---	---
	Western Tidewater	---	---	---	---	---	---	---	---	---	---	---	---
Northern	*Region Total	---	---	---	---	---	---	---	---	51	75137	14.1	9.3 -18.9
	Alexandria	---	---	---	---	---	---	---	---	---	---	---	---
	Arlington	---	---	---	---	---	---	---	---	---	---	---	---
	Fairfax	---	---	---	---	---	---	---	---	---	---	---	---
	Loudoun	---	---	---	---	---	---	---	---	---	---	---	---
	Prince William	---	---	---	---	---	---	---	---	---	---	---	---
Northwestern	*Region Total	23	26056	5.3	2.6 - 8.0	---	---	---	---	50	41876	8.5	5.9 -11.2
	Central Shenandoah	---	---	---	---	---	---	---	---	---	---	---	---
	Lord Fairfax	---	---	---	---	---	---	---	---	---	---	---	---
	Rappahannock	---	---	---	---	---	---	---	---	---	---	---	---
	Rappahannock/Rapidan	---	---	---	---	---	---	---	---	---	---	---	---
	Thomas Jefferson	---	---	---	---	---	---	---	---	---	---	---	---
Southwestern	*Region Total	23	17553	2.9	1.4 - 4.4	---	---	---	---	102	72125	12.0	9.4 -14.6

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Virginia BRFSS Online Reporting  System		How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake? (All adults)							
		Yearly				All my life			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	3318	2112282	73.0	71.0 -74.9	434	308638	10.7	9.4 -11.9
Eastern	Virginia Beach	---	---	---	---	---	---	---	---
	Western Tidewater	119	57251	81.0	73.6 -88.5	---	---	---	---
Northern	*Region Total	431	380997	71.4	65.7 -77.0	53	55809	10.5	7.0 -13.9
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	---	---	---	---	---	---	---	---
	Fairfax	121	161591	69.7	60.4 -79.0	---	---	---	---
	Loudoun	73	63238	76.9	67.7 -86.1	---	---	---	---
	Prince William	---	---	---	---	---	---	---	---
Northwestern	*Region Total	492	355374	72.4	67.7 -77.1	69	56105	11.4	8.3 -14.5
	Central Shenandoah	118	77774	78.7	70.3 -87.1	---	---	---	---
	Lord Fairfax	97	70660	76.6	67.5 -85.7	---	---	---	---
	Rappahannock	99	94722	69.7	60.0 -79.3	---	---	---	---
	Rappahannock/Rapidan	---	---	---	---	---	---	---	---
	Thomas Jefferson	---	---	---	---	---	---	---	---
Southwestern	*Region Total	809	441791	73.4	69.9 -76.9	112	64696	10.8	8.3 -13.2

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Southwestern	Alleghany	---	---	---	---	---	---	---	---	---	---	---	---
	Central Virginia	---	---	---	---	---	---	---	---	---	---	---	---
	Cumberland Plateau	---	---	---	---	---	---	---	---	---	---	---	---
	Lenowisco	---	---	---	---	---	---	---	---	---	---	---	---
	Mount Rogers	---	---	---	---	---	---	---	---	---	---	---	---
	New River	---	---	---	---	---	---	---	---	---	---	---	---
	Pittsylvania/Danville	---	---	---	---	---	---	---	---	---	---	---	---
	Roanoke City	---	---	---	---	---	---	---	---	---	---	---	---
	West Piedmont	---	---	---	---	---	---	---	---	---	---	---	---

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*Virginia	*State Total	3318	2112282	73.0	71.0 -74.9	434	308638	10.7	9.4 -11.9
Southwestern	Alleghany	128	62683	72.6	63.7 -81.5	27	13826	16.0	8.4 -23.6
	Central Virginia	100	77846	75.5	66.4 -84.7	---	---	---	---
	Cumberland Plateau	---	---	---	---	---	---	---	---
	Lenowisco	---	---	---	---	---	---	---	---
	Mount Rogers	---	---	---	---	---	---	---	---
	New River	90	49094	75.3	65.6 -85.0	---	---	---	---
	Pittsylvania/Danville	---	---	---	---	---	---	---	---
	Roanoke City	72	28658	82.9	73.0 -92.7	---	---	---	---
	West Piedmont	---	---	---	---	---	---	---	---

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