

Fruit Consumption at the State, Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Do you eat less than one fruit a day?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2703	2140229	37.4	35.9 -38.9	4936	3579948	62.6	61.1 -64.1
Central	*Region Total	561	380814	40.1	36.8 -43.4	935	568790	59.9	56.6 -63.2
	Chesterfield	110	104156	41.3	34.4 -48.2	167	148003	58.7	51.8 -65.6
	Chickahominy	62	33873	34.2	25.9 -42.6	118	65073	65.8	57.4 -74.1
	Crater	87	51281	50.3	41.3 -59.3	114	50654	49.7	40.7 -58.7
	Henrico	97	79938	38.4	31.1 -45.8	178	127979	61.6	54.2 -68.9
	Piedmont	82	47007	47.0	38.6 -55.5	120	52934	53.0	44.5 -61.4
	Richmond City	63	34915	30.4	21.0 -39.7	139	80024	69.6	60.3 -79.0
	Southside	---	---	---	---	---	---	---	---
Eastern	*Region Total	633	472310	36.8	33.6 -40.1	1219	811009	63.2	59.9 -66.4
	Chesapeake	---	---	---	---	---	---	---	---
	Eastern Shore	---	---	---	---	---	---	---	---
	Hampton	---	---	---	---	---	---	---	---
	Norfolk City	---	---	---	---	---	---	---	---
	Peninsula	89	84342	32.7	25.6 -39.7	181	173854	67.3	60.3 -74.4
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	74	54672	40.5	32.1 -49.0	131	80232	59.5	51.0 -67.9
	Virginia Beach	73	78988	27.5	20.8 -34.3	189	207737	72.5	65.7 -79.2
	Western Tidewater	70	45550	42.5	33.0 -52.0	133	61566	57.5	48.0 -67.0
Northern	*Region Total	388	442946	31.4	27.9 -34.9	892	968481	68.6	65.1 -72.1
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	50	36349	29.6	20.7 -38.6	152	86281	70.4	61.4 -79.3
	Fairfax	139	203972	28.8	23.4 -34.1	321	505419	71.2	65.9 -76.6
	Loudoun	66	69038	33.3	25.1 -41.6	158	137997	66.7	58.4 -74.9
	Prince William	88	105433	36.3	28.7 -43.8	141	185270	63.7	56.2 -71.3

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "- - -" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.

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*Virginia	*State Total	2703	2140229	37.4	35.9 -38.9	4936	3579948	62.6	61.1 -64.1
Northwestern	*Region Total	417	351884	36.8	33.4 -40.1	798	605581	63.2	59.9 -66.6
	Central Shenandoah	95	75810	36.4	29.8 -43.1	181	132193	63.6	56.9 -70.2
	Lord Fairfax	86	66517	36.6	29.3 -44.0	145	115172	63.4	56.0 -70.7
	Rappahannock	78	81685	37.1	29.5 -44.7	159	138296	62.9	55.3 -70.5
	Rappahannock/Rapidan	79	56385	38.1	29.6 -46.6	143	91785	61.9	53.4 -70.4
	Thomas Jefferson	79	71487	35.8	28.0 -43.6	170	128135	64.2	56.4 -72.0
Southwestern	*Region Total	704	492275	44.0	41.1 -47.0	1092	626086	56.0	53.0 -58.9
	Alleghany	108	68826	43.3	36.1 -50.5	178	90000	56.7	49.5 -63.9
	Central Virginia	98	95294	48.6	40.8 -56.4	141	100806	51.4	43.6 -59.2
	Cumberland Plateau	59	35238	40.9	32.6 -49.1	104	50986	59.1	50.9 -67.4
	Lenowisco	70	37689	44.6	35.1 -54.1	104	46834	55.4	45.9 -64.9
	Mount Rogers	83	66602	42.1	34.1 -50.1	118	91485	57.9	49.9 -65.9
	New River	74	52607	35.1	26.9 -43.2	161	97448	64.9	56.8 -73.1
	Pittsylvania/Danville	86	54843	55.9	46.8 -65.0	102	43284	44.1	35.0 -53.2
	Roanoke City	---	---	---	---	---	---	---	---
West Piedmont	65	49899	44.3	34.5 -54.1	93	62817	55.7	45.9 -65.5	

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