

Fruits and Vegetables Consumption at the State, Health Region, and Health District Levels, Virginia, 2011

Virginia BRFSS Online Reporting  System		Adults who have consumed fruits and vegetables five or more times per day							
		Consume 5 or more times per day				Consume less than 5 times per day			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	1063	938041	16.1	14.8 -17.4	5156	4888805	83.9	82.6 -85.2
Central	*Region Total	197	142703	14.6	11.7 -17.4	983	837808	85.4	82.6 -88.3
	Chesterfield	34	52844	19.3	11.5 -27.0	140	221325	80.7	73.0 -88.5
	Chickahominy	21	12694	11.5	4.9 -18.0	146	98106	88.5	82.0 -95.1
	Crater	---	---	---	---	170	127315	90.8	85.6 -95.9
	Henrico	35	25313	13.9	8.2 -19.6	145	157145	86.1	80.4 -91.8
	Piedmont	22	10775	11.2	5.4 -17.0	136	85345	88.8	83.0 -94.6
	Richmond City	40	20578	22.4	13.0 -31.8	111	71275	77.6	68.2 -87.0
	Southside	25	7586	8.9	4.9 -13.0	135	77296	91.1	87.0 -95.1
Eastern	*Region Total	286	221718	16.2	13.4 -19.0	1300	1150393	83.8	81.0 -86.6
	Chesapeake	38	21520	16.1	9.6 -22.6	151	112263	83.9	77.4 -90.4
	Eastern Shore	25	5073	13.6	7.7 -19.6	125	32126	86.4	80.4 -92.3
	Hampton	30	20481	16.2	9.1 -23.4	143	105561	83.8	76.6 -90.9
	Norfolk City	38	20867	12.1	7.3 -16.9	169	152068	87.9	83.1 -92.7
	Peninsula	37	37737	15.5	9.6 -21.4	156	205664	84.5	78.6 -90.4
	Portsmouth	25	9724	20.4	10.9 -30.0	99	37858	79.6	70.0 -89.1
	Three Rivers	40	30639	16.8	10.1 -23.4	164	152107	83.2	76.6 -89.9
	Virginia Beach	31	54807	18.8	10.7 -27.0	141	236366	81.2	73.0 -89.3
	Western Tidewater	22	20871	15.2	10.0 -20.4	152	116380	84.8	79.6 -90.0
Northern	*Region Total	244	301110	22.0	18.6 -25.4	879	1067727	78.0	74.6 -81.4
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	46	39709	25.9	17.9 -33.9	147	113545	74.1	66.1 -82.1
	Fairfax	103	162511	24.0	18.5 -29.4	296	515159	76.0	70.6 -81.5
	Loudoun	---	---	---	---	---	---	---	---
	Prince William	36	38556	13.6	8.6 -18.7	175	244263	86.4	81.3 -91.4

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.

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*Virginia	*State Total	1063	938041	16.1	14.8 -17.4	5156	4888805	83.9	82.6 -85.2
Northwestern	*Region Total	155	150029	17.3	13.9 -20.6	669	719064	82.7	79.4 -86.1
	Central Shenandoah	33	39618	17.7	9.9 -25.4	138	184717	82.3	74.6 -90.1
	Lord Fairfax	30	31811	17.5	10.5 -24.4	122	150184	82.5	75.6 -89.5
	Rappahannock	25	24873	12.0	6.3 -17.6	146	182535	88.0	82.4 -93.7
	Rappahannock/Rapidan	---	---	---	---	---	---	---	---
	Thomas Jefferson	33	23487	17.7	10.7 -24.8	131	108915	82.3	75.2 -89.3
Southwestern	*Region Total	181	122480	9.9	7.9 -11.9	1325	1113812	90.1	88.1 -92.1
	Alleghany	27	18154	12.2	4.1 -20.3	199	130867	87.8	79.7 -95.9
	Central Virginia	---	---	---	---	161	192676	91.7	87.1 -96.2
	Cumberland Plateau	---	---	---	---	139	113591	90.1	83.8 -96.3
	Lenowisco	---	---	---	---	139	81622	92.9	88.6 -97.1
	Mount Rogers	---	---	---	---	160	171780	90.6	85.7 -95.5
	New River	25	10745	7.5	3.9 -11.1	153	132985	92.5	88.9 -96.1
	Pittsylvania/Danville	23	15276	13.1	6.0 -20.2	151	101339	86.9	79.8 -94.0
	Roanoke City	---	---	---	---	104	79640	87.7	79.2 -96.2
West Piedmont	---	---	---	---	119	109311	89.3	84.1 -94.6	

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