

Overweight or Obese at the State, Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Overweight or Obese							
		No				Yes			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2794	2159387	36.0	34.5 -37.5	5149	3838092	64.0	62.5 -65.5
Central	*Region Total	504	335680	33.0	30.0 -36.0	1077	680501	67.0	64.0 -70.0
	Chesterfield	113	109958	41.7	35.0 -48.4	175	153695	58.3	51.6 -65.0
	Chickahominy	55	29025	27.4	19.7 -35.2	132	76730	72.6	64.8 -80.3
	Crater	57	26492	24.3	16.9 -31.7	157	82534	75.7	68.3 -83.1
	Henrico	92	71367	32.7	25.9 -39.5	190	146948	67.3	60.5 -74.1
	Piedmont	58	28511	26.0	19.2 -32.8	159	81249	74.0	67.2 -80.8
	Richmond City	77	48404	38.7	30.7 -46.7	141	76686	61.3	53.3 -69.3
	Southside	52	21923	25.9	17.5 -34.3	123	62659	74.1	65.7 -82.5
Eastern	*Region Total	654	479355	35.1	32.0 -38.3	1275	884875	64.9	61.7 -68.0
	Chesapeake	---	---	---	---	---	---	---	---
	Eastern Shore	55	13201	26.6	17.3 -35.9	114	36482	73.4	64.1 -82.7
	Hampton	61	42070	31.4	22.0 -40.8	132	91930	68.6	59.2 -78.0
	Norfolk City	85	43942	32.6	24.0 -41.2	150	90957	67.4	58.8 -76.0
	Peninsula	98	102062	38.9	31.7 -46.1	176	160457	61.1	53.9 -68.3
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	61	36728	25.8	19.2 -32.3	155	105799	74.2	67.7 -80.8
	Virginia Beach	101	116009	38.1	30.7 -45.6	170	188298	61.9	54.4 -69.3
	Western Tidewater	78	40568	36.3	26.8 -45.8	126	71161	63.7	54.2 -73.2
Northern	*Region Total	532	596286	41.7	37.9 -45.5	765	833710	58.3	54.5 -62.1
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	94	57070	47.2	38.1 -56.2	105	63951	52.8	43.8 -61.9
	Fairfax	202	327641	44.9	39.0 -50.8	267	402014	55.1	49.2 -61.0
	Loudoun	93	82890	38.3	30.6 -46.0	138	133566	61.7	54.0 -69.4

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Adults who have a body mass index (BMI) greater than 25 are overweight or obese.
7. *** BMI is a number calculated from a person's weight and height.

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*Virginia	*State Total	2794	2159387	36.0	34.5 -37.5	5149	3838092	64.0	62.5 -65.5
Northern	Prince William	63	88641	31.4	23.7 -39.2	164	193208	68.6	60.8 -76.3
Northwestern	*Region Total	472	366165	36.5	33.2 -39.8	788	636868	63.5	60.2 -66.8
	Central Shenandoah	107	77161	35.1	28.7 -41.5	184	142651	64.9	58.5 -71.3
	Lord Fairfax	81	70690	36.6	28.8 -44.4	156	122583	63.4	55.6 -71.2
	Rappahannock	91	82276	35.3	28.2 -42.4	157	150847	64.7	57.6 -71.8
	Rappahannock/Rapidan	88	52125	34.3	26.2 -42.3	140	100052	65.7	57.7 -73.8
	Thomas Jefferson	105	83914	41.0	33.5 -48.6	151	120735	59.0	51.4 -66.5
Southwestern	*Region Total	632	381901	32.3	29.6 -34.9	1244	802138	67.7	65.1 -70.4
	Alleghany	119	65230	39.7	32.6 -46.8	174	99104	60.3	53.2 -67.4
	Central Virginia	79	64263	30.8	23.9 -37.7	173	144548	69.2	62.3 -76.1
	Cumberland Plateau	52	27797	30.6	23.2 -38.0	122	62984	69.4	62.0 -76.8
	Lenowisco	56	23370	27.2	19.2 -35.3	127	62435	72.8	64.7 -80.8
	Mount Rogers	65	49462	28.3	21.0 -35.6	144	125229	71.7	64.4 -79.0
	New River	95	57803	37.0	29.4 -44.6	151	98400	63.0	55.4 -70.6
	Pittsylvania/Danville	64	35436	32.7	25.3 -40.0	137	73041	67.3	60.0 -74.7
	Roanoke City	---	---	---	---	---	---	---	---
West Piedmont	51	32533	27.6	19.3 -35.9	112	85288	72.4	64.1 -80.7	

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