

Virginia WIC Program
Vendor Compliance Team Directory

Effective Date: May 1, 2015

Contact the Vendor Liaison in your area with questions. To determine Vendor Liaison assignments by location, see attached listing.

Allan Astley	WIC Vendor Liaison 804-864-7274, Allan.Astley@vdh.virginia.gov
Alex Acharya	Prevention Specialist 804-864-7811, Alex.Acharya@vdh.virginia.gov
Freda Bolling	WIC Vendor Liaison 804-864-7814, Freda.Bolling@vdh.virginia.gov
Sheila Brewer	Vendor Compliance Manager 804-864-7810, Sheila.Brewer@vdh.virginia.gov
Ephraim Ewing	WIC Vendor Liaison 804-864-7813, Ephraim.Ewing@vdh.virginia.gov
Lindsey Nichol	WIC Vendor Liaison 804-864-7278, Lindsey.Nichol@vdh.virginia.gov
Jessica Owen Day	WIC Vendor Liaison 804-864-7835, Jessica.Owen.Day@vdh.virginia.gov
John Stajduhar	Prevention Specialist 804-864-7276, John.Stajduhar@vdh.virginia.gov
Brian Tun	WIC-UPC Coordinator 804-864-7849, Brian.Tun@vdh.virginia.gov
US Mail	Vendor Compliance Team Division of Community Nutrition Virginia Department of Health 109 Governor St, 9 th Floor Richmond, VA 23219
Phone	804-864-7800
Fax	804-864-7854 or 804-864-7853
Website	http://www.vdh.virginia.gov/ofhs/dcn/
State WIC Regulations (1 2VAC5-1 95)	http://leg1.state.va.us/

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Vendor Liaison Assignments by Location

City or County	Health District	WIC Vendor Liaison
Accomack County	Eastern Shore Health District	Lindsey Nichol
Albemarle County	Thomas Jefferson Health District	Jessica Owen Day
Alleghany County	Alleghany Health District	Ephraim Ewing
Amelia County	Piedmont Health District	Jessica Owen Day
Amherst County	Central Virginia Health District	Ephraim Ewing
Appomattox County	Central Virginia Health District	Ephraim Ewing
Arlington County	Arlington Health District	Allan Astley
Augusta County	Central Shenandoah Health District	Jessica Owen Day
Bedford County	Central Virginia Health District	Ephraim Ewing
Botetourt County	Alleghany Health District	Ephraim Ewing
Brunswick County	Southside Health District	Jessica Owen Day
Buchanan County	Cumberland Plateau Health District	Ephraim Ewing
Buckingham County	Piedmont Health District	Jessica Owen Day
Campbell County	Central Virginia Health District	Ephraim Ewing
Caroline County	Rappahannock Area Health District	Allan Astley
Carroll County	Mount Rogers Health District	Ephraim Ewing
Charlotte County	Piedmont Health District	Jessica Owen Day
Chesterfield County	Chesterfield Health District	Freda Bolling
City Of Alexandria	Alexandria Health District	Allan Astley
City Of Bedford	Central Virginia Health District	Ephraim Ewing
City Of Bristol	Mount Rogers Health District	Ephraim Ewing
City Of Charlottesville	Thomas Jefferson Health District	Jessica Owen Day
City Of Chesapeake	Chesapeake Health District	Lindsey Nichol
City Of Colonial Heights	Chesterfield Health District	Freda Bolling
City Of Covington	Alleghany Health District	Ephraim Ewing
City Of Danville	Pittsylvania/Danville Health District	Jessica Owen Day
City Of Emporia	Crater Health District	Freda Bolling
City Of Fairfax	Fairfax Health District	Allan Astley
City Of Falls Church	Fairfax Health District	Allan Astley
City Of Franklin	Western Tidewater Health District	Lindsey Nichol
City Of Fredericksburg	Rappahannock Area Health District	Allan Astley
City Of Galax	Mount Rogers Health District	Ephraim Ewing
City Of Hampton	Hampton Health District	Lindsey Nichol
City Of Harrisonburg	Central Shenandoah Health District	Jessica Owen Day
City Of Hopewell	Crater Health District	Freda Bolling
City Of Lexington	Central Shenandoah Health District	Jessica Owen Day
City Of Lynchburg	Central Virginia Health District	Ephraim Ewing
City Of Manassas	Prince William County Health District	Allan Astley
City Of Martinsville	West Piedmont Health District	Ephraim Ewing
City Of Newport News	Peninsula Health District	Freda Bolling
City Of Norfolk	Norfolk Health District	Lindsey Nichol
City Of Norton	Lenowisco Health District	Ephraim Ewing

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City Of Petersburg	Crater Health District	Freda Bolling
City Of Poquoson	Peninsula Health District	Freda Bolling
City Of Portsmouth	Portsmouth	Lindsey Nichol
City Of Radford	New River Health District	Ephraim Ewing
City Of Richmond	Richmond City Health District	Freda Bolling
City Of Roanoke	Roanoke Health District	Ephraim Ewing
City Of Salem	Alleghany Health District	Ephraim Ewing
City Of Staunton	Central Shenandoah Health District	Jessica Owen Day
City Of Suffolk	Western Tidewater Health District	Lindsey Nichol
City Of Virginia Beach	Virginia Beach Health District	Lindsey Nichol
City Of Waynesboro	Central Shenandoah Health District	Jessica Owen Day
City Of Williamsburg	Peninsula Health District	Freda Bolling
City Of Winchester	Lord Fairfax Health District	Jessica Owen Day
Clarke County	Lord Fairfax Health District	Jessica Owen Day
Craig County	Alleghany Health District	Ephraim Ewing
Culpeper County	Rappahannock-Rapidan Health District	Jessica Owen Day
Dickenson County	Cumberland Plateau Health District	Ephraim Ewing
Dinwiddie County	Crater Health District	Freda Bolling
Essex County	Three Rivers Health District	Freda Bolling
Fairfax County	Fairfax Health District	Allan Astley
Fauquier County	Rappahannock-Rapidan Health District	Jessica Owen Day
Floyd County	New River Health District	Ephraim Ewing
Fluvanna County	Thomas Jefferson Health District	Jessica Owen Day
Franklin County	West Piedmont Health District	Ephraim Ewing
Frederick County	Lord Fairfax Health District	Jessica Owen Day
Giles County	New River Health District	Ephraim Ewing
Gloucester County	Three Rivers Health District	Freda Bolling
Goochland County	Chickahominy Health District	Freda Bolling
Grayson County	Mount Rogers Health District	Ephraim Ewing
Greene County	Thomas Jefferson Health District	Jessica Owen Day
Halifax County	Southside Health District	Jessica Owen Day
Hanover County	Chickahominy Health District	Freda Bolling
Henrico County	Henrico Health District	Freda Bolling
Henry County	West Piedmont Health District	Ephraim Ewing
Highland County	Central Shenandoah Health District	Jessica Owen Day
Isle Of Wight County	Western Tidewater Health District	Lindsey Nichol
James City County	Peninsula Health District	Freda Bolling
King George County	Rappahannock Area Health District	Allan Astley
King William County	Three Rivers Health District	Freda Bolling
Lancaster County	Three Rivers Health District	Freda Bolling
Lee County	Lenowisco Health District	Ephraim Ewing
Loudoun County	Loudoun County Health District	Allan Astley
Louisa County	Thomas Jefferson Health District	Jessica Owen Day
Lunenburg County	Piedmont Health District	Jessica Owen Day

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Madison County	Rappahannock-Rapidan Health District	Jessica Owen Day
Mathews County	Three Rivers Health District	Freda Bolling
Mecklenburg County	Southside Health District	Jessica Owen Day
Middlesex County	Three Rivers Health District	Freda Bolling
Montgomery County	New River Health District	Ephraim Ewing
Nelson County	Thomas Jefferson Health District	Jessica Owen Day
New Kent County	Chickahominy Health District	Freda Bolling
Northampton County	Eastern Shore Health District	Lindsey Nichol
Northumberland County	Three Rivers Health District	Freda Bolling
Nottoway County	Piedmont Health District	Jessica Owen Day
Orange County	Rappahannock-Rapidan Health District	Jessica Owen Day
Page County	Lord Fairfax Health District	Jessica Owen Day
Patrick County	West Piedmont Health District	Ephraim Ewing
Pittsylvania County	Pittsylvania/Danville Health District	Jessica Owen Day
Powhatan County	Chesterfield Health District	Freda Bolling
Prince Edward County	Piedmont Health District	Jessica Owen Day
Prince George County	Crater Health District	Freda Bolling
Prince William County	Prince William County Health District	Allan Astley
Pulaski County	New River Health District	Ephraim Ewing
Richmond County	Three Rivers Health District	Freda Bolling
Roanoke County	Alleghany Health District	Ephraim Ewing
Rockbridge County	Central Shenandoah Health District	Jessica Owen Day
Rockingham County	Central Shenandoah Health District	Jessica Owen Day
Russell County	Cumberland Plateau Health District	Ephraim Ewing
Scott County	Lenowisco Health District	Ephraim Ewing
Shenandoah County	Lord Fairfax Health District	Jessica Owen Day
Smyth County	Mount Rogers Health District	Ephraim Ewing
Southampton County	Western Tidewater Health District	Lindsey Nichol
Spotsylvania County	Rappahannock Area Health District	Allan Astley
Stafford County	Rappahannock Area Health District	Allan Astley
Sussex County	Crater Health District	Freda Bolling
Tazewell County	Cumberland Plateau Health District	Ephraim Ewing
Warren County	Lord Fairfax Health District	Jessica Owen Day
Washington County	Mount Rogers Health District	Ephraim Ewing
Westmoreland County	Three Rivers Health District	Freda Bolling
Wise County	Lenowisco Health District	Ephraim Ewing
Wythe County	Mount Rogers Health District	Ephraim Ewing
York County	Peninsula Health District	Freda Bolling