

Reducing Sodium or Salt Intake at the State, Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Are you currently watching or reducing your sodium or salt intake? (All adults)							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	4493	3029593	57.0	55.4 -58.6	2791	2284572	43.0	41.4 -44.6
Central	*Region Total	960	581491	62.3	59.0 -65.5	508	352415	37.7	34.5 -41.0
	Chesterfield	168	146760	59.1	52.1 -66.2	101	101418	40.9	33.8 -47.9
	Chickahominy	119	61087	64.4	55.8 -73.0	56	33774	35.6	27.0 -44.2
	Crater	143	66838	67.5	58.4 -76.5	56	32253	32.5	23.5 -41.6
	Henrico	153	119978	59.5	52.1 -66.8	107	81788	40.5	33.2 -47.9
	Piedmont	138	66051	66.5	59.0 -73.9	66	33336	33.5	26.1 -41.0
	Richmond City	129	71535	61.5	51.5 -71.5	71	44794	38.5	28.5 -48.5
	Southside	110	49242	66.3	56.3 -76.2	51	25052	33.7	23.8 -43.7
Eastern	*Region Total	1179	741611	62.4	59.1 -65.8	609	446441	37.6	34.2 -40.9
	Chesapeake	---	---	---	---	---	---	---	---
	Eastern Shore	---	---	---	---	---	---	---	---
	Hampton	---	---	---	---	---	---	---	---
	Norfolk City	---	---	---	---	---	---	---	---
	Peninsula	163	147976	65.1	57.6 -72.5	83	79351	34.9	27.5 -42.4
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	137	87359	67.7	59.7 -75.7	65	41600	32.3	24.3 -40.3
	Virginia Beach	152	157774	59.9	52.1 -67.8	93	105438	40.1	32.2 -47.9
	Western Tidewater	154	72919	71.4	61.8 -80.9	51	29272	28.6	19.1 -38.2
Northern	*Region Total	568	549662	46.5	42.4 -50.7	538	631591	53.5	49.3 -57.6
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	---	---	---	---	---	---	---	---
	Fairfax	168	237990	41.5	35.0 -48.0	189	336025	58.5	52.0 -65.0
	Loudoun	95	83622	45.3	37.0 -53.6	109	101068	54.7	46.4 -63.0
	Prince William	118	140334	56.0	47.8 -64.2	90	110167	44.0	35.8 -52.2

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. All adults.

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*Virginia	*State Total	4493	3029593	57.0	55.4 -58.6	2791	2284572	43.0	41.4 -44.6
Northwestern	*Region Total	672	510999	55.1	51.6 -58.6	495	416297	44.9	41.4 -48.4
	Central Shenandoah	152	104332	52.3	45.2 -59.4	114	95150	47.7	40.6 -54.8
	Lord Fairfax	131	97711	53.5	45.5 -61.5	98	84957	46.5	38.5 -54.5
	Rappahannock	144	141135	64.9	57.9 -72.0	85	76188	35.1	28.0 -42.1
	Rappahannock/Rapidan	120	69607	49.6	40.4 -58.9	90	70591	50.4	41.1 -59.6
	Thomas Jefferson	125	98214	52.3	44.1 -60.6	108	89412	47.7	39.4 -55.9
Southwestern	*Region Total	1114	645830	59.6	56.7 -62.5	641	437827	40.4	37.5 -43.3
	Alleghany	182	90230	59.9	52.4 -67.3	95	60515	40.1	32.7 -47.6
	Central Virginia	137	109439	58.3	50.5 -66.0	91	78373	41.7	34.0 -49.5
	Cumberland Plateau	106	52796	64.1	55.8 -72.4	51	29565	35.9	27.6 -44.2
	Lenowisco	112	52275	64.2	55.4 -73.0	60	29137	35.8	27.0 -44.6
	Mount Rogers	129	101324	65.6	57.8 -73.3	68	53209	34.4	26.7 -42.2
	New River	119	65620	43.5	35.7 -51.2	119	85360	56.5	48.8 -64.3
	Pittsylvania/Danville	129	68551	70.1	61.5 -78.7	59	29223	29.9	21.3 -38.5
	Roanoke City	---	---	---	---	---	---	---	---
West Piedmont	110	70202	64.2	54.5 -73.9	47	39145	35.8	26.1 -45.5	

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